



# Leader: Welcome to Holy Hermits Online Worship

## 3<sup>rd</sup> Sunday after Epiphany

### Today, we remember Holy Hermit St Anthony the Great

Prep: 22/01/2026 Proofed: 22/01/2026

Service Prep: Lauren

Music: Lauren

Proof-reader: Chris

Broadcaster: Barry

Backup Broadcaster: Lauren

Zoom Buttons: Viki

Chat Host: Rachel

Welcomer: Julie

Priest: N/A

Deacon: Lauren

Leader: Jeremy

Cantor: Margo

First Reader: Helen

Second Reader: Vanessa

Preacher: Flashback

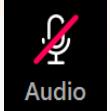
Fellowship: Julie

Safety Officer: Chris/Julie

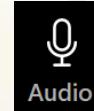
Attendance: Rachel

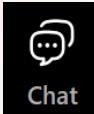
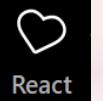
# Hospitality

Leader:

Please mute  **Audio** for the service unless invited to offer your voice as part of the service ministry  **Video**

Have the video camera  **Video** on or off and turn the volume and brightness up or down on your device if things are too loud   or too bright  

Our Cantor acts as our voice,  **Audio** offering the responses, in **Bold Text**, which we say together

Feel welcome to use the chat  **Chat** and reaction emojis   **React**

 Please take care of yourself in this space.  Come and go as you need  **Leave**

 It is great to take rest in this space, so falling asleep is also OK 

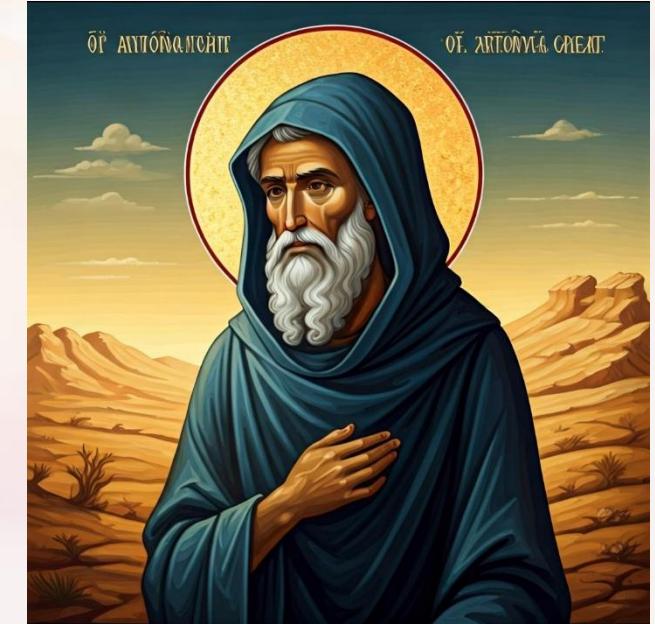
 Remember, pastoral care is available to all in the community, if you'd like to speak to someone about anything spiritual.  Visit the [help page](#) at the website to reach out 

Our **Being Together** ethos and safeguarding practices can also be accessed on the website 

 Come as you are - we are all here together! 

## Leader: Our Holy Hermit Highlights for today

St Anthony the Great, born in 251 to a wealthy Egyptian family, gave up his fortune to live in the desert, seeking spiritual purity and battling temptation. His extreme devotion inspired many, leading to the formation of a monastic community and earning him the title "father of monasticism". His life story, chronicled by St Athanasius, became highly influential, while his teachings contributed to the sayings of the Desert Fathers and Mothers, shaping Christian monastic tradition.



Read more about  
[St Anthony the Great](#) please click  
the link on the  
send out

# *Invitation*

**Leader:** As we settle into worship let your breath be soft, your mind be still, and your heart be open to the presence of God.

**Ringing Church Bells:**

<https://www.youtube.com/watch?v=to35u8KbWis>

Leader and Cantor unmute

## The Greeting

Leader:

The Grace of the lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

All: And also with you.

## Gathering Prayer

**Leader:** Move outwards: towards the light that is coming.

Move outwards: as God gathers all the nations.

Move outwards: beyond your comfort zone and respond to God's call.

**All:** God of light,

bringing joy and freedom to all nations.

Gather us to yourself,

call us to the light of your presence

and help us to shine outwards so that others can see your light.

Amen.

## Sentence

**Leader:** I invite our Cantor to proclaim the sentence for today.

**Cantor:**

Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

Matthew 4.23

# Prayer of Approach

**Leader:** We pray the prayer of approach together

**All:** God of all that is good,  
we have all taken different routes to get here,  
we all have different stories to tell.  
We all carry different burdens, different people in our hearts.  
We all have different needs and face different challenges,  
but together we come to you to be inspired by your word,  
to sing our songs of praise, to move beyond our limitations,  
to grow in the likeness of your Son, Jesus Christ,  
in whose name we pray.

Amen.



# Our First Hymn is

## When I Needed a Neighbour

<https://www.youtube.com/watch?v=B7a7LdgRh-k>

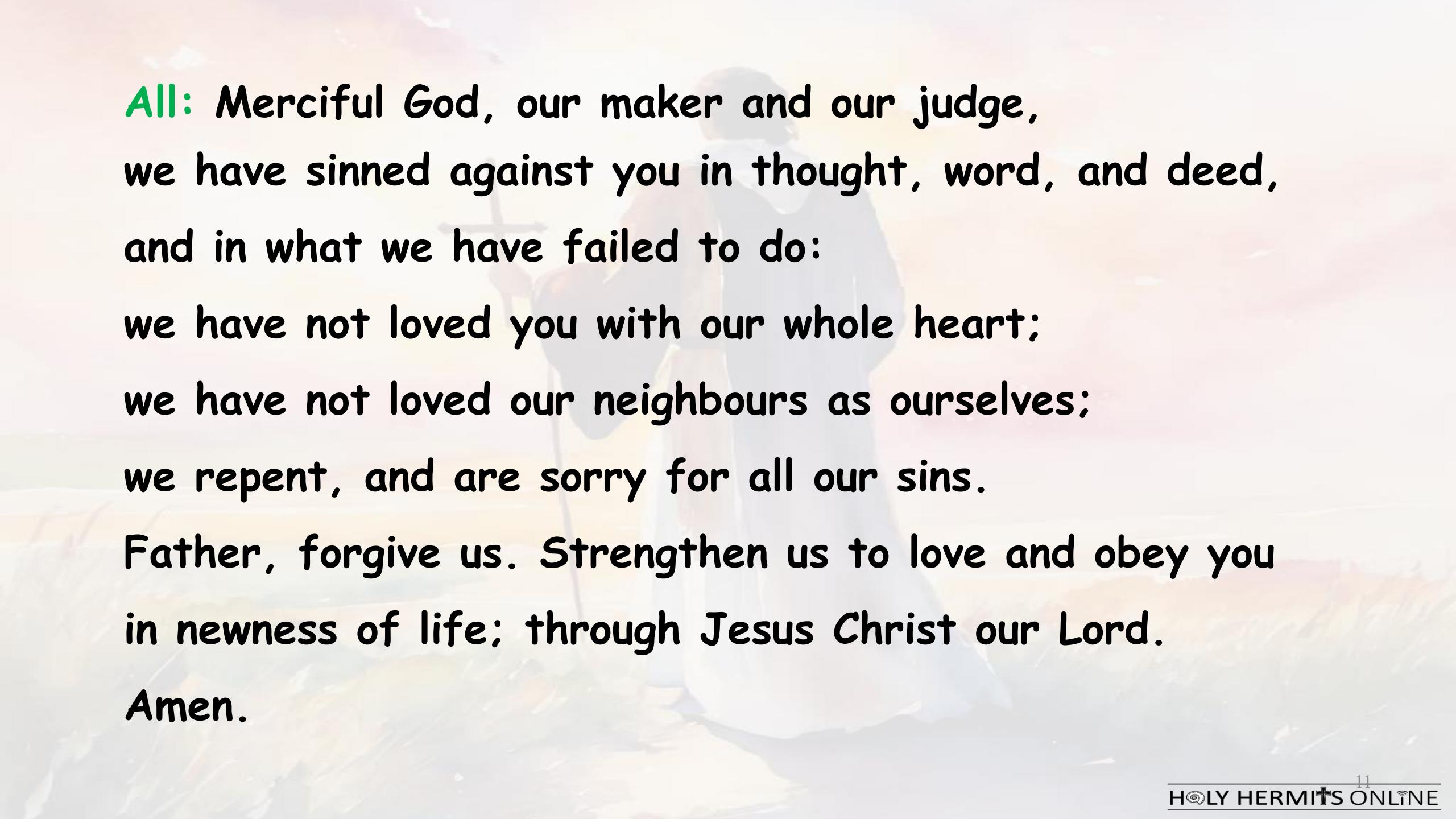
We stay on mute  
Leader and Cantor mute

