

**Life Group Notes & Discussion Guide, January 25, 2026**

**“The One Thing”**

**“Hitting on All Cylinders”**

Sermon Text: **1 Corinthians 12:12-31**; Old Testament Text: **Psalms 28:6-9**; New Testament Text: **Philippians 2:1-11**.

Read **1 Corinthians 12:12-31** as you listen to the sermon, then answer the questions below.

1. Read **1 Corinthians 12:12**. What is the apostle Paul saying about the church (the body of Christ) in this verse?
  
  
  
  
  
  
  
  
  
  
2. Read **1 Corinthians 12:13**. How could this verse be rewritten so it demonstrated we were baptized into one body along with every other church in town?
  
  
  
  
  
  
  
  
  
  
3. Read **1 Corinthians 12:14-17**. How might these verses speak about individual attitudes within the church?
  
  
  
  
  
  
  
  
  
  
4. How might these verses speak about denominational attitudes within the body of Christ?
  
  
  
  
  
  
  
  
  
  
5. Read **1 Corinthians 12:18-20**. What truth is Paul trying to instill in the Corinthians through these verses?
  
  
  
  
  
  
  
  
  
  
6. Read **1 Corinthians 12:21-25**. What is Paul trying desperately to communicate to every member of the body of Christ?

7. What do you call a human body in which certain parts no longer function as God intended them to?
8. What do you call a church in which certain members no longer function as God intended them to?
9. Read **1 Corinthians 12:26**. How should this verse be lived out in every church and in the Church Universal?
10. Read **1 Corinthians 12:27**. If we understand this verse, what is Paul telling us?
11. Read **1 Corinthians 12:28**. What is Paul trying to communicate to the Church in this passage?
12. Read **1 Corinthians 12:29-30**. What is the answer to every question Paul asks in these two verses?
13. Read **1 Corinthians 12:31**. What is the highest gift that God gives to His people?

### **Discussion Guide for Your Life Group Meeting**

- I. At your Life Group meeting, first read **Psalm 28:6-9** aloud. It can be helpful to have several people each read one verse from their Bible. This helps people feel involved and can also introduce some interesting discussion if several translations are used. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. In **Psalm 28:6**, why is the psalmist so excited to *ble**ss** the Lord*?
  2. In **Psalm 28:7**, the psalmist declares, “*The Lord is my strength.*” What type of benefits would you expect to receive when *the Lord is your strength*?
  3. In that same verse, the psalmist declares, “*The Lord is my shield.*” What type of benefits would you expect to have in your life if *the Lord is your shield*?
  4. Can you think of examples in your life in which you’ve known *the Lord as your strength & your shield*?
  5. In **Psalm 28:7**, what does the psalmist tell us is the result of his recognizing *the Lord is his strength & his shield*?
  6. In **Psalm 28:8**, what benefit does the psalmist tell us once again the Lord gives to those who believe in Him?
  7. In the closing line of **Psalm 28:8** to whom is the psalmist referring when he refers to *his anointed*?
  8. When you read **Psalm 28:9**, on whom is King David utterly dependent?
  9. What line best exemplifies that dependence?
- II. Next read **Philippians 2:1-11**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. Read **Philippians 2:1-2**. According to **v. 1**, how much of an experience of any of these benefits Paul describes in **v. 1**, must a person have before they respond as Paul describes in **v. 2**?
  2. What does Paul understand will happen if we respond as he directs us to in **v. 2**? (Or put another way, will we experience more or less of the benefits described in **v. 1**, if we respond as directed in **v. 2**?)
  3. Read **Philippians 2:3**. What is it about doing as directed in **v. 2**, that enables us to do as directed in **v. 3**?
  4. How well would you say you do in obeying the commands found in **v. 3**?
  5. According to **v. 4**, is it wrong to look after our own interests?
  6. At what point does looking after our own interests become sinful?
  7. Read **Philippians 2:5-7**. According to **v. 5**, how do we obtain the mind to enable us to live in this manner?
  8. How do these verses effectively remove any objections we might have to putting the needs of others above our own?

9. How often do you stop to think that *Christ emptied Himself to take on the role of a servant*?
  10. How might reflecting on that truth more often, allow us to live a little more like Christ?
  11. Read **Philippians 2:8**. What do you think enabled Jesus to make such an incredible sacrifice on our behalf?
  12. What's the lesson for us in this?
  13. Read **Philippians 2:9-11**. As a believer, how frightening (awe-inspiring, terrifying, and outright scary) do you think it will be to behold Jesus at His second coming?
  14. Now, put yourself in the place of a non-believer? How terrifying do you think their experience will be?
  15. Might this truth motivate us to be more open about sharing our faith with those who don't yet know Christ? Why or why not?
- III. Read **1 Corinthians 12:12-31**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. Read **1 Corinthians 12:12**. What is the apostle Paul saying about the church (the body of Christ) in this verse?
  2. Read **1 Corinthians 12:13**. How could this verse be rewritten so it demonstrated we were baptized into one body along with every other church in town?
  3. Read **1 Corinthians 12:14-17**. How might these verses speak about individual attitudes within the church?
  4. How might these verses speak about denominational attitudes within the body of Christ?
  5. Read **1 Corinthians 12:18-20**. What truth is Paul trying to instill in the Corinthians through these verses?
  6. Read **1 Corinthians 12:21-25**. What is Paul trying desperately to communicate to every member of the body of Christ?
  7. What do you call a human body in which certain parts no longer function as God intended them to?
  8. What do you call a church in which certain members no longer function as God intended them to?
  9. Read **1 Corinthians 12:26**. How should this verse be lived out in every church and in the Church Universal?
  10. Read **1 Corinthians 12:27**. If we understand this verse, what is Paul telling us?
  11. Read **1 Corinthians 12:28**. What is Paul trying to communicate to the Church in this passage?
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