

# Epiphany 4

## 1 February 2026

### 8 am Holy Eucharist

*The Book of Common Prayer Communion service is found in the accompanying seasonal booklet. The Congregation joins in the **bold font**.*

#### **Collect of the Day**

Presider: Let us pray,

All: **God our deliverer,  
you call us to walk humbly with you.  
When we are foolish, be our wisdom;  
when we are weak, be our strength;  
so that, as we learn to do justice and to love mercy,  
your rule may come to us as a blessing. Amen.**

#### **The Lesson: Micah 6:1-8**

Reader: The Lesson is taken from the prophet Micah,

Hear what the LORD says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the LORD, and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel.

‘O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the LORD.’

‘With what shall I come before the LORD, and bow myself before God on high? Shall I come before him with burnt-offerings, with calves a year old? Will the LORD be pleased with thousands of rams, with tens of thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?’ He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

Here endeth the Lesson.

## **Gradual Psalm: 15**

1 LORD, who shall dwell in thy tabernacle? /  
**or who shall rest upon thy holy hill?**

2 Even he that leadeth an uncorrupt life, and doeth the thing which is right, /  
**and speaketh the truth from his heart.**

3 He that hath used no deceit in his tongue,  
nor done evil to his neighbour, /  
**and hath not slandered his neighbour.**

4 He in whose eyes an ungodly man is despised, /  
**but he maketh much of them that fear the LORD.**

5 He that sweareth unto his neighbour, and disappointeth him not, /  
**though it were to his own hindrance.**

6 He that hath not given his money upon usury, /  
**nor taken a bribe against the innocent.**

Glory be to the Father and to the Son and to the Holy Ghost,  
**As it was in the beginning, is now, and ever shall be, world without end.**

## ***The Gospel: Matthew 5:1-12***

Deacon: The Lord be with you,

All: **and with thy Spirit.**

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: **Glory be to thee, O Lord.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. 2 Then he began to speak, and taught them, saying:

3 'Blessed are the poor in spirit, for theirs is the kingdom of heaven.

4 'Blessed are those who mourn, for they will be comforted.

5 'Blessed are the meek, for they will inherit the earth.

6 'Blessed are those who hunger and thirst for righteousness, for they will be filled.

7 'Blessed are the merciful, for they will receive mercy.

8 'Blessed are the pure in heart, for they will see God.

9 'Blessed are the peacemakers, for they will be called children of God.

10 'Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

11 'Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. 12 Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

The Gospel of Christ.

**All: Praise be to thee, O Christ.**

## Readings for Epiphany 5, February 8, 2026

Isaiah 58:1-9a; Psalm 112; 1 Corinthians 2:1-12; Matthew 5:13-20



### This Week at HTC

#### **Monday February 2**

6-8:30 pm Family Film Night (Lounge)

#### **Wednesday February 4**

9:30-10 am Midweek Eucharist

10:30-11:30 am Bible Study (Lounge)

#### **Thursday February 5**

5:30-6 pm Vespers (on Zoom- link in newsletter)

#### **Saturday February 7**

11.00 am-noon HTC Community Brunch (Parish Hall)

#### **Sunday February 8**

8-9 am BCP Eucharist (Cathedral & Facebook Live)

10-11:15 am Choral Eucharist Cathedral & Facebook Live)

**SERVICES ARE LIVE-STREAMED VIA FACEBOOK**

*For more information and to sign-up for the newsletter,  
see the Holy Trinity Cathedral website at [www.holytrinitycathedral.ca](http://www.holytrinitycathedral.ca)*

*or you can contact the Parish Office*

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