

INTERCESSIONS FOR SUNDAY, February 1, 2026

In our Anglican Cycle of Prayer, we pray for the Church of England. We pray for Vernon, our Rector; Helen, our Deacon; Pat, our Honorary Assistant; Anna, our Bishop; Shane, our Primate; Chris, our Nat’l Indigenous Archbishop; and John, our Metropolitan. We pray for St. George the Martyr, Cadboro Bay.

We offer healing prayers for Roland & family, Heather-Anne A., Vera H., Bexs & all their family, Randy M., Ryan & family, Ed C., Eileen & Eleanor O., Al, Zarra, Soren, Shirley M., Sharon M., Steve C., Colleen J., Manly P., Jane F., Gary, Patrick, Cameron F., Leanne T, Joann, Chris A., Margaret O., Debbie G., Christine, Kerilee M., Kevin, Glenda S. & family, Tammy W., Cami, Joanne S., Steve G., Richard M. and Niven.

PARISH ACTIVITIES Monday, February 2, 2026 – Sunday, February 8, 2026

Monday-Friday	8:30 am	Morning Prayer (except Stats) (Zoom*)
Tuesday	1:00 pm	Women’s Group Meeting (Hall)
	7:00 pm	Contemplative Prayer (Church Proper)
Wednesday	11:00 am	Mid Week BCP Service
	12:30 pm	Gospel Conversation (St. John) **
	4:00 pm	Sunday Lunch Volunteer Meeting (Hall)
Thursday	1:00 PM	Prayer Shawl Meeting (St. Mark)
	6:30 pm	Parish Choir Practice (St. Luke)
Friday	2:00 pm	Threshold Music Practice (Church Proper)
Saturday	2:00 pm	Newcomers Tea/Ministry in Action (Hall)
Sunday	8:00 am	BCP Holy Communion
	8:45 am	Post Service Fellowship (St. Matthew)
	10:30 am	Holy Eucharist Service (in person & livestream)
	12:00 pm	Post Service Fellowship (Hall)
	4:00 pm	THRESHOLD Music Service (Church Proper)

* Please contact the office to arrange for a Zoom link invitation

** Discussion based on Sermon & Readings of the day

READINGS FOR SUNDAY, February 8, 2026

First Reading:	Isaiah 58:1-9a, (9b-12)
Psalms:	112:1-9, (10)
Epistle:	1 Corinthians 2:1-12, (13-16)
Gospel:	John 7:14-36

ANNOUNCEMENTS (*THE NEW ORGAN HAS ARRIVED – STAY TUNED!!*)

THIS AFTERNOON at 4 PM - HYMN SING here at St. Paul’s. Listening & singing enjoyment – learn the history! All are welcome to join! *Refreshments to follow.*

SATURDAY, FEB. 7 at 2 PM - NEWCOMER’S TEA: All those who have joined our St. Paul family in the past year have received invitation to join us.Come and enjoy a time of fellowship, refreshments and learn more about our many ministries.

SUNDAY, FEB. 8 is SIGN-UP SUNDAY at St. Paul’s. This is a chance to begin regular giving, adjust your current contribution, or switch to pre-authorized giving. Carol S., our Envelope Secretary, will be available after the 8:00 and 10:30 services to help with sign-ups or changes. Thank you for your continued support of the life and ministry of St. Paul’s.

Also, SUNDAY, FEB. 8 at 4 PM – our THRESHOLD SERVICE: a gentle, open-hearted space of scripture, prayer, music, and reflection.

REFRESHMENT HOUR COFFEE VOLUNTEER - We are looking for someone to partner with Barb C. on the **second Sunday** of the month. All you have to do is make the coffee and tea and set out the supplies. Goodies are optional. If no one comes forward, there will be NO coffee and tea for the refreshment hour on Sunday, February 8th. Please let the office know if you can help.

NOMINATIONS COMMITTEE - It's that time of year when we think about our upcoming Annual Vestry Meeting and who will serve as our leaders in 2026. Joanne B. (250-585-7944) and Julia B. are serving on the nominations committee this year. If they reach out to you, please prayerfully consider saying "yes". Watch for the nominations flipchart coming soon to the Narthex.

ATTENTION ALL CONTRACT BRIDGE PLAYERS! An Organ Replacement Fundraising event on **SATURDAY, FEBRUARY 14th, 2026**, at Oliver Woods Community Center, beginning at **12:15 p.m.** More info on posters! Tickets are available only in advance from Lynda Avis, 778-269-2089

WORLD DAY OF PRAYER will be at St Peter's this year on March 6th, at 1:00. The Christian women in Nigeria have prepared a wonderful service for us all to hear their stories and pray with Christians around the world, uniting on a common day for issues affecting women and children. More details to follow.

HAPPY BIRTHDAY this week to: **Deb A** (Feb 3) and **Rod B** (Feb 5). *Birthday Prayer:* We give thanks for those whose birthdays we celebrate today. May they ever grow in your faith, hope & love. We ask this in the name of our Lord Jesus Christ. Amen