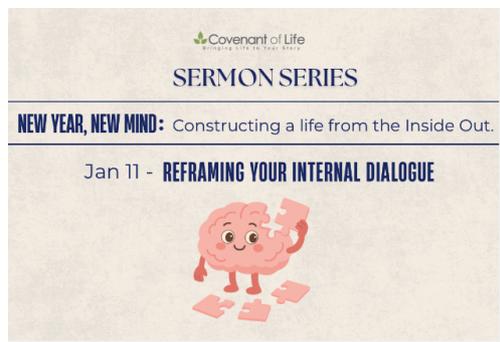


## REFRAMING YOUR INTERNAL DIALOGUE

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NEW YEAR, NEW MIND Series 2/4



### Text for this series

*Romans 12:2 NLT— 'Don't copy the behavior and customs of this world, but **let God transform you into a new person by changing the way you think.** Then you will learn to know God's will for you, which is good and pleasing and perfect.*

God's talking about the PERSONALITY. He's talking about your SOUL. He's talking about your INTERNAL DIALOGUE, the NARRATIVES, the SCRIPTS that are going on in the INSIDE of your life.

This is really a SOUL scripture. It's talking about the aspect of your MIND. It says, **"..into a new person by changing the way you think."** Other translations will say **"by the renewing of your mind"** That word "mind" in Greek refers to the CONSCIOUS, SUBCONSCIOUS and NON-CONSCIOUS MIND—the whole of your soul, the seed of your emotions, your intellect, your imagination. God's saying...

***"I want to dig deep into your SOUL. I want to get into places that you've never been willing to go. I'm going to do that through My WORD. I'm going to do that through My WISDOM, My INSIGHT. So why don't you come? Let me help TRANSFORM YOUR MIND and Your LIFE that you may be able to prove for yourselves what is the good and well pleasing will of God."***

God is telling us that something has to happen in the MIND. Now, we've been born of God. We have been born of the Spirit. We have been regenerated by the Spirit of God, *"born of incorruptible seed of the Word"* Peter says. You are BORN OF GOD, but also born from above. *The DNA of your heavenly Father in Christ Jesus resides in your SPIRIT—but not in your MIND.*

So something's happening on your SPIRIT, **but you still have the residues of your OLD MAN, your old nature, your human nature.** You still got your old nature. *God's saying there's a bit of A BATTLE going on between your OLD NATURE and your NEW NATURE that's been granted to you in Christ.*

You have been RECREATED, REGENERATED in Christ. 🖐️ **So you have a NEW NATURE on the INSIDE of you.** That NEW NATURE needs to live out your life. And there's a bit of a battle because your OLD NATURE likes to—because of habits, trauma, simply for the fact that your old nature's been around a long time. *Your old nature's been around as long as you have.* How man know that for some that might be a while? *And chances are that your NEW NATURE's has only been around much less than your OLD NATURE.* So your OLD NATURE has had a head start. So God is saying to us **"we are definitely guaranteed to know for sure we're in His will and we're doing what He's called us to do, and He's well pleased in what we're doing.** We can know that in 2026.

There's many Prophetic Words concerning this year, but 🖐️ **I'm going to give you KEYS in this series to make sure those words COME TO PASS in your life.**

I'm going to take you today to a story to help you understand the concept of INTERNAL DIALOGUE. When God says, "CHANGE THE WAY YOU THINK", He's not talking about a superficial thinking where a thought flies through your head and just kind of change that. That's important to do as well. Be He's saying, *"I want to go dig deeper.*

➡️ **What are you thinking that you are not talking about?**

➡️ **What are you thinking about who you really are?**

➡️ **What do you really think about who God is?—Will He really fulfill His promise for you? Is His Word really true—or is it true for others but not for you?**

There's some INTERNAL DIALOGUE going on. And you lived life long enough to create SCRIPTS, NARRATIVES, and DIALOGUES. God's saying, 🖱️ **"I want to address that area of your SOUL."** "As a man thinks in his heart, so is he" (Proverbs 23:7) "Out of the abundance of the heart, the mouth speaks", (Matthew 12:34).

So God's saying, 🖱️ **"I want to get to that part of the HEART WHERE THE NARRATIVE CHANGES ON THE INSIDE."**

!! That is the most important thing we can do ➡️ **TO EXPERIENCE** EVERY PROMISE and BLESSING that comes from GOD.

With that in mind, please go to Numbers chapter 13. And I want to show you some INTERNAL DIALOGUE that's taking place in two groups of people.—And this is the time that the children of Israel are getting ready to go into the Promised Land. Now, mind you, this Promised Land, God has already prophetically spoken about that He's going to give it to them.—Who's going to give it to them? GOD is going to give it to them. So that's one NARRATIVE. It's a prophetic narrative that God at least six times in the book of Genesis revealed His intention to give these children the land before they were even born. He confirmed it to Abraham, to Isaac, and Jacob. And He continued to confirm it while they were in Egypt. And He confirmed it to them as recorded in Deuteronomy also in Numbers. And He's about to tell them once again.

*Numbers 13:1-4 NLT—The Lord now said to Moses,, 2 **"Send out men to explore the land of Canaan {that's the promised land}, the land I am giving to the Israelites. Send one leader from each of the twelve ancestral tribes. 3 So Moses did as the Lord commanded him. He sent out twelve men, all tribal leaders of Israel, from their camp in the wilderness of Paran. 4 These were the tribes and the names of their leaders:..."***

Often times we hear God give us a PROMISE, reveal a WORD to us, or we're reading the WORD and scripture comes up into our spirit, jumps up on the inside of us—but then for some reason, with our MIND not being aligned with what God's saying, we tend to bury it or we lose sight of it.

