

# THE VALLEY BULLETIN

THE THIRD SUNDAY AFTER THE EPIPHANY



January 25th, 2026

# WELCOME

If you are visiting, we welcome you into our midst.  
Whoever you are and wherever you are on your journey in faith, you are welcome.  
It is a blessing to have you worship with us today!  
The Parish of the Valley respectfully acknowledges that we gather for worship  
on traditional Anishinaabe Algonquin territory.

## PRAYER SHAWL MINISTRY

*"Shawls ... made for centuries, universal and embracing, symbolic of an inclusive, unconditionally loving, God. They wrap, enfold, comfort, cover, give solace, mother, hug, shelter and beautify. Those who have received these shawls have been uplifted and affirmed, as if given wings to fly above their troubles..."*

— written by Janet Severi Bristow, cofounder of the Prayer Shawl Ministry ([shawlministry.com](http://shawlministry.com))

In 2019, a group of Parish of the Valley parishioners from all different parts of the parish began to meet twice per month at St. Paul's, Cobden to pray, knit or crochet, and make beautiful prayer shawls. When the COVID pandemic meant we could no longer gather in person, we continued to knit and crochet prayer shawls in our homes, as we continue to do to this day.

Over the last six years, dozens of large and pocket-sized prayer shawls have been lovingly made, blessed, and given out to members of the parish or friends connected with our parish. We don't know who will receive each shawl when it is created, but as we knit or crochet, we pray that the recipient will be "cradled in hope, kept in joy, graced with peace, and wrapped in love."

If you would like to know more about kitting or crocheting prayer shawls for our parish, please contact Rev. Gillian. The knitting and crocheting patterns are beginner level, and we have some donated yarn available. If you know of someone who might benefit from receiving a prayer shawl, either "shawl sized" or "pocket sized," please be in touch with Rev. Nick who coordinates our pastoral care teams.

# A BLESSING OF PRAYER SHAWLS

*The following prayer, adapted from Knitting into the Mystery by Morehouse Publishing (2003), is used when we bless our prayer shawls:*

Generous God, we thank you for the gift of knitting and the gift of praying.  
We thank you for those who craft this ancient art.  
We thank you for those who created the yarn, those who brought it to market,  
and those who stocked the shelves.  
We are blessed by the loves of the many people who make this knitting possible.

Compassionate God, we ask you to bless all the people for whom our shawls are made. May these shawls be a reminder of your presence in their lives. May these shawls bring them love and light, hope and joy.

May God's grace be upon these shawls,  
warming, comforting, enfolding, embracing.  
May these mantles be a safe haven,  
a sacred place for security and well-being,  
sustaining and embracing in good times as well as difficult ones.  
May the ones who receive these shawls  
be cradled in hope, kept in joy, graced with peace, and wrapped in love.  
Amen.



## LET'S PRAY

**In the Anglican Communion**, this week we pray for Sarah Mullally, Archbishop-Designate of Canterbury. We pray for the Anglican Church of Chile. We pray for our Companion Diocese of Jerusalem.

**In the Anglican Church of Canada**, we pray for Shane Parker, our Primate. We pray for Anne Germond, our Metropolitan. We pray for Christopher Harper, National Indigenous Anglican Archbishop.

**In our Diocese of Ottawa we pray:** “Gracious God, by whose Spirit the whole body of your faithful people is governed and sanctified, send your guidance upon us as we prepare to elect a bishop for our diocese. Grant wisdom to those discerning a call, to those who are candidates, to Members of Synod, and to our diocesan administrator, Bishop Michael Bird; through Jesus Christ our Lord.” We pray for our Diocesan Partner: the International Women’s Network in Canada. We pray for the staff at Ascension House, including the Diocesan Archivist. We pray for Christ Church, Bells Corners.

**In our Deanery of the Northwest**, we pray for: St. Barnabas, Deep River.

**In our Parish of the Valley**, we pray for Matthew Brown our Incumbent; and for Gillian Hoyer, Nicholas Forte, and Christine Muise our Associate Incumbents. And for the life and members of our Parish of the Valley Community, this week we pray for: Samantha Hass, Verner Hass, Barkley Hawkins, Cole & Miranda and Ethan, Chloe, Jacob Hawkins, Lois Hawkins.

**For those who have died and all members of their family as they grieve:**  
Doug Desjardins (brother of Nancy Clark), Nora Waddell.

