

ST Catherines ANGLICAN CHURCH

Open To The Light



Sunday, February 8, 2026
Fifth Sunday of Epiphany

St. Catherine's Mission, Vision and Values

St. Catherine's Anglican Church, at the heart of Edgemont Village in North Vancouver on the ancestral lands of the Coast Salish peoples, including the Squamish and Tsleil-Waututh Nations, is a contemporary community of Christian seekers.

We welcome you to join us in the journey. We provide a place of spiritual growth through Christ and we respond with gratitude for God's abundance in our lives through service to our brothers and sisters in the world.

Our Vision is to:

- Be an inclusive and thriving community of faith for all generations
- Continually invite others to join us in our journey of faith and Christian discipleship
- Honour the strengthening of relationships and development of community, both within our walls and outside them
- Minister to those in need in Christ's name

Our Values:

St Catherine's is a community that aspires to be:

Welcoming, Inclusive, Curious, Creative,
Sustainable, Caring and Humble

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TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=57112> [retrieved February 2, 2026].

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As you enter the church, we invite you to light a votive candle to remember a person or situation that you carry on your heart. Candles are also available during communion.

Liturgical Note

In the context of Christian liturgy, Israel and Zion do not refer to the modern political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all who put their faith and trust in Jesus Christ.

GATHERING

Welcome The. Rev. Sarah Lehman

Please rise, in body or in spirit

Presider We acknowledge that we live, work, and worship on the ancestral, traditional, and contemporary lands of the Squamish and Tsleil-Waututh Nations. We are grateful for and will advocate for Indigenous communities, we mourn those who were forcibly removed, and we grieve the legacies of colonialism. We seek to hold ourselves accountable to taking up the work of truth and reconciliation ever more meaningfully, day by day.

All **May we be ministers of the reconciling love of the Risen Christ.**

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All **And also with you.**

GLORY TO GOD (CP 376)

**Gloria, gloria, in excelsis Deo!
Gloria, gloria, alleluia, alleluia!**

THE COLLECT

Presider Let us pray.
All **Merciful Lord,**
 grant to your faithful people
 pardon and peace,
 that we may be cleansed from all our sins
 and serve you with a quiet mind;
 through Jesus Christ our Lord,
 who is alive and reigns with you
 and the Holy Spirit,
 one God, now and for ever. Amen.

GATHERING HYMN:

GOD WHO GIVES TO LIFE IT'S GOODNESS (CP 428)

God who gives to life its goodness,
God creator of all joy,
giver of all human freedom,
God who blesses tool and toy:
teach us now to laugh and praise you,
deep within your praises sing,
till the whole creation dances
for the goodness of its King.

God who fills the earth with beauty,
God who binds each friend to friend,
giver of all human talent,
God who wills that chaos end:
grant us now creative spirits,
minds responsive to your mind,
hearts and wills your rule extending,
all our acts by loved refined.

PROCLAMATION OF THE WORD

Please be seated.

FIRST READING: ISAIAH 58:1-12

Reader A reading from the book of Isaiah

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday.

The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Reader Hear what the Spirit is saying to the churches.
All **Thanks be to God.**

PSALM 112 (1-9)

Led by

Claire Louie

Leader Hallelujah! Happy are they who fear the Lord and have great delight in the divine commandments!

People **Their descendants will be mighty in the land; the generation of the upright will be blessed.**

Leader Wealth and riches will be in their house, and their righteousness will last for ever.

People **Light shines in the darkness for the upright; the righteous are merciful and full of compassion.**

Leader It is good for them to be generous in lending and to manage their affairs with justice.

People **For they will never be shaken; the righteous will be kept in everlasting remembrance.**

Leader They will not be afraid of any evil rumours; their heart is right; they put their trust in the Lord.

People **Their heart is established and will not shrink, until they see their desire upon their enemies.**

Leader They have given freely to the poor,
and their righteousness stands fast for ever;
they will hold up their head with honour.

SECOND READING: 1 CORINTHIANS 2:1-12

Reader A reading from Paul's first letter to the Corinthians

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" - these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Reader Hear what the Spirit is saying to the churches.

All Thanks be to God.

GOSPEL HYMN: YOU ARE SALT FOR THE EARTH (CP 502)

You are salt for the earth, O people:
salt for the kingdom of God!
Share the flavour of life, O people:
life in the kingdom of God!

Refrain

Bring forth the kingdom of mercy,
bring forth the kingdom of peace;
bring forth the kingdom of justice,
bring forth the city of God!

