



ST. PAUL'S

ANGLICAN CHURCH

Connecting people with God and each other

Sunday, February 8, 2026: 5th Sunday after the Epiphany

I am the light of the world, says the Lord. Those who follow me will not walk in darkness, but will have the light of life. (John 8:12)



WELCOME TO ST. PAUL'S!

VISITING TODAY?

We want to get to know you! Please join us in the Hall for coffee and conversation after the service. The greeters are available to answer any of your questions. Please fill out a welcome card in the back of the pew and put it in the offering basket, or give to any volunteer, staff, or vestry member.



ABOUT ST PAUL'S ANGLICAN

Services:

- Eucharist services: **Sundays at 10:00am**
- **Morning & Evening Prayer Services:**
Mon–Sat at 8:00am on [Zoom](#)
Daily at 9:15pm on [Zoom](#).
- Sermons are available on our [Website](#)
- We also have small groups

Office Hours:

- Tues. & Thurs., 9:00am to 12:00pm
- Office is closed: Fri–Mon (and Holidays)

Serving St. Paul's:

Email office@stpauls-anglican.ca

- Join a Ministry Team (Service Team, Music, Altar Guild, Sound/Video, etc.)

Giving to St. Paul's:

One-Time or Recurring

- [Giving](#) can be done by Cash, Cheque, Automatic Debit/Credit, or E-Transfer to office@stpauls-anglican.ca
- We can also receive donations through our [Website](#) or the [Tithely App](#).

PRAYER

For the Prayer Chain, email or phone:
prayer@stpauls-anglican.ca - 780-455-0771

For pastoral emergencies call:
(780) 446-3751

ACCESSIBILITY

We have accessible washrooms and lifts available for anyone who needs them. If you need help, please speak to a greeter.

PLEASE SILENCE YOUR PHONE ☺

LARGE PRINT MATERIALS

Large print Bibles and BAS (Book of Alternative Services) are available at the main door.

ASSISTED LISTENING DEVICES



Assisted Listening is available.
Please ask a greeter for assistance.



St. Paul's Anglican Church

10127 145 Street, Edmonton, T5N 2X6 — 780-455-0771
www.stpauls-anglican.ca — office@stpauls-anglican.ca



Our Narrative Statement of Identity: We love to be together, persevere, and practice the ways of Jesus together. Even though we're at different places on our journey, we share a guiding story as given through the Bible, and we all look for Jesus in each other and in the world we live in. We share faith, we share music, we share differences, and above all we share God's love of us in Jesus. We all give, we all receive. We are a diverse family who laughs, cries, and prays together, and is learning how to love and care for each other. Our greatest ambition is to share this love with everyone around us – in our neighbourhoods and around the world.

Opening Song: May The Peoples Praise You

You have called us out of darkest night
Into Your glorious light
That we may sing the wonders of
The risen Christ

May our every breath retell the grace
That broke into our strife
With boundless love and deepest joy
With endless life

(Chorus) May the peoples praise You
Let the nations be glad
All Your blessing comes that we may praise
May praise the Name of Jesus

All the earth is Yours and all within
Each harvest is Your own
And from Your hand we give to You
To make Christ known

May the seeds of mercy grow in us
For those who have not heard
May songs of praise build lives of grace
To spread Your Word *(To Ch.)*

This our holy priv'lege to declare
Your praises and Your name
To every nation tribe and tongue
Your church proclaim *(To Ch.)*

The Gathering of the Community

Celebrant: *(BAS pg. 185)* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

Celebrant: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Celebrant: *(pg. 353)* Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Lectio nary Question

The Proclamation of the Word ([← Click to read online](#))

Isaiah 58:1-12 (*pg. 526 in the red pew Bible*)

Reader: *The Word of the Lord.*

People: **Thanks be to God.**

Psalm 112:1-10 (Sung Together)

Refrain:

Hallelujah! Happy are they who fear the Lord
And have great delight in his commandments!
Their descendants will be mighty in the land;
The generation of the upright will be blessed. **Refrain**

