



The Anglican Parish of Saint Barnabas

February 1, 2026

Fourth Sunday after Epiphany

*It is the mission of St. Barnabas Anglican Church to use
the gifts that God has given us in Christian service to others.*

*In the spirit of respect and truth, we honour the peoples of the Treaty 7
Territory and the Metis Nation of Alberta as we share this land.*

Welcome to St. Barnabas Anglican Church. The altar flowers have been donated by Rick and Angela Wards to the Glory of Almighty God and in thanksgiving and blessing for children with challenges, their parents, extended family, and the professionals who care for them.

8:30 AM: Holy Communion

The Book of Common Prayer – Page 67

Collect – Page 128

Celebrant: The Rev. Kersi Bird

10:15 AM: Holy Eucharist

Liturgy from *The Book of Alternative Services*

Hymns from *Common Praise*

Processional Hymn 293 “Your Hands, O Lord, in Days of Old” (St. Michael’s)

Children’s Prayer

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hidden.

Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Collect of the Day: Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

1st Reading: Micah 6:1-8

David James

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel. "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord."

"With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?"

He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

Psalm 15

Lisa Mitchell

Refrain: The just shall dwell on your holy mountain.

Lord, who may dwell in your tabernacle? who may abide upon your holy hill? Whoever leads a blameless life and does what is right, who speaks the truth from his heart. **Refrain**

There is no guile upon his tongue; he does no evil to his friend; he does not heap contempt upon his neighbour. In his sight the wicked is rejected, but he honours those who fear the Lord. **Refrain**

He has sworn to do no wrong and does not take back his word. He does not give his money in hope of gain, nor does he take a bribe against the innocent. Whoever does these things shall never be overthrown. **Refrain**

Choir Anthem: "Glory to the King of Kings"

Thompson

2nd Reading: 1 Corinthians 1:18-31

Sue Carr

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart."

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God.

For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth.

But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Gradual Hymn 439 "Blest Are the Pure in Heart"

(Franconia)

The Holy Gospel of our Lord Jesus Christ according to St. Matthew 5:1-12

The Rev. Marcus Herrel

Glory to you, Lord Jesus Christ.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy.

Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The Sermon

The Rev. Marcus Herrel

Let us confess our faith, as we say,

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen

The Intercession

Lisa Mitchell

We pray for our Diocese: St. Paul, Calgary: The Rev. Tony Hilling, The Rev. Dcn. Betty Nadurak, The Rev. Cyril Haynes.

We pray for members of our parish family: Jenna Matthews, Andrew Rudzitis and Jack; Elizabeth McBride; Daniel and Arlene McCormick.

We pray for those in need of God's healing gifts: Peter, David, Gwyneth, Evie, Angela, Nicole, Farzana, Lincoln, Sue, Jeff, Sharon, Diane, John, Mariana, Eric.

The Confession: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Monetary offerings for the ministry of the parish can be placed on the plate located by the entry doors to the sanctuary. To add to the offering during the offertory hymn as the sidesperson brings it to the altar to be blessed, please catch the attention of the sidesperson as the plate is brought forward. Alternatively, you may e-transfer your offering to office@stbarnabas.ca.

Offertory Hymn 171 “What Does the Lord Require”

(Sharphorne)

The Prayer over the Gifts: God of steadfast love, may our offering this day, by the power of your Holy Spirit, renew us for your service. We ask this in the name of Jesus Christ the Lord. **Amen**

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will, he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices to proclaim the glory of your name.

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, “Take, and eat: this is my body which is broken for

you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever. **Amen.**

And now, as our Saviour Christ has taught us, we are bold to say,
Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

"I am the bread of life," says the Lord. "Whoever comes to me will never be hungry; whoever believes in me will never thirst."

Taste and see that the Lord is good; happy are they who trust in him!

The gifts of God for the People of God.

Thanks be to God.

Please proceed to the base of the chancel steps as directed by a sidesperson; if you are unable to do so, remain seated in your pew and a priest will bring communion to you. After consuming the wafer, you will be offered wine in two kinds – the common cup or a small glass. Alternatively, you may touch the base of the chalice or receive a blessing.

Communion Hymn 496 "Teach Me, My God and King"

(Festal Song)

Communion Hymn 57 "Thou, Who at Thy First Eucharist"

(Song 1)

Communion Hymn 52 "O God, Unseen Yet Ever Near"

(St. Flavian)

Prayer after Communion: Source of all goodness, in this eucharist we are nourished by the bread of heaven and invigorated with new wine. May these gifts renew our lives, that we may show your glory to all the world, in the name of Jesus Christ the Lord. **Amen.**

All your works praise you, O Lord.

And your faithful servants bless you.

Gracious God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all

**your children shall be free, and the whole earth live to praise your name;
through Christ our Lord. Amen**

The Blessing

Announcements

Recessional Hymn 506 “Lord of All Hopefulness”

(Slane)

Let us go forth in peace to love and serve the Lord.

Thanks be to God.

†††

We pray for Christ's Holy Catholic Church: ACC: The Provincial Synod of the Ecclesiastical Province of Canada. ELCIC: The dean, council, and congregations of the Ottawa, Ottawa Valley and Seaway Areas of the Eastern Synod. MOR: The people and ministries of Heimtal Moravian Church in Leduc County, AB.

We pray for our Companion Diocese of the Windward Isles: St. Andrew with Holy Innocents, St. Giles and St. Michael, on Grenada: The Ven. Michael Marshall; St. John with St. Mark and St. Matthew, on Grenada: The Rev. Keba Cuffy

CCLI Licence #11392823. Readings for February 8: Isaiah 58:1-12); Psalm 112:1-10; 1 Corinthians 2:1-16; Matthew 5:13-20

Livestream link for the 10:15 AM service:

<https://www.youtube.com/live/vrGMqVWOofM>

Sunday school will be on February 8, February 22, March 15, and March 29.

Alpha begins on February 25 for 11 weeks. Email Rev. Marcus at deacon@stbarnabas.ca for more information or to register. *Heavenly Father, we thank you for the gift of Alpha. Open our eyes to the friends, neighbours, and colleagues who are already drawing toward you, and give us the courage to extend a personal invitation on your behalf. Amen.*

The Annual Meeting of Parishioners (AMP) will be held on February 8. Please consider serving as a member of parish council. Sandwiches will be provided at the meeting; please feel free to bring cookies, squares, and fruit to share. As the reports for the AMP were included in the newsletter, only a limited number have been printed for those without access to the internet. (Do you have a Shaw email address and have difficulty receiving the newsletter? A link for the newsletter is found on the home page of the website; <https://www.stbarnabas.ca/>)

The Shrove Tuesday pancake supper will be on Tuesday, February 17 at 6:30 PM.

Please save the date! Our Lenten Quiet Afternoon will take place on Saturday, February 28th from 1:30 to 3:30 PM. Please plan to come to try different spiritual disciplines involving prayer, craft, music and meditation.

The Anglican Parish of St. Barnabas
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Celebrant: The Rev. Kersi Bird; Gospeller, Preacher: The Rev. Marcus Herrel;
Organist/Music Director: Margaret Kosa; St. Barnabas Choir; Lay Assistant: Lisa
Mitchell; Crucifer: Kingsley Ibe; Readers: David James, Sue Carr; Sidespersion:
Butler Team; Coffee Hosts: Noreen Sym, Ralph MacKelvie, Joyce Sudsbury; Altar
Guild: Marilyn Croot, Carolyn McLennan; Rector's Warden: Phil Field; Assistant
Rector's Warden: Les Parsons; People's Warden: Jill Stroud; Assistant People's
Warden: Denver Barg