



2026 IS HERE



# DECEMBER 2025





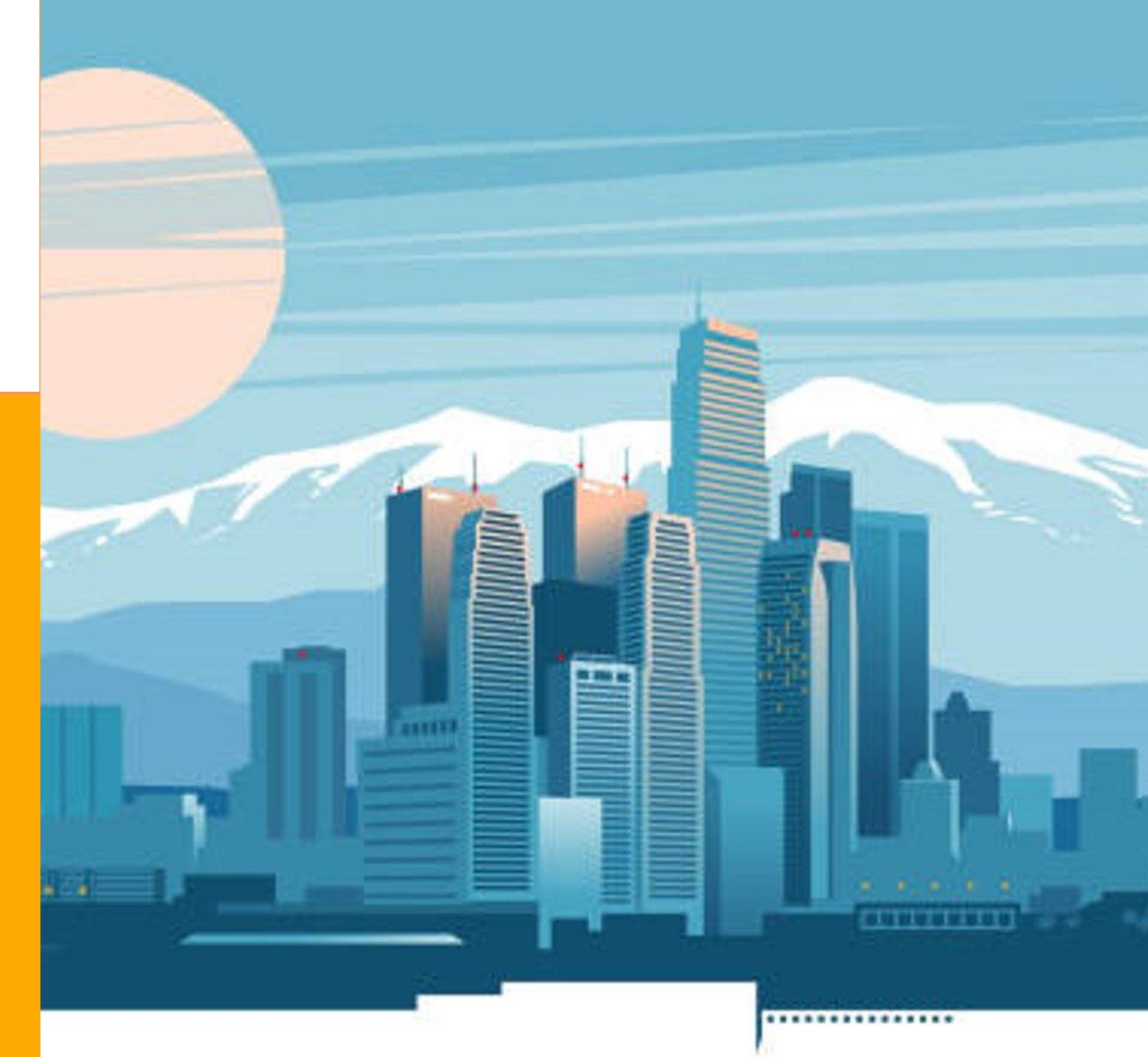




2026: YOUR YEAR TO  
BUILD WHAT LASTS

# 2026 IS HERE

# CENTER OF HOPE



LOS ANGELES  
SKYLINE

# THREE REGIONS ONE MISSION

WHO WE ARE

THE MISSION

WHAT WE DO



# CENTER OF HOPE

## Summary of Top Regional Needs

When we look at the challenges facing the entire area, the top four key needs stand out:

**More Affordable Housing:** This is the #1 issue. The high cost of rent makes it difficult for many families to save and get ahead.