Wealth and riches will be in their house,
And their righteousness will last forever.
Light shines in the darkness for the upright;
The righteous are merciful and full of compassion. **Refrain**

It is good for them to be generous in lending
And to manage their affairs with justice.
For they will never be shaken;
The righteous will be kept in everlasting remembrance. **Refrain**

They will not be afraid of any evil rumours;
Their heart is right; they put their trust in the Lord.
Their heart is established and will not shrink,
Until they see their desire upon their enemies. **Refrain**

They have given freely to the poor,
And their righteousness stands fast forever;
They will hold up their heard with honor. **Refrain**

The wicked will see it and be angry;
They will gnash their teeth and pine away;
The desires of the wicked will perish. **Refrain**

1 Corinthians 2:1-16 (pg. 807 in the red pew Bible)

Reader: *The Word of the Lord.*

People: **Thanks be to God.**

Gospel Proclamation: Alleluia

Alleluia, Alleluia, Allelu, Alleluia. Alleluia, Alleluia, Allelu, Alleluia.

The Gospel Reading:

Reader: The Lord be with you.

People: **And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Jesus Christ**

The Gospel Reading: Matthew 5:13-20 (pg. 683 in the red pew Bible)

Reader: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

(Youth may be dismissed to their own programming downstairs)

Worship Through Song

Rise And Shine

Arise, there's a new day upon us
So come out of the darkness
Stand in the morning light
Take heart, there's a new wind that's blowing
Heaven's gates are wide open
It's time to lift your eyes
Oh, it's time to lift your eyes

*(Chorus) Rise and shine
For the light, the light has come
Jesus Christ, come behold the Risen Son
Hold on to hope, shake off your fear
Sing like you know freedom is here
Rise and shine
For the light, the light has come*

Wake up, it's the dawn of revival
Calling saints and disciples
Into the promised land
Sing praise, let it rise from your spirit
So the whole world can hear it
Lift up His Holy Name *(To Ch.)*

Oh set your feet to dancing
Open your mouth and praise Him
We made it through the evening
This is the joy of the morning
Hope is alive and breathing
Life has a brand new meaning
We made it through the evening
This is the joy of the morning *(To Ch.)*

A City On A Hill

Blessed are the poor
For the Kingdom is yours
Blessed when you mourn
There's comfort in His arms
Blessed are the meek
With the world at your feet
Blessed when it's righteousness
That you seek

*(Pre-Chorus) It's beautiful, beautiful
Like a city on a hill
Lighting up the night
For the glory of the Lord
Rise and shine*

*(Chorus) We will shine
Light of the world we can't hide it
This beautiful light it shines
For all of the world to believe
We can be a city on a hill*

Blessed when you're merciful
You'll find grace
Blessed are the pure
You'll see the face of God
Blessed are you making
Peace on earth
Blessed when you follow
Even when it hurts *(To Pre-Ch.)*

Listening Time

Sermon: Milton Liska

(A page for notes is available separately)

Affirmation of Faith: The Apostle's Creed

Celebrant: (pg. 188) Let us confess our faith of our baptism, as we say,
All: I believe in God, the Father almighty, Creator of heaven and earth. I believe in
Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died
and was buried. He descended to the dead. On the third day, he rose again. He
ascended into heaven and is seated at the right hand of the Father. He will come
again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic
Church, the communion of saints, the forgiveness of sins, the resurrection of the
body, and the life everlasting. Amen.

Prayers of the People

(See *BAS* pgs. 110-123)

Confession of Sin

Celebrant: (pg. 191) Dear friends in Christ, God is steadfast in love and infinite in
mercy; he welcomes sinners and invites them to his table. Let us confess our
sins, confident in God's forgiveness.

Silent Confession

Celebrant: Most merciful God,

All: we confess that we have sinned against you in thought, word, and deed, by
what we have done and by what we have left undone. We have not loved you
with our whole heart; we have not loved our neighbours as ourselves. We are
truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have
mercy on us and forgive us, that we may delight in your will, and walk in your
ways, to the glory of your name. Amen.

Absolution

People: Amen.

The Peace

Celebrant: (pg. 192) The peace of the Lord be always with you.

