

Week of Prayer for Christian Unity

*There is one body
and one Spirit,
just as you were called
to one hope*

Ephesians 4:4



the Parish of St. Dunstan

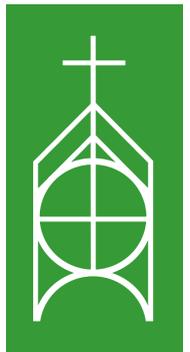
on the traditional lands of the Sto:lo People

Presider: Rev. Clarence Li

Preacher: Rev. Helen Tervo

January 25, 2026

Third Sunday after the Epiphany



Welcome!

This is a diverse and safe congregation for people wherever they are on their journey with Christ. We are an inclusive church which means we celebrate women in leadership, children at the Eucharist and welcome 2SLGBTQ+ people to participate fully in the life of the community.

This morning in worship...

Gathering the Community

The Lord is My Light, *Taize*

Gathering Prayer

In Christ There is No East or West, *CP 484*

Collect of the Day

Proclaiming the Word

The Book of Isaiah (9:1-4)

Psalms 27:1, 5-13

Paul's First Letter to the Corinthians (1:10-18)

O Healing River, *CP 578*

The Gospel according to Matthew (4:12-23)

Sermon and the Affirmation of Faith

The Prayers of the People

Confession & Absolution,

The Peace & the Offering

Longing for Light, *Bernadette Farrell*

Holy Communion

Confitemini Domino, *CP 402*

Don't Be Afraid, *John Bell*

Christ Has No Body, *W.C. Warner*

Sending the Community

The Blessing

Will You Come and Follow Me, *CP 430*

For Children

The children's table is open. If you are interested in helping grow this ministry, please talk to Rev. Li. All our volunteers and staff require a criminal record check.



Taking Communion

Everyone is welcome to receive bread and wine (or juice) at communion. There are gluten-free wafers for those who need them. Prayers for healing with anointing are offered beneath the cross.

Coffee Hour

Please join together for coffee and refreshment following the service.

Ways to Donate

We offer a variety of ways to give financially to the parish including **offering envelopes**, **Pre-authorized Debit (PAD)**, **CanadaHelps** via the website, and **email transfers** to **office@st-dunstans.ca**

Financial Update as of December

	Month	Year to date
Income	47,067	297,721
Expenses	19,616	301,553
Excess/(Short)	27,451	(\$ 3,832)

Today's Scripture

Isaiah 9

In the 8th century BC the land of the Hebrews was a divided kingdom comprising Israel and Judah. A further threat was the Assyrian empire to the north. This passage holds on to the hope of a great future, centered on a Messianic hope.

1 Corinthians 1

Paul is aware of dissension between rival cliques in the Corinthian church. He appeals for unity.

Matthew 4

Capernaum city becomes the early base for Jesus' ministry in Galilee.

Next Sunday...

Fourth Sunday after the Epiphany

The Reverend Clarence Li will be presiding and preaching.

Readings: Micah 6:1-8; 1 Corinthians 1:18-31; Matthew 5:1-12

...Community Care at the Parish

Community Care Team

Offers prayer, phone calls, visits, food support, and transportation assistance. Hand-knitted Prayer Shawls are also available for anyone wanting some comfort, warmth, and a reminder of care and support. Please call the Office or speak to the Rector if you would like to receive support.

Listening Prayer

Prayer for those in crisis or need. For more information please connect with Lesley Wieler at lesleywieler@gmail.com.

Reconciliation

The minister is available to hear confession by appointment.

Weekly News or Events...

THANK YOU to Doug Tindall, Bruce Kennedy, Robert Tancock and Colin O'Neill for stripping and re-waxing the Hall floor this week!

Notice of Annual Vestry Meeting from the Wardens

St Dunstan's Annual Vestry Meeting will take place on **Sunday, February 22, 2026 at 10:45 am** following the 10 am service. Registration will begin at 9:30 am. All members of the parish are asked to attend this annual gathering where we look at our mission plan for the year, pass an operating budget to finance our ministries, and elect officers for the Parish Council.

This year Parish Council is offering an **additional Financial Information Meeting** one week before the Vestry **on February 15** following the service for parishioners who want to learn more and bring their questions about the proposed 2026 budget.

The 2025 Annual Report will be available online and for pick up in the week of February 8 to allow you time to read it over. Please bring it with you to the meeting. Everyone is invited to attend, but please note that only members sixteen years and older who have been actively involved in the parish for at least the past three months are eligible to vote at Vestry.

2025 charitable donation receipt for tax purposes will be emailed to you next week. If you did not provide us with an email, you may pick up your receipt on Sunday. If you have any questions regarding your receipt, please contact Sherry Wright by calling the office or sending an email to office@st-dunstans.ca.

Nomination for the Order of the Diocese of New Westminster (ODNW)

Nominations are now open for parish nominees to the Order of the Diocese of New Westminster (ODNW). Each parish can nominate one person to the Order. The Order was established to acknowledge lay members of the Diocese who have devoted themselves to outstanding volunteer ministry over a significant period of time. **Please contact the Rector or one of the Wardens** if you have someone you want to put forth as a parish nominee. The deadline for nominations is Thursday, April 30, 2026.

Nominations open of 2026 Parish Council: The Nomination Committee is seeking parishioners to serve the following positions:

Secretary (1), Delegate to Synod (1), Alternate Delegate to Synod (2), Member-at-Large (up to 2)

4 Please contact Jacqui Pesek if you are interested or want to learn more.

This Week for Spiritual Refreshment...