## *The Deacon or LA Introduces Confession*

Christ the Son of God has been revealed as a light to the nations.

*Silence may be kept...*

Let us bring our darkness to his light, confessing our sins in penitence and faith.



All: Merciful God, our maker and our judge,  
we have sinned against you in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us. Strengthen us to love and obey you  
in newness of life; through Jesus Christ our Lord.  
Amen.

## *Words of Assurance offered by the Deacon or LA*

These words of assurance from the First Letter of John declare that:

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the perfect offering for our sin, and not for ours only, but for the sins of the whole world.

(1 John 2: 1-2)

In this is love, not that we loved God, but that he loved us and sent his Son to be the perfect offering for our sins.

(1 John 4:10)

## Collect

Leader: O God,  
the strength of all those who put their trust in you:  
mercifully accept our prayers,  
and because through the weakness of our mortal nature  
we can do nothing good without you,  
grant us the help of your grace,  
that in keeping your commandments  
we may please you both in will and deed;  
through Jesus Christ our Lord. Amen.

The 1st reader unmutes

Leader: I invite the 1st reader to unmute and offer the 1st lesson when ready.

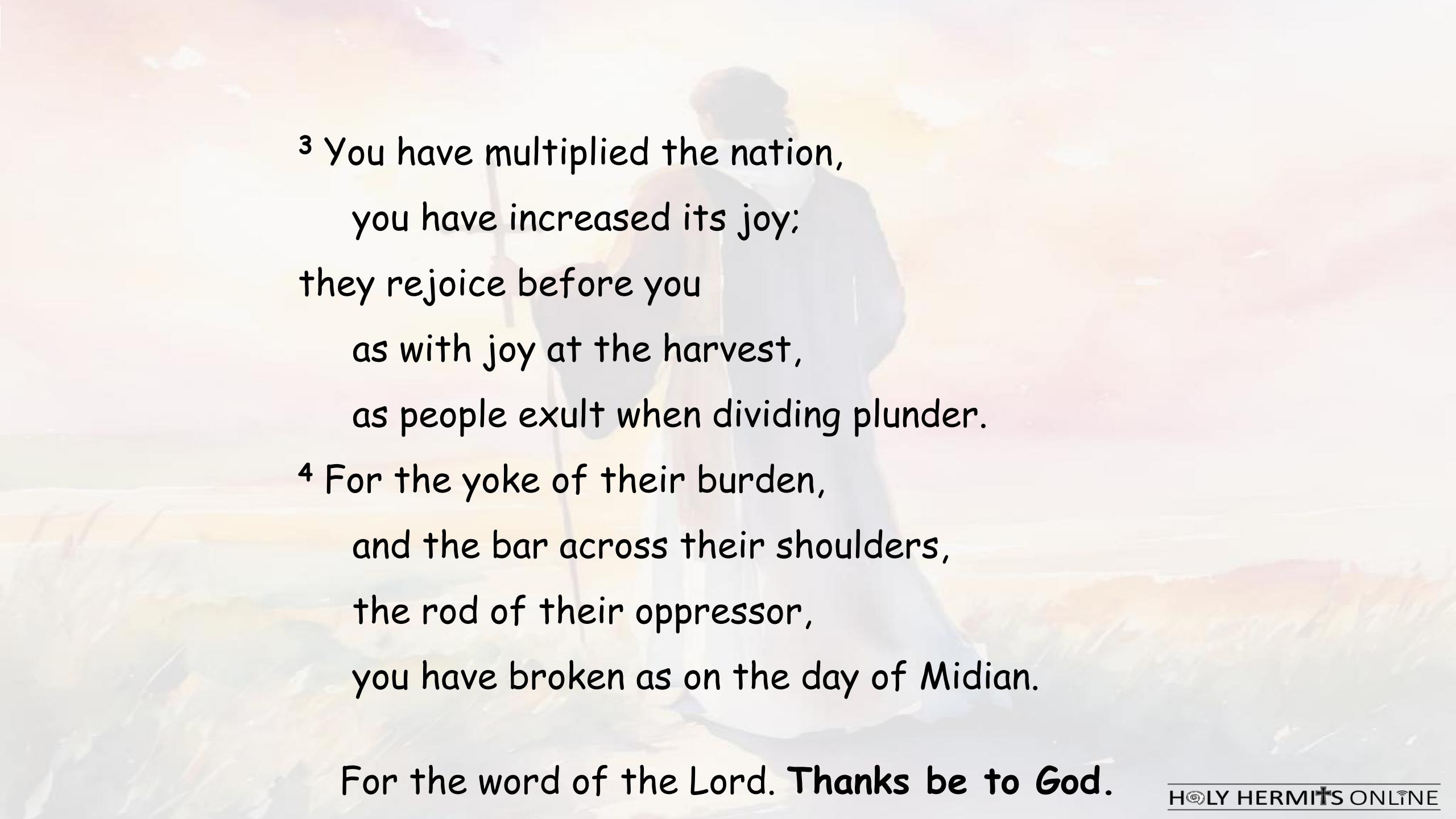
Reader 1: The 1<sup>st</sup> Reading is from Isaiah 9.1-4

<sup>1</sup> But there will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations.

<sup>2</sup> The people who walked in darkness

have seen a great light;  
those who lived in a land of deep darkness—  
on them light has shined.

Continues...