This is exactly what happened to the children of Israel. So they sent 12 spies out to Canaan. They were there for 40 days. They scouted the land. They found fruit that was amazing, juicy, delicious. One thing of grapes they pulled off the tree with a branch. They needed two men with a pole to carry it. Wow. All the way bak. And they got pomegranates and they got figs. Think about this. These folks went to go spy out the land. *They saw everything about it in 40 days.* They spent 40 ays in a land. And this is the land that God's saying, **"I'm giving it to you. This is the land I'm giving to you."** And in the process, they're carrying for several days *grapes that are huge, which are a natural expression of the BLESSING that's in the land.*

Then they're back and they're about to give a report back. *This was THEIR REPORT to Moses.*

*Numbers 13:27- NLT— 'This was their report to Moses: **"We entered the land you sent us to explore, and it is indeed a bountiful country—a land flowing with milk and honey. Here is the kind of fruit it produces.'** 28 *'But the people living there are powerful, and their towns are large and fortified. We even saw giants there, the descendants of Anak!**

When we say "fortified", the walls in those days they say historically would have been about 20 feet thick and 25 feet high. That whole city was fortified with those kind of walls. that scared them how big these walls were.—So the Amalekites were there, the giants were there, and that really concerned them as they were reviewing out the land, interpreting the land.

So while they're giving this report, Caleb interrupts—he was one of the spies—and he says..

*Numbers 13:30 NLT— **'But Caleb tried to quiet the people as they stood before Moses. "Let's go at once to take the land," he said. "We can certainly conquer it!"***

Now, was Caleb there for 40 days? Yes. Did he see the giants? Yes. Did he see the fortified walls? Yes. Did he see the fruit and the land flowing with mild and honey?

Something in Caleb *viewed the situation completely differently.* In his MIND, he's saying,

➡️ **"It's perfect— We can take the land— The land that God's given to us, it's ours. Let's go."**

And he suddenly gets interrupted now because these other 10 spies kick in with their PERSPECTIVE and their INSIGHT and their INTERPRETATION of the very same land.

*Numbers 13:33 AMPC— 'There we saw the Nephilim [or giants], the sons of Anak, who come from the giants; and we were in our own sight as grasshoppers, and so we were in their sight.'*"

Why did Caleb not say that they are grasshoppers? Because the inner dialogue, the INTERNAL DIALOGUE in the other 10 spies produced and popped out this result.

Caleb didn't say it because that was not his INTERNAL DIALOGUE.

They said we were grasshoppers in our sight. *There's tremendous revelation that they spoke out—not even knowing it. That they're **in their own SIGHT, in their own MIND, in their INTERNAL DIALOGUE**—“we're nothing but grasshoppers.”* “They are so mighty. They are so powerful.” They probably heard of the stories of these giants and they're all taken up by them.

“*And so we were in their sight.*”—How did they know how the giants saw them? Did they have a conversation with the giants? Did the giants put out a social media post on Instagram or TikTok? Did they send a news blast somehow? No, they didn't.—Did they read the mind of the giants? No.

*The truth of the matter is*—we find out through scripture—*the opposite is true*. Because this generation, they sided with the 10 spies and they all got and said, “We don't agree with Joshua and Caleb.”

👉 They started to RESIST the report of Joshua & Caleb, but they wanted to agree with the 10 spies. That tells me their INNER DIALOGUE also was agreeing with the DIALOGUE that was in the 10 spies.

### ➡ WE GOT TO REFRAME AND RESHAPE OUR INNER DIALOGUE

So that which GOD has placed in our spirit can FLOW FREELY, unhindered and **all BARRIERS can be addressed**. Those barriers are the **thoughts and attitudes that we carry in our MIND**.

That's what God is after. And we're going to help deal with that this morning. And the interesting thing is the very land, that a generation later, God went ahead and sent Joshua, Caleb, and all the children of these people that were 20 and under at this time, God took him into the land.

And you know what they found out? When Joshua sent spies out, Moses's assistant when he took leadership after Moses, guess what the REPORT was? 👉 **Everybody in the land was afraid of the children of Israel because they heard of the God who brought them out of Egypt**, showed his mighty signs and powers over Pharaoh. And He brought them out and His reputation spread all across the Promised Land. **So the giants and the people** were not looking at them as grasshoppers. **They were AFRAID of their GOD** who delivered them and brought them forth out of Egypt. And *they were afraid their God is going to come into the land*.

That's the TRUE NARRATIVE. But the INTERNAL DIALOGUE of the spies, the 10 of them and the children of Israel in that generation was opposite GOD'S PERSPECTIVE.

That tells me a few things...

