

THE HOLY EUCHARIST

FOURTH SUNDAY after the EPIPHANY

February 1, 2026
10:30 A.M.

SJ St. John the Baptist Episcopal Church
in the Admiral District of West Seattle

*We acknowledge that we are on the unceded traditional land of the Coast Salish people,
including the Duwamish and Suquamish People past and present.*

We honor with gratitude the land itself and the Duwamish and Suquamish tribes.

Please know, that wherever you are in your spiritual journey, you have a place at St. John's.

Portions of this service are from the optional expansive-language versions of the 1979 *Book of Common Prayer*, as authorized by the 79th General Convention in 2018.

THE GATHERING OF GOD'S PEOPLE

Prelude

Arioso from Concerto No 5 in F minor, BWV 1056

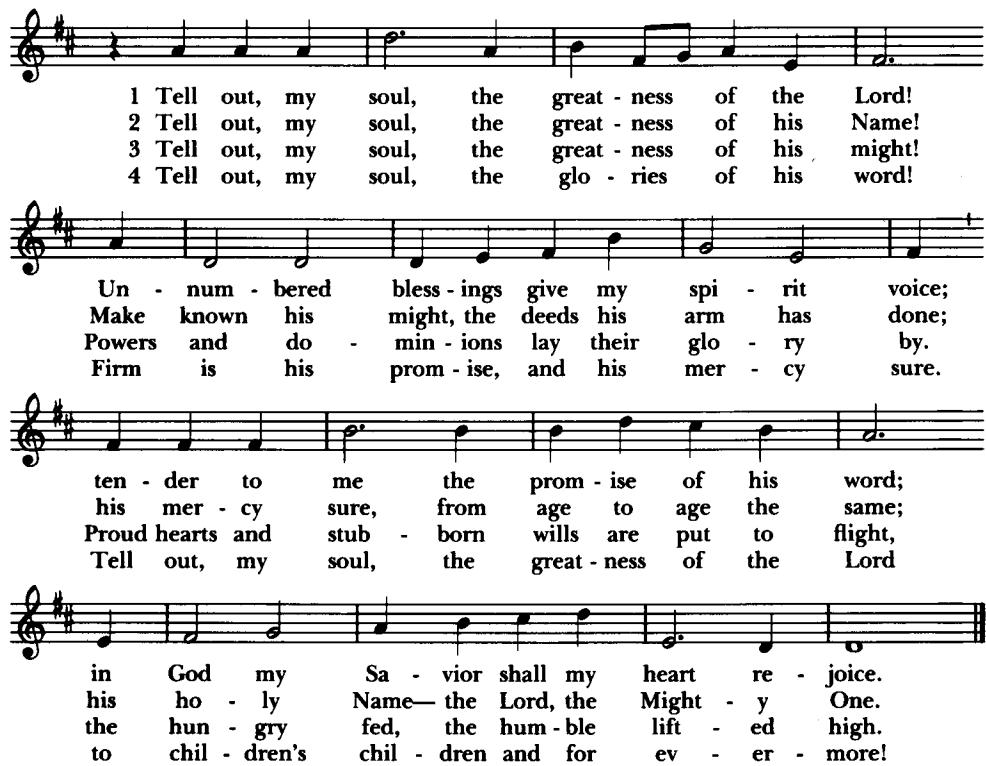
Johann Sebastian Bach (1685-1750)
arr. Alfred Cortot (1877-1962)

Ringing of the church bell, standing as able.

Hymn 438

Tell out, my soul

TUNE: *Woodlands*



Words: Timothy Dudley-Smith (b. 1926); based on *The Song of Mary*

Music: *Woodlands*, Walter Greatorex (1877-1949)

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Opening Acclamation

Presider Blessed be the God of Sarai revealed as Sarah, Jacob who became Israel, and Simon called Peter.

People **Blessed be the God who comes among us, reconciles us, and sets us free. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria S278

1. Glo - ry to God in the high - est, and peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al - might - y God and Fa - ther, we wor - ship you, we give you thanks, we praise you for your glo - ry. 3. Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you take a - way the sin of the world: have mer - cy on us; 5. you are seat - ed at the right hand of the Fa - ther: re - ceive our prayer. 6. For you a - lone are the Ho - ly One, you a - lone are the Lord, 7. you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - - - men.

