

The Anglican Parish of Holy Cross

Growing relationships in Christ

Service of Holy Communion

February 1, 2026 at 8:30 AM

Fourth Sunday after Epiphany

Book of Common Prayer (Small Red Book)

Presiding: The Rev. Simba Mutandwa

Welcome! We thank you for choosing to worship with us today. To learn more about our community, please fill out the card in the pew and/or speak to the clergy.

All baptized Christians are welcome to receive communion. If you prefer not to receive communion, you are encouraged to come forward to receive a blessing. If you are gluten intolerant, you may request a rice wafer instead of a wheat wafer from the priest administering the bread.



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As the parish of Holy Cross, we acknowledge that we gather
on the traditional territories of the Treaty 7 peoples.

We Gather Together

The Lord's Prayer	page 67
Collect for Purity	page 67
The Summary of the Law.....	page 69
Kyrie Eleison	page 70
Collect of the Day: Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen	

We Hear and Proclaim God's Word

First Reading: Micah 6:1-8 (Bible, OT, page 966).....	Linda P
Psalm 15 (BCP, page 344)	Brenda C
Second Reading: 1 Corinthians 1:18-31 (Bible, NT, page 173)	Linda P
Gospel Responses	page 71
The Gospel: Matthew 5:1-12 (Bible, NT, page 4)	The Rev. Simba Mutandwa
Nicene Creed	page 71
Sermon	The Rev. Simba Mutandwa

We Pray for the Church and the World

Offertory/Preparation of the Gifts

The Intercession (<i>please kneel if you are able</i>).....	page 75
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- The Anglican Communion: The Church of England
- The Anglican Church of Canada: The Most Rev. Shane Parker, Primate; The Diocese of Nova Scotia and Prince Edward Island: The Rt. Rev. Sandra Fyfe, Bishop
- The Diocese of Calgary: The Most Rev. Gregory Kerr-Wilson, Archbishop of Calgary and Metropolitan of Northern Lights; St. Paul, Calgary: The Rev. Tony Hilling, The Rev. Dcn. Betty Nadurak, The Rev. Cyril Haynes
- Our Companion Diocese of the Windward Islands: The Rt. Rev. Leopold Friday, Bishop; St. Andrew with Holy Innocents, St. Giles and St. Michael, on Grenada: The Ven. Michael Marshall; St. John with St. Mark and St. Matthew, on Grenada: The Rev. Keba Cuffy, Priest-in-Charge
- Our Parish: Anglican Church Women (ACW)
- Our Members: Evelyn; Ed and Bev; Rosemarie; Gabriela
- The World: Bangladesh; all people and countries affected by natural disaster or terrorist attacks; for peace and reconciliation
- Those in Need in Our Parish: Barrie, Doug, John, Alix, Carol C, Geraldine, Joyce L, Mary M, Doris G, Linda N, Kajsa, Art and Isobel, Marlene, Joyce H, Lucille, Onna, Beverly, Brenda H, Charlene, Doris K, Greg

- Those in Need Beyond Our Parish: Jennifer, Marilyn, Rob, Joyann, Sean, Wendy H, Lesia, Mitch, Susan, Karen, Dana, Bruce, Tony, Deb, Christina, Gwyneth, Sam, Alan, Beatriz, Kevin
- Deceased: Kenneth Carter

Invitation to Confession.....	page 76
Confession of Sin, and Absolution	page 77

We Celebrate the Lord's Supper

Comfortable Words	page 77
Thanksgiving and Consecration.....	page 78ff

Prayer of Humble Access **page 83**

Receiving Communion or a Blessing

We Go into the World

Lord's Prayer , Prayer after Communion	page 85ff
Blessing and Dismissal	



The altar flowers are in recognition of the Glory of Almighty God.

ACW meet today following the 10:00 AM service after coffee hour; please speak to Lisa for more information. All women are welcome. The guest speaker will be the Rev. Deacon Elizabeth Short who will speak about ACORN.

Our **Shrove Tuesday Pancake Supper** is on February 17 at 5:30 PM. Price is \$10 per person, \$5 for 10 and under.

Join us for a presentation on End-Of-Life Planning by Tyson of Dignity Memorial
Sunday February 22nd following Coffee Hour

Sign-up sheets in the Narthex and the lower hall bulletin board. All are welcome.

We have an overabundance of **glass jars** in the basement. If you would like to take home some jars, please talk to Margaret, Linda P, or David P.

Archivist David P has prepared a booklet on the **stained-glass windows** and another with **biographies of the clergy** who have served our parish. The booklets are on the racks in the narthex.

Our **Furnace Fundraiser** continues, with more than \$24,000 raised so far.

Sunday School is held on the first and third Sunday of each month. For information, speak to Lisa at 403-399-2315.

The **Quilters and Crafters group** meet on Mondays from 1:00 to 3:30 PM in the Nickle room. New members are welcome.

On Wednesdays, join us for **Holy Communion** at 9:30 AM or **Evening Prayer** at 6:30 PM. For more information about Evening Prayer, please contact The Rev. Deacon Carol Tubman at ctubman@shaw.ca or call 403-630-9104.

Next Week's Readings – February 8 – Fifth Sunday after Epiphany

Isaiah 58:1-12; Psalm 112:1-10; 1 Corinthians 2:1-16; Matthew 5:13-20

Assisting Today

Brenda C (Worship Assistant); Linda P (Reader); David P (Sidesperson); Lynne, Barbara (Altar Guild)