



"We Trust in the God of Our Salvation"

Psalm 125
February 1, 2026

The Big Idea: Psalm 125 is a bold declaration of confidence that the Lord can be **trusted**, no matter what is going on in your life. This confidence is not in the strength of one's faith, but in the **bigness** of God and in His ultimate provision and protection of the faithful ones.

The Occasion of the Psalm

- Some scholars believe the Psalm is set in the time of Nehemiah and Ezra, as exiles are beginning to return home to Jerusalem.
- Among the people who are now trying to rebuild their lives and their nation, The psalmist calls on them to trust in the Lord, not in their own **desires**, **alliances**, or **schemes**.

Psalm 125 (ESV)

125 A SONG OF ASCENTS

- 1 Those who trust in the **LORD** are like Mount Zion, which **cannot be moved**
- 2 As the mountains surround Jerusalem, so the **LORD** surrounds his people, from this time forth and forevermore.
- 3 For the scepter of wickedness **shall not rest** on the land allotted to the righteous, lest the righteous stretch out their hands to do wrong.
- 4 Do good, O **LORD**, to those who are **good**, and to those who are **upright** in their hearts!
- 5 But those who turn aside to their **crooked ways** the **LORD** will **lead away** with evildoers!
Peace be upon Israel!

WHAT THIS MEANS FOR US:

1. Psalm 125 reminds worshipers of two fundamental truths central to the Christian faith: the world can be a **dangerous** place; and Yahweh can be a **sure refuge**.
[Psalm 46]
2. All followers of the Lord can **expect** persecution and trouble in this life. People respond by either by choosing to live "uprightly" or in "crooked ways."
[2 Timothy 3:12-15]
3. God's people, because of His strength and protection, will not be **eternally** destroyed by trouble or evil.
[2 Timothy 1:12]
4. There may be times when we feel that God abandoned us, but that is never the truth. His **presence** is constant and His **goodness** is unwavering. The Lord is not just "out there" holding the world together. He is "here" in your life, holding you together.
[Isaiah 41:10]
5. The Lord will sort out everything and everyone. He walks with and **sustains** the upright in His generous grace and mercy and He **punish** the wicked who ignore the Lord and do harm to God's people.
[Romans 2:6-8]
6. True "**shalom**" is God's beautiful gift to people who choose to trust the Lord and live in obedience to Him.
[Isaiah 26:3]
7. The psalmist longs for Jerusalem to continue to be a place of peace where God's people can come to freely worship Him in the Sanctuary. Today, Christians need to pray that our churches will be **places of peace** where we gather to worship Christ and renew our trust in the Lord.

"Sometimes when we get overwhelmed
we forget how big God is."

A.W. Tozer