Setting: William Mathias (b. 1934)

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The Collect of the Day

Fourth Sunday after the Epiphany

Presider God be with you.

People **And also with you.**

Presider Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Sending of Children to Children's Chapel

All children about age 3 through 4th grade are invited to go forward to the stairs in the front of the church for a prayer sending them and their leaders to Children's Chapel.

Presider Children of God, go forth to receive God's word. May it light your way, and fill your lives with hope and joy. In the name of Christ our Savior. **Amen.**

You may be seated.

THE LITURGY OF THE WORD

First Reading

Micah 6:1–8

Hear what the LORD says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the LORD, and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel.

“O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the LORD.”

“With what shall I come before the LORD, and bow myself before God on high? Shall I come before him with burnt-offerings, with calves a year old? Will the LORD be pleased with thousands of rams, with tens of thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?” He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Response



SJB Psalm Tone 8, Thomas Aláan

Psalm 15 • *Domine, quis habitabit?*

1 ¹LORD, who may dwell in your ta- / ber / -nacle? *

2 who may abide upon your / ho-ly / hill?

2 ¹Whoever leads a blameless life and does what / is / right, *

2 who speaks the truth / from his / heart.

3 ¹There is no guile upon / his / tongue;

1 he does no evil to / his / friend; *

2 he does not heap contempt u- / pon his / neighbor.

4 ¹In his sight the wicked is / re / -jected, *

2 but he honors those who / fear the / LORD.

5 ¹He has sworn to do / no / wrong *

2 and does not take / back his / word.

6 ¹He does not give his money in hope / of / gain, *

2 nor does he take a bribe against the / in-no / -cent.

7 ¹Whoever does / these / things *

2 shall never be / o-ver / -thrown.

Second Reading

1 Corinthians 1:18–31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

Reader Hear what the Spirit is saying to God’s people.

People **Thanks be to God.**

Holy Gospel

Standing as able.

Matthew 5:1–12

Presider The Holy Gospel of our Savior Jesus Christ according to Matthew.

People **Glory to you, O Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

“Blessed are those who mourn, for they will be comforted.

“Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake,
for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

Presider The Gospel of our Savior.

People **Praise to you, O Christ.** *You may be seated.*

The Sermon

The Reverend Canon Elise B. Johnstone, D. Min.

There will be a moment for quiet personal reflection.

The Nicene Creed

Standing as able.

People We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made.

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate
from the Virgin Mary, and became truly human.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Intercessor For the light and redemption of God, made known in Jesus Christ, we come with
thankful and humble hearts, praying together, "hear our prayer."

Silence may be kept.

Intercessor Christ the Bridegroom, we pray for the universal church. Make us a people who love
one another with wisdom and gentleness. Bring healing where there is division. May
we seek to follow you more closely. Renew and enliven the global church by the power
of your Holy Spirit. In the Anglican Cycle of Prayer we pray for the Church of England,
and in the Diocesan Cycle of Prayer for Resurrection, St. Margaret's, and
Holy Apostles, Bellevue.

Lord of Light,

People hear our prayer.

Intercessor Christ the King, who came to earth in humility, we pray for our country and all those
in authority; for those at all levels of government who lead our nation. We ask for your
wisdom to guide those in places of power and influence.

Lord of Light,

People hear our prayer.

Intercessor Christ the Redeemer, we ask for your healing hand on our suffering world. Bring peace
and restoration to this good earth. We pray for our brothers and sisters suffering from
poverty, war, starvation, natural disasters, and oppression.

Lord of Light,

People hear our prayer.

Intercessor Christ our Savior, we pray for our neighbors without shelter, for the addicted, and the mentally ill. Bring an end to racism, bigotry, violence, and rancor. We ask that all would experience the light of your presence and the reality of your love. May we be your hands and feet in loving our neighbors who need us.

Lord of Light,

People hear our prayer.

Intercessor Christ our Shepherd, we bring you our heartfelt prayers for those in need; those dealing with grief, or experiencing illness or any kind of hardship, especially _____, and those we now name either silently or aloud _____.

Silence may be kept.

Lord of Light,

People hear our prayer.

Intercessor Christ our Protector, we thank you for all the blessings of this life, for family and friends, and the loving care that surrounds us, especially _____, and I invite your thanksgivings either silently or aloud _____.

Silence may be kept.

Lord of Light,

People hear our prayer.

