

Sunday January 25, 2026: Practicing Prayer

This morning we're giving you space to practice the things we've been talking about this month.

If this is your first morning with us, don't worry, we'll guide you! Please don't feel any pressure to pray with others if that's not comfortable for you. We have free Bibles available in the lobby, and there is a digital bible in our app (under "More"), which you can download via our home page at gcfchurch.ca.

If at any point through this morning you sense a prompting to confess sin, take that step and talk:

- To Jesus - tell Him you're sorry, thank Him for His forgiveness, and welcome the grace that he gives
Scripture Reference: 1 John 1:9
- To a trusted friend who knows Jesus - share what you've confessed and ask for their support in prayer
- To anyone you may have hurt or offended because of that sin – apologize and ask for forgiveness

James 5: ¹⁶ Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.

Practice Listening Prayer: Ask God to speak to you personally. Take a few minutes in quietness to listen.

Write down what you sense God saying – it could be a word, picture or scripture verse that comes to mind.

Scripture Reference: 1 Samuel 3:9

Practice Praying Through Scripture: Choose one of these passages that relates best to a situation you want to hear from God about today. Read slowly and talk to God about what the words you're reading mean to you.

- Penitential Psalms (used for confession): Psalms 6 or 32 or 38
- Comfort: Psalms 23
- Trust: Psalms 37:1-3
- Sadness: Psalms 42:1-11
- God's Power: Acts 1:4,8; Acts 2:38-39; Acts 4:29-31
- Jesus Prayer Model: Matthew 6:9-13

Practice Taking a Spiritual Inventory: Ask God if there's something he wants you to combat spiritually or do differently? Flip this page and use the verse and questions to help you reflect on this topic.

Colossians 3: 9 ...We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding. ¹⁰ Then the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better.
¹¹ We also pray that you will be strengthened with all his glorious power so you will have all the endurance and patience you need. May you be filled with joy,^[c] ¹² always thanking the Father.

1. Bearing fruit – what could I be doing to help other people towards Jesus?
2. Transformation – what mindset or habits do I need to change to become more like Jesus?
3. Being Strengthened – what gift (help/power) do I need to receive from the Holy Spirit SO THAT I can do as Jesus did (or have the ability to do something He’s asking me to do)?

Commit to Praying Through 2026 for:

The People in My Relational Circle

- I commit to praying for these people who are close to me and who I so strongly want to discover Jesus and enter into relationship with Him: _____

The Impact of GCF in Halton Hills

- I commit to praying that our church will continue to help people toward Jesus and will specifically pray for the missional impact of this group or program that I am part of: _____

GCF’s Missions Partners

- I commit to supporting these workers in prayer and/or praying for these requests:

Give Thanks to God: _____

Opportunities to Pray with Others:

You can receive prayer and be anointed with oil at the front of the sanctuary anytime this morning.

James 5: ¹³ Are any of you suffering hardships? You should pray. Are any of you happy? You should sing praises. ¹⁴ Are any of you sick? You should call for the elders of the church to come and pray over you, anointing you with oil in the name of the Lord. ¹⁵ Such a prayer offered in faith will heal the sick, and the Lord will make you well. And if you have committed any sins, you will be forgiven.

What have you heard God say today? If you experienced something impactful in your time with God today, come and share with Pastor Terry or Pastor Brett. They value their opportunities to encourage you.

Not sure what you’ve heard? If you think you may have heard God speaking but you’re not sure, Pastor Terry will be offering an opportunity along the way for you to talk with someone else and have them pray for you.