You are a light on the hill, O people:
light for the City of God!
Shine so holy and bright, O people:
shine for the kingdom of God!

Refrain

GOSPEL READING: MATTHEW 5:13-20

Presider The Lord be with you.

People **And also with you.**

Presider The Holy Gospel of our Lord Jesus Christ
according to Matthew

People **Glory to you, Lord Christ.**

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

Presider The Gospel of the Lord.
People **Praise to you, Lord Christ.**

GOSPEL HYMN CONTINUED (CP 502)

You are a seed of the Word, O people:
bring forth the kingdom of God!
Seeds of mercy and seeds of justice
grow in the kingdom of God!

Refrain

Bring forth the kingdom of mercy,
bring forth the kingdom of peace;
bring forth the kingdom of justice,
bring forth the city of God!

We are a blest and a pilgrim people
bound for the kingdom of God!
Love our journey and love our homeland:
love is the kingdom of God! *Refrain*

HOMILY The Rev. Sarah Lehman

Silent Reflection

AFFIRMATION OF FAITH: THE APOSTLES' CREED

Presider Let us affirm our faith, saying,

All

**I believe in God,
the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ,
God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand
of the Father,
and he will come to judge
the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYER

PRAYERS OF THE PEOPLE

RECONCILIATION

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy, welcoming sinners and inviting us to this table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider Most merciful God,
All **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name.**

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord.

All **Amen.**

Presider The peace of Christ be always with you.
People **And also with you.**

The community, standing at our seats, greet one another saying or gesturing: "Peace be with you"

COMMUNION

PREPARING THE TABLE: I THE LORD OF SEA AND SKY

I the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin
my hand will save.
I who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

Refrain

Here I am Lord. Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.

I, the Lord of snow and rain,
I have borne my people's pain.
I have wept for love of them.
They turn away.
I will break their hearts of stone,
give them hearts for love alone.
I will speak my word to them.
Whom shall I send?

Refrain

I, the Lord of wind and flame,
I will tend the poor and lame.
I will set a feast for them.
My hand will save.
Finest bread I will provide
till their hearts be satisfied.
I will give my life to them.
Whom shall I send?

Refrain

PRAYER OVER THE GIFTS

Presider Let us pray.
All **God of compassion and forgiveness,
receive our offering this day,
and make us one with him who is our
peace, Jesus Christ our Saviour.**

EUCCHARISTIC PRAYER 6

Presider The Lord be with you.
People **And also with you.**
Presider Lift up your hearts.
People **We lift them to the Lord.**
Presider Let us give thanks to the Lord our God.
People **It is right to give our thanks and
praise.**

Presider It is right to glorify you, Father,
and to give you thanks;
for you alone are God, living and true,
dwelling in light inaccessible
from before time and for ever.
Fountain of life and source of all
goodness, you made all things
and fill them with your blessing;
you created them to rejoice
in the splendour of your radiance.

Countless throngs of angels stand before
you to serve you night and day,
and, beholding your presence,
they offer you unceasing praise.
Joining with them,
and giving voice to every creature under
heaven, we acclaim you, and glorify your
name, as we sing,

All

**Holy, holy, holy Lord,
God of power and might,
Holy, holy, holy Lord,
God of power and might,
heaven and earth are full,
full of your glory.
Hosanna in the highest,
Hosanna in the highest.**

**Blessed is he who comes
in the name of the Lord.
Hosanna in the highest,
Hosanna in the highest.**

Presider

We acclaim you, holy Lord, glorious in power;
your mighty works reveal your wisdom and love.
You formed us in your own image,
giving the whole world into our care,
so that, in obedience to you, our creator,
we might rule and serve all your creatures.
When our disobedience took us far from you,
you did not abandon us to the power of death.
In your mercy you came to our help,
so that in seeking you we might find you.

Again and again
you called us into covenant with you,
and through the prophets
you taught us to hope for salvation.

Father, you loved the world so much
that in the fullness of time
you sent your only Son to be our Saviour.
Incarnate by the Holy Spirit,
born of the Virgin Mary,
he lived as one of us, yet without sin.

Presider

To the poor he proclaimed
the good news of salvation;
to prisoners, freedom;
to the sorrowful, joy.
To fulfil your purpose
he gave himself up to death
and, rising from the grave, destroyed death
and made the whole creation new.

And that we might live no longer for ourselves,
but for him who died and rose for us,
he sent the Holy Spirit, his own first gift for
those who believe, to complete his work in the
world, and to bring to fulfilment
the sanctification of all.