People: And also with you.

The Celebration of the Eucharist

The Preparation of the Gifts

Song: The Perfect Wisdom Of Our God

The perfect wisdom of our God
Revealed in all the universe
All things created by His hand
And held together at His command
He knows the myst'ries of the seas
The secrets of the stars are His
He guides the planets on their way
And turns the earth through another day

The matchless wisdom of His ways
That mark the path of righteousness
His word a lamp unto my feet
His Spirit teaching and guiding me
And O the mystery of the cross
That God should suffer for the lost
So that the fool might shame the wise
And all the glory might go to Christ

O grant me wisdom from above
To pray for peace and cling to love
And teach me humbly to receive
The sun and rain of Your sovereignty

Each strand of sorrow has a place
Within this tapestry of grace
So through the trials I choose to say
Your perfect will in Your perfect way.

The Prayer over the Gifts

Celebrant: *(pg. 354) God of compassion and forgiveness,*

All: **receive our offering this day, and make us one with him who is our peace,
Jesus Christ our Saviour. Amen.**

Celebrant: *(pg. 198) The Lord be with you.*

(Eucharistic Prayer #3)

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Celebrant: *(pg. 220) Blessed are you, gracious God, creator of heaven and earth; you have revealed your eternal plan of salvation, and have shown your Son Jesus Christ to be the light of all peoples. Therefore with angels and archangels we raise our voices in joyful praise to proclaim the glory of your name.*

All: *(Sung) Holy, holy, holy Lord, God of power and might, heaven and earth of Your glory are full. Hosanna, hosanna, hosanna in the highest. Blessed is he who comes in the name of the Lord. Blessed is he who comes in the name of the Lord. Holy, holy, holy Lord, God of power and might, heaven and earth of Your glory are full. Hosanna, hosanna, hosanna in the highest.*

Celebrant: *(pg. 198) We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, Father, according to his command,*

All: we remember his death, we proclaim his resurrection, we await his coming in glory.

Celebrant: (pg. 199) and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour & glory are yours, almighty Father, now & for ever. **Amen.**

Celebrant: (pg. 211) As our Saviour taught us, let us pray as we sing,

All: (Sung) Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

Celebrant: (pg. 212) "I am the bread which has come down from heaven," says the Lord.

All: **Give us this bread for ever.**

Celebrant: "I am the vine, you are the branches."

All: **May we dwell in him, as he lives in us.**

Celebrant: The gifts of God for the People of God.

People: **Thanks be to God.**

You are welcome to receive communion or come forward for a blessing. If you prefer to receive a blessing, please fold your arms over your chest. Gluten-free wafers are available upon request. Receiving only one kind includes the fullness of the sacrament. You may also receive prayer in the Chapel during this time.

Agnus Dei: Lamb of God

(Sung) Lamb of God, you take away the sin of the world.

Lamb of God, you take away the sin of the world.

Lord have mercy, Christ have mercy, Lord have mercy on me.

Lord have mercy, Christ have mercy and grant us thy peace.

Communion Music

Living Sacrifice

All on the altar, surrendered again

Freely I lay down my everything

This is my honor, the gift that I bring

*(Chorus) I will be a living sacrifice
All my heart and soul to glorify
I offer nothing less than all my life
For Jesus Christ*

I just want to bless You, whatever it takes
With my mind and my body
My spirit and strength
If You are a fire then set me ablaze (*To Ch.*)

I'll give You all, give You all of my worship
Fall, fire fall, fire fall,
Come consume it
(*Repeat, then to Ch.*)

Still / PEACE

Hide me now under Your wings
Cover me within Your mighty hand

(*Ch.*) When the oceans rise and thunders roar
I will soar with You above the storm
Father You are King over the flood
I will be still and know you are God

Find rest my soul in Christ alone
Know His power in quietness and trust (*Ch.*)

You are peace to a restless soul
Peace when my thoughts wage war
Peace to the anxious heart
That's who You are, that's who You are
You are peace when my fear takes hold
Peace when I feel enclosed
Peace when I lose control
That's who You are, that's who You are (*Ch.*)

Prayers After Communion

Celebrant: (*pg. 354*) Eternal God,

All: in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord. Amen.

