

St Stephen the Martyr Anglican Church, Burnaby

**Holy Eucharist Service
with Zoom Option**
The Fifth Sunday after Epiphany

Sunday, February 8, 2026 - 10:00 AM



Christ Comforting a Poor Man – by Luca della Robbia 1484-1519, clay plaque, in the Louvre, Paris, France

The Zoom codes for **all** our worship services are:

Meeting ID: 83846564281 Passcode: 244245

<https://us06web.zoom.us/j/83846564281?pwd=DxZqcFXDEK6Fi7uS7Srv906FS7Xd3l.1>

Thank you for joining us for worship this morning! This document provides a guide for our time together. You are invited to join in saying the words in **bold**. Bookmarks to pre-mark the hymnals are available where you picked up this guide. Hymns today are in the blue "Common Praise" hymnals.

The Gathering of the Community

Words of Welcome and a Territorial Acknowledgment

🎵 **Opening Hymn** *"Immortal, Invisible"*

CP-393

Celebrant The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit be with you all.

All And also with you.

Celebrant Almighty God,

All to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

🎵 **Gloria** *"Glory to God"*

CP-691

The children and their teachers move to Sunday School.

The Collect of the Day

Celebrant Let us pray.

All Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Proclamation of the Wordⁱ

First Reading

Isaiah 58:1-12

read by Roxee

After return from the Exile, the people of Judah were discouraged. Life was hard, and it seemed that God was not listening to them. This passage speaks of fasting, but its implications are wider. It chastises the people, but there is hope.

Shout out; do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments; they want God on their side.

"Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day and oppress all your workers. You fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make

your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke?

Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover them and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you; the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, "Here I am."

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually and satisfy your needs in parched places and make your bones strong, and you shall be like a watered garden, like a spring of water whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

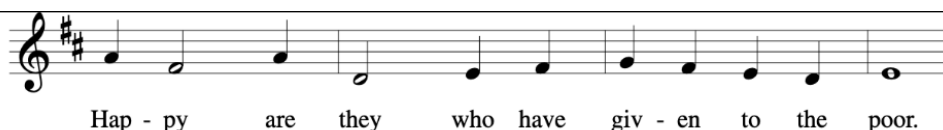
Hear what the Spirit is saying to God's people.

All Thanks be to God.

Psalm 112:1-9ⁱⁱⁱ

Our cantor today is Andy

The cantor sings the refrain first, then everyone repeats it the second time. The cantor sings the verses.



Refrain: Happy are they who have given to the poor.

Happy are they who fear God and have great delight in the commandments of the Holy One!
Their descendants will be mighty in the land; the generation of the upright will be blessed.
Wealth and riches will be in their house, and their righteousness will last for ever. **[Refrain]**

Light shines in the darkness for the upright; the righteous are merciful and full of compassion.
It is good for them to be generous in lending and to manage their affairs with justice. **[Refrain]**

For they will never be shaken; the righteous will be kept in everlasting remembrance.
They will not be afraid of any evil rumours; their heart is right; they put their trust in God. **[Refrain]**

Their heart is established and will not shrink, until they see their desire upon their enemies.
They have given freely to the poor, and their righteousness stands fast for ever;
they will hold up their head with honour. **[Refrain]**

Second Reading

1 Corinthians 2:1-12

Read by Sandra

Basic spiritual gifts seem to be rare in the church at Corinth. It seems that Paul is telling the Christians there of their immaturity in the faith. They have much to learn to attain the understanding of Christ that mature Christians have.

When I came to you, brothers and sisters, I did not come proclaiming the testimony of God to you with superior speech or wisdom. For I decided to know nothing among you except Jesus Christ and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were made not with persuasive words of wisdom but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are being destroyed. But we speak God's wisdom, a hidden mystery, which God decreed before the ages for our glory and which none of the rulers of this age understood, for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him."

God has revealed to us through the Spirit, for the Spirit searches everything, even the depths of God. For what human knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

All Hear what the Spirit is saying to God's People.
Thanks be to God.

Gradual Hymn "Alleluia"

SNC-189

Al - le - lu - ia, al - le - lu - ia. Al - le - lu - ia, al - le -

lu - ia. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

The Gospel Reading

Matthew 5: 13-20

Reader The Lord be with you.