### These 10 spies were not looking at God and were looking at their circumstances

- They never looked at WHAT GOD DID for them
- They never looked at GOD'S PROMISE for them
- They never looked at WHAT GOD WAS SAYING WAS GOING TO HAPPEN  
He says, “**I'm giving you the land.**” He didn't say, “*You're going to go get the land.*”  
He says, “**I'm going to give it to you.**”

Throughout Deuteronomy, He says, “*You're going to INHERIT the land.*” So God is saying, “**You're going to INHERIT the land.**” What's an INHERITANCE? **Something that comes to you as an inheritance**. So God's saying, “**I'm going to give you the land. I'm going to deal with those giants. I'm going to deal with those walls.**” That's what He's saying, “**I'm going to do it all.**”

But they didn't pay attention to what God said or promised for generations—because they didn't deal with their INTERNAL DIALOGUE.—**Their INTERNAL DIALOGUE WAS FRAMED by their generational HISTORY as SLAVES in Egypt.**

They had known oppression, by government and leadership. So *they were* **CONDITIONED IN THEIR MIND to think a certain way**. But yet, God delivered them, showed miracles, brought them out, for some reason, *those things were not registering* because **their INTERNAL DIALOGUE about their trauma and about their pain generationally was stronger than the REVELATION of what GOD was doing** while He was present before them. Remember. God is with them. *He's with Moses*. He just brought them out. He's taken them through a 9 to 11 day journey through the wilderness period. The pillar of fire has been with them at night, the cloud by day. They parted the Red Sea. God drowned the Egyptian army in the Red Sea. He delivered them. He showed them how mighty He is. He was showing them His POWER. His STRENGTH. His mighty arm.

And this is not something they saw years ago. That's something they just saw. And they're getting ready to go into the land. We're talking weeks ago, folks. They're getting ready to go in the land. And *this is the REPORT they give 40 days later*.

👉 That's because **SOMETHING INSIDE WAS NOT IN ALIGNMENT WITH GOD:**

So what are we going to do, folks?

➡ **WE GOT TO START PAYING ATTENTION TO WHAT'S HAPPENING INSIDE**

- *HOW DO I FEEL?*
- *WHAT am I really THINKING?*
- *What is the real BELIEF SYSTEM I'm carrying on the INSIDE?*

**Because those are the things that get in the way of God's plan for your life.**

That's what He's saying in Romans 12 that the MIND must be RENEWED so your life can be TRANSFORMED.

So that means 👉 **WE HAVE TO ADDRESS THOSE INTERNAL DIALOGUES.**

And what you're going to find yourself doing,

- *You're going to start catching the INTERNAL DIALOGUES*
- *You're going to start vetting it*
- *You're going to start saying, "Well, I need to REFRAME that WAY OF THINKING"*

And that's what's going to end up happening to you and *your life's going to START TO CHANGE*.

So here we have the scenario where they, the children of Israel, don't get it. So by the times we get to Numbers 14—I'd recommend you read the whole chapter of Numbers 13 and 14 this week—but I'm kind of going through it real quickly. But by the time you open up Numbers 14, they all disagree with Joshua and Caleb. Caleb made the statement. They said, "No, no no. We agree with the 10 spies. They're giants. We're afraid. We don't know what to do." You know, and **then they start to blame God**. Wow. They start to **murmur**. They start to **complain**.

How many can see *their INTERNAL DIALOGUE coming to the surface*. They think it's God's fault they're in this situation. That doesn't sound like the right internal dialogue to me. See, "*Out of the abundance of the heart, the mouth speaks*." **They start to expose the state and condition of their heart and why the could not see things as they actually were**. What was it? They were murmuring, complaining. They said, "*You know what? Let's go back to Egypt. If God was going to kill us anyway, he made us have left in Egypt to die there. Why did we have to come out of Egypt to come,*" 👉 They are giving us clues to their INTERNAL DIALOGUE. It's a good thing that internal dialogue exposes. You should be like, "Hey, what's going on in my heart? Let me take some inventory—What am I really saying? I don't believe that God would do that for me."

These folks are exposing their INTERNAL DIALOGUE. And guess what? Joshua and Caleb come before them. Moses and Aaron beg them literally and they say, "Hey guys, please don't do this. Don't rebel against God. Whatever you do, don't rebel against Him. It's God who's going to give you the land." In other words, "*Give up this attitude that you have*." And they're trying to plead with them, "**REPENT—CHANGE YOUR MIND. Don't rebel.**"—*They identified this attitude as REBELLION*.

📌 **REBELLION** was in their INTERNAL DIALOGUE. Because they got used to focusing on self. That's the biggest thing you can learn...

➡ **Does your inner dialogue talk about HIM or about you?**

Because *the more your INTERNAL DIALOGUE changes and gets reframed around who Jesus is, that begins to ALIGN your INTERNAL DIALOGUE and it will start to come out of you.* It's start to show forth. You'll recognize it, too. And you'll be like, "Wow, I've noticed I've changed how I think and feel about this, about this scripture, about this Word, about this truth."

And then they say this. *"Let us raise ourselves up a captain."* And they want to raise up another leader and go back. That's how crazy they were. Obviously God got a little upset with them. And he was saying, *"Listen, I'm going to wipe these guys out. I'm done. I'm just done."* And then Moses intercedes for them. And God says, "Okay, Moses, I'll calm down. But I'll tell you what, they ain't going to no Promised Land. They're going to die in the wilderness. 40 years. And anybody that's over the age of 20, so if you're 21 at that time, my gosh, you were toast." And then He said, "it's because of the parent's idolatry and infidelity to me. God says that they believed a lie. He goes, *"You were believing the CULTURE, the PATTERNS OF THIS WORLD. You're believing what the devil says about. That's like INFIDELITY to Me after I've been loyal. I've been married to you and shown you My loyalty and My breakthrough. I brought you out of Egypt. I brought you out of sin. I've shown you My salvation. I brought you out of the proverbial Egypt and I brought you into the KINGDOM OF GOD. I've got you BORN AGAIN and I'm telling you I'm taking you into the Promised Land.*

➡ You need to **CHANGE THE WAY YOU THINK** about these things

- Don't think like you used to
- Don't think like the way the world does
- THINK THE WAY I'M TELLING YOU

➡ **CHANGE, REFRAME YOUR INTERNAL DIALOGUE**

God says this about Caleb...

