

# The Anglican Parish of Holy Cross

*Growing relationships in Christ*

## Service of Holy Eucharist

February 1, 2026 at 10:00 AM

Fourth Sunday after Epiphany

*Book of Alternative Services* (Green Book)

Presiding: The Rev. Simba Mutandwa

Assisted by: The Rev. Deacon Carol Tubman

**Welcome!** We thank you for choosing to worship with us today. To learn more about our community, please fill out the card in the pew and/or speak to the clergy.

**All baptized Christians are welcome to receive communion.** If you prefer not to receive communion, you are encouraged to come forward to receive a blessing. If you are gluten intolerant, you may request a rice wafer instead of a wheat wafer from the priest administering the bread.



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As the parish of Holy Cross, we acknowledge that we gather  
on the traditional territories of the Treaty 7 peoples.

## We Gather Together

Prelude: "Simple Gifts" – arr: John Carter .....Julie

Announcements and Welcome

### **Processional Hymn 356 "Ye Boundless Realms of Joy"**

Opening Prayers .....page 185

**Glory to God** .....**sung response 686**

**Collect of the Day: Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen**

Children's Teaching

## We Hear and Proclaim God's Word

First Reading: Micah 6:1-8 (Bible, OT, page 966).....Anne M

**Psalm 15 (BAS, page 718)**.....Cheryl

Second Reading: 1 Corinthians 1:18-31 (Bible, NT, page 173) .....Elisabeth

### **Gradual Hymn 439 "Blest Are the Pure in Heart"**

**Gospel Responses** .....**sung response 711**

The Gospel: Matthew 5:1-12 (Bible, NT, page 4) .....The Rev. Deacon Carol Tubman

Solo: "Be Not Afraid" – Bob Dufford .....Carol C

Sermon .....The Rev. Simba Mutandwa

**The Apostles' Creed** .....**page 189**

## We Pray for the Church and the World

The Intercession .....Mryka

- The Anglican Communion: The Church of England
- The Anglican Church of Canada: The Most Rev. Shane Parker, Primate; The Diocese of Nova Scotia and Prince Edward Island: The Rt. Rev. Sandra Fyfe, Bishop
- The Diocese of Calgary: The Most Rev. Gregory Kerr-Wilson, Archbishop of Calgary and Metropolitan of Northern Lights; St. Paul, Calgary: The Rev. Tony Hilling, The Rev. Dcn. Betty Nadurak, The Rev. Cyril Haynes
- Our Companion Diocese of the Windward Islands: The Rt. Rev. Leopold Friday, Bishop; St. Andrew with Holy Innocents, St. Giles and St. Michael, on Grenada: The Ven. Michael Marshall; St. John with St. Mark and St. Matthew, on Grenada: The Rev. Keba Cuffy, Priest-in-Charge
- Our Parish: Anglican Church Women (ACW)
- Our Members: Evelyn; Ed and Bev; Rosemarie; Gabriela
- The World: Bangladesh; all people and countries affected by natural disaster or terrorist attacks; for peace and reconciliation

- Those in Need in Our Parish: Barrie, Doug, John, Alix, Carol C, Geraldine, Joyce L, Mary M, Doris G, Linda N, Kajsa, Art and Isobel, Marlene, Joyce H, Lucille, Onna, Beverly, Brenda H, Charlene, Doris K, Greg
- Those in Need Beyond Our Parish: Jennifer, Marilyn, Rob, Joyann, Sean, Wendy H, Lesia, Mitch, Susan, Karen, Dana, Bruce, Tony, Deb, Christina, Gwyneth, Sam, Alan, Beatriz, Kevin
- Deceased: Kenneth Carter

Confession of Sin, and Absolution .....page 191  
 Sharing the Peace of Christ

**We Celebrate the Lord's Supper**

**Offertory Hymn 617 "Jesus, the Very Thought of Thee"**

Prayer over the Gifts.....page 353  
 Eucharistic Prayer 4.....page 201  
**"Holy, Holy, Holy Lord (Sanctus)".....sung response 689**  
*Please kneel if you are able.*

**The Lord's Prayer .....**page 211

The Breaking of the Bread 2.....page 212

**"Lamb of God (Agnus Dei)" .....**sung response 690

Receiving Communion or a Blessing

Communion Hymn 537 "In the Cross of Christ I Glory"

**We Go into the World**

Prayer after Communion.....page 353  
 Doxology.....page 214  
 Blessing

**Amen.....sung response 721**

**Recessional Hymn 536 "Singing Songs of Expectation"**

Dismissal

Postlude: "Festival" – Healey Willan



The altar flowers are in recognition of the Glory of Almighty God.

**ACW** meet today following the 10:00 AM service after coffee hour; please speak to Lisa for more information. All women are welcome. The guest speaker will be the Rev. Deacon Elizabeth Short who will speak about ACORN.

Our **Shrove Tuesday Pancake Supper** is on February 17 at 5:30 PM. Price is \$10 per person, \$5 for 10 and under.

Join us for a presentation on End-Of-Life Planning by Tyson of Dignity Memorial

Sunday February 22nd following Coffee Hour

Sign-up sheets in the Narthex and the lower hall bulletin board. All are welcome.

We have an overabundance of **glass jars** in the basement. If you would like to take home some jars, please talk to Margaret, Linda P, or David P.

Archivist David P has prepared a booklet on the **stained-glass windows** and another with **biographies of the clergy** who have served our parish. The booklets are on the racks in the narthex.

Our **Furnace Fundraiser** continues, with more than \$24,000 raised so far.

**Sunday School** is held on the first and third Sunday of each month. For information, speak to Lisa at 403-399-2315.

The **Quilters and Crafters group** meet on Mondays from 1:00 to 3:30 PM in the Nickle room. New members are welcome.

On Wednesdays, join us for **Holy Communion** at 9:30 AM or **Evening Prayer** at 6:30 PM. For more information about Evening Prayer, please contact The Rev. Deacon Carol Tubman at [ctubman@shaw.ca](mailto:ctubman@shaw.ca) or call 403-630-9104.

#### **Next Week's Readings – February 8 – Fifth Sunday after Epiphany**

Isaiah 58:1-12; Psalm 112:1-10; 1 Corinthians 2:1-16; Matthew 5:13-20

#### **Assisting Today**

Doug (Music Director); Julie (Pianist); Carol C (Soloist); Cheryl (Worship Assistant); Anne M, Elisabeth (Readers); Mryka (Intercessor, Administstrant); Jan, Kathy and Tom (Coffee Hosts); David and Linda P (Sidespersons); Emily, Kathryn (Videographer); Lynne, Barbara (Altar Guild); CCLI Licence No. 11533778