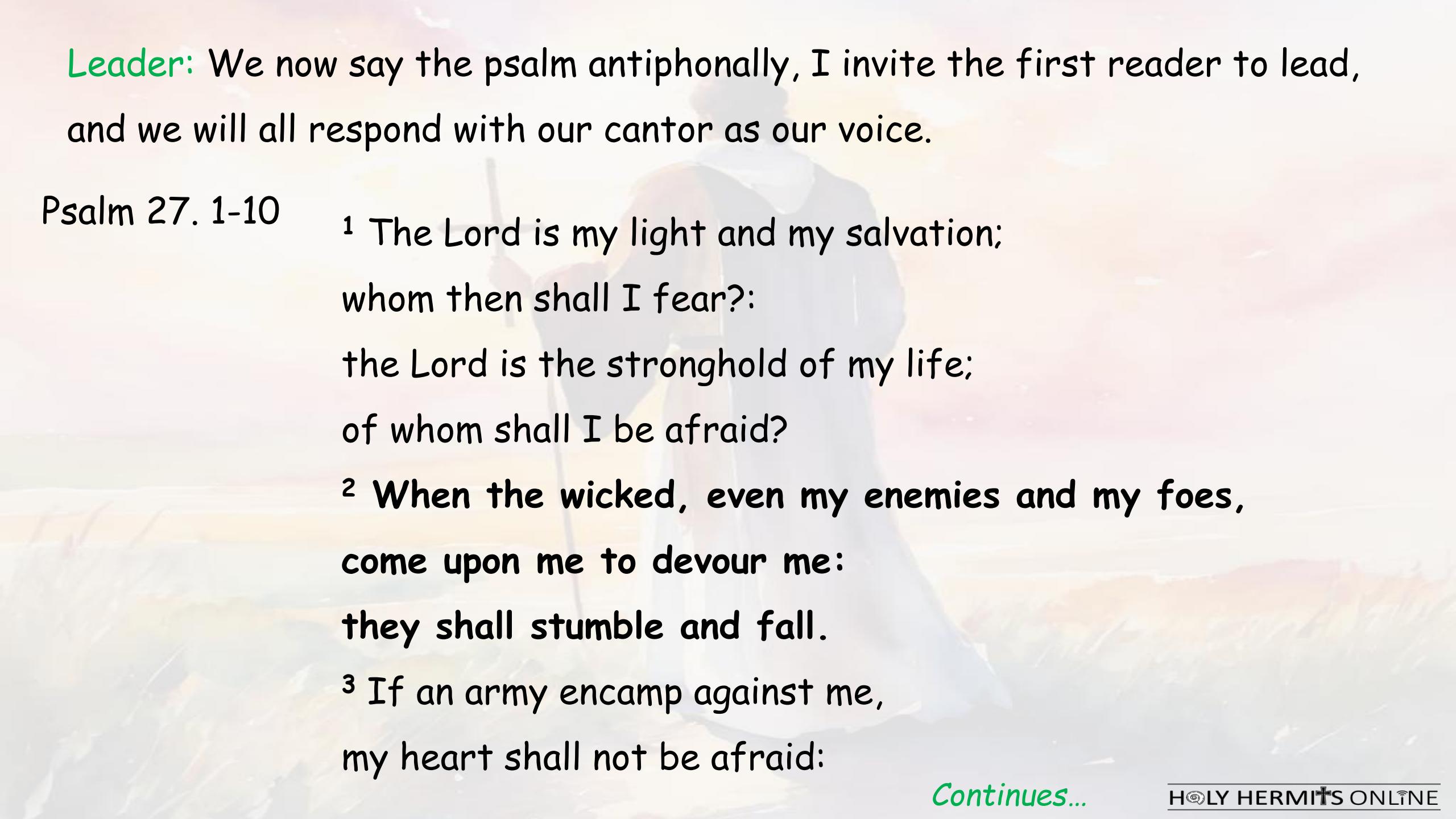
3 You have multiplied the nation,  
you have increased its joy;  
they rejoice before you  
as with joy at the harvest,  
as people exult when dividing plunder.

4 For the yoke of their burden,  
and the bar across their shoulders,  
the rod of their oppressor,  
you have broken as on the day of Midian.

For the word of the Lord. Thanks be to God.

**Leader:** We now say the psalm antiphonally, I invite the first reader to lead, and we will all respond with our cantor as our voice.

Psalm 27. 1-10

A person in a dark hooded cloak stands in a field of tall grass, looking towards the horizon. The background is a soft-focus landscape with rolling hills under a clear sky.

- 1** The Lord is my light and my salvation;  
whom then shall I fear?:  
the Lord is the stronghold of my life;  
of whom shall I be afraid?
- 2** When the wicked, even my enemies and my foes,  
come upon me to devour me:  
they shall stumble and fall.
- 3** If an army encamp against me,  
my heart shall not be afraid:

*Continues...*

and if war should rise against me, yet will I trust.

<sup>4</sup> One thing I have asked from the Lord,  
which I will require:

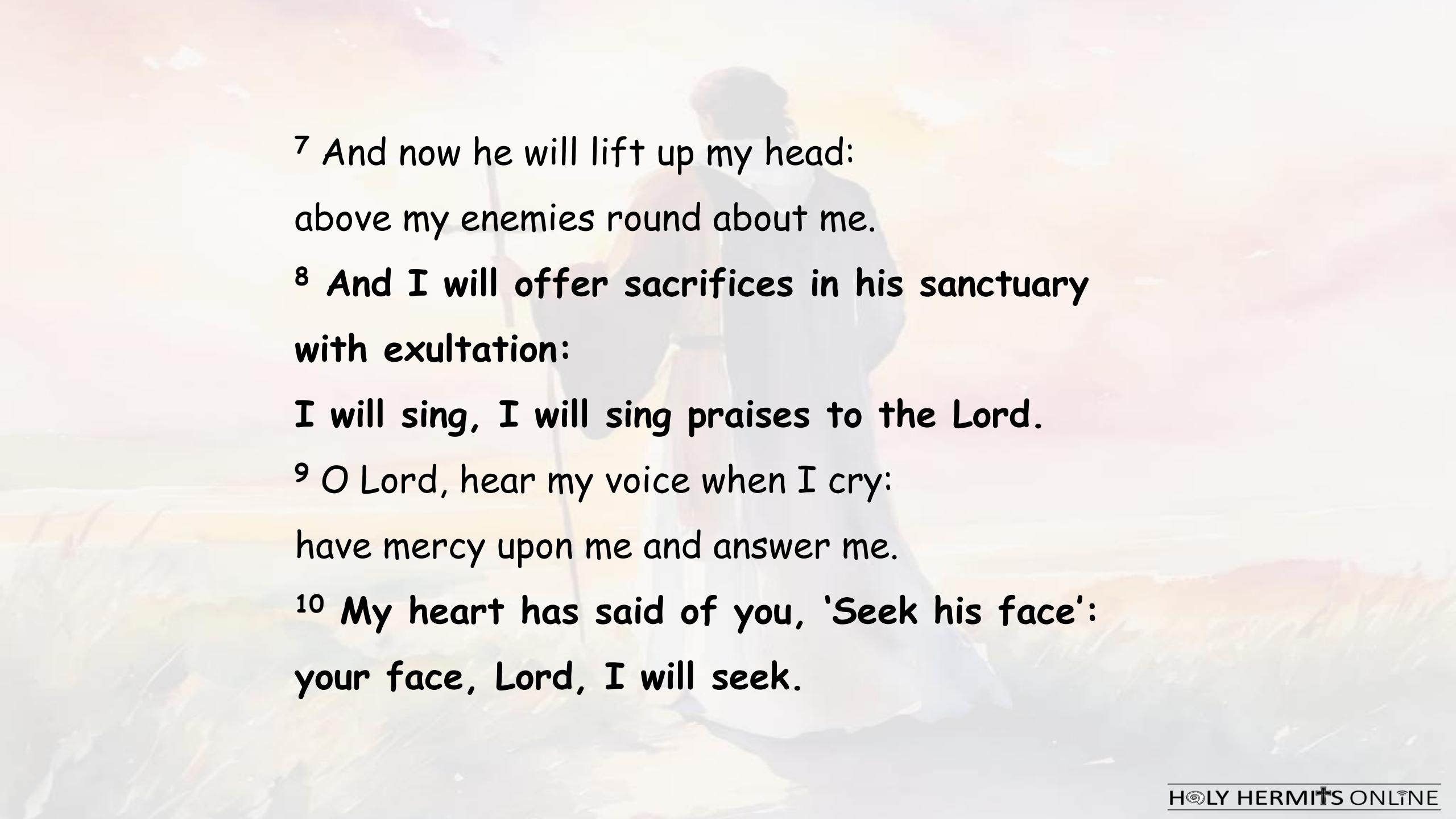
that I may dwell in the house of the Lord  
all the days of my life,

<sup>5</sup> To see the fair beauty of the Lord:  
and to seek his will in his temple.