When the hour had come for him to be glorified
by you, his heavenly Father,
having loved his own who were in the world,
he loved them to the end:
at supper with them he took bread;
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, "Take, eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

Presider Father, we now celebrate
the memorial of our redemption.
Recalling Christ's death
and descent among the dead,
proclaiming his resurrection
and ascension to your right hand,
awaiting his coming in glory;
and offering to you,
from the gifts you have given us,
this bread and this cup,
we praise you and we bless you.

All **We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.**

Presider Father,
we pray that in your goodness and mercy
your Holy Spirit may descend upon us,
and upon these gifts,
sanctifying them and showing them
to be holy gifts for your holy people,
the bread of life and the cup of salvation,
the body and blood of your Son Jesus Christ.

Grant that all who share this bread and this cup
may become one body and one spirit,
a living sacrifice in Christ
to the praise of your name

Remember, Lord, your Church
Reveal its unity, guard its faith,
and preserve it in peace.

And grant that we may find our inheritance
with patriarchs, matriarchs,
prophets, apostles, and martyrs,
and all who have found favour

with you in ages past.
We praise you in union with them
and give you glory
through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ,
all honour and glory are yours,
almighty God and Father,
in the unity of the Holy Spirit,
for ever and ever.

People **Amen.**

LORD'S PRAYER (*Sung*):

All **Our Father in heaven,
hallowed be your name.
Your kingdom come, your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and forever.**

BREAKING THE BREAD

Presider We break this bread of life,
and that life is the light of the world.
All **God is here among us,
light in the midst of us,
bring us to light and life.**

Presider The gifts of God for the People of God
People **Thanks be to God.**

COMMUNION

All are welcome to receive Communion of one kind (Bread or Wafers), or in both kinds (Bread and Wine).

Please sanitize your hands before receiving.

Please do not instinct (dip) the Bread or Wafer in the cup.

While Communion is being shared, we respectfully ask that you keep the silence. Communion is not recorded or livestreamed for worshippers' privacy.

Candle lighting during this time is welcomed.

COMMUNION MUSIC:

HERE IS BREAD, HERE IS WINE (Graham Kendrick, 1991)

Here is bread, here is wine;
Christ is with us, he is with us.
Break the bread, taste the wine;
Christ is with us here.

Here is grace, here is peace;
Christ is with us, he is with us.
Know his grace, find his peace;
Feast on Jesus here.

Refrain

In this bread, there is healing.
In this cup, there's life forever.
In this moment, by the Spirit,
Christ is with us here.

Here we are, joined in one;
Christ is with us, he is with us.
We'll proclaim, till he comes,
Jesus crucified. *Refrain*

PRAYER AFTER COMMUNION

Presider Let us pray
All **Eternal God,**
in you we find peace beyond all telling.
May we who share
in this heavenly banquet
be instruments of your peace on earth,
in the name of Jesus Christ the Lord.
Amen.

SENDING

ANNOUNCEMENTS: A Churchwarden

Presider Glory to God,
All **whose power, working in us,**
can do infinitely more than we can ask or
imagine. Glory to God from generation to
generation, in the church and in Christ
Jesus, for ever and ever. Amen.

BLESSING

SENDING HYMN:

IMMORTAL, INVISIBLE, GOD ONLY WISE (CP 393)

Immortal, invisible, God only wise,
in light inaccessible hid from our eyes;
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.

Unresting, unhasting, and silent as light,
nor wanting nor wasting, thou rulest in might;
thy justice like mountains high soaring above,
thy clouds which are fountains of goodness and love.

To all things thou givest, to both great and small,
in all life thou livest, the true life of all:
we blossom and flourish as leaves on the tree,
we wither and perish, but nought changeth thee.

Great Source of all glory and wisdom and light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
tis only the splendour of light hideth thee.

DISMISSAL

Presider Let us go in peace to love and serve the Lord.
People **Thanks be to God.**



***Please join us after the service for coffee
at the back of the church.***

Thank you for ministering this morning:

Presider:	The Rev. Sarah Lehman rev.sarah@saint-catherines.org
Musician & Choir Director:	Hyejung Jun
Altar Guild:	Bonnie Grundy
Greeters:	Marthe Duncombe & Bob Paxton
Eucharistic Administrator:	Gillian Holland & Elizabeth Barratt
Intercessor:	Prayers written by Sheila Baldock and read by Claire Louie
Readers:	Tony Dodd and Claire Louie
Coffee Group:	Penny Zuk, Alison Watt and Gillian Holland
Livestream:	Ashkon Vahedi
Wardens:	Vivian McGie & Rhonda Garton
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