Intercessor Christ our eternal Lord, we pray for those who have died and are now in your beautiful dwelling place, especially _____, and those we now name either silently or aloud _____.

Silence may be kept.

Lord of Light,

People hear our prayer.

Presider O God, by the leading of a star you manifested your only Son to the peoples of the earth: Lead us, who know you now by faith, to your presence, where we may see your glory face to face; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

Rite of Renaming

— *Book of Occasional Services, 2022*

Presider Hear the invitation of God:

From now on, therefore, we regard no one according to the flesh; even though we once knew Christ according to the flesh, we know him no longer in that way. So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new! All this is from God, who reconciled us to himself through Christ, and has given us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting the message of reconciliation to us. So we are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God.

— *2 Corinthians 5:16–20*

The Presider turns to the candidate, asking,

How do you respond to God's invitation?

Candidate I am a new creation, grateful to embody Christ's image.

Presider We are here to affirm the name of Elisabeth Anne Turnberg, Elise. This name expresses who Elise is and who she is becoming, through the grace of God. We honor the name given to her by her parents and acknowledge that the time has come to declare a new name. We honor the name she has chosen, and acknowledge those loved ones who have made holy space for a new name to be spoken. This new name is the culmination of a journey of discovery and, at the same time, a new beginning.

Turning to the gathered community, the Presider asks

Will you do all in your power to assist Elise to embody Christ's message of reconciliation?

People **We will.**

Presider Will you honor Elise in name and in spirit as she continues on her path?

People **We will.**

Presider Dynamic and holy God, we remember how you changed the names of Abraham and Sarah, as they set out to follow you. We marvel that you changed the name of Jacob, after a long night of wrestling with you. We recall our ancestors in the faith who were given new names as their vocations to serve you were revealed. We now declare publicly and affirm the name you have bestowed upon Elise.

All lay hands upon the head of the candidate, or upon the shoulders of those around the candidate.

Presider Elise, receive the blessing of God, the Holy and Undivided Trinity. Walk in the Spirit, this day and always, knowing that God has made an everlasting covenant with you that shall never be cut off. Amen.

Presider Jesus said, "Rejoice that your names are written in heaven."

— Luke 10:20

People **Amen. Alleluia.**

Presider Holy One of blessing, you created us in your image and pronounced us good. We give you thanks for the gift of life itself. We thank you for our individual names, which connect us to the One who spoke all creation into being. We rejoice in our shared calling to the ministry of reconciliation.

The Peace

Presider The peace of Christ be always with you.

People **And also with you.**

Those present celebrate the peace with a bow, hands raised in blessing, or the peace sign.

You may be seated.

Welcome and Announcements

If you wish to make online donations to the ministry of St. John the Baptist Episcopal Church, please visit <https://sjbwestseattle.org/give> or use the SJB Venmo QR code. Thank you.



THE LITURGY OF THE TABLE

Offertory Sentence

Presider Yours, O Lord, is the greatness, the power, the glory, the victory, and the majesty. For everything in heaven and on earth is yours. Yours, O Lord is the kingdom, and you are exalted as head over all.

— 1 Chronicles 20:11

Please stand as you are able.

Hymn 705

As those of old their first fruits brought

TUNE: *Forest Green*

Unison or harmony

1. As those of old their first fruits brought of vine-yard, flock, and
*2. A world in need now summons us to la-bor, love, and
3. With grat-i-tude and hum-ble trust we bring our best to
field to God, the giv-er of all good, the
give; to make our life an of - fer - ing to
thee to serve thy cause and share thy love with
source of boun-teous yield; so we to - day our
God that all may live; the Church of Christ is
all hu - man - i - ty. O thou who gav - est
first fruits bring, the wealth of this good land, of
call - ing us to make the dream come true: a
us thy - self in Je - sus Christ thy Son, help
farm and mar - ket, shop and home, of mind, and heart, and hand.
world re-deemed by Christ-like love; all life in Christ made new.
us to give our - selves each day un - til life's work is done.

Words: Frank von Christierson (b. 1900), alt.

Music: *Forest Green*, English melody; adapt. and harm. Ralph Vaughan Williams (1872-1958)

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The congregation's gifts of money for the mission and ministry of St. John's and food for the Food Bank and Little Free Pantry are presented and placed on the Holy Table.

Presentation

People All things come from you, O God, and from your own have we given you.