<sup>6</sup> For he will hide me under his shelter  
in the day of trouble:  
and conceal me in the shadow of his tent,  
and set me high upon a rock.

*Continues...*

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7 And now he will lift up my head:  
above my enemies round about me.

8 And I will offer sacrifices in his sanctuary  
with exultation:

I will sing, I will sing praises to the Lord.

9 O Lord, hear my voice when I cry:  
have mercy upon me and answer me.

10 My heart has said of you, 'Seek his face':  
your face, Lord, I will seek.

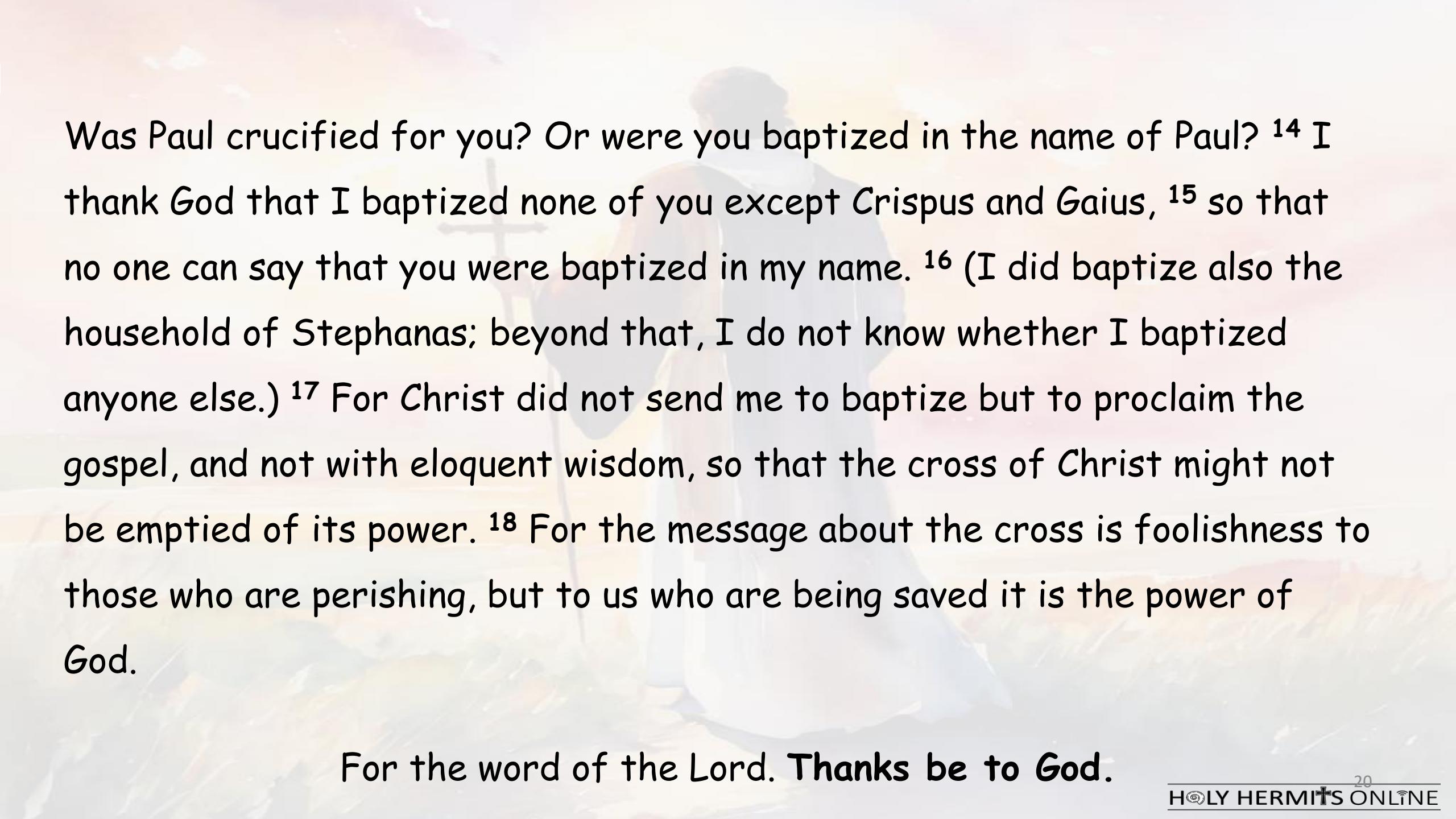
## The 2nd reader unmutes

Leader: Thank you, I invite the 2nd reader to unmute and offer the 2nd lesson when ready.

Reader 2: The 2<sup>nd</sup> Reading is from 1 Corinthians 1.10-18

<sup>10</sup> Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you should be in agreement and that there should be no divisions among you, but that you should be united in the same mind and the same purpose. <sup>11</sup> For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. <sup>12</sup> What I mean is that each of you says, 'I belong to Paul', or 'I belong to Apollos', or 'I belong to Cephas', or 'I belong to Christ.' <sup>13</sup> Has Christ been divided?

Continues...



Was Paul crucified for you? Or were you baptized in the name of Paul? <sup>14</sup> I thank God that I baptized none of you except Crispus and Gaius, <sup>15</sup> so that no one can say that you were baptized in my name. <sup>16</sup> (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) <sup>17</sup> For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power. <sup>18</sup> For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

For the word of the Lord. Thanks be to God.



We pause before  
the Gospel

The Gospel of our Lord Jesus Christ according to St Matthew Chapter 4 beginning at the 12<sup>th</sup> verse. All: Glory to you Lord Jesus Christ

<sup>12</sup> Now when Jesus heard that John had been arrested, he withdrew to Galilee.

<sup>13</sup> He left Nazareth and made his home in Capernaum by the lake, in the territory of Zebulun and Naphtali,

<sup>14</sup> so that what had been spoken through the prophet Isaiah might be fulfilled:

<sup>15</sup> 'Land of Zebulun, land of Naphtali,

on the road by the sea, across the Jordan, Galilee of the Gentiles—

<sup>16</sup> the people who sat in darkness

have seen a great light,

and for those who sat in the region and shadow of death

light has dawned.'

Continue...

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<sup>17</sup> From that time Jesus began to proclaim, 'Repent, for the kingdom of heaven has come near.'

<sup>18</sup> As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the lake—for they were fishermen.

<sup>19</sup> And he said to them, 'Follow me, and I will make you fish for people.'

<sup>20</sup> Immediately they left their nets and followed him.

<sup>21</sup> As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them.

*Continues...*

<sup>22</sup> Immediately they left the boat and their father, and followed him.

<sup>23</sup> Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

<sup>24</sup> So his fame spread throughout all Syria, and they brought to him all the sick, those who were afflicted with various diseases and pains, demoniacs, epileptics, and paralytics, and he cured them.

<sup>25</sup> And great crowds followed him from Galilee, the Decapolis, Jerusalem, Judea, and from beyond the Jordan.

This is the gospel of the Lord. All: Praise to you Lord Jesus Christ.

A still life arrangement on a wooden surface. In the center is an open, antique-style book with aged, yellowish pages. To the left of the book is a clear glass vase containing a bouquet of colorful flowers, including red, pink, and yellow blossoms. To the right of the book is a tall, thin pillar candle in a glass holder, with a smaller, wider candle to its right. The background is dark, with a window visible in the distance, allowing some light to illuminate the scene.