**Better Paying Jobs:** The region needs more job training programs and businesses that can provide careers, not just low-wage jobs.

**More Support for Students:** To close the education gap, schools need more resources, after-school programs, and help to get students on the path to college.

**Access to Healthcare:** Many families struggle with a lack of health insurance or nearby clinics. Improving community health is critical.

“We believe that fundamentally healthcare should be a **right and not simply a privilege**. It will be a vision realized when **every** man, woman and child in our communities are able to have access to the health care they need **regardless of their ethnicity, age or income**.

This health fair is about **caring** and **inviting the members** of our **community to receive medical information provided by leading health professionals, meaningful social connection with their neighbors, and health services and resources on that day**. Our hope is that this will help bring about the **blessing** of an **improved quality of life** for all who participate”. – Dr. Doug Webber

**“OF ALL FORMS OF DISCRIMINATION AND INEQUALITIES, INJUSTICE IN HEALTH IS THE MOST SHOCKING AND INHUMAN.” – MARTIN LUTHER KING JR.**



# MAKING AN IMPACT THROUGH ACTS OF SERVICE

Proverbs 3:27-28

*<sup>27</sup> Do not withhold good from those to whom it is due,*

*when it is in your power to act.*

*<sup>28</sup> Do not say to your neighbor,  
“Come back tomorrow and I’ll give it to you”—  
when you already have it with you.*



Los Angeles International Church of Christ

# THE GOOD NEIGHBOR HEALTH FAIR

SAT, MARCH 14TH  
10AM-4PM

15610 Crenshaw Blvd., Gardena

REGISTER  
HERE!



REGISTER  
HERE!

FOR MORE INFORMATION,  
CONTACT

[metrolahealthfair@gmail.com](mailto:metrolahealthfair@gmail.com)

FOOD TRUCKS, FACE PAINTING,  
LINE DANCING AND MORE!



## FREE HEALTH SCREENINGS

- Dental Screenings
- Blood Pressure Screenings
- Glucose Testing
- Heart & Kidney Screening
- Cancer Screenings

## HEALTH TALKS FROM EXPERTS

- Nutrition & Diet
- Mental Health
- HIV Awareness
- Diabetes
- Women's Health
- Financial Wellness

# THE HEALTH FAIR SPEAKERS 2026



Dr. William King



Dr. Peter Vukasin



Dr. David Rogers



Dr. Farrah Quyyumi



Dr. Calvin Johnson



Dr. Lorena Gonzalez



Dr. Onkarjit Marwah



Dr. Marco  
Gomez-Garcia



Pattye Anderson N.P.



Monique Jackson N.P.



David Bruce LMFT



Melissa Henderson  
RDN

# THE GOOD NEIGHBOR HEALTH FAIR 2026



## HEALTH TALK SPEAKERS



Dr. William King

### HIV/INFECTIOUS DISEASE SPECIALIST

"Test, Prevent,  
Treat: Your Guide  
to a Healthy  
Future: HIV  
Prevention and  
Care"



Dr. Peter  
Vukasin

### COLORECTAL SURGEON

"Living Without  
Fear of  
Colorectal  
Cancer"



Dr. David Rogers

### ORTHOPEDIC SPINE SURGEON

"Neck & Back  
Pain 101: What  
you Need to  
Know"

MARCH 14TH FROM 10AM TO 4PM

# THE GOOD NEIGHBOR HEALTH FAIR 2026



## HEALTH TALK SPEAKERS



Dr. Farrah Quyyumi

### HEMATOLOGIST & ONCOLOGIST

"Don't Get  
Scared, Get  
Checked: Your  
Guide to Early  
Cancer  
Detection"



Dr. Calvin Johnson

### ANESTHESIOLOGIST

"Better Health for  
Mothers and  
Babies"



Dr. Lorena Gonzales

### BREAST SURGEON ONCOLOGIST

"Detect it. Treat it.  
Defeat it: Breast  
Cancer  
Prevention"

MARCH 14TH FROM 10AM TO 4PM



# THE GOOD NEIGHBOR HEALTH FAIR 2026



## HEALTH TALK SPEAKERS



Dr. Onkarjit Marwah

### CARDIOLOGIST

"High Blood Pressure: Understanding the Silent Killer"



Dr. Marco  
Gomez-Garcia

### INTERNAL MEDICINE

"Comprender la diabetes: del diagnóstico a la vida diaria"



Pattye Anderson N.P.

