

# The Anglican Parish of Holy Cross

*Growing relationships in Christ*

## Service of Holy Communion

February 8, 2026 at 10:00 AM

Fifth Sunday after Epiphany

*Book of Common Prayer* (Small Red Book)

Presiding: The Rev. Simba Mutandwa

Assisted by: The Rev. Deacon Carol Tubman

**Welcome!** We thank you for choosing to worship with us today. To learn more about our community, please fill out the card in the pew and/or speak to the clergy.

**All baptized Christians are welcome to receive communion.** If you prefer not to receive communion, you are encouraged to come forward to receive a blessing. If you are gluten intolerant, you may request a rice wafer instead of a wheat wafer from the priest administering the bread.



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As the parish of Holy Cross, we acknowledge that we gather  
on the traditional territories of the Treaty 7 peoples.

## **We Gather Together**

Prelude: "Herr Christ, der einig Gotts Sohn" – Dietrich Buxtehude

Announcements and Welcome

### **Processional Hymn 393 "Immortal, Invisible, God Only Wise"**

The Lord's Prayer ..... page 67

Collect of Purity ..... page 67

Summary of the Law ..... page 69

### **Responses and Kyrie Eleison ..... sung responses 677 & 678**

**Collect of the Day: Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen**

Children's Teaching

## **We Hear and Proclaim God's Word**

First Reading: Isaiah 58:1-12 (Bible, OT, page 763) ..... Lisa

**Psalms 112 (BCP, page 478)** ..... Mryka

Second Reading: 1 Corinthians 2:1-16 (Bible, NT, page 174) ..... Michael

### **Gradual Hymn "Eternal Ruler of the Ceaseless Round"**

**Gospel Response "Alleluia" ..... sung response 716**

The Gospel: Matthew 5:13-20 (Bible, NT, page 4) ..... The Rev. Deacon Carol Tubman

**Gospel Response "Alleluia" ..... sung response 717**

**Nicene Creed ..... page 71**

Anthem: "Thou Wilt Keep Him in Perfect Peace/ It Is Well with My Soul" – Vivian Kretz, Phillip Bliss

Sermon ..... The Rev. Simba Mutandwa

## **We Pray for the Church and World**

The Intercession (*please kneel if you are able*) ..... Cheryl

- The Anglican Communion: Hong Kong Sheng Kung Hui
- The Anglican Church of Canada: The Most Rev. Shane Parker, Primate; The Diocese of Ontario: The Rt. Rev. William Cliff, Bishop
- The Diocese of Calgary: The Most Rev. Gregory Kerr-Wilson, Archbishop of Calgary and Metropolitan of Northern Lights; St. Peter, Calgary: The Rev. Bonnie Luft, The Rev. Rob Petkau, The Rev. Dcn. Rosemary Bishop
- Our Companion Diocese of the Windward Islands: The Rt. Rev. Leopold Friday, Bishop; Christ-the-King with St. Francis, Carriacou on Grenada: The Ven. Michael Marshall; Holy Trinity, Castries with St. Mary La Caye, on St. Lucia: The Ven. Christian Glasgow, The Rev. Dcn. Oneka Morgan

- Our Parish: Quilters in their ministry
- Our Members: Joyce L; Sid and Sheila; Garrett, Mary, Nathaniel, and Noel; Heather L
- The World: Mozambique; all people and countries affected by natural disaster or terrorist attacks; for peace and reconciliation
- Those in Need in Our Parish: Barrie, Doug, John, Alix, Geraldine, Joyce L, Mary M, Doris G, Linda N, Kaja, Art and Isobel, Marlene, Joyce H, Lucille, Onna, Beverly, Brenda H, Charlene, Doris K, Greg
- Those in Need Beyond Our Parish: Jennifer, Marilyn, Rob, Joyann, Sean, Wendy H, Lesia, Mitch, Susan, Karen, Dana, Bruce, Tony, Deb, Christina, Gwyneth, Sam, Alan, Beatriz, Kevin

Invitation to Confession..... page 76  
 Confession of Sin, and Absolution ..... page 77  
 Sharing the Peace of Christ

**We Celebrate the Lord’s Supper**

**Offertory Hymn # 610 “Before I Take the Body of the Lord”**

Thanksgiving and Consecration.....page 78ff

**“Sanctus (Holy, Holy, Holy)” ..... sung response 683**

*Please kneel if you are able.*

The Breaking of the Bread

**“Agnus Dei (Lamb of God)” ..... sung response 685**

Receiving Communion or a Blessing

Communion Hymn

**We Go into the World**

**Lord’s Prayer** and Prayer after Communion..... page 85

**Gloria ..... sung response 679**

Blessing

**“Amen” ..... sung response 737**

**Recessional Hymn 381 “Praise My Soul”**

Dismissal

Postlude: “Rise Up, O Church of God” – Arr: Donald Campfield



The altar flowers are in recognition of the Glory of Almighty God.

Our **Shrove Tuesday Pancake Supper** is on February 17 at 5:30 PM. The cost is \$10 per person, \$5 for 10 and under.

On Ash Wednesday, February 18, we will have services of **Imposition of the Ashes and Holy Eucharist** at 9:30 AM and 7:00 PM. There is a basket on the table in the narthex for the return of last year's palm crosses.

There will be no **Evening Prayer** service on February 18, due to the Ash Wednesday service. Evening Prayer will resume on February 25.

**Wanted:** Someone to schedule the readers. Please contact the office if you are interested.

Join us for a presentation on End-Of-Life Planning by Tyson of Dignity Memorial Sunday, February 22nd following Coffee Hour Sign-up sheets in the Narthex and the lower hall bulletin board. All are welcome.
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**Sunday School** is held on the first and third Sunday of each month. For information, speak to Lisa at 403-399-2315.

We have an overabundance of **glass jars** in the basement. If anyone would like to take home some jars this Sunday please talk to Margaret, Linda P, or David P at Sunday's service.

The **Quilters and Crafters group** meet on Mondays from 1:00 to 3:30 PM in the Nickle room. New members are welcome.

On Wednesdays, join us for **Holy Communion** at 9:30 AM or **Evening Prayer** at 6:30 PM. For more information about Evening Prayer, please contact The Rev. Deacon Carol Tubman at [ctubman@shaw.ca](mailto:ctubman@shaw.ca) or call 403-630-9104.

**Next Week's Readings – February 15 – 6<sup>th</sup> Sunday after the Epiphany**

Exodus 24:12-18; Psalm 2 Or Psalm 99; 2 Peter 1:16-21; Matthew 17:1-9

**Assisting Today**

Doug (Music Director); Mryka (Worship Assistant); Lisa, Michael (Readers); Cheryl (Intercessor, Adminstrant); TBD (Videographer); David P, Linda P (Sidespersons, Coffee Hosts); Onna, Linda P (Altar Guild), CCLI Licence No. 11533778