All And also with you.

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

All Glory to you Lord Jesus Christ.

On a mountain in Galilee, Jesus has described the qualities and rewards of the blessed or happy – those who will enjoy (and are already enjoying) God's end-time rule. Now Jesus uses homely metaphors to teach them essential lessons about being disciples.

"You are the salt of the earth, but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. People do not light a lamp and put it under the bushel basket; rather, they put it on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

All The Gospel of Christ.
Praise to You, Lord Jesus Christ.

The Rev. Neil Jongbloed

All Hear, O Israel, the Lord our God, the Lord is one.
Love the Lord your God with all your heart,
with all your soul, with all your mind, and with all your strength.
This is the first and the great commandment.
The second is like it:
Love your neighbour as yourself.
There is no commandment greater than these.

The leader will name aloud our parish's known prayer concerns and conclude with the following prayer:

All Holy One, shine upon us and hear us.

After a period of silence, the following concluding prayer is said.

All Amen.

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy;
he welcomes sinners and invites them to the table.
Let us confess our sins, confident in God's forgiveness.

Silence is kept

Celebrant Most merciful Father;
All **we confess that we have sinned against you
in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will, and walk in your ways,
to the glory of your name. Amen.**

Celebrant: Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life, through Jesus Christ our Lord.
All: **Amen.**

The Peace

The Peace is an invitation for us to extend the blessing of God's absolution of our sins to our neighbours. You are invited to greet those sitting nearest to you with a wave, handshake, fist bump or other greeting.

Celebrant May the peace of Christ be with you this day and always.
All **And also with you.**^v

The Celebration of the Eucharist

During the singing of the Offertory Hymn, the greeters will bring the offering plates through the congregation. Financial offerings may be placed in the plates at the entrances to the worship space or made online at www.ststephenburnaby.ca/pages/donate. St Stephen's depends on the generosity of our members and visitors to continue to offer Christ's light to our neighbours.



Offertory Hymn: "For the Fruit of All Creation"

CP-259

Prayer over the Gifts

Celebrant Let us pray:
God of compassion and forgiveness, receive our offering this day, and make us one
with him who is our peace, Jesus Christ our Saviour.
All **Amen.**

The Great Thanksgiving

Celebrant The Lord be with you.
All **And also with you.**

Celebrant Lift up your hearts.
All **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.
All **It is right to give our thanks and praise.**

Celebrant It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image: male and female you created us. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation.

Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

♪ **Sanctus** *"Holy, Holy, Holy Lord"* CP-694

**Holy, holy, holy, Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest.**

Celebrant Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore.

Therefore, we proclaim our hope.
**All Dying you destroyed our death,
rising you restored our life.
Lord Jesus, come in glory.**

Celebrant Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever.

All Amen.

Celebrant Gathering our prayers and praises into one, let us pray as our saviour taught us.

The Lord's Prayer

All Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.

The Breaking the Bread

Celebrant "I am the bread which has come down from heaven," says the Lord.

All Give us this bread forever.

Celebrant "I am the vine, you are the branches."

All May we dwell in him, as he lives in us.

Celebrant The gifts of God for the people of God.

All Thanks be to God.

Celebrant The table of bread and wine is now made ready.
So come to this table, you who have much faith
and you who would like to have more;
you who have been here often, and you who have not been for a while
you who have tried to follow Jesus, and you who have failed;
Come.
It is Christ who invites us to meet him here.^{vi}

♪ Agnus Dei "Lamb of God"

CP-701

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: grant us peace.

The Communion

To Receive Communion:

Please come forward to the step before the Altar to receive. We begin with the choir, the tech team, and the pews behind them and then move to the other side. Be attentive to physical distancing as you move within the space. To receive, extend both hands, one on top of the other so that the wafer may be placed on your palm. For the wine, you may take a sip from the chalice. We do not dip the wafer into the wine.

If you are not receiving wine, you may stay until the chalice is offered to you or return to your seat immediately.

If you would prefer a blessing instead, please ask for one.

If you need Communion brought to you, please alert a greeter or wave at the priest when everyone else has received.

Those on Zoom can say this prayer together.