We pause  
after the Gospel



**Leader:** The Sermon is a Flashback sermon.

- Leader and Cantor mute
- Broadcaster exits screenshare

# Flashback Sermon

## Repent! About Turn

<https://www.youtube.com/watch?v=t-R5kbbecdk>



Leader unmutes

Our next Hymn is

I Will Make You Fishers Of Men

<https://www.youtube.com/watch?v=HT-fry-aRos>

We stay on mute  
Leader mutes

The Leader and Cantor unmute

## *The Greeting of Peace*

**Leader:** We are the body of Christ

**All:** God's Spirit is with us

**Leader:** The peace of the Lord be always with you.

**All:** And also with you.

**Leader:** A sign of peace may be exchanged

You may like to type 'Peace' into the chat, use the 'raise hand' or other reaction buttons, or just simply wave via the screen with your video turned on

(Broadcaster exits shared screen for a few moments for the exchange of peace)

# Prayer of Thanksgiving before Intercessions

**Leader:** As we enter prayer, I invite the second reader to unmute to lead our intercessions which follow the prayer of thanksgiving. Please feel free to change your body position as you need.

Continue...

# Prayer of Thanksgiving before Intercessions

**Leader:** Fearless God, how wonderful is your presence with us,  
as you move us outwards -  
from sorrow to joy: **day by day**;  
from challenge to opportunity: **day by day**;  
from darkness to light: **day by day**;  
from oppression to freedom: **day by day**;  
from gloom to glory: **day by day**;  
from fear to fulfilment: **day by day**.  
Through the power of your Holy Spirit.  
**Amen.**

## Intercessions

Reader 2: We pray for creation and communities we share our lives with. We pause for a few moments to name either in our hearts, or out loud, or in the chat, those environments and communities we bring to the Lord in prayer.

PAUSE...

We entrust to you the community of Holy Hermits Online and our ministry partners:

St John's Cathedral Brisbane

The Anglican Diocese of Southern Queensland

St Gabriel's, Carindale

Benedictus Contemplative Church, Canberra

Anglican Focus and

Tithe.ly

Prosper the work of our hands and show us the way to your new creation.

Creator God, Hear our prayer.

**Reader 2:** Loving Creator, we entrust to you all animals, especially those who are sick, anxious, ageing, lost, at risk, lonely, sad, hungry, in pain, homeless, abused, living in fear, encountering violence of any kind, in need of comfort, rehabilitation or transformation.

We invite your loving compassion for:

Jasmine,  
Leese(y),  
Sid, Toots & Lulu

Polly and Suki

Fred, George & Percy

Koshka

Jax

Lambert  
Kala, Nigel & Little One  
Toby  
Taco  
Paddy  
Rosie



We name in our hearts, out loud or in the chat,  
the animals we bring to the Lord in prayer. **PAUSE...**

Reader 2: Eternal Trinity of Love, we uphold to you the people we love and carry  
cares for:

Kerry, Les & Jake  
Julie, Ray, Tracey &  
Shane  
Mark, Desley & Bob  
Rachel, Mervyn & Gillian  
Rev'd Shane & Janette  
Alecia, Martin & Aidan  
Steven & Vanessa

Barry  
Dr Julie  
Ruth  
Phil  
May  
Susan  
Tanya  
Craig  
Neva

Bill & Marjorie  
Aaron & Andrea  
Dilys & Tony,  
Paul & Darhon  
Judy & Mary  
Bob & Di  
Pat & Julie  
Miriam  
Gayanne

Kirsten, Greg,  
Daphne & Beau  
Alan & Gaylene  
Jess & Leah  
Bonnie & girls  
Liz's Godchildren  
Barry & Gwen  
Matthew & Nicholas

We name in our hearts, out loud or in the chat, those we bring to the Lord in  
prayer. PAUSE... We entrust to you those who have died, those who have died  
peacefully and those who have died tragically, The old and the young. Receive  
them into your Kingdom. Lord in your mercy, Hear our prayers. Amen.

## Pray Daily Cycle of Prayer

**Leader:** Loving God, joining with the Church in our cycle of prayer, we ask your blessings on:

- The Diocese of Sydney - The Anglican Church of Australia
- The Parish of Logan: Geoff, Robyn, Ian, Peter, Carol, Dianne, Mary, Peter
- Anglicare SQ Symes Thorpe Residential Aged Care - Toowoomba

## Commitment prayer for the week: People in need

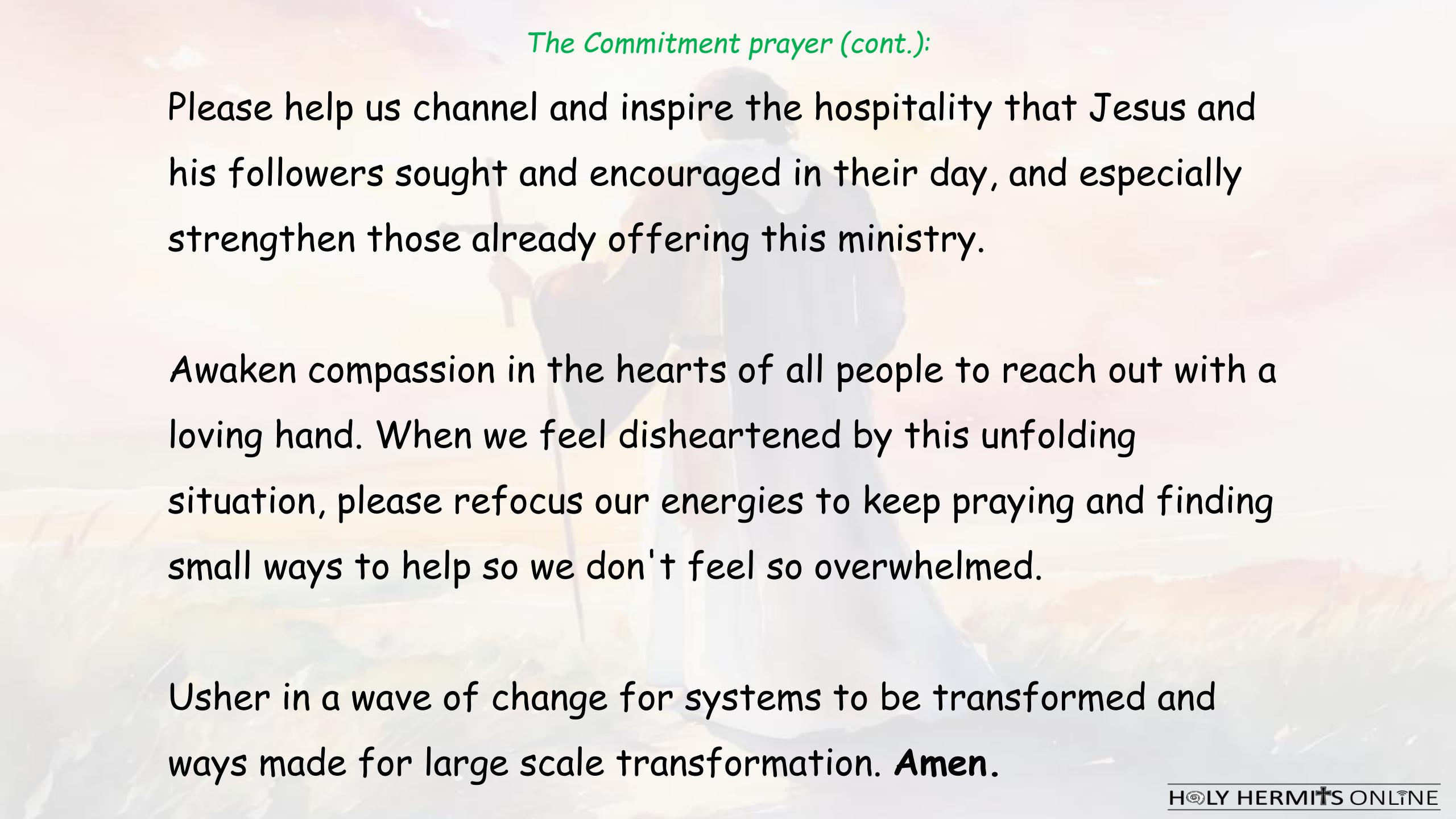
God who gives shelter, we give thanks for opportunities to offer support and prayers for those that are struggling at this time to put a permanent roof over their heads and to shelter those they love.

