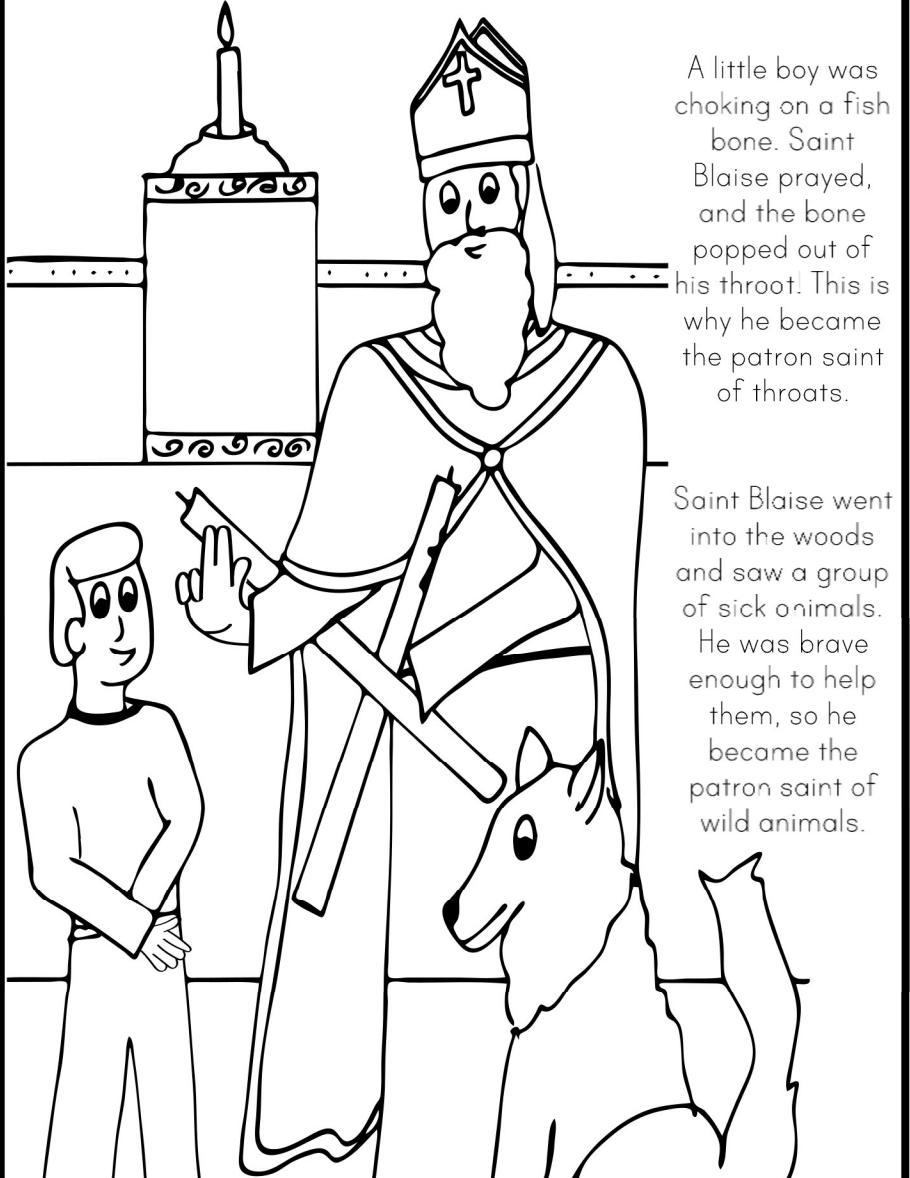


Saint Blaise

Saint Blaise is the patron saint of throats and wild animals.



A little boy was choking on a fish bone. Saint Blaise prayed, and the bone popped out of his throat. This is why he became the patron saint of throats.

Saint Blaise went into the woods and saw a group of sick animals. He was brave enough to help them, so he became the patron saint of wild animals.

