

**What A Disciple Does – Week 3**  
**Abide (Part 2): Cultivating a Life of Abiding**

**Key Verse:** *"I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing."* — John 15:5

**Cultivating the Habit of Abiding**

**The Familiar Pathways:** Scripture, Prayer, Silence & Solitude,  
Fasting, Sabbath Rest

**Outside-the-Box Pathways** (for those in a rut):

- Praying the \_\_\_\_\_ aloud
- \_\_\_\_\_ prayer
- Practicing the \_\_\_\_\_ of God throughout the day
- Intentional \_\_\_\_\_

**When the Pathway Becomes the Prison**

*"These people honor me with their lips, but their \_\_\_\_\_ are far from me."* — Matthew 15:8

**Warning Signs:**

1. \_\_\_\_\_ in your discipline
2. \_\_\_\_\_ when you miss
3. No \_\_\_\_\_

**The Remedy: Return to Love**

The practice is the \_\_\_\_\_, not the house.

Ask the \_\_\_\_\_ Question

Hold Practices Loosely, Hold \_\_\_\_\_ Tightly

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### Abiding as the Solution

Struggle	Self-Help Says	Abiding Reveals
Bitterness & Unforgiveness	"Just let it go"	How much _____ have been forgiven
Anxiety & Fear	"Think positive"	He holds _____, we don't
Identity & Worth	"Believe in yourself"	Your identity is _____ in Christ
Anger & Short Fuse	"Count to ten"	_____ comes from fullness
Lust & Temptation	"Just don't look"	Counterfeit _____ loses power when we're full
Discouragement & Despair	"Stay positive"	_____ is not dependent on circumstances
Materialism & Discontentment	"Budget better"	The pull of <i>more</i> _____

#### The Pattern:

- The struggle reveals a \_\_\_\_\_
- Self-help addresses the \_\_\_\_\_
- Abiding addresses the \_\_\_\_\_

### My Next Step

This week, I will cultivate abiding by:

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*"Remain in my love."* — John 15:9

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