Compline Wednesdays from 9:30-10pm online
A 15 minute service of Evening Prayer

Centering Prayer Fridays at 11:30am, in person and online
20 minutes of silence and connection with God.

Lectio Fridays, from Noon to 12:30pm, in person and online
A meditative prayer practice involving reading, reflecting, responding and resting with Scripture.

Contemplative Eucharist Fridays, at 12:30pm in person
Celebrating the Lord's Supper in an intimate & reflective setting with simple chants & space to pray in silence.

Self-guided Labyrinth Walk *The grass-path labyrinth is open to walk, anytime, for a time of meditation or prayer.*

Anglican 101

A 5-part introduction to the Anglican way of following Christ

Session 2: The Place of Holy Scripture
Today, January 25, 12 noon - 1:30 pm
St. Alban's Room



Anglican
101

WHAT IN THE WORLD
IS AN ANGLICAN?

Shrove Tuesday - Feasting into Fasting

February 17, 5:30 - 7:30 pm

Join us for a Shrove Tuesday celebration with delicious pancakes, community around tables, and a time to connect with God, as we prepare our hearts for the season of Lent. Whether you're new to the tradition or have celebrated for years, all are welcome to join in! Admission by donations to the Centre for Spiritual Renewal.

Register on the parish website or at the sign up desk



Upcoming Events

Spirituality & Chronic Pain Expanding the Horizon

Saturday, February 7, 2026 10:00 am - 12:00 pm
St. Dunstan's Parish, Aldergrove



So many of us go through life experiencing pain that limits and interferes with life as we imagine it should be. Coping with chronic pain can be exhausting and isolating.

We continue our conversation and support in the many faces of pain - physical, mental, emotional, and of course, spiritual. We will also continue to talk about how we sustain relationships in the presence and limitations of pain.

You don't need to have attended the earlier session, come as you are right now. Facilitated by Helen Tervo & Clarence Li



Valentines Spaghetti Dinner

Hosted by St. Dunstan's Choir

Saturday, February 7, 2026 5:30 pm
St. Dunstan's Parish, Aldergrove



Tickets: Adult \$25 Children \$5 Available through the website or any Choir member.



Contemplative Practice & Fellowship

Saturday, February 14, 2026 9:30 - 10:30 am
St. Dunstan's Parish, Aldergrove



A monthly, in-person, contemplative gathering at the Parish of St. Dunstan's. This community meets the second Saturday morning of each month from 9:30am to noon. Suitable for experienced practitioners and those curious to explore the contemplative side of spiritual practices.

Outreach at the Parish...

Monday Fraser River Counselling at St. Dunstan's

Low-cost counseling from Trinity Western University. To connect with an intake worker call 604-513-2113.

Tuesday Aldergrove Food Bank Soup Kitchen

We cook and serve soup on the 2nd and 4th Tuesday of each month. Please call Ann Embra at 604-534-9292 to help.

Thursday Community Meal 5pm.

Many thanks to our amazing volunteers for ensuring our Community Meal continued through the summer months. This meal is at the heart of our ministry at the Parish of St. Dunstan. It is our primary way to ensure that the hungry are fed and so to exemplify the love of God through Jesus. If you would like to help with this ministry, please connect with the minister.



Alongside Hope

Anglicans and partners working for change
in Canada and around the world

For more information, please visit ALONGSIDEHOPE.ORG. There you can read all about the good work it does, current areas of need, and how you can participate.

Looking ahead: events from



THE CENTRE AT

St Dunstan

February 17 **Shrove Tuesday - Feasting into Fasting** Community Pancake Supper

February 21 **Holy Play - Creating your own Prayer Cards**

February 22 **Lenten 6-part Book Study: *Read the Bible like a Mystic***

Also check the Inter-parish Winter Program Guide online
for more events offered by other Centres across the Diocese

Weekly Devotions

Follow the Daily Office Lectionary in the Book of Alternative Services for your devotions beginning on page 47 or 66. If you do not have a Book of Alternative Services, ask the minister and they will gift you one.

Opening Prayer Pray responsory 4 on page 103.

Readings

Monday Genesis 14:1-24, Hebrews 8:1-13, John 4:43-54

Tuesday Genesis 15:1-11, 17-21, Hebrews 9:1-14, John 5:1-18

Wednesday Genesis 16:1-14, Hebrews 9:15-28, John 5:19-29

Thursday Genesis 16:15-17:14, Hebrews 10:1-10, John 5:30-47

Friday Genesis 17:15-27, Hebrews 10:11-25, John 6:1-15

Saturday Genesis 18:1-16, Hebrews 10:26-39, John 6:16-27

Prayer Litany 9 or 10 on pages 117 and 118.

Prayer of the Day Almighty God, by grace alone you call us and accept us in your service. Strengthen us by your Spirit, and make us worthy of your call; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Lord's Prayer



a parish of the
Anglican Diocese of New Westminster

Office Hours: Tuesday, Wednesday & Friday 8:30 to noon

Rector: The Rev. Clarence Li rector@st-dunstans.ca

Administrator: Sherry Wright office@st-dunstans.ca

Music Director: Carol Tindall music@st-dunstans.ca

Rector's Warden: Janette Kovacs *People's Warden:* Jacqui Pesek

Treasurer: Peter Wolfe

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ST-DUNSTANS.CA



The Parish of St. Dunstan, Aldergrove