

# THE HOLY EUCHARIST

The Third Sunday after the Epiphany



*Matt Damon as Jason Bourne leaving the fishing boat in Marseille, France,  
in the movie Bourne Identity (2002), the first of the Bourne films*

**The Cathedral Church of Saint George**

January 25, 2026 • 10:30 a.m.

*We acknowledge that in Kingston we are situated on traditional territory of the Anishinaabe, Haudenosaunee, and Huron Wendat peoples.  
We seek a new relationship with the original peoples of this land, one rooted in and based upon honour and deep respect.*

## WELCOME TO ST. GEORGE'S CATHEDRAL

Welcome to worship at St George's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! Please join us for a time of fellowship in the entryway following the service. We are thrilled you have decided to worship with us.

# The Gathering of the Community

## Prelude

*The people's stand as the procession enters the Cathedral.*

## Processional Hymn | Sung by all



Judge eternal, throned in splendour,  
Lord of lords and King of kings,  
With thy living fire of judgement  
Purge this realm of bitter things:  
Solace all its wide dominion  
With the healing of thy wings.

3 Crown, O God, thine own endeavor;  
Cleave our darkness with thy sword;  
Feed the faithless and the hungry  
With the richness of your word:  
Cleanse the body of this nation  
Through the glory of the Lord.

2 Still the weary folk are pining  
For the hour that brings release:  
And the city's crowded clangour  
Cries aloud for sin to cease;  
And the homesteads and the woodlands  
Plead in silence for their peace.

*Rbuddlan*  
Welsh Traditional Melody

Henry Scott Holland 1847-1918

*The people stand for the Land Acknowledgment and are seated for the Notices.*

## Welcome & Land Acknowledgment

*The people stand as able at the invitation of the Celebrant.*

## The Opening Acclamation

**Celebrant** The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**People** **And with thy spirit.**

**Celebrant** Almighty God, unto whom all hearts be open, all desires known, and from who no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name, through Christ our Lord.

**People** **Amen.**

**Kyrie Eleison** | Sung by the choir in Greek.

Lord have mercy, Christ have mercy, Lord have mercy.

## **Gloria in Excelsis** | Sung by all.

Presider Merbecke

Glo-ry be to God on high, and in earth peace, good will to-wards all. We praise thee,  
we bless thee, we wor-ship thee, we glo-ri - fy thee, we give thanks to thee  
for thy great glo - ry. O Lord God, heav-en - ly King, God the Fa-ther al-migh - ty,  
O Lord, the on - ly be - got - ten Son, Je-sus Christ; O Lord God, Lamb of God,  
Son of the Fa - ther, that tak - est a-way the sin of the world, have mer-cy up-on us.  
Thou that tak - est a - way the sin of the world, re - ceive our prayer.  
Thou that sit - test at the right hand of God the Fa - ther, have mer-cy up-on us.  
For thou on - ly art ho - ly, thou on-ly art the Lord; thou on-ly, O Christ, with the Ho-ly Ghost,  
art most high in the glo-ry of God the Fa-ther. A - men.

## The Collect for the Day

*Celebrant* Almighty God, by grace alone you call us and accept us in your service. Strengthen us by your Spirit, and make us worthy of your call; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

*People* Amen.

*The people are seated.*

# The Proclamation of the Word

## The First Lesson | Isaiah 9:1-4

But there will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations. The people who walked in darkness have seen a great light; those who lived in a land of deep darkness - on them light has shined. You have multiplied the nation, you have increased its joy; they rejoice before you as with joy at the harvest, as people exult when dividing plunder. For the yoke of their burden, and the bar across their shoulders, the rod of their oppressor, you have broken as on the day of Midian.

*Reader* The word of the Lord.

*People* Thanks be to God.

## Psalm 27 | Sung by the choir.

The Lord is my light and my salvation; whom then shall I fear : the Lord is the strength of my life; of whom then shall I be afraid?

4 One thing have I desired of the Lord, which I will require : even that I may dwell in the house of the Lord all the days of my life, to behold the fair beauty of the Lord, and to visit his temple.

5 For in the time of trouble he shall hide me in his tabernacle : yea, in the secret place of his dwelling shall he hide me, and set me up upon a rock of stone.

6 And now shall he lift up mine head : above mine enemies round about me.

7 Therefore will I offer in his dwelling an oblation with great gladness : I will sing, and speak praises unto the Lord.

8 Hearken unto my voice, O Lord, when I cry unto thee : have mercy upon me, and hear me.

9 My heart hath talked of thee, Seek ye my face : Thy face, Lord, will I seek.

10 O hide not thou thy face from me : nor cast thy servant away in displeasure.

11 Thou hast been my succour : leave me not, neither forsake me, O God of my salvation.

## The Second Lesson | 1 Corinthians 1:10-18

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power. For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

*Reader* The word of the Lord.

*People* Thanks be to God.

