

The Anglican Parish of Holy Cross

Growing relationships in Christ

Service of Holy Communion

February 8, 2026 at 8:30 AM

Fifth Sunday after Epiphany

Book of Common Prayer (Small Red Book)

Presiding: The Rev. Simba Mutandwa

Welcome! We thank you for choosing to worship with us today. To learn more about our community, please fill out the card in the pew and/or speak to the clergy.

All baptized Christians are welcome to receive communion. If you prefer not to receive communion, you are encouraged to come forward to receive a blessing. If you are gluten intolerant, you may request a rice wafer instead of a wheat wafer from the priest administering the bread.



The Anglican Parish of Holy Cross
2828 – 19 Street NW
Calgary, AB
T2M 3V8

Tel: 403-289-8497
Email: office@holycrosscalgary.org
Website: www.holycrosscalgary.org

As the parish of Holy Cross, we acknowledge that we gather
on the traditional territories of the Treaty 7 peoples.

We Gather Together

The Lord's Prayer	page 67
Collect for Purity	page 67
The Summary of the Law.....	page 69
Kyrie Eleison	page 70

Collect of the Day: Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen

We Hear and Proclaim God's Word

First Reading: Isaiah 58:1-12 (Bible, OT, page 763)	Mryka
Psalm 112 (BCP, page 478).....	Mryka
Second Reading: 1 Corinthians 2:1-16 (Bible, NT, page 174).....	Mryka
Gospel Responses	page 71
The Gospel: Matthew 5:13-20 (Bible, NT, page 4).....	The Rev. Simba Mutandwa
Nicene Creed	page 71
Sermon	The Rev. Simba Mutandwa

We Pray for the Church and the World

Offertory/Preparation of the Gifts

The Intercession (<i>please kneel if you are able</i>).....	page 75
---	---------

- The Anglican Communion: Hong Kong Sheng Kung Hui
- The Anglican Church of Canada: The Most Rev. Shane Parker, Primate; The Diocese of Ontario: The Rt. Rev. William Cliff, Bishop
- The Diocese of Calgary: The Most Rev. Gregory Kerr-Wilson, Archbishop of Calgary and Metropolitan of Northern Lights; St. Peter, Calgary: The Rev. Bonnie Luft, The Rev. Rob Petkau, The Rev. Dcn. Rosemary Bishop
- Our Companion Diocese of the Windward Islands: The Rt. Rev. Leopold Friday, Bishop; Christ-the-King with St. Francis, Carriacou on Grenada: The Ven. Michael Marshall; Holy Trinity, Castries with St. Mary La Caye, on St. Lucia: The Ven. Christian Glasgow, The Rev. Dcn. Oneka Morgan
- Our Parish: Quilters in their ministry
- Our Members: Joyce L; Sid and Sheila; Garrett, Mary, Nathaniel, and Noel; Heather L
- The World: Mozambique; all people and countries affected by natural disaster or terrorist attacks; for peace and reconciliation
- Those in Need in Our Parish: Barrie, Doug, John, Alix, Geraldine, Joyce L, Mary M, Doris G, Linda N, Kajsa, Art and Isobel, Marlene, Joyce H, Lucille, Onna, Beverly, Brenda H, Charlene, Doris K, Greg

- Those in Need Beyond Our Parish: Jennifer, Marilyn, Rob, Joyann, Sean, Wendy H, Lesia, Mitch, Susan, Karen, Dana, Bruce, Tony, Deb, Christina, Gwyneth, Sam, Alan, Beatriz, Kevin

Invitation to Confession.....page 76

Confession of Sin, and Absolutionpage 77

We Celebrate the Lord's Supper

Comfortable Wordspage 77

Thanksgiving and Consecration.....page 78ff

Prayer of Humble Access **page 83**

Receiving Communion or a Blessing

We Go into the World

Lord's Prayer, Prayer after Communionpage 85ff

Blessing and Dismissal



The altar flowers are in recognition of the Glory of Almighty God.

Our **Shrove Tuesday Pancake Supper** is on February 17 at 5:30 PM. The cost is \$10 per person, \$5 for 10 and under.

On Ash Wednesday, February 18, we will have services of **Imposition of the Ashes and Holy Eucharist** at 9:30 AM and 7:00 PM. There is a basket on the table in the narthex for the return of last year's palm crosses.

There will be no **Evening Prayer** service on February 18, due to the Ash Wednesday service. Evening Prayer will resume on February 25.

Wanted: Someone to schedule the readers. Please contact the office if you are interested.

Join us for a presentation on End-Of-Life Planning by Tyson of Dignity Memorial

Sunday, February 22nd following Coffee Hour

Sign-up sheets in the Narthex and the lower hall bulletin board. All are welcome.

Sunday School is held on the first and third Sunday of each month. For information, speak to Lisa at 403-399-2315.

We have an overabundance of **glass jars** in the basement. If anyone would like to take home some jars this Sunday please talk to Margaret, Linda P, or David P at Sunday's service.

The **Quilters and Crafters group** meet on Mondays from 1:00 to 3:30 PM in the Nickle room. New members are welcome.

On Wednesdays, join us for **Holy Communion** at 9:30 AM or **Evening Prayer** at 6:30 PM. For more information about Evening Prayer, please contact The Rev. Deacon Carol Tubman at ctubman@shaw.ca or call 403-630-9104.

Next Week's Readings – February 15 – 6th Sunday after the Epiphany

Exodus 24:12-18; Psalm 2 Or Psalm 99; 2 Peter 1:16-21; Matthew 17:1-9

Assisting Today

Mryka (Worship Assistant, Reader); David P (Sidesperson); Onna, Linda P (Altar Guild)