Please remain standing.

The Great Thanksgiving

Eucharistic Prayer A, expansive language

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus S128

Ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho - san - na in the
high - est. Bless - ed is the one who
comes in the name of the Lord. Ho - san - na in the high-est.

Setting: William Mathias (b. 1934), alt.

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Please remain standing.

Presider Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:



Christ has died. Christ is risen. Christ will come again.

Presider We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever.

Amen.

The Lord's Prayer

Presider And now as our Savior Christ has taught us, we are bold to pray,

Our Fa - ther, who art in hea - ven, hal - low - ed
be thy Name, thy king - dom come, thy will be done,
on earth as it is in hea - ven. Give us this day our
dai - ly bread. And for - give us our tres - pas - ses,
as we for - give those who tres - pass a - gainst us. And lead
us not in - to temp - ta - tion, but de - liv - er us
from e - vil. For thine is the king - dom, and the power,
and the glo - ry, for ev - er and ev - er. A - men.

Setting: Plainsong; adapt. Charles Winfred Douglas (1867-1944)

Breaking of the Bread

The Presider breaks the consecrated Bread. A period of silence is kept.

Fraction Anthem S155



Setting: Gerald R. Near (b. 1942)

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The Invitation to Communion

Presider The Gifts of God for the People of God.

You may be seated.

To receive Communion, you are invited to come to the altar rail and stand or kneel at one of the cushions. To receive the bread (wafer), please hold your hands palms up, and the Presider will place a wafer in your hands. Gluten-free bread is available for those requiring it. Please indicate this by holding your hands palms down initially. If you do not wish to partake of the consecrated wine from the common chalice, you may consume the wafer at the altar rail or return to your seat to consume it.

To receive the wine, please consume your wafer, and then wait for the Eucharistic Minister to bring the common cup to you at the altar rail. Please do not attempt to intinct (dip) the wafer into the chalice. If you prefer not to partake of the common cup, but would like to receive the words of ministration, simply cross your arms in front of your chest when the Eucharistic Minister comes to you at the altar rail.

Reception of the sacrament in one kind (either bread or wine) is considered a full experience of the sacrament.

If you would prefer to receive a blessing instead of communion, when you come to the altar rail, simply cross your arms in front of your chest, and the Presider will greet you and offer God's blessing.

If you are unable to come forward, ask an usher or someone nearby to request that communion be brought to you.

Communion Hymn 593

Sung by all.

Lord, make us servants of your peace

TUNE: *Dickinson College*



1 Lord, make us ser - vants of your peace: where there is
2 Where all is doubt, may we sow faith; where all is
3 Je - sus, our Lord, may we not seek to be con -
4 May we not look for love's re - turn, but seek to
5 Dy - ing, we live, and are re - born through death's dark



1 hate, may we sow love; where there is hurt, may we for -
2 gloom, may we sow hope; where all is night, may we sow
3 soled, but to con - sole, nor look to un - der - stand - ing
4 love un - self - ish - ly, for in our giv - ing we re -
5 night to end - less day: Lord, make us ser - vants of your



1 give; where there is strife, may we make one.
2 light; where all is tears, may we sow joy.
3 hearts, but look for hearts to un - der - stand.
4 ceive, and in for - giv - ing are for - given.
5 peace, to wake at last in hea - ven's light.

Words: James Quinn (b. 1919), based on prayer att. Francis of Assisi (1182-1226)
Music: *Dickinson College*, Lee Hastings Bristol, Jr. (1923-1979)