## Gradual Hymn | Sung by all, standing as able

The kingdom of God is justice and joy;  
For Jesus restores what sin would destroy.  
God's power and glory in Jesus we know;  
And here and hereafter the kingdom shall  
grow.

2 The kingdom of God is mercy and grace;  
The captives are freed, the sinners find place,  
The outcast are welcomed God's banquet to  
share;  
And hope is awakened in place of despair.

*Hanover*  
*A Supplement to the New Version 1708*

3 The kingdom of God is challenge and choice:  
Believe the good news, repent and rejoice!  
God's love for us sinners brought Christ to his  
cross:  
Our crisis of judgement for gain or for loss.

4 God's kingdom is come, the gift and the goal;  
In Jesus begun, in heaven made whole.  
The heirs of the kingdom shall answer his call;  
And all things cry "Glory!" to God all in all.

Bryn Rees 1911-1983

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## The Holy Gospel | Matthew 4:12-23

*Gospeller*                    The Lord be with you.

*People*                    **And with thy spirit.**

*Gospeller*                    The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People*                    **Glory be to thee, O Lord.**

Now when Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled: "Land of Zebulun, land of Naphtali, on the road by the sea, across the Jordan, Galilee of the Gentiles - the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to proclaim, "Repent, for the kingdom of heaven has come near." As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea - for they were fishermen. And he said to them, "Follow me, and I will make you fish for people." Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him. Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

*Gospeller*                    The Gospel of Christ.

*People*                    **Praise be to thee, O Christ.**

*The people are seated at the invitation of the Preacher*

**The Sermon** What Does it Mean To Be Called by Jesus? – Eric Friesen

*Silence may be kept. The people stand as able.*

## The Nicene Creed

*Celebrant*

Let us confess our faith, as we say,

*People*

I believe in one God, the Father almighty, maker of heaven and earth, and of all things visible and invisible;

And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds, God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father; through whom all things were made: who for us and for our salvation came down from heaven,

and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father.

And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

*The people may stand, sit, or kneel as preferred.*

## The Prayers of the People

## Confession & Absolution

*Celebrant*

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that labour and are heavy laden, and I will refresh you.

*Matthew 1.28*

God so loved the world, that he gave his only- begotten Son, to the end that all that believe in him should not perish, but have eternal life.

*John 3.16*

Hear also what Saint Paul saith. This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

*1 Timothy 1.15*

Hear also what Saint John saith. If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: and not for ours only, but also for the sins of the whole world.

*1 John 2.1,2*

*Silence may be kept.*

Let us humbly confess our sins to almighty God.

*People*

**Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.**

*Celebrant*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*The people stand as able.*

## The Peace

*Celebrant*

The peace of the Lord be always with you.

*People*

**And with thy spirit.**

*The people greet one another with a sign of God's peace.*

*An offering is received to support the mission and ministry of the Cathedral. All are invited to make a gift as the plate is passed, or by visiting [www.stgeorgescathedral.ca/donate](http://www.stgeorgescathedral.ca/donate) to give securely online.*

# The Holy Communion

**Offertory Hymn** | Sung by all, standing as able.



King of glory, King of peace,  
I will love thee;  
and, that love may never cease,  
I will move thee.  
Thou hast granted my request,  
thou hast heard me;  
thou didst note my working breast,  
thou hast spared me.

2 Wherefore with my utmost art  
I will sing thee,  
and the cream of all my heart  
I will bring thee.  
Though my sins against me cried,  
thou didst clear me,  
and alone, when they replied,  
thou didst hear me.

*Gwylchmai*  
J. D. Jones 1827-70

3 Seven whole days, not one in seven,  
I will praise thee;  
in my heart, though not in heaven,  
I can raise thee.  
Small it is, in this poor sort  
to enrol thee:  
e'en eternity's too short  
to extol thee.

George Herbert 1593-1633

## Prayer Over the Gifts

*Celebrant*

Loving God, before the world began you called us. Make holy all we offer you this day, and strengthen us in that calling. We ask this in the name of Jesus Christ the Lord. **Amen.**

## The Great Thanksgiving

*Celebrant* The Lord be with you.  
**People** And with thy spirit.  
*Celebrant* Lift up your hearts.  
**People** We lift them up unto the Lord.  
*Celebrant* Let us give thanks unto our Lord God.  
**People** It is meet and right so to do.

*Celebrant* It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things. For thou art the fountain of light and life for all thy creation: thou hast made us in thine own image, and dost raise us to new life in Jesus Christ our Saviour. Therefore, with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

*Choir* *Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high. Blessed is he that cometh in the name of the Lord: Hosanna in the highest.*

*The people are seated as the celebrant continues:*

*Celebrant* All glory be to thee, O Lord our God, who didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again; who, in the same night that he was betrayed, took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, “Take, eat, this is my body, which is given for you. Do this in remembrance of me.”

