

What A Disciple Does – Week 3

Abide (Part 2): Cultivating a Life of Abiding

Key Verse: "I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing." — John 15:5

Cultivating the Habit of Abiding

The Familiar Pathways: Scripture, Prayer, Silence & Solitude, Fasting, Sabbath Rest

Outside-the-Box Pathways (for those in a rut):

- Praying the _____ aloud
- _____ prayer
- Practicing the _____ of God throughout the day
- Intentional _____

When the Pathway Becomes the Prison

"These people honor me with their lips, but their _____ are far from me." — Matthew 15:8

Warning Signs:

1. _____ in your discipline
2. _____ when you miss
3. No _____

The Remedy: Return to Love

The practice is the _____, not the house.

Ask the _____ Question

Hold Practices Loosely, Hold _____ Tightly

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Abiding as the Solution

Struggle	Self-Help Says	Abiding Reveals
Bitterness & Unforgiveness	"Just let it go"	How much _____ have been forgiven
Anxiety & Fear	"Think positive"	He holds _____, we don't
Identity & Worth	"Believe in yourself"	Your identity is _____ in Christ
Anger & Short Fuse	"Count to ten"	_____ comes from fullness
Lust & Temptation	"Just don't look"	Counterfeit _____ loses power when we're full
Discouragement & Despair	"Stay positive"	_____ is not dependent on circumstances
Materialism & Discontentment	"Budget better"	The pull of <i>more</i> _____

The Pattern:

- The struggle reveals a _____
- Self-help addresses the _____
- Abiding addresses the _____

My Next Step

This week, I will cultivate abiding by:

"Remain in my love." — John 15:9

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