Please shine a light on homelessness for the people and animals experiencing this and provide a way for homes to be found and others to help, especially governments and churches.

Please protect all living rough and give safety and security to families and young people, and those who are supporting them.

[Continue...](#)

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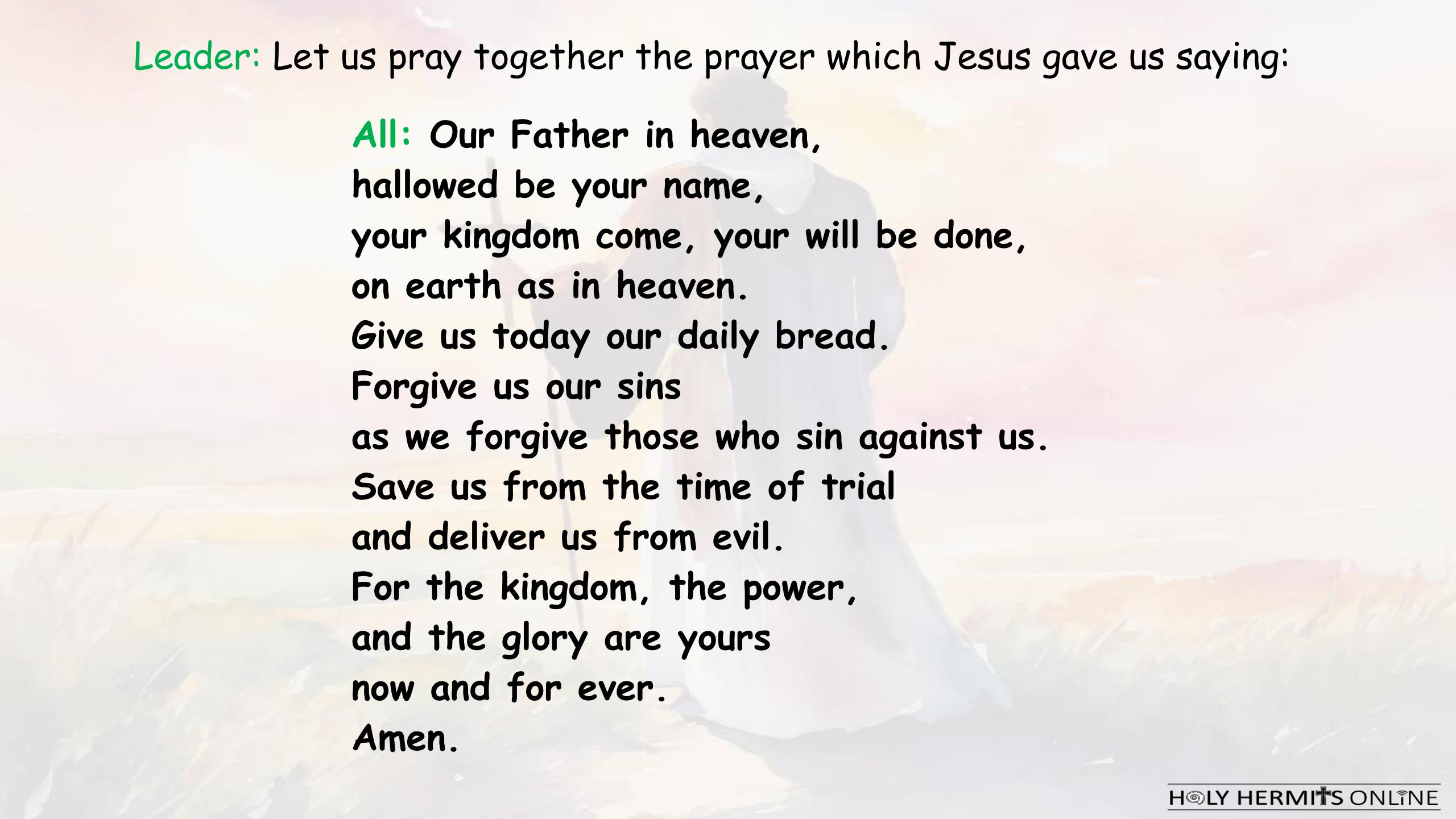


*The Commitment prayer (cont.):*

Please help us channel and inspire the hospitality that Jesus and his followers sought and encouraged in their day, and especially strengthen those already offering this ministry.

Awaken compassion in the hearts of all people to reach out with a loving hand. When we feel disheartened by this unfolding situation, please refocus our energies to keep praying and finding small ways to help so we don't feel so overwhelmed.

Usher in a wave of change for systems to be transformed and ways made for large scale transformation. Amen.



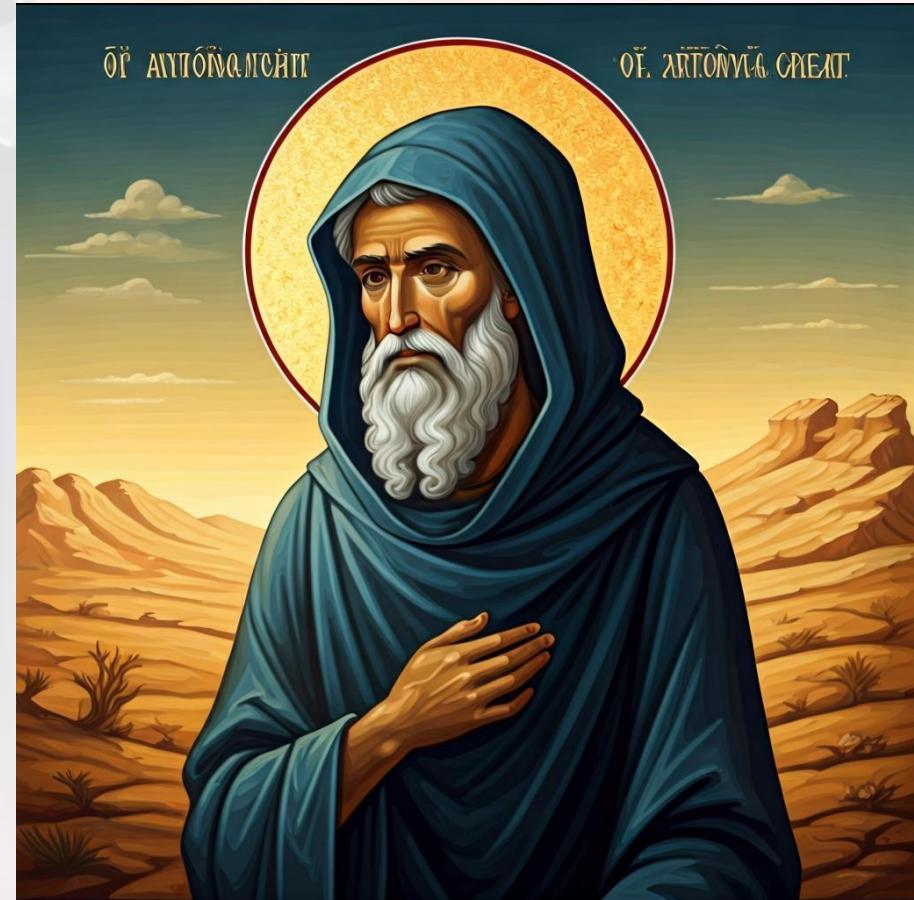
Leader: Let us pray together the prayer which Jesus gave us saying:

All: Our Father in heaven,  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.

