

7 Days WHOLESOME **P**hysical; **R**elational; **A**pproval; **I**ntentional; **S**piritual; **E**motional; **S**acrificial

**Bookend:**

**The Righteousness of Christ: Romans 1:16-17**

For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek. [17] For therein is the righteousness of God revealed from faith to faith: as it is written, The just shall live by faith.

Delight yourself in the LORD and He will give you the desires of your heart. Psalm 37:4.. [Bk1: 7 Desires of Every Heart:] M.Laaser. [B2k: 7 Steps to Knowing, Doing and Experiencing the Will of God by Tom Blackaby, Mike Blackaby, and Daniel Blackaby] [Also See Lonnie & Belinda Riley: <https://www.meridzo.org/about-us>]. [7 I AM verses in John]

**P**hysical tangible, concrete, material, relating to the body as opposed to the mind. Subject to the laws of nature. Everything physical is measurable by weight, motion, and resistance. Visible; perception; a human being. Gen 1:27: [Bk1.1. To be Heard and Understood. Being fully listened to..Ps 139:23 Search me, O God, and know my heart; test me and know my anxious thoughts. Ps 51:10-12] [Bk2.1: God is Always at Work around you.] [John 6:35 I AM the bread of life.]

**R**elational: interactions between individuals and groups, response, comparative; affiliate; being dependable. Family; Power is a relational concept. God's Covenant with us. John 1:14; Matt 5:32. Acts; James. [Bk1: 2. To Be Affirmed: To assert positively; to tell with confidence; to aver; to declare the existence of something; to maintain as true; Of one Jesus whom Paul affirmed to be alive. Acts 25.] [Bk2: 2. God pursues a loving relationship with you.][John 8:12; 9:5 I AM the light of the world.

**A**pproval: acceptance; agreement; consent; compliance; appreciation. Psalm; Matt 5:7; Acts; Romans. [Bk1.3: To Be Blessed; pp. Made happy or prosperous; extolled; pronounced happy; prosperous in worldly affairs; enjoying spiritual happiness and the favor of God; enjoying heavenly felicity.] [Bk2.3: God invites you to become involved with Him in His work.]. [John 10:11, 14 I AM the door of the sheep.]

**I**ntentional: clear upfront about what I want to achieve; premeditated; done on purpose; reason; studied; clear; calculated; conscious, considered. 1 Tim 4:14; 1 Pet 4:1; Col 1; Heb 4. [Bk1.4: To Be Safe. Free from danger of any kind; as safe from enemies; safe from disease; safe from storms; safe from the malice of foes. Phil. 3.] [Bk2.4: God speaks by the Holy Spirit.]. [John 10:11, 14 I AM the good shepherd.]

**S**piritual: The love from God; divine; providence the human spirit or soul as opposed to material or physical: Wisdom; understanding; counsel; fortitude; might; piety; fear of the Lord. Mk 4:24, 7:15. Eph. [Bk1.5: To Be Touched. Matt.9. To perceive by the sense of feeling. Nothing but body can be touch'd or touch. To influence by impulse; to impel forcibly. The sense of feeling; one of the five senses. Power of exciting the affections. Not alone. He both makes intercession to God for sinners, and exercises dominion over all men, with a true, natural and sensible touch of mercy.] [Bk2.5: God's invitation leads to a crisis of belief.] [John 11:25 I AM the resurrection and the life.]

**E**motional: feelings; drives intellect or thought; when triggered, emotions orchestrate systems such as perception, attention, inference, learning, memory, goal choice, motivational priority. Acts 17; Phil. [Bk1.6. To Be Chosen. Selected from a number; picked out; taken in preference; elected; predestinated; designated to office. Ye are a chosen generation, a royal priesthood. 1 Pet. 2.] [6. [Bk2.6: You must make major adjustments in your life to join God in what He is doing.] [Jn 14:6 I AM the way, the truth, and the life.]

**S**acrificial: selfless love for others; holy; giving to the Lord whatever He requires of our time, our earthly possessions and our energies to further His work. 1 John 2:2, 3:16; 1 Pet 1:18-19; Col 1; 1 Pet 1; 1 John 2-5; Heb 7, 9, 13; Phil. [Bk1.7: To Be Included. To comprise; to comprehend; to contain. If there be any other commandment, it is briefly comprehended in this saying, thou shalt love thy neighbor as thyself. Rom. 13. [Bk2.7: You come to know God by experience as you obey Him, and He accomplishes His work through you.] [Jn 15:1 I AM the true vine.]

**Bookend:**

**The Power of the Holy Spirit:**

**Ephesians 3:16-19**

That He would grant you, according to the riches of His glory, to be strengthened with might by His Spirit in the inner man; [17] That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, [18] May be able to comprehend with all saints what is the breadth, and length, and depth, and height; [19] And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

**Following After:** Rom 8:4-5; 9:30; 14:19; **127:** Gen 1:27; Phi 1:27; James 1:27; **Better Way:** 1 Cor 12:27, 31; Heb 7:20; 8:6; 9:10-11.

**Pure** [James 1; Titus 2] **Unspotted** [jm 1:27] **Revelation** [Eph 3; 2 Cor 12] **Enthusiastically** [Rom 12:11; 2 Cor 8:9-13; Eph 6:7; Col3:23]

**Galatians 5:22-23** But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, [23] Meekness, temperance: against such there is no law.

**2 Peter 1:5-7**..giving all diligence, add to your faith virtue; & to virtue knowledge; [6]& to knowledge temperance;& to temperance patience;& to patience godliness; [7]And to godliness brotherly kindness;and to brotherly kindness charity.