*Numbers 14:24 But My servant Caleb, because he has a different spirit and has followed Me fully, I will bring into the land into which he went, and his descendants shall inherit it.*

*Two people hat a different INTERNAL DIALOGUE.*

Here is how you know and **how you TEST your Internal Dialogue**

- Is your internal dialogue producing fear in you? Then it's not aligned with God.
- Is it producing **LOVE** in you? **Then it is aligned with God's heart and intention for you**
- Is it producing Unbelief in you? Then it's not the right INTERNAL DIALOGUE.
- Or is it producing **FAITH** in you? Like Caleb and Joshua had.

Caleb had a *Spirit of FAITH, but he WHOLEHEARTEDLY, his whole heart, followed God ALL THE WAY.* And this same Caleb, when the time came when he had to wait for 40 years. Their own children had to suffer and wait 40 years to get into the PROMISED LAND except for the children they had in the wilderness.

So you see this dynamic. What was it all about? An INTERNAL DIALOGUE.

➡ *What is happening ON THE INSIDE?*

### **THREE WISDOM STRATEGIES TO REFRAME OUR INTERNAL DIALOGUE**

The Book of Ephesians is highlighting *God's heart and plan and intention* before the foundation of the world thus far. Talking about Jesus being far above all principalities and powers. And He's far above. He's the head to the Church. And all these amazing things and about you being seated in heavenly places in Christ Jesus. Now God in this verse onwards reveals His intent concerning you.

First key, **MAKE SURE THAT YOU** on the Internal Dialogue as a foundation **SETTLE IN YOUR HEART GOD'S GRACE TOWARDS YOU.** Here's God's intention.

*Ephesians 2:4-10 NLT—But God is so rich in mercy, and he loved us so much, 5 that even though we were dead because of our sins, he gave us life when he raised Christ from the dead. (It is only by God's grace that you have been saved!) 6 For he raised us from the dead along with Christ and seated us with him in the heavenly realms because we are united with Christ Jesus. 7 So God can point to us in all future ages as examples of the incredible wealth of his grace and kindness toward us, as shown in all he has done for us who are united with Christ Jesus.*

Why did God do all of this? So God can point to us in all future ages as examples of incredible wealth of HIS GRACE.

👉 In the future **God wants to look at your present and IDENTIFY HIS GRACE AT WORK IN YOUR LIFE.** So that would make sense that in the present I begin to establish and GET SETTLED IN MY INTERNAL DIALOGUE that I'm going **TO LET THE GRACE OF GOD WORK IN ME.** That's important. So God can point to us in all future generations as examples of the incredible wealth of HIS GRACE and KINDNESS toward us as shown in all He has done for us who are united with Christ Jesus.

*8 God saved you by his grace when you believed. And you can't take credit for this; it is a gift from God. 9 Salvation is not a reward for the good things we have done, so none of us can boast about it. 10 For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.*

This is what the Holy Spirit began to stir in my heart to tell you this morning: No matter what we go through in life—no matter what our testimony is one day, the testimony should ultimately be a testimony of HIS GRACE. You might have changed. You were rebellious. Somehow by the GRACE of God, you became obedient. You used to maybe not do this, but now you're following the Word of God. Now you're hearing the voice of God.—*Sometimes we think it was what we did, but the reality was **IT WAS THE GRACE OF GOD that worked through us that brought us to a place TO MAKE US DIFFERENT than we used to be.***

God's saying. The true LITMUS TEST of WHO YOU ARE and who you're becoming and how you're growing and how you're changing will be all pointing to that same GRACE. I was such a mess in this area, but the GRACE of God stepped in. *And the GRACE of God was not afraid to deal with my sin—deal with my pain—deal with my trauma—deal with my bad attitudes—deal with my negative scripts, **my INTERNAL DIALOGUES that were contrary to the Word of God, contrary to scripture, contrary to God's heart. GRACE STEPPED IN.***

👉 GRACE IS NOT AFRAID TO DEAL WITH THE **WHY** BEHIND THE **WHAT** YOU'VE BEEN DOING.

👉 GRACE goes to the **ROOT**—And HE DEALS WITH US AT A ROOT LEVEL. He goes to the depths of our MIND and

- He deals with *WHY we act the way we do*
- *WHY we do this*

And what God is saying is He wants you to settle. Be settled. *"I'm not approaching you, causing you to mature, causing you to change, causing you to grow outside of my GRACE. I'm not going to do it through the law."*—And often times, the INTERNAL DIALOGUE for people that have been Christians for a while, I found in ministry, is one that's based on the law, the Religious law. Or a hybrid of the law and GRACE mixed up. And it really messes up our INTERNAL DIALOGUE—**except that we see God through the LENS OF GRACE.** And when you see God through the lens of GRACE, you've got to continue to see His INTENTION. Is His intention to showcase it in all ages to come, God saying,

➡ "This is my Intention forever" that in all ages 👉 **when your future looks at your past—does it identify GRACE?** That is what God is after.