Catholic Kids Bulletin

February 1, 2026
Ordinary Time
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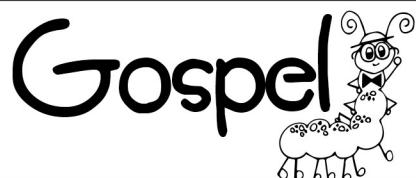
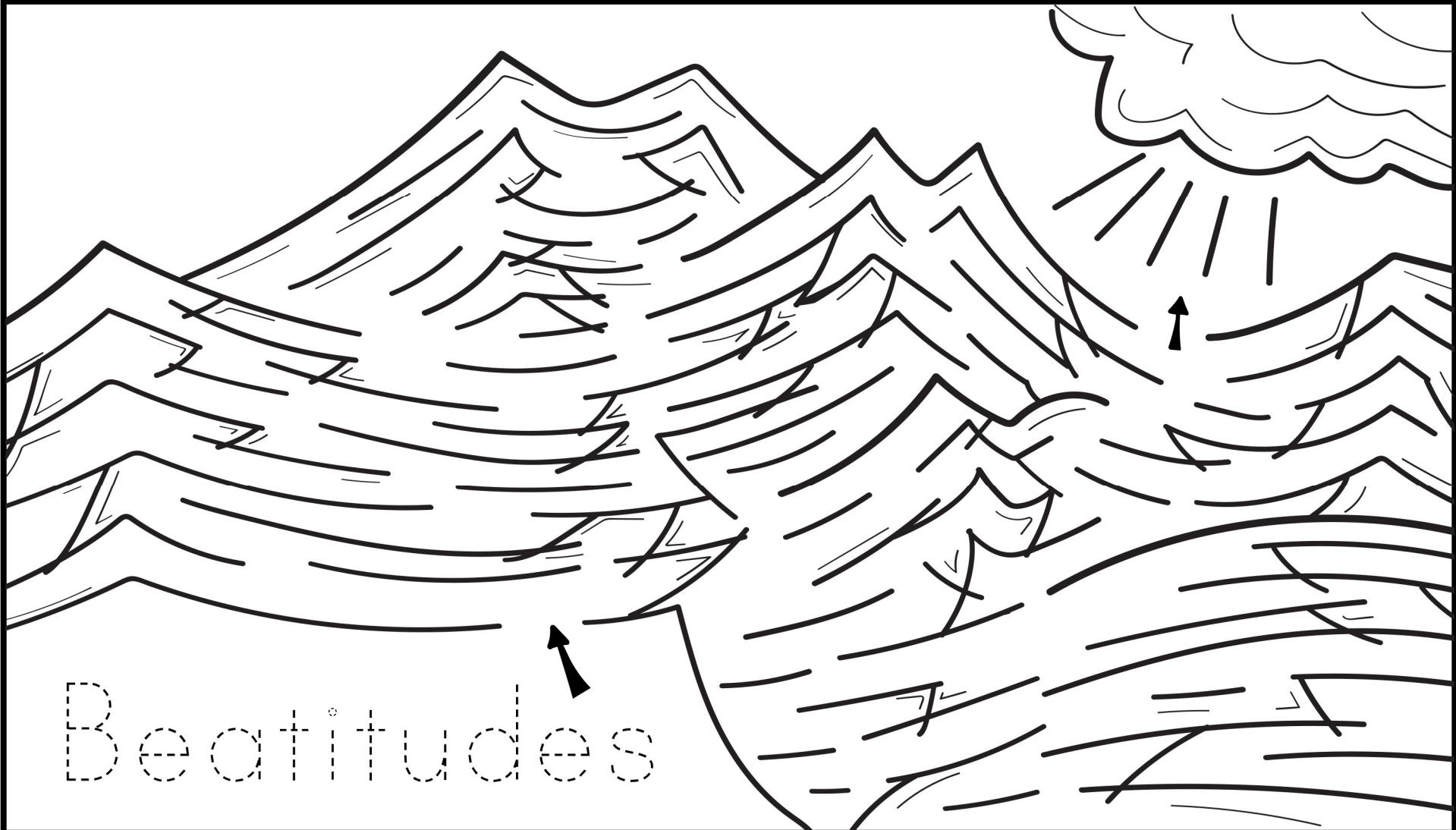
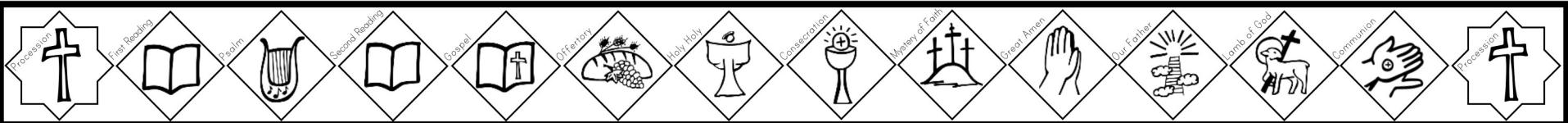
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Blessed are the poor in spirit; the kingdom of heaven is theirs!

PWTHECKINGDOMPOFIHEAVEN



There is a special Mass on February 3rd to celebrate Saint Blaise. You can receive a blessing for your throat in honor of Saint Blaise.



Jesus went up a mountain and talked to the people about heaven.

His words are called the Beatitudes.

The Beatitudes tell us how to live with love and kindness.