LM

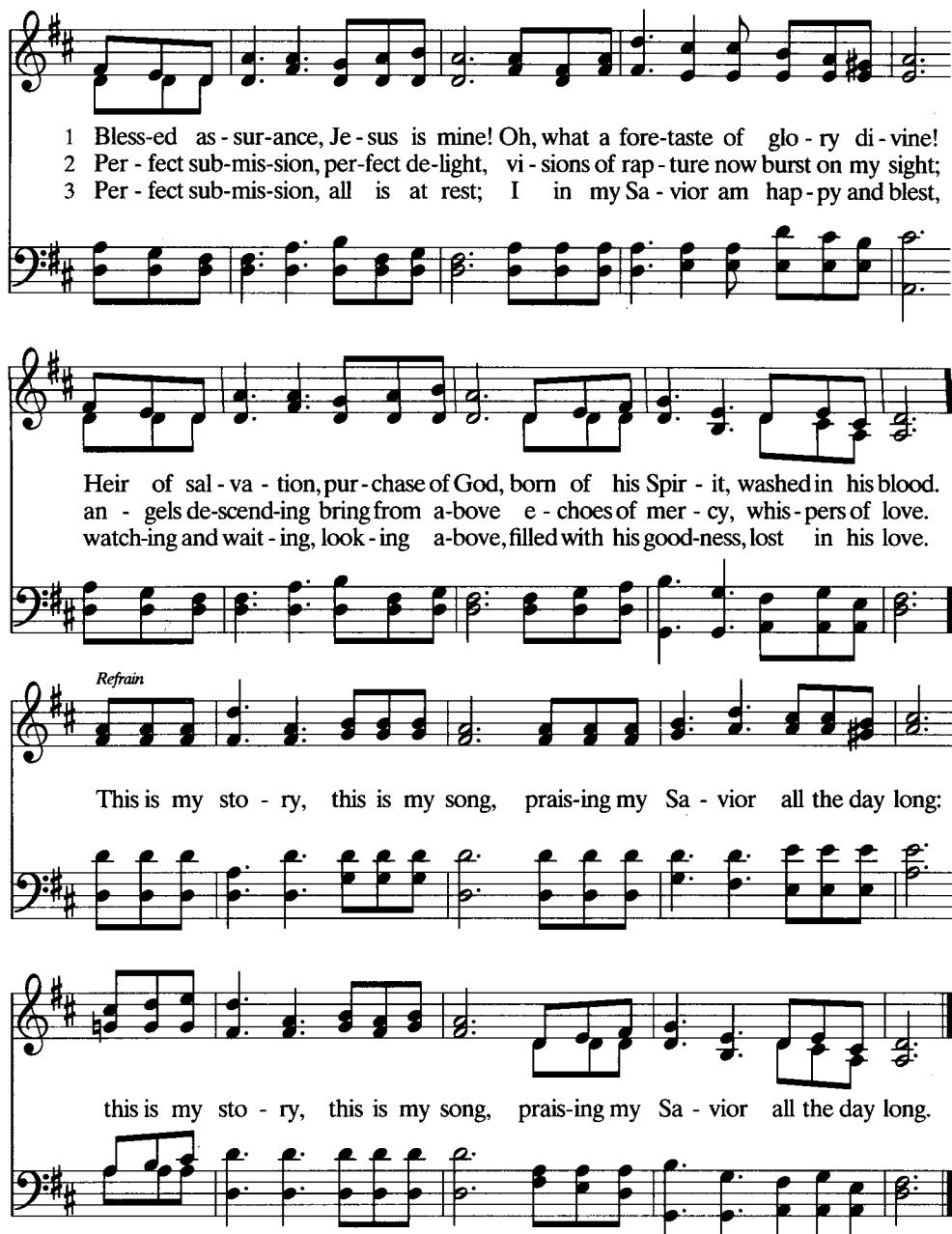
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Communion Hymn

Blessed assurance, Jesus is mine!

TUNE: Assurance

Hymn 184 from the supplemental hymnal *Lift Every Voice and Sing II*.



Text: Fanny J. Crosby, 1820-1915
Music: Phoebe P. Knapp, 1830-1908

ASSURANCE
9 10 9 9 and refrain

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Prayer for Those Worshipping at Home During the Time of Communion

Those worshipping at home are invited to pray.

People O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

— from *Saint Augustine's Prayer Book*, Forward Movement, 2014

Postcommunion Prayer

Please stand as you are able.

Presider Let us pray.

People Eternal God, you have graciously accepted us as living members of our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Savior. Amen.

The Blessing

Presider May Almighty God, who led the Wise Men by the shining of a star to find the Christ, the Light from Light, lead you also in your pilgrimage to find the Lord. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you forever. Amen.

Hymn 302

Father, we thank thee who hast planted

TUNE: *Rendez à Dieu*

1. Father, we thank thee who hast planted thy holy Name with -
2. Watch o'er thy Church, O Lord, in mer - cy, save it from e - vil,
in our hearts. Know - ledge and faith and life im-mor - tal Je - sus thy
guard it still, per - fect it in thy love, u-nite it, cleansed and con-
Son to us im-parts. Thou, Lord, didst make all for thy plea - sure,
formed un - to thy will. As grain, once scat - tered on the hill - sides,
didst give us food for all our days, giv - ing in Christ the
was in this bro - ken bread made one, so from all lands thy
Bread e - ter - - nal; thine is the power, be thine the praise.
Church be gath - - ered in - to thy king - dom by thy Son.