So God is not afraid to get deep into your *thinking*—into your *imagination*. This is why Jesus could say these crazy things on the sermon on the mount to a people that could not keep the law. No one could keep the law. No human being could. **Only Jesus fulfilled the law, but no other human being could.** But then He goes on and goes beyond the law. He says, *"You think to commit adultery is sin. I say to you that if you look at a woman lustfully in your heart, you've already committed adultery and you've already sinned."* That's because He meant GRACE is coming. See God through His GRACE and it will reveal His intentions.

**GRACE IS COMING TO DEAL WITH YOUR INTERNAL DIALOGUE**—Your Imagination—your attitudes, our hearts. So GRACE to be the number one thing that we IDENTIFY WITH.

### THE KEY TO GRACE

THE MORE OF **GOD'S GRACE** YOU DIGEST—HIS GENUINE GRACE  
YOUR FOCUS WILL BE **LESS ON YOU AND MORE ON JESUS.**

👉 **JESUS WILL BECOME YOUR FOCAL POINT** of your *attention*, of your *thinking*, of your *imagination*, of your *attitude*.

👉 You'll begin to SEE JESUS. The Lens of GRACE will paint an accurate picture of Jesus where you can receive His truth into your heart and something will begin to CHANGE ON THE INSIDE OF YOU. And the image in you will start to become clear because you keep seeing JESUS.

👉 GRACE REVEALS JESUS

*Titus 2:11-14* For the grace of God that brings salvation has appeared to all men, 12 teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly in the present age, 13 looking for the blessed hope and glorious appearing of our great God and Savior Jesus Christ, 14 who gave Himself for us, **that He might redeem us from every lawless deed and purify for Himself His own special people, zealous for good works.**

That is the byproduct of genuine GRACE. That's why you need GRACE

*Romans 6:14* **For sin shall no longer have dominion over you, for you are not under law but under grace.**

Why?

- The LAW is the *knowledge of sin*
- The LAW arouses and awakens sin
- Sin uses the LAW AS A WEAPON to deceive and kill you through sin.

➡ You got to deal with that **IDOL OF THE LAW**

The LAW *always produces* **SELF-Righteousness**—Self.Self. Self. All SELF does is strengthen the human nature, the old nature, the old man in your life to take your MIND hostage and control it.

*Romans 8:7-8* Because **the carnal mind is enmity against God**; for it is not subject to the law of God, nor indeed can be. 8 So then, those who are in the flesh cannot please God.

The carnal MIND is at hostility against God. The human nature, the own man, the own nature is automatically opposed to God. So there's no solutions there. *But to be spiritual MINDED is PEACE in life.*

➡ We want to **FOCUS ON THE NEW NATURE** and **GET OUR MIND IN ALIGNMENT** with that.

👉 WE NEED THE GRACE OF GOD.

*Romans 5:2* **through whom { Jesus Christ }** also we have access by faith into this **grace** in which we stand, and rejoice in hope of the glory of God.

You want to go from Glory to Glory? God says, "*through Jesus by your FAITH*, not only in Him, you begin to **ACCESS THE GRACE** in which you stand.

👉 That's what we should be settled on. **We should STAND ON GRACE.**

➡ **Make up your MIND** that you're going to **STAND ON THE GRACE OF GOD**. And you're going to TRUST GOD'S INTENT that "God, I feel like I'm a mess, right now. I feel like I'm not going to make it right now. I feel like I don't know what's going on with me, *but I know You said "In all the ages to come, you're going to show forth and point to YOUR GRACE and KINDNESS that you intend to show me right now.*

➡ *What does your GRACE and KINDNESS look like right now?* —What does it look like in my life right now, God? Show me some KINDNESS. Show me some GRACE. Oh God, I want to receive the abundance of your GRACE." Romans chapter 5, "and the gift of RIGHTEOUSNESS that I may reign in this life over this situation, circumstance, attitude or whatever it might be

*Romans 5:17* For if by the one man's offense death reigned through the one, much more those who receive **abundance of grace** and of **the gift of righteousness will reign in life** through the One, Jesus Christ.

**!! GET GRACE SETTLED ONCE AND FOR EVER IN YOUR HEART** ❤️—You'll run into a lot of Christians that will give you a hybrid version of Christianity—hey will use the LAW. See, the LAW does not produce the RIGHTEOUSNESS that benefits any of us.

And I can hear the question, “*What about sin?*” Why are you so sin-conscious? Because ...

- The more **GRACE-conscious** you become **the more conscious of JESUS** you become
- The more you want to **embrace His TRUTH**
- The more you FEED ON HIM, **YOU BECOME MORE LIKE HIM**
- And you become *conscious of JESUS* and *His RIGHTEOUSNESS* and *His GRACE* and *His NATURE* rather than yourself



- **The LAW does not produce the RIGHTEOUSNESS that God is looking for.**
- **The more LAW-conscious you become the more you FOCUS on yourself.**



But the more LAW-conscious you become, the more you're focused on yourself.

And there is a law of the spirit in the Bible and that is “*YOU BECOME WHAT YOU SEE.*”

➡ The more you see yourself, the more you become like yourself.

➡ But the more you SEE JESUS, the more YOU BECOME AS HE IS

*1 John 4:17 ... because as He is, so are we in this world....*

And He says when He comes, when we see Him, we shall be exactly like Him. So start seeing Jesus now. And you need GRACE. *GRACE and TRUTH came in the person of Jesus.* Jesus is *Mr. Grace* and He is the *TRUTH*.

I know I'm taking a couple moments here because 'I'm wrestling with MINDSETS.

