

## Joy and Sheer Delight!

Psalm 16

Pastor Chad Cowan

February 8, 2026

1. Rely on God alone.
  - a. David trusted God alone for refuge and goodness. (16:1-2)
  - b. Reliance on idols brings despair.
2. Devote yourself to God alone. (16:2-4)
  - a. David kept devout company and rejected idols.
  - b. Our hearts are idol factories.
3. Find joy in God alone. (16:6-11)
  - a. David enjoyed knowing God's was always present.
  - b. We forget our dependence on God.
4. Grow in joy by making every moment holy through:
  - a. Thankfulness.
  - b. Discipline.
  - c. Company of Christians.