Words: Greek, ca. 110; tr. F. Bland Tucker (1895-1984), rev.
Music: *Rendez à Dieu*, melody and harm. att. Louis Bourgeois (1510?-1561?)

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Dismissal

Presider Go in peace to love and serve Jesus Christ our Savior.

People Thanks be to God.

Postlude

Etude in A minor, Op 76 No 2

Jean Sibelius (1865-1957)

Serving in Worship This Morning

Acolyte: Jordan Alfonzo;
Altar Guild: Carol Long;
Children's Chapel: Kristin Alfonzo;
Closer: Lurilla Lee;
Coffee Hour: Heidi Jindrich, Lilith Lysistrata;
Eucharistic Minister/Intercessor: Dan Johnson;
Flowers: Carol Long;
Livestream: Walter Johnstone;
Music: Thomas Aláan, Joyce Gibb, SJB Choir;
Preaching: The Rev. Cn. Elise B. Johnstone;
Presiding: The Rev. Robert Stevens;
Readers: Katie Bucy, Kitt Gassman;
Ushers: Becky Kacel, Carol Sutcliffe;
Verger: Layne Bautista.

ANNOUNCEMENTS

Today at St. John the Baptist

8:30 a.m. Spoken Holy Eucharist in the Church
9:30 a.m. Choir Practice in the Choir Room
9:35 a.m. Adult Formation in the Library
10:30 a.m. Holy Eucharist with Music in the Church and livestreamed on our YouTube channel
10:30 a.m. Children's Chapel
Families begin worshipping in church together, and then children (ages 3–10) will be dismissed for Children's Chapel, with a Godly Play story, returning to the nave at the Peace.
11:45 a.m. Coffee Hour in the Parish Hall
3:00 p.m. Worship at the Mount, Providence Mt. St. Vincent
7:00 p.m. Youth Group in the Parish Hall

Coffee Hour in the Parish Hall

Join us for a time of fellowship in the Parish Hall following our 10:30 a.m. service every Sunday for snacks and coffee. Newcomers are especially invited to attend so we can better get to know you and welcome you to SJB. If you are interested in providing snacks and hospitality during our weekly Coffee Hour, please consider signing up to support this ministry on the yellow sign-up sheet in the Parish Hall. Hosts serve in teams. Experienced hosts are happy to show newcomers the ropes. Thank you!

Sunday Morning Adult Formation

Our Adult Formation topic for the Season after the Epiphany is an Exploration of the Gospel of Matthew. Email Canon Elise with any questions.
elise@SJBWestSeattle.org

Zoom Evening Prayer

Evening Prayer is a lovely way to wind down the day. At the beginning of the service, everyone chooses a role. The bulletin is displayed on the screen. At the conclusion there is a short social hour. Come join us on Zoom, Wednesdays, 6:30 p.m.

<https://us02web.zoom.us/j/229332884>

Youth Group Tonight

Students in grades 6–12 are invited to the Parish Hall, 7–8:30 p.m. for snacks, games, and conversation on the first and third Sundays of the month. Our next youth group is today, Sunday, February 1. Contact Jackson with any questions. familylife@SJBWestSeattle.org

Episcopal 101 Begins Tomorrow

Are you interested in learning more about the Episcopal Church, our Anglican faith tradition, prayer practices, and more? A series of seven evening sessions will begin Monday, February 2, 6:30 p.m. and continues through March 16. If you're interested in signing up or learning more, please add your name to the list in the Narthex or email Canon Elise. elise@SJBWestSeattle.org

Spiritual Practices Small Groups

SJB will continue our exploration of Spiritual Practices in Small Groups. Our evening Spiritual Practices Group will meet on the second and fourth Tuesdays at 6 p.m., while our daytime group will be meeting the second and fourth Wednesdays at 11 a.m. If you have any questions, please contact Fr. Robert. robert@SJBWestSeattle.org