➡ *What do you got to loose to truly TRUST GOD wholeheartedly and ALLOW HIM to carry out Ephesians 2:7 in your life? where He shows you the exceeding GOODNESS of His GRACE and His KINDNESS?*

- *What is in your INTERNAL DIALOGUE that's struggling to receive that even now? That's what you got to be like,*
- *God, what is it in me? Why am I resisting this idea and concept of GRACE?"*
- *Why do I want to argue with You and debate with You?*

Oh, my natural man, my human nature is in hostility and enmity with You?

- *Could it be coming from WRONG TEACHING?*
- *Or the TRADITIONS OF MEN that make the Word of God of none effect?*
- *Could it be the WISDOM OF GOD that makes the cross of Christ of no effect on my life?*

Can you see what's happening?

I'm starting to **REFRAME my DIALOGUE**—I'm **QUESTIONING IT WITH SCRIPTURE.**

- *What high thing is exalting itself in my BELIEF SYSTEM above the true KNOWLEDGE OF GOD?*
- *What arguments and reasonings are refuting the TRUTH right now in my MIND?*
- *What is going on with me? What is in me? **What do I REALLY BELIEVE?***
- *Why am I praying "God, heal me"? Is my INTERNAL DIALOGUE somewhat confused about healing? Because you said you already healed me? I was healed on the cross, but my internal dialogue can't process that. So, God, would you heal me today?*

That doesn't make sense in the New Testament if you've already asked God to heal you. And if you realize now and come to the revelation that God healed you on the cross when He took on your sickness or your sorrow, your pain, when He was cursed for your sake so you would be blessed.

We're talking here about INTERNAL DIALOGUE. You can side on any side of that statement. I've realized my INTERNAL DIALOGUE, *your INTERNAL DIALOGUE needs to start coming to a place of genuine agreement with scripture, not mental ascent.* “Okay. I'll just say it and agree with it.”

- *What is really going on in the core of your BELIEF?*  
**What do you really start to believe on the inside?**

God can heal you through the gifts of the Spirit regardless of what you believe. By the way, God can heal you and the Glory of God comes regardless of what's going on. There are those types of MERCY and GRACE that God exhibits, but the key is WHAT'S YOUR INTERNAL DIALOGUE? Because *you can get healed—period—simply by your Internal Dialogue, genuinely coming into agreement with God's WORD and REVELATION for your life.*

## **YOUR INTERNAL DIALOGUE NEEDS TO COME TO A GENUINE AGREEMENT WITH GOD.**

The question is 🖱️ “What is your *INTERNAL DIALOGUE*?”

### **GRACE IS THE KEY** 🔑

🖱️ Please spend time **FEEDING ON THE GRACE OF GOD.**

➡️ You will *INTERPRET PROPHECY* around you based on your *INTERNAL DIALOGUE*.

There's so many prophecies coming out. Some people are talking about doom, some people gloom, some people positive things, some people if you're listening to a lot of prophecies, I guarantee you're probably confused by now. Because your *INTERNAL DIALOGUE* is going to interpret what's being said perhaps not the right way. You might interpret it like the spies. So, you might hear a prophecy about giants and right away you get nervous and scared and afraid.

**But if your *INTERNAL DIALOGUE* is aligned with God's GRACE,** you're not going to interpret that prophecy that way. **Because you're going to see JESUS.** Because if He is showing His exceeding GRACE and KINDNESS to me, then if I keep following Him and I keep responding to His GRACE, *I keep feeding on the TRUTH that GRACE is feeding me.* Guess what's happening?

🖱️ My *LIFE* is **GETTING ALIGNED**

🖱️ I'm **CHANGING** my *INTERNAL DIALOGUE*

🖱️ I'm **REFRAMING** my *DIALOGUE*

Because I'm beginning to see that God's got plans for me that are good. There was never an evil plan that God had for the children of Israel. He wanted to give them the Promised Land.

➡️ And God wants you to have the Promised Land.

What kept them from the land was a **MINDSET.**

What kept them from their land is an **INTERNAL DIALOGUE.**

I feel there's still a bit of a *wrestling going on because of INTERNAL DIALOGUES* right now. There's a conversation happening *INSIDE* of you *where you're afraid to truly truly TRUST and RELY on the GRACE of God.* Apparently the GRACE of God is not enough for you because you like calculating and measuring your *RIGHTEOUSNESS.* And *if you can calculate and measure your righteousness, it's not the RIGHTEOUSNESS of God.* — Because **the RIGHTEOUSNESS of God** is the very Righteousness that God is. And **He exchanged our sin nature for the righteous nature of JESUS.** And Jesus became sin so we can become the *RIGHTEOUSNESS of God.* And this *RIGHTEOUSNESS* is only available as a gift. And GRACE reigns through *RIGHTEOUSNESS.* Romans 8:10 says that the Spirit is life. The *HOLY SPIRIT is LIFE BECAUSE OF RIGHTEOUSNESS,* t

*Romans 8:10 And if Christ is in you, the body is dead because of sin, but the Spirit is life because of righteousness.*

You become more aware of the Holy Spirit. **THE HOLY SPIRIT IS DEALING WITH MINDSETS,** helping us 🖱️ **REFRAME** and **RESHAPE INTERNAL DIALOGUES** concerning 🖱️ **how we see Him** and as a result, **how He sees us.**

Get His intention right! He's going to show you His GRACE and KINDNESS now and forever. That's the plan. This doesn't mean you won't go through challenges. This doesn't mean that you won't have difficult situations to deal with. But if that's your *INTERNAL DIALOGUE,* you'll deal with them better. You'll overcome more. You'll see victory more.