### FAMILY MEDICINE & OBESITY PRACTITIONER

"Your Weight, Your Health: A Community Conversation"

MARCH 14TH FROM 10AM TO 4PM

# THE GOOD NEIGHBOR HEALTH FAIR 2026



## HEALTH TALK SPEAKERS



Monique Jackson N.P.

### GENERAL PRACTITIONER

"Understanding  
Diabetes: From  
Diagnosis to Daily  
Life"



David Bruce LMFT

### LICENSED MARRIAGE & FAMILY THERAPIST

"Mind Matters: A  
Guide to Mental  
Wellness"



Melissa Henderson  
RDN

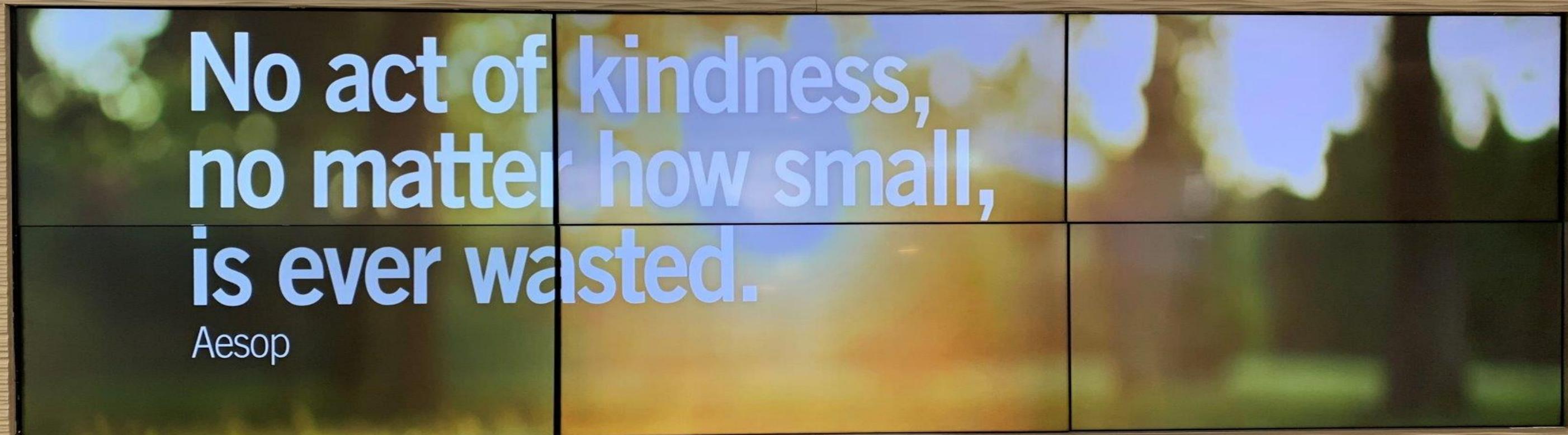
### REGISTERED DIETITIAN

"Eat Smart, Live  
Stronger: Your  
Wellness  
Blueprint"

MARCH 14TH FROM 10AM TO 4PM

# CENTER OF HOPE

Tim & Louise Lewis Nature Wall



No act of kindness, no matter how small, is ever wasted.

Aesop

MAKING AN IMPACT THROUGH ACTS OF SERVICE

JESUS IS THE PERFECT  
EXAMPLE AND TEACHER OF  
HOW TO SERVE, SO THAT  
WHAT WE BUILD THROUGH  
SERVICE, WILL LAST.

# MAKING AN IMPACT THROUGH ACTS OF SERVICE

*Serving - the action of helping or doing work for someone or something.*

"millions are involved in voluntary service" OR  
"have your car serviced regularly"

*Biblical definition:*

*Voluntary active work in service to God and others*

# MAKING AN IMPACT THROUGH ACTS OF SERVICE

John13: 1-17

*It was just before the Passover Festival. Jesus knew that the hour had come for him to leave this world and go to the Father. **Having loved his own** who were in the world, **he loved them to the end.***

**2 The evening meal was in progress**, and the devil had already prompted Judas, the son of Simon Iscariot, to betray Jesus. **3 Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God**; **4** so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. **5** After that, he poured water into a basin and **began to wash his disciples' feet**, drying them with the towel that was wrapped around him.