Walking Through the Bible

Join us on the second and fourth Sundays for *Walking Through the Bible*. You do not have to have a deep knowledge of the Bible to join in these explorations. Join us as we explore a different book of the Bible. We began the fall with a study of the *Letter of Paul to the Galatians*, where Paul writes about how, through Christ, God's blessing is for all, regardless of ethnicity, social status, and more. The group will discern together which book we will explore next. Questions? Please email Canon Elise. elise@SJBWestSeattle.org

Building Preparation Continues for Organ Arrival

Over the course of the next 3-4 weeks, you will notice that some things will be shifting in our worship space, notably in the Nave (pew area), as we prepare for the arrival of the new Rodgers organ. Thanks to all who have attended the listening session about the organ console. If you have questions, please reach out to Canon Elise. elise@SJBWestSeattle.org

Come Help Spread Bark, Saturday, February 7

Join other SJB folks to spread beauty bark on 42nd Street behind the Parish Hall on Saturday, February 7, 10:30 a.m.–1 p.m. Things that are helpful to bring, if you have them: a rake, a shovel, gloves, and a wheelbarrow. Please wear old shoes you don't mind getting dirty. Reach out to Carol Long with questions. 206-930-4991. Donuts and coffee will be provided.

White Center Welcome Meal

It's SJB's turn to coordinate a hot meal for our food-insecure neighbors at Body of Christ Church in White Center on Saturday, February 14. If you'd like to help make casseroles or serve food, please contact Sharon Parker, 206-859-7083, or Carol Long, 206-930-4991.

Men's Gathering

Men of all ages and their partners, friends, and neighbors are invited to a no-host breakfast every second Saturday of the month. Meet at Chelan Café, 3527 Chelan Ave SW, Saturday, February 14, 8 a.m. For more information or a ride, please contact David Perrine, 206-937-2932.

The Lord's Lunch

The Lord's Lunch is a monthly community service event led by Dan Johnson where members of SJB make and pack 150+ meals to distribute to unhoused and at-risk populations around West Seattle. To volunteer to provide food or assist with assembly on Saturday, February 21, 10:30 a.m., in the Parish Hall, please contact Dan Johnson. danjohnsonseattle@yahoo.com Or visit <https://bit.ly/3G3WORN>

Shrove Tuesday Pancake Supper, February 17

A traditional way to transition into the Lenten season in the Anglican tradition is to feast with pancakes. Please join your SJB community for pancakes and more on Tuesday, February 17. Meal served 5:15–6:45 p.m.

- Interested in helping to make the pancake supper? Please sign up in the Narthex/Lobby.
- Would you like to attend the pancake supper? Please sign up and let us know about how many folks will be attending in your household so we have an idea of how many to expect.

Ash Wednesday Services

Please consider beginning a holy Lent with SJB by attending either the Noon or 6:30 p.m. Ash Wednesday services. From *An Episcopal Dictionary of the Church*: "The first of the forty days of Lent, named for the custom of placing blessed ashes on the foreheads of worshipers at Ash Wednesday services. The ashes are a sign of penitence and a reminder of mortality, and may be imposed with the sign of the cross. Ash Wednesday is observed as a fast in the church year of the Episcopal Church. The Ash Wednesday service is one of the Proper Liturgies for Special Days in the Book of Common Prayer."

Lenten Formation Programs

- Sunday mornings, February 22–March 22, 9:35 a.m. a book study of Jon Meacham's *The Hope of Glory*, a reflection on the seven last sayings of Jesus in the Gospels. Please sign up in the Narthex/Lobby if you'd like for SJB to order a copy of the book for you.
- Wednesday evenings, February 25–March 25, 6:15 p.m. Holy Eucharist with Healing, in person or on Zoom, followed by a simple soup supper and program about 6:45 p.m. We will look at the issue of Christian Nationalism, how it came about, and how might we, as followers of the God of Love, respond. It is a series of five sessions. To participate, please sign up in the Narthex/Lobby. Interested in providing a simple soup supper? One or more households can host. Sign up in the Narthex/Lobby.



St. John the Baptist Episcopal Church in the Admiral District of West Seattle

A Note from Our Rector

We are so glad you are worshipping here today!

Visiting?

If you are visiting with us, we would be glad to answer any questions you may have about the Episcopal Church or about St. John's. I'm Elise, the Rector (the priest in charge) of St. John's—I encourage you to reach out to me—I'd love to meet you!

Interested in Baptism?