### **WISDOM KEY** 🔑

*Isaiah 43:18-19 AMPC—Do not [earnestly] remember the former things; neither consider the things of old. 19 Behold, I am doing a new thing! Now it springs forth; do you not perceive and know it and will you not give heed to it? I will even make a way in the wilderness and rivers in the desert.*

What is God saying?

➡️ **FORGET THE PAST—PERCEIVE THE PRESENT—➡️ ALIGN YOUR FOCUS ON THE FUTURE**

FOCUS is important. The more you allow your INNER DIALOGUE to focus and make Jesus the center, make God the center, you'll be so caught up that you won't have time to worry about everything you think that's a problem. That's why He says, "Seek first the Kingdom of God and His righteousness and all these things will be added unto you." (Matthew 6:33).

➡ **The more we get into Him, the more the other stuff gets out.**

So God is saying, "I even change your situation, your circumstance if you do this..."

- FORGET THE OLD
- Don't even think about it
- Don't dwell on it
- Don't meditate on it
- You got to get rid of the PAST

You need a NEW MIND to focus on the NEW THING. Because an old MIND can't catch or capture or perceive the NEW THING. So God wants to CHANGE THE OLD WAY OF THINKING, the old way of BELIEVING, the old way of PROCESSING. So you come to a place that you have a NEW MIND ready to capture what God is throwing into your hands, into your life, into your heart. Say, "Oh God, I'm ready, I'm to intercept the ball that You're throwing me. I see the *Prophetic Word*. I see the *potential*. I see the *PROMISE*. I see Your *KINDNESS* there. I recognize, *that was the GRACE of God*. That was the *KINDNESS of God*. That was the *MERCY of God*. That was God that delivered me from that. That was God who saved me from that. I'm going through this right now, but my God will deliver me. But my God will see me through because *I know who He is*.

Because my *INTERNAL DIALOGUE* says, *God is going to take me out of this place*. I'm in a desert. No wonder God will cause rivers to spring up. "I'll create a highway where there's rough terrain. I'll cause rivers to spring up where there are desert dry pieces of land.

👉 FOCUS 👉 PERCEIVE and 👉 FORGET THE PAST

### WISDOM KEY 🔑

*2 Corinthians 10:3-5 AMPC—For though we walk (live) in the flesh, we are not carrying on our warfare according to the flesh and using mere human weapons.*

This concept of warfare is not just in your MIND, but also about the CULTURE and people around you. Do you notice you deal with it both? You deal with the culture's warfare and what they're trying to propagate into your MIND and HEART through television, through media etc. Let's be honest, *a lot of times our INTERNAL DIALOGUE is created by the world over years and decades*. And if we're not careful we just let that INTERNAL DIALOGUE just get into us by what we're wedging because we're tired. We're watching and we don't know what's going in there. And there's subtle things that they're saying that are programming your mind to be okay with certain things that normally you wouldn't be.

God is saying: This is a supernatural endeavor that I've called you in.

📌 **It's not about you.. It's not about your might 📌 it's about something SUPERNATURAL.**

*4 For the weapons {in our mind} of our warfare are not physical [weapons of flesh and blood], but they are mighty before God for the overthrow and destruction of strongholds,*

*Strongholds = patterns of thought we've developed through our INTERNAL DIALOGUE over time that have set up a beach head in our MIND. That's our normal WAY OF THINKING or BELIEVING or FEELING about a truth when we hear it.*

So when we hear the WORD of God like you hear some truths today, you wrestle with it. It could be there was a stronghold there that already had a beach head established that was shaking and you're like, "Whoa, what's going on? I don't want to let it go." Because you've gotten comfortable with that stronghold being set up in front of your front yard. And so you're like, "Wait a minute. Am i supposed to think of feel or believe differently about this?" Yeah!

If you are not challenged in Church that way, that is not a good thing. *You got to come to a Church that's going to challenge you with the WORD of God enough that something is going to shake in you, you're going to be challenged to be corrected where necessary.*

Pauls says here...

*5 [Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),*

God is saying, We have to...

👉 **REFUTE every ARGUMENT—Intellectual REASONING—IMAGINATION**

This is all in the SOUL, folks—INTERNAL DIALOGUE that's formed on those things.

👉 **Every THOUGHT that exalts itself**

In other words: It's a position of PRIDE to believe and feel and think about something contrary to the TRUTH of God's Knowledge on that topic, even about yourself or about God.

So, God is saying 📌 **YOU GOT TO DEAL WITH THAT STUFF**—You and I, we are not our own God. We're always dependent on Him.

**KEY of the KNOWLEDGE OF GOD** 🔑

So here's the key in this statement: ***If you don't know the KNOWLEDGE of GOD, how do you know what to refute?*** And what weapons do you have present to refute it in the first place? How do you know the argument of not tithing should be refuted if you don't know the KNOWLEDGE of GOD concerning that intimacy and that subject with God? If you don't know how to have a proper marriage from the KNOWLEDGE of GOD, how do you know husbands to love your wives as Christ did the Church? If you don't know what God's WORDs and KNOWLEDGE is about finances, how are you going to steward and manage finances?

- First we need to **GET A HOLD of the KNOWLEDGE OF GOD**
- **WE LEAD EVERY THOUGHT** and purpose or intent away **CAPTIVE into the OBEDIENCE OF CHRIST**, the Anointed One.