If you are attending in-person, but are not receiving communion at this time, you may also wish to say the following prayer.

In union, O God, with all your faithful people gathered wherever the eucharist is celebrated this day, we offer you praise and thanksgiving for creation and all the blessings of this life, for the redemption given to us through the life, death and resurrection of Christ, and for the means of grace and the hope of glory.

We pray that we may know you in heart, and soul and mind. Let nothing separate us from you. May we serve you in this life until, by your grace, we come to your promised reign of justice and peace; through Christ and in the unity of the Spirit. Amen.

Communion Hymns

"Healer of Our Every Ill"

CP-612

"Ubi Caritas et Amor"

CP-553

The Sending Forth of the Community

Prayer after Communion

Celebrant Let us pray:
Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord.

All Amen.

Celebrant Glory to God,

All **Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

Announcements

+ Blessing

Celebrant Christ the Son of God, born of Mary, fill you with his grace to trust his promises and obey his will; and the blessing of the One God: Creator, Redeemer, and Sustainer be upon you this day and always.^{vii}

All Amen.



Closing Hymn *"You are Salt for the Earth, O People"*

CP-502

Dismissal

Celebrant Go forth in the name of Christ.

All **Thanks be to God.**



You are invited to join us after the service for a time of fellowship, tea, and coffee.

ST STEPHEN THE MARTYR ANGLICAN CHURCH

CONTACT INFORMATION

Address: 9887 Cameron St, Burnaby BC V3J 1M3

Telephone: 604-421-0472

Web: www.StStephenburnaby.ca

General Email: info@ststephenburnaby.ca

Thrift Shop Email: thriftshop@ststephenburnaby.ca

Prayer Chain: prayerchain@ststephenburnaby.ca

Rector: The Venerable Ruth Monette

Curate: The Reverend Neil Jongbloed

Music Director: Natan Bádue

Parish Administrator: Lois Holmlund

Rentals: rentals@ststephenburnaby.ca

Wardens: Val Krause and Sara Shaw

Associate Warden: Sandra Sutherland

THANK YOU to all our choir members; our readers; our tech support: Shin; and to our other volunteer servers this Sunday: our Zoom host: Barb; Parish host: Sara; our Greeters: Pat H and Judy; Prayer leader: Val; Lay Administrator: Enid; Sacristan: Elaine; our Offering caretaker: Elaine; Altar Guild: Roxie and Josie; Sunday School: Betty and Josie. Coffee: Rick and Man

TERRITORIAL ACKNOWLEDGEMENT: WE ACKNOWLEDGE THAT ST. STEPHEN THE MARTYR IS LOCATED ON THE UNCEDED LANDS OF THE COAST SALISH PEOPLES, ON THE SHARED TRADITIONAL TERRITORY OF SK̓W̓X̓W̓Ú7MESH (SQUAMISH), səliłwətaʔ (TSLEIL-WAUTUTH), X̓w̓MƏƏK̓w̓ƏY̓ƏM (MUSQUEAM) AND k̓w̓ik̓w̓əł̓əm KWIKWETLEM (COQUITLAM) FIRST NATIONS.

Liturgical Notes

- In the context of Christian worship, Israel does not refer to the current political state but either to the historic Hebrews of the ancient Near East, or in Christian theology, to all people who put their faith and trust in Jesus Christ.
- *Elements of this liturgy without an endnote come from the "Supplementary Eucharistic Prayers, Services of the Word and Night Prayer" (2001)*
- *Hymns, unless noted otherwise, are from the "Common Praise" hymnal of the Anglican Church of Canada. All other hymns are licenced via: OneLicence Church Music copyright permission.*

Endnotes

ⁱ Art in the Christian Tradition: <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=53086>

ⁱⁱ The introductions to the scripture readings are from [Commentaries on the Revised Common Lectionary](#)

ⁱⁱⁱ The Psalms are taken from the George Black Psalter at the Church of the Redeemer website, Anglican Church of Canada. <https://theredeemer.ca/music/george-black-psalter/>

^{iv} The Prayers of the People are from "Pray without Ceasing."

^v The Introduction to the Peace is from "Times and Seasons"

^{vi} Invitation words from Iota.

^{vii} The blessing is from "Times and Seasons"