Celebrant: (*pg. 214*) Glory to God,

All: whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing

Lectionary Discussion (*Please share aloud your thoughts from hearing the Word of God*)

Congregational Announcements (*Jim E.*)

Closing Song: Hymn Of The Holy Spirit

Holy Spirit guide my vision
Help me see the way You see
Always Jesus ever Jesus
Christ in all as Christ in me

Holy Spirit guide my speaking
Words of grace and truth abound
Let my lips be filled with stories
Of the mercy that I've found

(*Chorus*) You're the light, You're my path

You're the Shepherd of my soul
All I am, all I have
Holy Spirit lead me on

Holy Spirit guide my hearing
Wake my ears to words You speak
In the thunder in the stillness
Let Your voice be clear to me
Let Your voice be clear to me

Holy Spirit lead me onward
Walking through the great unknown
Trusting leaning holding clinging
Till the day You lead me home (*To Ch.*)

(Chorus) You're the light, You're my path
You're the Shepherd of my soul
All I am, all I have
Holy Spirit lead me on.

Dismissal

Celebrant: (*pg. 215*) Go in peace to love and serve the Lord.

All: **Thanks be to God! Amen.**

*Please join us for coffee and fellowship in the Hall after the service!
We also invite you to bring your own refillable mug to reduce waste*

Community Corner Highlights

Family Day is February 16, 2026 and there are many fun activities planned in Edmonton and surrounding areas. Many activities are listed on this website www.familyfuncanada.com/edmonton/family-day-in-edmonton with times, locations, & costs listed.

There are many fundraisers coming up for the non-profits that serve Edmonton's inner city and unhoused population. Consider donating or participating in **The Coldest Night of the Year** on Feb 28. The Anglican parish of St Augustine in Spruce Grove is raising funds for the **Parkland Food Bank** -info on donations or participation can be received from Jim E. at jimegeto@gmail.com. Also, **Cold Hands Warm Hearts** on Feb 21, the outdoor winter walk fundraiser for **Hope Mission**. For more information, please visit hopemission.com/warmhearts.

BLACK HISTORY MONTH (February) gives us many opportunities to learn about and celebrate Black Heritage and cultures. The EPL Library is honouring the contributions of black people, with features about Antiracism, Black Canadians, book recommendations and more. Visit their resources at www.epl.ca/black-history-month. On that page, you will also notice there is also a special evening planned for Feb 17, 2026, featuring Edmonton's current Historian Laureate, Donna Coombs-Montrose. The presentation will include an [AfroQuiz](#), stories from the Black Community in Jasper Place, a Q&A session, followed by some time to mix & mingle.

Reconciliation Awareness Highlights

Reconciliation is an ongoing, lifelong pursuit, and includes continued learning. There are many sources of information, such as online classes, attending Pow Wows and other Indigenous events, following Indigenous social media, or reading one of the sources for Indigenous news.

Wikipedia offers a helpful article "Indigenous peoples in Canada", with informative visuals, including a map of Canada with approximate Indigenous populations by province or territory.

Visit https://en.wikipedia.org/wiki/Indigenous_peoples_in_Canada to learn more.

Mental Health Highlights

CORE Alberta is an online "knowledge hub" that helps support and advance independent living for older Albertans. CORE stands for "Collaborative Online Resources & Education". They are a great resource to learn about the many organizations that are committed to supporting and promoting healthy living in aging, including caring for your mental health. For more information, please visit <https://corealberta.ca/>.

Shrove Tuesday

Pancake Supper on February 17, 2026 – Join us for a fun evening of pancakes with all the toppings before we enter into the serious business of Lent. Indulge in fun and antics! We are looking forward to playful evening. Doors open 5:30 and dinner starts at 6pm. Please bring your favorite pancake topping to share!