In the Episcopal Church, we believe that Baptism by water and in the name of the Father, the Son, and the Holy Spirit is full initiation into the Body of Christ, the Church—regardless in which Christian tradition you may have been baptized.

If you are interested in Baptism, please reach out to me—I would love to talk with you about this.

As we like to say here, wherever you are in your spiritual journey, you have a place at St. John's!

Welcome!

Elise+
elise@sjbwestseattle.org

If there is a ministry you're interested in knowing more about or getting involved, you can also contact the office
office@sjbwestseattle.org

St. John the Baptist Vestry

Class of 2026

Kitt Gassman
John Hainze
Lurilla Lee
Cathy Thompson,
senior warden

Class of 2028

Sten Crissey
Russ Crosbie
Adrienne Haycock
Becky Kacel

Chair

The Rev. Cn. Elise Johnstone

Class of 2027

Linda Barson
Terry Brady
Lauren Cox
Mary Kay Jones

Clerk

Carol Sutcliffe

Treasurer

Monte Frazier

Would you like to request that our Prayer Chain pray for you or someone you know? Would you like to add a name to the Prayers of the People? Please visit

<https://sjbwestseattle.org/prayers>

St. John the Baptist Staff and Office Information

3050 California Ave SW
Seattle WA 98116

Phone 206-937-4545
www.sjbwestseattle.org

Office Hours: Monday–Thursday 10:00 a.m.–3:00 p.m.

The Rev. Canon Elise B. Johnstone, *rector*
elise@sjbwestseattle.org

The Rev. Robert G. Stevens, *curate*
robert@sjbwestseattle.org

Katelyn Cowell, *parish administrator*
office@sjbwestseattle.org

Thomas Aláan, DMA, *choir director*
thomas@sjbwestseattle.org

Anita McKay, *bookkeeper*
finance@sjbwestseattle.org

Jackson Espeut, *family life minister*
familylife@sjbwestseattle.org

Nora Jindrich, *nursery and youth assistant*

David O. Ruberg, *bulletin guru*

Joyce Gibb, *pianist*

If you wish to reach a staff person who does not have an email listed, please contact the office.

office@sjbwestseattle.org

What's going on at SJB this week

Sunday, February 1, 8:30 AM	Spoken Holy Eucharist	Nave
Sunday, February 1, 9:30 AM	Choir Practice	Choir Room
Sunday, February 1, 9:35 AM	Adult Formation	Library
Sunday, February 1, 10:30 AM	Holy Eucharist with Music	Nave
Sunday, February 1, 10:30 AM	Children's Chapel with Godly Play	Nave, Large Godly Play Room
Sunday, February 1, 3:00 PM	Worship at the Mount	Providence Mt. St. Vincent
Sunday, February 1, 7:00 PM	Youth Group	Parish Hall
Monday, February 2, 4:00 PM	Endolyne Rehearsal*	Parish Hall
Monday, February 2, 6:00 PM	AA Shipwrecked	Community Room
Monday, February 2, 6:30 PM	Episcopal 101	Library
Tuesday, February 3, 4:00 PM	Endolyne Rehearsal*	Parish Hall, Community Room
Tuesday, February 3, 7:00 PM	AA Into Action	Community Room
Wednesday, February 4, 2:30 PM	WSHS Outreach Group*	Parish Hall
Wednesday, February 4, 6:30 PM	Zoom Evening Prayer	Zoom
Wednesday, February 4, 7:00 PM	Children's Chapel Teacher Meeting	Large Godly Play Room
Thursday, February 5, 6:30 PM	Choir Practice	Nave
Thursday, February 5, 7:00 PM	AA 12x12	Community Room
Friday, February 6, 6:00 PM	AA Shipwrecked	Community Room
Saturday, February 7, 8:00 AM	Al-Anon	Parish Hall, Community Room
Sunday, February 8, 8:30 AM	Spoken Holy Eucharist	Nave
Sunday, February 8, 9:35 AM	Adult Formation	Library
Sunday, February 8, 9:30 AM	Choir Practice	Choir Room
Sunday, February 8, 10:30 AM	Holy Eucharist with Music	Nave
Sunday, February 8, 10:30 AM	Children's Chapel with Godly Play	Nave, Large Godly Play Room
Sunday, February 8, 12:00 PM	Walking Through the Bible	Community Room

*Indicates that a group is renting SJB for this use.