**6** He came to Simon Peter, who said to him, “Lord, are you going to wash my feet?”

**7** Jesus replied, “You do not realize now what I am doing, but later you will understand.”

**8** “No,” said Peter, “you shall never wash my feet.”

**Jesus answered, “Unless I wash you, you have no part with me.”**

**9** “Then, Lord,” Simon Peter replied, “not just my feet but my hands and my head as well!”

# MAKING AN IMPACT THROUGH ACTS OF SERVICE

<sup>10</sup> Jesus answered, “Those who have had a bath need only to wash their feet; their whole body is clean. And you are clean, though not every one of you.” <sup>11</sup> For he knew who was going to betray him, and that was why he said not every one was clean. <sup>12</sup> When he had finished washing their feet, he put on his clothes and returned to his place. “Do you understand what I have done for you?” he asked them. <sup>13</sup> “You call me ‘Teacher’ and ‘Lord,’ and rightly so, for that is what I am. <sup>14</sup> Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet. <sup>15</sup> I have set you an example that you should do as I have done for you. <sup>16</sup> Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. <sup>17</sup> Now that you know these things, you will be blessed if you do them.”

# MAKING AN IMPACT THROUGH ACTS OF SERVICE

***We should serve one another in humility.***

***5”After that, he poured water into a basin and began to wash his disciples’ feet,”***

Can you imagine  
Jesus, the Son of  
God, stooping  
down to wash  
these feet?



# MAKING AN IMPACT THROUGH ACTS OF SERVICE

*We should serve one another in humility.  
Serving others is **never about who they are**  
**but it is about who Christ is** and how he  
wants us to follow His example.*

**v.2 “The evening meal was in progress, and  
the devil had already prompted Judas, the son of  
Simon Iscariot, to betray Jesus.”**

# MAKING AN IMPACT THROUGH ACTS OF SERVICE

*We should serve one another in humility.*

*Serving others is never about who they are but it is about who Christ is and how he wants us to follow His example.*

*There is a blessing in serving others. **Every time we serve others we are blessed.***

17 "Now that you know these things, **you will be blessed if you do them.**"

# MAKING AN IMPACT THROUGH ACTS OF SERVICE

*There is a blessing in serving others. Every time we serve others we are blessed.*

17 "Now that you know these things, **you will be blessed if you do them.**"

To be "**blessed**" means experiencing the extreme joy of divine favor, deep contentment, or good fortune.

The flip side of this is that we know all too well what it means to not experience "**being blessed**".

# MAKING AN IMPACT THROUGH ACTS OF SERVICE

## PLAN

#1 PRAY

#2 CONSIDER HOW YOU MAY DEMONSTRATE ACTS OF SERVICE AND KINDNESS EVERY DAY.

#3 CONSIDER THE NEEDS IN YOUR LOCAL COMMUNITY AND AREAS OF INFLUENCE FOR OPPORTUNITIES TO SERVE.

#4 PRAYERFULLY CONSIDER SUPPORTING THE CENTER OF HOPE AND THE GOOD NEIGHBOR HEALTH FAIR THROUGH YOUR EFFORTS AND TALENTS. WE ARE ALL IN THIS TOGETHER !

LASTLY CONSIDER:

***JESUS IS THE PERFECT EXAMPLE AND TEACHER OF HOW TO SERVE, SO THAT WHAT WE BUILD THROUGH SERVICE, WILL MAKE A LASTING IMPACT .***



THE GOOD NEIGHBOR HEALTH FAIR

# LOOKING FOR DAY-OF VOLUNTEERS!

Be part of a meaningful day serving our community.  
We're looking for volunteers to help support the event on  
the day of the health fair.



## DAY-OF VOLUNTEER ROLES INCLUDE:

- REGISTRATION & CHECK-IN
- GREETING & HOSPITALITY
- LINE SUPPORT & WAYFINDING
- SET-UP & CLEAN-UP
- AND MORE!

SCAN QR CODE TO SIGN UP!



SCAN QR CODE TO SIGN UP!

FOR MORE INFORMATION CONTACT: [GNFVOLUNTEERS@GMAIL.COM](mailto:GNFVOLUNTEERS@GMAIL.COM)