



WE ACKNOWLEDGE THAT AS A PARISH OF THE DIOCESE OF NEW WESTMINSTER,

WE GATHER ON THE TRADITIONAL AND UNSURRENDERED TERRITORY OF THE

HALQ'EMEYN-SPEAKING COAST SALISH PEOPLES, INCLUDING BUT NOT LIMITED TO THE QAYQAYT, MUSQUEUAM, KWITWETLEM, KWANTLEN, TSAWWASSEN, AND TSEIL-WAUTUTH, WE SEEK TO WALK A PATH OF RECONCILIATION & HEALING.

10 am Eucharist Epiphany 3 25 January 2026

514 CARNARVON STREET, NEW WESTMINSTER, B.C. V3L 1C4

Phone: 604 521-2511

Office: Weijin Ross

Rector: the Rev. Stephanie Shepard

Website: www.holytrinitycathedral.ca

administrator@holytrinitycathedral.ca

stephanie@holytrinitycathedral.ca

*Whether you have been a lifelong Anglican or are new to our tradition, we welcome you this morning! If you are not familiar with Anglican worship, simply allow the words, music and symbols to speak to you. Participate as fully as you feel comfortable in doing. We stand to sing and sit to listen. Some people kneel for prayer, some sit and some stand. Please do what is comfortable for you. You are invited to join in the words in **bold type**. Music for the songs is found in the blue Common Praise or green Songs for a Gospel People hymnbook in the pews.*

Prelude

Welcome

Gathering Hymn
'God, Whose Almighty Word'
Common Praise 560 (tune Moscow)

**God, whose almighty Word chaos and darkness heard,
and took their flight;
hear us, we humbly pray, and, where the Gospel's day
sheds not its glorious ray, let there be light!**

**Saviour who came to bring on your redeeming wing
healing and sight,
health to the sick in mind, sight to the inly blind,
now for all humankind, let there be light!**

**Spirit of truth and love, life giving, holy Dove,
speed forth your flight;
move on the water's face bearing the lamp of grace,
and, in earth's darkest place, let there be light!**

**Gracious and holy Three, glorious Trinity,
wisdom, love, might,
boundless as ocean's tide, rolling in fullest pride,
through the world far and wide, let there be light!**

THE GATHERING OF THE COMMUNITY

Greeting

Presider: The grace of our Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with you all.

People: And also with you.

Presider: We gather here from many places on land that is the traditional and unsurrendered territory of the Halq’emeyn-speaking Coast Salish peoples.

People: May Christ lead us on right pathways as we seek truth and reconciliation in action.

Young People's Time

The Collect of the Day

Presider: Let us pray,

**All: God of blazing light,
through the power of the cross you shattered our darkness
and set us free to live as your children.
Give us courage and conviction,
so that we may joyfully turn and follow you,
led by the light that shines
through Jesus Christ our Saviour. Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: Isaiah 9:1-4

Reader: A reading from the prophet Isaiah,

But there will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations.

² The people who walked in darkness have seen a great light; those who lived in a land of deep darkness— on them light has shined. ³ You have multiplied the nation, you have increased its joy; they rejoice before you as with joy at the harvest, as people exult when dividing plunder. ⁴ For the yoke of their burden, and the bar across their shoulders, the rod of their oppressor, you have broken as on the day of Midian.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

The Psalm: 27 (said responsively)

¹ The Lord is my light and my salvation; whom then shall I fear?*

The Lord is the strength of my life; of whom then shall I be afraid?

² When evildoers came upon me to eat up my flesh, *

it was they, my foes and my adversaries, who stumbled and fell.

³ Though an army should encamp against me,
yet my heart shall not be afraid;*

**and though war should rise up against me,
yet will I put my trust in God.**

⁴ One thing have I asked of the Lord; one thing I seek;
that I may dwell in the house of the Lord all the days of my life,*

**beholding the fair beauty of the Lord
and seeking God in the temple.**

⁵ For in the day of trouble, O God, you shall keep me safe in your shelter; *
**you shall hide me in the secrecy of your dwelling
and set me high upon a rock.**

⁶ Even now you lift up my head above my enemies round about me.
Therefore I will offer in your dwelling an oblation with sounds of great
gladness; *

I will sing and make music to the Lord.

⁷ Hearken to my voice, O Lord, when I call; *
have mercy on me and answer me.

⁸ You speak in my heart and say , “Seek my face.” *
Your face, Lord, will I seek.

⁹ Hide not your face from me, nor turn away your servant in displeasure.*
**You have been my helper; cast me not away;
do not forsake me, O God of my salvation.**

¹⁰ Though my father and my mother forsake me, *
the Lord will sustain me.

