

Weekly Update – Feb. 4

Spring Break Fun

- Register for **2-4-1 Sports Camp** (Grades 1–5)
 - Limited spaces available – use this [link](#)
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Free Parent Webinar – Beyond Food Battles with Dr. Deborah MacNamara

- Screens aren't the only battleground, learn how to foster connection at the table without pressure
 - Choose a session:
 - Feb 10 – 4:00 pm
 - Feb 11 – 12:00 pm
 - Feb 14 – 10:00 am
 - Register via the [link](#) on our website
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Family Bingo Night Feb 19 | Doors open 6:00 pm

- 5 bingo games + pizza & popcorn
 - Order tickets using the form being sent home
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Readathon – Olympic Theme!

- Inspired by the 2026 Winter Olympics
 - Launches soon – watch your inbox for details
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G.I.V.E.R.S. Twin Day Challenge Feb 11

-  Bring a **toonie**
 - Dress as someone's "twin"
 - Proceeds support families affected by the **Lapu Lapu tragedy**
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Primary Choir Begins! (reminder) Starts Thursday, Feb. 19

-  Music Room
 -  Thursdays at **8:00 AM**
 -  Open to students in **Grades 2 & 3**
 -  Permission slip coming home **Friday**
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♥ Canadian Red Cross Youth Leadership Courses – Reminder  Feb. 12 & 13

-  Christ the Redeemer Church
-  Fun, faith-rooted safety and leadership training
-  Registration closes Feb. 4

📖 Catholic Book Fair – Daughters of St. Paul  February 19

-  St. Francis de Sales School Activity Room
-  Featuring award-winning Catholic books for children and families
-  Books designed to inspire faith, wonder, and family connection
-  Visit the **SFDS** [website](#) for full details.

😊 Virtue of the Month: Cheerfulness - looking on the bright side!

- This [link](#) on our website will help you support at home what we are developing here at school.
- Please see page 31 of the parent guide.

Registration Drop-Off

-  Packages must be returned **in person** on: **Tues., Feb. 10** or **Wed., Feb. 11**
-  Parents will be admitted into the school to line up and submit packages.
-  Registration packages
 - **Require Part 1 completed first**
 -  Should NOT be sent to school with students

Registration Package Return Times (Google Form Complete)		
	Tuesday, Feb. 10	Wednesday, Feb. 11
Family Last Names A-K	8:30-10:00 AM	1:30-3:00 PM
Family Last Names L-Z	1:30-3:00 PM	8:00-10:00 AM

 **Registration Reminders**

-  **Google Form must be completed by Feb. 11**
-  **\$80 late fee will apply if the form is not submitted by this date.**
-  **If you are unable to return your registration package on the assigned dates/times, please notify the office in advance.**

 **2-4-1**  **SPORTS**  **CAMP AT SFDS** –  Feb. 12, 13

-  SFDS gym (outdoor play if weather permits)

- 🎉 Fun mix of traditional sports, creative games, movement skills & confidence-building.
 - 👧👦 Open to students in **Grades 1–5**.
 - 🔗 Register using the link [here](#)
 - **Junior Coaches (Gr. 6–7):**
 - 👨🎓 Students can apply to help lead the camp.
 - ✓ Must be endorsed by a school administrator.
 - 📧 Questions: geoff@241play.org
 - 📅 **We are allowing for single day registration, pricing as follows:**
 - 🧒 **1 Child**  1 day: **\$60**   Both days: **\$110**
 - 👧👦 **2 Children**  1 day: **\$115**   Both days: **\$210**
 - 👧👦👦 **3 Children**  1 day: **\$165**   Both days: **\$305**
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Key Dates

- Feb. 10-11: In-house registration for the 2026–27 school year 
 - Feb. 11 “Twin Day” 
 - Feb. 12–13: Catholic Educator Learning Days (No school)  
 - Mon., Feb. 16: Family Day (No school) 
 - Thurs., Feb. 19 - Catholic Book Fair: Daughters of St. Paul 
 - Fri., Feb. 20 - Readathon begins  
 - Mon., Feb. 23 - Early Dismissal; popcorn sale 
 - Tues., Feb. 24 - **Parenting for Purity Presentation** 
 - Wed., Feb. 25 - Pink Shirt Day (Wear a pink shirt with your uniform.)  
 - Tues., Mar. 3 - **Start Talking to Your Kids about Sex** 
 - Fri., Mar. 6 - Readathon ends  
 - Fri., Mar. 13 - **Learning Updates go home** 
 - March 16-27 - Spring Break  
 - March 16-20: **2-4-1 Sports Camp** at SFDS School 
 - Fri., Apr. 24: **Canadian Red Cross Babysitting Course @ SFDS** 
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Extracurricular Practices and Events - Feb 9-13

	Monday	Tuesday	Wednesday	Thursday	Friday
7:45-8:45 am	Grade 6 Boys Coach Newton Mrs. Muir		Choir	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  </div> <div style="text-align: center;">  </div> </div> <p><i>School Closed</i> <i>School Closed</i></p>	
Lunch	Gr. 5 Boys & Grade 5 Girls Coach Johnny Mrs. Muir	Grade 6 Girls Coach Johnny Mr. Regush	Gr. 5 Boys & Grade 5 Girls Coach Johnny Mrs. Muir		
3:15-4:15 pm	 Gr. 5 Boys (Double Header) vs. HC (2:30PM league game, 3:15PM exhibition (leaving the school at 1:50pm)	 Gr. 7 Girls vs. Holy Cross (HOME)			