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, “Drink this, all of you; for this is my blood of the new covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the body and blood of thy dearly-beloved Son Jesus Christ.

**People** We praise thee, we bless thee, we thank thee,  
and we pray to thee, Lord our God.

*Celebrant*

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, ourselves, our souls and bodies. Grant, we beseech thee, that all who partake of this holy communion may worthily receive the most precious body and blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Spirit all honour and glory be unto thee, O Father Almighty, world without end.

*People*

**Amen.**

### **The Lord's Prayer**

*Celebrant*

And now, as our Saviour Christ hath taught us, we are bold to pray,

*People*

**Our Father, who art in heaven, hallowed be thy name,**

**thy kingdom come, thy will be done,**

**on earth as it is in heaven. Give us this day our daily bread.**

**And forgive us our trespasses, as we forgive those who trespass against us.**

**And lead us not into temptation but deliver us from evil.**

**For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

### **The Breaking of the Bread**

*People*

**We do not presume to come to this thy table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, That we may evermore dwell in him, And he in us. Amen.**

*All baptized Christians are welcome to receive communion in this Church. Please move to the rail at the direction of the ushers. You may receive the bread in open and outstretched hands, responding: "Amen." Gluten-free wafers are available; please make your need known to the minister. If you prefer not to receive wine from the common cup, you may simply touch the base of the chalice, again responding: "Amen." Should you wish to receive a blessing, please indicate that to the priest by crossing your arms over your chest.*

### **The Prayer after Communion**

*Celebrant*

Gracious God, our hands have taken holy things; our lives have been nourished by the body of your Son. May we who have eaten at this holy table be strengthened for service in your world. We ask this in the name of Jesus Christ the Lord. **Amen.**

*The people stand as able.*

*Celebrant*

Glory to God,

*People*

**whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

## The Blessing

Celebrant

Life is short, and we do not have much time to gladden the hearts of those who journey with us. And so make haste to love, and be swift to be kind; And may the God who travels with us, the God of pilgrimage, the God of Hope, bless, care and keep you, Father, Son and Holy Spirit, now and always.

People

Amen.

## The Dismissal

Celebrant

Go in peace to love and serve the Lord.

People

Thanks be to God.

## Recessional Hymn | Sung by all, standing as able



O Jesus, I have promised  
To serve thee to the end;  
Be thou for ever near me,  
My Master and my Friend;  
I shall not fear the battle  
If thou art by my side,  
Nor wander from the pathway  
If thou wilt be my guide.

2 O let me hear thee speaking  
In accents clear and still,  
Above the storms of passion,  
The murmurs of self-will;  
O speak to reassure me,  
To hasten or control;  
O speak, and make me listen,  
Thou guardian of my soul.

3 O Jesus, thou hast promised  
To all who follow thee,  
That where thou art in glory  
There shall thy servant be;  
And Jesus, I have promised  
To serve Thee to the end;  
O give me grace to follow,  
My Master and my Friend.

4 O let me see thy footmarks,  
And in them plant mine own;  
My hope to follow duly  
Is in thy strength alone;  
O guide me, call me, draw me,  
Uphold me to the end;  
And then in heaven receive me,  
My Saviour and my Friend.

Wohercote

William Harold Ferguson 1872-1950

John Ernest Bode 1816-74

## Postlude

*The postlude concludes our worship service, sending us forth into the week ahead. You may choose to remain seated for the duration or depart following the closing hymn.*

## LEADING THE SERVICE

PREACHER Eric Friesen  
PRESIDER The Very Rev. Douglas Michael, *dean*  
MUSICIANS Brad Barbeau, *director of music*  
The Cathedral Choir

## ASSISTING WTH THE SERVICE

READER	Gabrielle McIntire	INTERCESSOR	Irene Courage
SERVER	Derek Falkner & Gerald Courage	VERGER	Jane K. & Nancy Legacey
LAY MINSTERS	Gerald Courage & Eric Friesen	SIDESPEOPLE	Debbie Docherty & Brian
LIVESTREAM	Derek Falkner & Peter McCubbin		Hinchey

### Next Week's Service Schedule

Midweek Eucharist | Wednesday, 12:15pm

Coventry Litany of Reconciliation | Friday, 12:00pm

**The Fourth Sunday after Epiphany | Sunday, February 1**  
**8am Said Eucharist | 10:30am Choral Eucharist**

Captain The Rev. Claire Bramma, *presider*

The Very Rev Douglas Michael, *preacher*

Micah 6:1-8; Psalm 15; 1 Corinthians 1:18-31; Matthew 5:1-12

### Support the Cathedral

The work of this Cathedral is made possible entirely through the support of individuals like you. If you are able, please consider donating as the plate is passed, by visiting [www.stgeorgescathedral.ca](http://www.stgeorgescathedral.ca), or by using the debit/credit card 'tap' machine in the narthex. Thank you for your generosity.

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