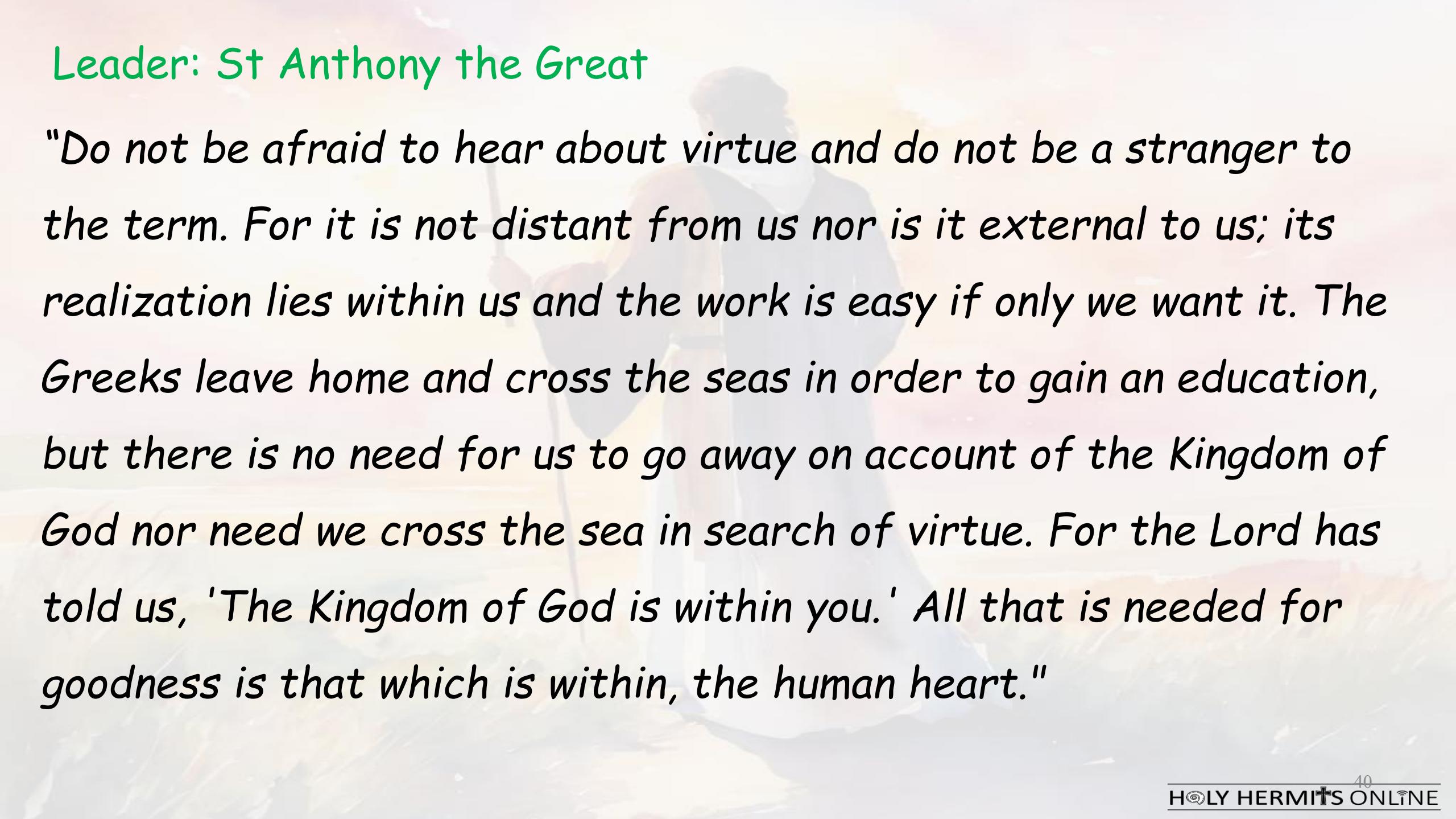
A hermit in a dark cloak with a white hood and a staff with a cross, standing in a field of tall grass under a cloudy sky.

# Devotions

# Hermit Wisdom



## Leader: St Anthony the Great



"Do not be afraid to hear about virtue and do not be a stranger to the term. For it is not distant from us nor is it external to us; its realization lies within us and the work is easy if only we want it. The Greeks leave home and cross the seas in order to gain an education, but there is no need for us to go away on account of the Kingdom of God nor need we cross the sea in search of virtue. For the Lord has told us, 'The Kingdom of God is within you.' All that is needed for goodness is that which is within, the human heart."

**Leader:** As we enter a few minutes of silence together, you are invited to pray this prayer of adoration and/or spend this time in contemplation.

The Spiritual Communion prayer follows on the next slide. Let us be still.

**Leader and Cantor Mute.**

God's light brings freedom.

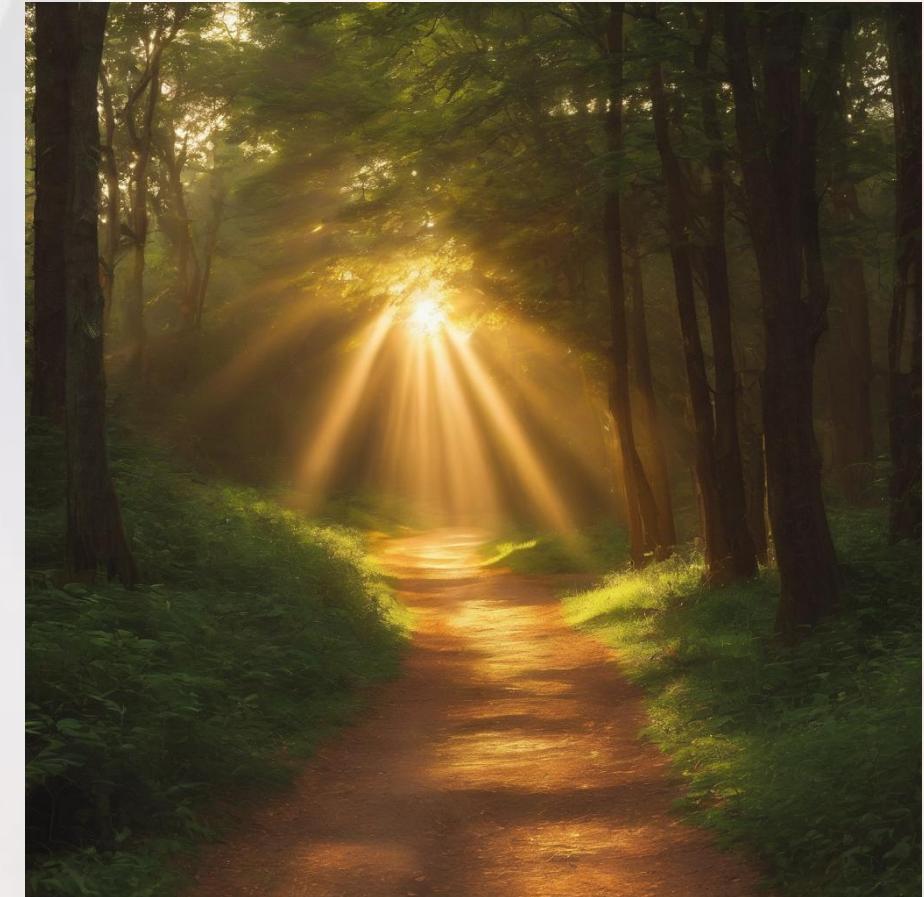
God's light brings joy.