¹¹ Show me your way, O Lord; *
lead me on a level path, because of my enemies.

¹² Deliver me not into the hand of my adversaries, *
for false witnesses have risen up against me,
and also those who speak malice.

¹³ What if I had not believed that I should see the goodness of the Lord *
in the land of the living!

¹⁴ O tarry and await the pleasure of the Lord;
be strong, and God shall comfort your heart; *
wait patiently for the Lord.

The Second Reading: 1 Corinthians 1:10-18

Reader: A reading from Paul's First Letter to the Corinthians,

¹⁰ Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you should be in agreement and that there should be no divisions among you, but that you should be united in the same mind and the same purpose. ¹¹ For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. ¹² What I mean is that each of you says, 'I belong to Paul', or 'I belong to Apollos', or 'I belong to Cephas', or 'I belong to Christ.' ¹³ Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? ¹⁴ I thank God that I baptized none of you except Crispus and Gaius, ¹⁵ so that no one can say that you were baptized in my name. ¹⁶ (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) ¹⁷ For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power. ¹⁸ For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Reader: Holy Word, Holy Wisdom.

All: **Thanks be to God.**

Gospel Hymn
'Jesus Calls Us O'er the Tumult'
Common Praise 432 (tune St. Oswald)

**Jesus calls us! O'er the tumult
of our life's wild restless sea,
Day by day his sweet voice soundeth,
saying "Christian, follow me!"**

**As of old Saint Andrew heard it
by the Galilean lake,
Turned from home and toil and kindred,
leaving all for his dear sake.**

**Jesus calls us from the worship
of the vain world's golden store,
From each idol that would keep us,
saying "Christian, love me more."**

The Gospel: Matthew 4:12-23

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: Glory to you, Lord Jesus Christ.

¹² Now when Jesus heard that John had been arrested, he withdrew to Galilee. ¹³ He left Nazareth and made his home in Capernaum by the lake, in the territory of Zebulun and Naphtali, ¹⁴ so that what had been spoken through the prophet Isaiah might be fulfilled: ¹⁵ 'Land of Zebulun, land of Naphtali, on the road by the sea, across the Jordan, Galilee of the Gentiles— ¹⁶ the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned.' ¹⁷ From that time Jesus began to proclaim, 'Repent, for the kingdom of heaven has come near.'

¹⁸ As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the lake—for they were fishermen. ¹⁹ And he said to them, 'Follow me, and I will make you fish for people.' ²⁰ Immediately they left their nets and followed him. ²¹ As he went

from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them.²² Immediately they left the boat and their father, and followed him.²³ Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

Reader: The Gospel of Christ.

All: **Praise to you, Lord Jesus Christ.**

Gospel Hymn (continued)

**In our joys and in our sorrows,
days of toil and hours of ease,
Still he calls in cares and pleasures,
“Christian, love me more than these.”**

**Jesus calls us! By thy mercies,
Saviour may we hear thy call,
Give us hearts to thine obedience,
serve and love thee best of all.**

Teaching

The Rev. Stephanie Shepard

The Apostle's Creed

Presider: Let us confess the faith of our baptism as we say,

All: **I believe in God, the Father almighty,
Creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the Holy Spirit
and born of the virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS OF THE PEOPLE

Leader: Let us pray to God, who has called us to holy service. To the bidding, 'Lord, in your mercy' please respond, 'hear our prayer.

Give the Church faithful leaders to win souls for Christ. We lift up those who are called to apostolic ministry, especially Archbishop of Canterbury Sarah, our Primate Shane, our Archbishop John, and the bishop of our companion diocese of Northern Philippines Benny. We thank you for priests who bless, teach, and counsel. We rejoice in those who are called to be deacons interpreting the world to the Church and the Church to the world. Empower the shared ministry of all believers, so that human love may serve divine love and make it known. Let your people never be deaf when you call them to your work, whether it is great or little. Lord in your mercy,

All: **Hear our prayer.**

Leader: May the people who sit in darkness see great light and know God's presence among them. We remember the events and places in our world that struggle with conflict, disaster, oppression, and injustice. We pray for people who are displaced, in exile, or beginning a new chapter of their lives in unfamiliar places. Enrich the skills and talents of daily labour, and open us to new service for the kingdom. Lord, in your mercy,

All: **Hear our prayer.**

Leader: Be present with our families and all households in the community. Increase our love for one another but save us from the clinging selfishness that will not share our resources with those outside of our inner circle. When we are apart from those who are dear to

us, keep us confident that we are not separated from your protecting love. Lord, in your mercy,

All: Hear our prayer.