📌 **WE'RE ALIGNING EVERYTHING WHOLEHEARTEDLY ❤️ WITH JESUS**  
WITH HIS OBEDIENCE

And we are now coming into a place where **our THOUGHTS now OBEY like CHRIST obeyed**. Obey in Christ like He obeyed. 👉 **EVERYTHING STARTS TO CHANGE NOW**

So you vet the thoughts coming into your mind. *You need an IMMIGRATION POLICY*. You do! Because you don't want to let every thought in. Because certain thoughts are citizens of you are in your MIND. And you got to decide if you got to deal with that a little bit

- **Don't let every thought in**—*Not every thought is from God.*

Just because you got a thought in your mind, it's not even your thought. It could be a suggestion from the enemy. It could be culture infiltrating your mind

- **Arrest every thought—Take it captive**—and say, *“Excuse me, I don't want that THOUGHT because my INTERNAL DIALOGUE agrees with the WORD.”*

**INTERNAL DIALOGUE ALIGNED WITH THE WORD OF GOD**

That's why the Internal Dialogue is so necessary. Because you won't vet the thoughts correctly if your Internal Dialogue isn't aligned with the WORD of GOD.

So you get your INTERNAL DIALOGUE ALIGNED WITH THE WORD OF GOD and you'll automatically vet and say, *“Whoa, wait. I'm not going to believe that.”*—Somebody has a false prophecy over you, you're like, *“whoa, whoa, whoa. He ain't taking that.”*

*If you're walking with God and you're not walking in rebellion, and you're walking close to Jesus, you'll begin to have an **INTERNAL DIALOGUE that develops through the WORD OF GOD.***

Again 👉 **GRACE AND TRUTH** 👉 **GRACE AND TRUTH**

And the next thing you know...

👉 The **INTERNAL DIALOGUE** starts to **RESHAPE** and take on a new form.

If you do this, you will **DEVELOP A NEW MIND**.

Closing statement

- You take your MIND everywhere you go
- As much as your MIND lives in you, the truth of the matter is, *You also LIVE IN YOUR MIND*
- *And the temperature and forecast in your MIND affects your daily life.*

If you got something going on in your emotions throughout the day, how many know, your day is affected. You know Jesus, you're born again—But why is your life experience not lining up to that? Because something is going on *in you MIND*.

➡ That's why we need to **RENEW, RENOVATE, CHANGE THE WAY WE THINK**

➡ And **LET GOD TRANSFORM US** into a **WHOLE NEW PERSON**—A Person that thinks like Him, internally dialogues and agrees with Him. So when something happens contrary to God's KNOWLEDGE, your reaction is like, "What? Whao, wait. Whoa, whoa, that doesn't make sense to me. Stop right there! Stop in your tracks." You see what I'm saying? **Because the INTERNAL DIALOGUE there, your natural reaction is,** *"Well I can't receive that. I have a different dialogue from God's WORD. I have something in my heart that's talking about Jesus and the way I understand Him and the way I understand Him, and the way His truth speaks to me."*— Yes, *Jesus rebukes me, corrects me. But I love that because that means the Father loves me when He disciplines me, rebukes me, corrects me.*—See, you don't rebel against God when you're corrected because **the INTERNAL DIALOGUE is IN ALIGNMENT**. Like, *"Thank God you spoke to me. Thank God you confronted me. Thank you, Father, that you brought this to my attention. Thank you, Father, I want to REPENT."* And repentance comes and you're thankful to God that He would correct you. That He would rebuke you.

👉 The **INTERNAL DIALOGUE** has been **REFRAMED** so you can **RECEIVE THE WORD of GOD**.

And will say, "I'm grateful I experienced the repentance of God and *I want to change in that area. HOLY SPIRIT, would You help me?*"

CONDEMNATION *won't* CHANGE you—SHAME *won't* CHANGE you  
**BUT GRACE AND TRUTH WILL DEFINITELY CHANGE YOU** ❤️

➡ We got to get up and **MAKE A DECISION**. And for some of you, this is wrecking your entire internal dialogue right now because you've worked very hard in your life to create the internal dialogue that fits you right now. But remember, **NEW YEAR—NEW MIND**. So something needs to change the way you think about things.

I'm not rebuking you, no. I'm just telling you **GOD'S WORD** and His **TRUTH** by the help of the Holy Spirit **TO HELP YOU HAVE A NEW MIND** IN THIS YEAR and really see the Promises of God flow into your life completely flow into your life. I'm on this road with you, applying what I'm teaching you in my life. I'm reframing my Internal dialogue to have a **NEW MIND** this year like with you. I'm bringing out these scriptures, I'm talking to me too because I'm going through it myself and saying,

- *God, I want to have a NEW MIND this year*
- *I want to CHANGE THE WAY I THINK—I'm WILLING to do it*

**LAST KEY** 🔑 —**WHEN YOUR INTERNAL DIALOGUE ALIGNS WITH GOD FAITH COMES**

*Personal Testimony*

Our body is designed to heal. But if your soul is sending through your internal dialogues conflicting messages to the body, the body is confused and doesn't act. But if your internal dialogue is in alignment with my spirit which was in alignment with the Holy Spirit with the Word of God, the body obeyed and listened because it's designed to submit to your soul that is an important part of it.

*PRAYER—Father, I thank You that Your Spirit is resident here and working among us, helping us reframe and reshape our Internal Dialogues in our Mind. TY Father, that as you help us not only renew our minds, You help us transform our lives, that we experience your pure and pleasing and perfect will today. In Jesus Name. Amen.*