

What is one stronghold God may want to dismantle in your thinking?

1 STRONGHOLD:

thinking?

2

BE STILL:

What were your thoughts during the stillness?

3

SCRIPTURE TO MEDITATE ON.

wright 1 scripture to mediate on.

ROMANS 12:1-2 "DO NOT CONFORM TO THE PATTERN OF THIS WORLD. BUT BE TRANSFORMED BY THE RENEWING OF YOUR MIND..."

6

LIFESTYLE

How can you live out the truth?

5

REPETITION

How often will you practice this?

4

WHAT IS TRUE?

Wright Affirmations