Lenten Book Study: A Different Kind Of Fast

During the Lenten season we will be hosting a book study led by Yovella each Sunday morning at 9am. The book is *A Different Kind of Fast: Feeding Our True Hungers in Lent* by Christine Paintner. This book draws on the wisdom of the desert [fathers], offering practical practices like lectio divina, breath prayer, visio divina, contemplative walks, and more. As we fast from rushing, planning, being strong, holding it all together, seeking certainty, and control, we can softly reorient ourselves toward that which nourishes and fulfills us, for the reflective Lenten season and beyond. If you would like St Paul's to order a book for you, please let the office know by email before this Tuesday so we can receive them before Lent begins.

Ramadan Prayer Booklets

Between February 28 and March 30, our Muslim neighbours will be observing Ramadan – a month of holy fasting. Please consider using this month to pray for Jesus Christ to be made known to the Muslim world. Once again, we've made "30 Days of Prayer" booklets available at each entranceway; please help yourself or download a pdf version at www.pray30days.org.

Coffee & Conversation – Next Week

Because a Sip & Chat can lead to deep Connection, you are invited to stay for a facilitated group discussion during our Coffee Time in the Youth Room downstairs.

Cox Family Support

The countdown is on for the Cox Family to arrive at St. Paul's! In preparation for their arrival in March, we have created a list (with Wally and Jordon's input) of items we would like to collect to make their transition as easy as possible. If you have any items you would like to contribute or are able to secure donations for any of the items on the list, please do one of the following:

1. Open the google doc below and add your name beside the item you will donate, including useful additional details. [View the document here](#)
2. If you prefer, you can email us and we will add the info to the document. Also, if you would like to help by storing items or transporting large items, let us know in the email. Michelle Y. michelleyoung15@gmail.com; Debbie L. debbie.liska007@gmail.com
3. If you would like to include a monetary donation towards mattresses or other items needed, please send to either Michelle or Debbie with the note "Cox Family Home".

As Jordon said in her message, *"We come without expectation of any of this to be provided. But anything that can be offered will be gratefully received and a blessing to us."*

So let's bless them! Let us know how you can help.

Palm Fronds and Ash Wednesday

If you have palm crosses, please bring them to the office for our Ash Wednesday preparations. We will be having a said service on Ash Wednesday, February 18th, at 7:00pm.

Please plan to join us in the Hall for our Annual General Meeting following the service on March 1st. We are also requesting reports from our various ministries, so **please submit reports by February 10th**.

Synod Scene

Read our Diocese's Synod Scene newsletter at www.edmonton.anglican.ca/newsletters/latest.

This Week's Ministry Teams

Music/Sound/Tech: Andrew/John/Jacky
Service Team: Parker Team
Prayers of the People: Terry B.
Vestry-on-Duty: David H.
Chapel Prayer: Dudley and Pat
Kids Sanctuary: Michelle Y.

Next Week's Teams: Feb 15th

Music/Sound/Tech:
Chambers/Chandra/Yohana
Service Team: Heritage Team
Prayers of the People: Carol R.
Vestry-on-Duty: Jim E.
Chapel Prayer: Laurier and Terry
Kids Lead/Assist/Sanc.: Carol R./Amanda/TBD.

Cycle of Prayer for St. Paul's

Adele Bosse-Morgan
(Jordan, Paige, Jaque, Robin)
Darrel Babuk
Laurance Hill

National Anglican Cycle of Prayer

Diocese of Huron:
the Rt. Rev. Dr. Todd Townshend, Bishop.
St. George, Edmonton: Madeleine Urion,
Rector; Mark Vigrass, Deacon.
Buyé Diocese, Kumana Parish:
Gerard Citegetse, Rector.
Kehewin Cree Nation.

St. Paul's Staff

Pulpit Supply: [Rev. Dr. Eric Kregel](#)
Community Facilitator: [Michelle Schurek](#)
Office Administrator: [Asher Hebert](#)

St. Paul's Vestry

vestry@stpauls-anglican.ca

Rector's Warden: Paul Dowie
People's Warden: Gay Gering
Parish Treasurer: David Heritage
Vestry Members: Debbie Liska, Jim Egeto,
and Nancy Whistance-Smith.



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