God's light brings us together.

God's light moves us outwards to others.

God's light is for everyone.

Amen.



Oh, my Lord Jesus I turn to you present at the Altar and in the Tabernacle. I believe that you are present in the Holy Sacrament of your most Sacred Body and Blood. I love you above all things and I desire to receive you into my Soul. I cannot at this moment receive you Sacramentally in Holy Communion. Come spiritually into my heart. Purify it, Sanctify it. Render my heart like your own heart. I embrace you as if you were already there and unite myself wholly with you. Never permit me to be separated from you. Lord, I am not worthy to receive you, but only say the word and I shall be healed. Amen

## Making a Spiritual Communion (Prayed in silence)



A person in a monk's habit holding a cross, standing in a field with a cloudy sky.

Leader unmutes

Our final song is

**Go Forth And Tell!**

<https://www.youtube.com/watch?v=XNyDd9qtuk0>

We stay on mute  
Leader and Cantor mute

Leader and cantor unmute

## *Sending Prayer*

Leader: We pray our sending prayer together.

All: God of light,

keep us faithful as light-bearers.

Help us to keep our focus on you and then outwards to others.

Be with us as we move outwards beyond our comfort zone.

Help us, like the fishermen, to leave behind the familiar and  
safe

and move into your light with freedom and joy.

Amen.

## The Benediction

**Leader:** Let us all invite God's blessings together,

**All:** May the Lord bless us and keep us.

May the Lord's face shine upon us and be gracious to us.

May the Lord's countenance be lifted upon us,

and bring us peace. Amen

# Notices

- Sabbath January continues this week, a time of slowing down and refreshing.
- Next Sunday: [Companion Animal Ministry Workshop](#) @ 11:30am
- Rev'd Canon Jess will be leading a [Lenten study](#) for 6 weeks, more information to come
- See HHO Events page for further upcoming events [HHO Events](#) especially at the Cathedral online

Leader: Thank you for your regular gifts to this ministry. Offerings are most welcome via:

- The HHO App
- Direct Debit
- International Direct Debit
- Please consider a one-off donation or leaving a legacy in your Will



For further information go to HHO give page

<https://holyhermits.com.au/give>



Serving next week  
Sunday 1<sup>st</sup> February  
9:00 am AEST

Service Prep: Paul

Music: Paul

Proof-reader: Viki

Broadcaster: Lauren

Backup Broadcaster:  
Barry

Zoom Buttons: Paul

Chat Host: Viki

Welcomer: Chris

Priest: N/A

Deacon: Lauren

Leader: Jeremy

Cantor: Roselyn

First Reader: Phil

Second Reader: Bob

Preacher: Lauren

Fellowship: Julie

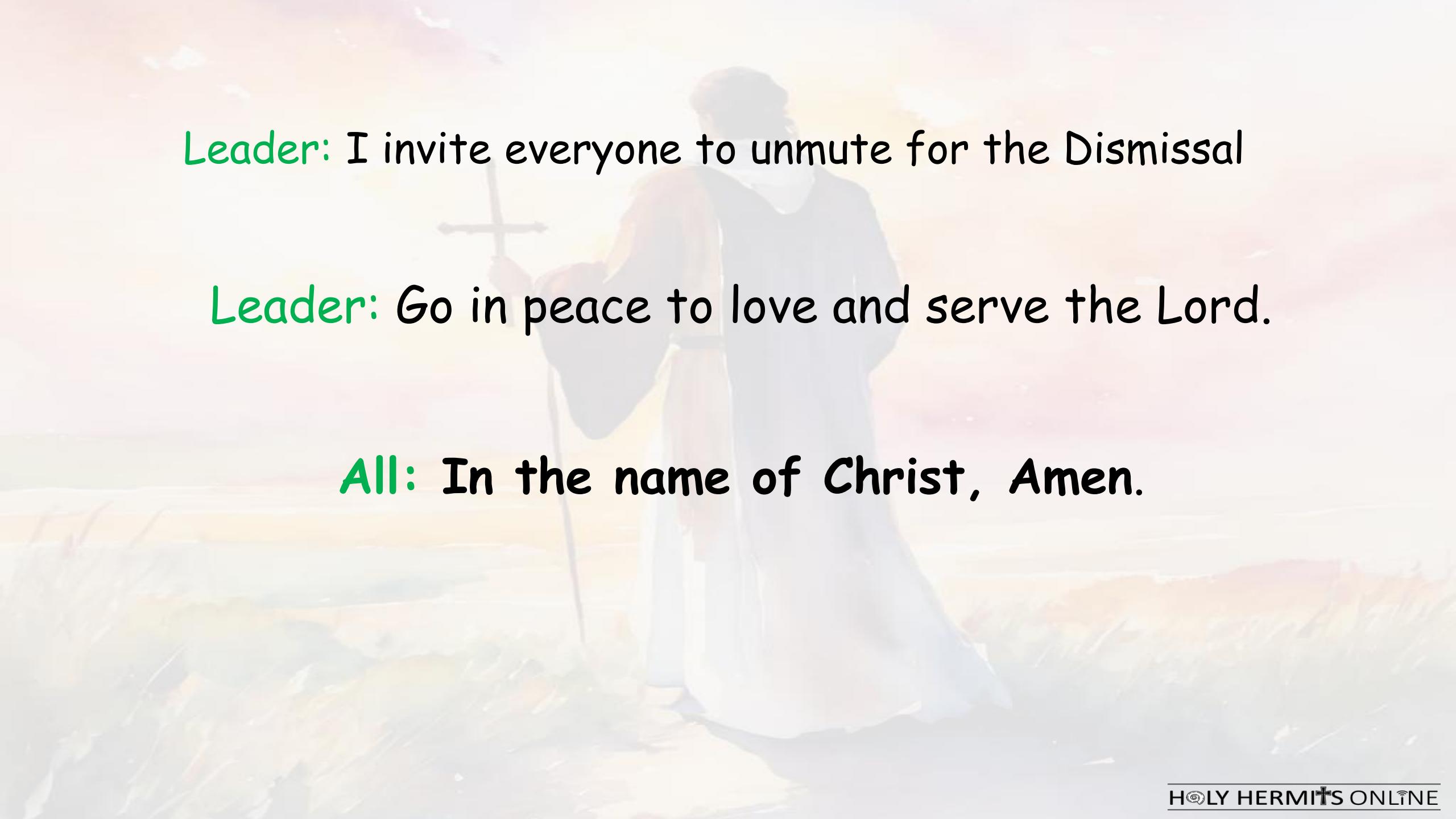
Safety Officer: Chris

Attendance: Viki

Thank you for your ministry gifts

New Servers always welcome!

Please email Rev'd Lauren to get involved  
[holyhermits@anglicanchurchsq.org.au](mailto:holyhermits@anglicanchurchsq.org.au)

A person in a dark, monastic-style robe walks towards a bright, hazy horizon. A simple wooden cross stands on a pole in the background. The scene is bathed in warm, golden light, suggesting a sunrise or sunset. The person's face is partially obscured by shadow.

**Leader:** I invite everyone to unmute for the Dismissal

**Leader:** Go in peace to love and serve the Lord.

**All:** In the name of Christ, Amen.

# Fellowship time

Thank you, Julie for  
leading Fellowship

Please feel welcome to  
linger or pop a message in  
the chat and head off  
when you are ready.

Extra resources developed  
by Roots on the Web

Artwork by Padlet