Leader: Come close to those who have had to leave their homes and loved ones. Comfort parents who are lonely, brothers and sisters who are separated, and young people who are learning to take adult roles. Be with those who need healing, especially those whose names we lift silently or aloud... *pause here...*

As the disciples were given powers of healing, help us as we minister to all who are hurting. Lord, in your mercy,

All: Hear our prayer.

Leader: Receive into the heavenly light those who have passed through the shadow of death... *pause here...*

Healed of all their infirmity, may they rejoice with those who first heard the call of Jesus and walked with him in Galilee. Lord, in your mercy,

All: Hear our prayer.

Leader: We ask your forgiveness for the times when we did not hear your call to follow, and for the ways we have wandered from your path of righteousness. Restore us in your compassion, that our lives forward may be examples of faithful discipleship. Lord, in your mercy,

All: Hear our prayer.

Leader: May Christ, whose glory has been revealed so that we may believe, accept all our prayers.

All: Amen.

The Exchange of the Peace

Presider: May the peace of the Lord be always with you.

All: And also with you.

You are invited to share a sign of God's peace with your neighbours, respecting their comfort with distance and touch.

THE HOLY COMMUNION

Offering Hymn

‘Take Up Your Cross’

Common Praise 431 (tune Breslau)

**Take up your cross, the Saviour said,
if you would my disciple be;
Deny yourself, the world forsake,
and humbly follow after me.**

**Take up your cross, let not the weight
fill your weak soul with vain alarm;
His strength shall bear your spirit up,
and brace your heart, and nerve your arm.**

**Take up your cross, nor heed the shame,
and let your foolish pride be still;
your Lord for you endured to die
upon a cross, on Calvary’s hill.**

**Take up your cross, then, in his strength,
and calmly every danger brave;
‘twill guide you to a better home
and lead to victory o’er the grave.**

**Take up your cross and follow Christ,
nor think till death to lay it down;
for only those who bear the cross
may hope to wear the glorious crown.**

The Prayer over the Gifts

Presider: Let us pray,

All: Loving God,

Before the world began you called us.

Make holy all we offer you this day,

And strengthen us in our calling to be children of light.

We ask this in the name of Jesus Christ our Lord. Amen.

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: We give you thanks and praise, almighty God, for the gift of a world full of wonder, and for our life which comes from you. By your power you sustain the universe.

All: Glory to you for ever and ever.

Presider: You created us to love you with all our heart, and to love each other as ourselves, but we rebel against you by the evil that we do. In Jesus, your Son, you bring healing to our world and gather us into one great family. Therefore, with all who serve you on earth and in heaven, we praise your wonderful name, as we sing,

Sanctus

Common Praise 735 (tune Schubert)

All: *Holy, holy, holy Lord, God of power and might.
Holy, holy, holy Lord, God of power and might.
Heaven and earth are full, full of your glory,
Hosanna in the highest, hosanna in the highest.
Blessed is He who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest!*

Presider: We give you thanks and praise, loving Father, because in sending Jesus, your Son, to us you showed us how much you love us. He cares for the poor and the hungry. He suffers with the sick and the rejected. Betrayed and forsaken, he did not strike back but overcame hatred with love. On the cross he defeated the power of sin and death. By raising him from the dead you show us the power of your love to bring new life to all your people.

All: Glory to you for ever and ever.

Presider: On the night before he gave up his life for us, Jesus, at supper with his friends, took bread, gave thanks to you, broke it, and gave it to them, saying, "Take this, all of you, and eat it: this is my body which

is given for you.” After supper, Jesus took the cup of wine, said the blessing, gave it to his friends, and said, “Drink this, all of you: this is the cup of my blood, the blood of the new and eternal covenant, which is shed for you and for many, so that sins may be forgiven. Do this in memory of me.”

All: Glory to you for ever and ever.

Presider: Gracious God, with this bread and wine we celebrate the death and resurrection of Jesus, and we offer ourselves to you in him. Send your Holy Spirit on us and on these gifts, that we may know the presence of Jesus in the breaking of bread, and share in the life of the family of your children.

All: Glory to you for ever and ever.

Presider: Creator, you call us to be your servants; fill us with the courage and love of Jesus, that all the world may gather in joy at the table of your kingdom. We sing your praise, almighty God, through Jesus, our Lord, in the power of the Holy Spirit, now and for ever.

All: Glory to you for ever and ever. Amen.

The Lord's Prayer

Presider: In the language closest to your heart, let us pray as Jesus taught us:

You are invited to use either the traditional or contemporary version in English or the language you find most helpful for prayer.

**Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us today our daily bread.
Forgive us our trespasses
as we forgive those who
trespass against us.
Lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever. Amen.**

**Our Father in heaven,
Hallowed be your name.
Your kingdom come,
Your will be done
on earth as in heaven.
Give us this day our daily bread.
Forgive us our sins,
As we forgive those who
sin against us.
Save us from the time of trial
and deliver us from evil,
for the kingdom, the power,
and the glory are yours
now and forever. Amen**

Agnus Dei
Common Praise 747 (tune Schubert)

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer, redeemer of the world,
Give us your peace, give us your peace.**

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking to them. See who you are and become what you see. These are the gifts of God for the people of God.

People: **Thanks be to God.**

The Communion

You are invited to come forward to receive bread and wine. Gluten-free wafers are available. You receive the fullness of Christ's love if you prefer to take one kind (just the bread or the wine). If you would prefer to have a blessing, please let the priest know.

Hymns During Communion

'The People that in Darkness Sat'
Common Praise 156 (tune Dundee)

**The people that in darkness sat
a glorious light have seen:
The Light has shined on them who long
in shades of death have been.**

**To hail thee, Sun of Righteousness,
the gathering nations come;
They joy as when the reapers bear
their harvest treasures home.**

**For thou their burden dost remove,
and break the tyrant's rod,
As in the day when Midian fell
before the sword of God.**

For unto us a child is born,
to us a Son is given,
And on his shoulder ever rests
all power in earth and heaven.

His name shall be the Prince of Peace,
the everlasting Lord,
The Wonderful, the Counsellor,
the God by all adored.

Lord Jesus, reign in us we pray,
and make us thine alone,
Who with the Father ever art
and Holy Spirit one.

Anthem- HTC Choir
'Pan De Vida'

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THE SENDING FORTH OF THE COMMUNITY

The Prayers after Communion

Presider: Let us pray:

All: **Gracious God,**
 Our hands have taken holy things;
 Our lives have been nourished by the body of your Son.
 May we who have gathered at this holy table
 Be strengthened for service in your world.
 We ask this in the name of Jesus Christ,
 the Light of the world. Amen.

Presider: Glory to God,

All: **Whose power, working in us,**
 can do infinitely more than we can ask or imagine.
 Glory to God from generation to generation,
 in the Church and in Christ Jesus, now and forever. Amen.

The Announcements

Sending Hymn

'Awake! Awake! Fling Off the Night'
Common Praise 599 (tune Church Triumphant)

**Awake! Awake! Fling off the night,
for God has sent a glorious light,
And we who live in Christ's new day
must works of darkness put away.**

**Awake and sing, with praises strong,
in psalm and hymn and spirit song.
Let love our words and works renew
with all that's good and right and true.**

**Let in the light; all sin expose
to Christ, whose life no darkness knows.
Before the cross expectant kneel,
that Christ may judge, and judging, heal.**

**Then rise as children of the light.
Be neither proud, nor hide from sight.
Be careful how you live, and wise
to sift the truth from cunning lies.**

**Through Christ give thanks to God,
and say to other sleepers on the way:
'Awake, and rise up from the dead
that Christ may shine on you instead!'**

The Dismissal

Presider: Go in peace to love and serve the Lord.

All: **Thanks be to God.**

Postlude

The liturgy is based on the Book of Alternative Services, and the Collect of the Day is taken from "Alternative Collects RCL", Anglican Church of Canada. The prayers of the people are adapted from "Hear Our Prayer: Gospel Based Intercessions" by Raymond Chapman.



Liturgical Ministers today

Greeter & worship assistant, 8:00 am:

Sandra Wrigley

Greeters, 10 am:

Kate Abel & Susan Switch

Reader:

Allison Cleavelle

Chalice Administrators:

Carol Murdoch & Rob Sider

Presider & Preacher:

the Rev. Stephanie Shepard

Server:

Greg Kennelly

Crucifer:

Linda Gravlin

Music Director:

Kyumin Lee

& *The Holy Trinity Cathedral Choir*

THIS WEEK AT HOLY TRINITY CATHEDRAL

Wednesday Midweek Eucharist, 9:30-10 am in the Lounge

Saturday Community Brunch, 11 am- noon in the Hall

Sunday BCP Eucharist, 8-9 am.*

Sunday Choral Eucharist, 10-11:15 am*

**live-streamed over Facebook.*

+ link through the weekly newsletter. Sign up on the website.

Go to <https://www.holytrinitycathedral.ca/events>.

Click on the photo of the service. This will take you to Facebook. A box will come up asking for your Facebook login. Click the X on the right upper corner of the box. If you do not have Facebook you should be able to watch from the HTC site.

Readings for Epiphany 4, February 1, 2026

Micah 6:1-8; Psalm 15; 1 Corinthians 1:18-31; Matthew 5:1-12