**For the sick, those who have asked for our prayers, and all others who are on our hearts...**

**Alice & Petawawa:** Lynn, Ralph, Bill, Issy, Marion, Lynn, Wanda, Rose, Laurie, Lois, Gloria, Trent, Patricia, Sammy, Chandra, Shane, Michael, Larry, Minnie, Scarlett, Brittany, Donna, Shawn, Gerry.

**Barry's Bay & Whitney:** Mary Ann, George, Poppy Joe & Penny Jane, Fred, Blake, Cathy, Susan, Patricia, Elspeth, Debra, Mary-Jayne, Fern, Shirley, Marilyn, David, Susie, Sharon, Theresa, Bob, Stuart, Katherine.

**Killaloe/Tramore & Eganville:** Marg, Joan, James, Hilary, Heather, Jan, Harold, Richard, Dorothy, Betty, Ann, Sheila, Andrea, Sharon, Junior, Peter, Richard, Pauline, Phyllis, Ethel, Anice, Paula, Rosemary.

**Pembroke:** Diane, Jolene, Loreen, Heather, Tristan, Bill, Bob, Jo, Connie, June, Lawrence, Lomie, Bea.

**Stafford/Beachburg/Cobden:** Gwen, Elmor, John, Jean, Margaret, Denver, Brian, Ruby, Janice, Susan, Ryan, Haley, Ruth, James, Sharon, Dave, Nicholas, Carolyn, Hillary, Ralph, Thyra, Sandra.

## TODAY'S READINGS

JANUARY 25, 2026 - The Third Sunday after the Epiphany  
Isaiah 9.1-4; Psalm 27.1, 5-13; 1 Corinthians 1.10-18; Matthew 4.12-23

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## UPCOMING READINGS

February 1, 2026 - The Fourth Sunday after the Epiphany  
Micah 6.1-8, Psalm 15; 1 Corinthians 1.18-31; Matthew 5.1-12

February 8, 2026 - The Fifth Sunday after the Epiphany  
Isaiah 58.1-12; Psalm 112.1-10; 1 Corinthians 2.1-16; Matthew 5.13-20

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## OFFERINGS

We are grateful for your ongoing support of our parish's congregations. Donations can always be placed on the offering plates located at the back of the church, or can be given during the offertory in congregations where an offering plate is passed. To learn more about Pre-Authorized Remittances (PAR), options for e-transfer, or how to donate online with credit card through *Canada Helps* or [Tithe.ly](https://tithe.ly), please visit our website: [www.ValleyAnglicans.ca](http://www.ValleyAnglicans.ca)

**V**alley Bulletin sponsorship.  
Available dates: February 1, 8, 15, 22

Cost is \$40 and payable to Holy Trinity Anglican Church.  
Call Gail at the office 613-732-4658 or email [office@valleyanglicans.ca](mailto:office@valleyanglicans.ca)

# SERVICES IN THE PARISH OF THE VALLEY

FEBRUARY 1, 2026

8 & 10am - Holy Trinity Pembroke  
9am - St Anthony's Whitney  
9am - Ascension Killaloe  
9:30am -St George's South Alice  
11am - St Paul's Cobden (Morning Prayer)  
11am - St John's Eganville  
11am - Epiphany Barry's Bay  
11:15am - All Saints Petawawa

## COMMUNITY SERVICES

Thursday, February 5th at 10am - Country Haven, Beachburg  
Thursday, February 5th at 10:15am - Valley Manor, Barry's Bay  
Thursday, February 19th at 10am - Country Haven, Beachburg  
Thursday, February 19th at 2pm - Supples Landing, Pembroke  
Thursday, February 26th at 10am (LTC) and 10:30am (RH) - Caressant Care, Cobden

## UPCOMING COUNCIL MEETINGS

Petawawa/Alice Congregational Councils - January 27, 7:15pm at St. George's  
Pembroke Congregational Council - January 28, 7pm on Zoom  
Eganville Congregational Council - January 29, 10am at St. John's  
Killaloe/Tramore Congregational Council - Tuesday, February 3, 2pm at Tom & Julie McMillan's House

## SHROVE TUESDAY

### **Pancake Meals - Tuesday, February 17th**

Lunch at Holy Trinity Pembroke - 11am-1pm (freewill donation)  
Supper at St. George's South Alice - 4-6pm (freewill donation)  
Supper at St. John's Eganville - 4-6:30pm (\$10 for adults, \$5 children age 4-10, under 4 free)

## NEWS & UPCOMING EVENTS

The Eganville Ministerial Churches invite all to join in the ecumenical prayer service for the **Week of Prayer for Christian Unity**. **Today at 2pm at St. James the Less Catholic Church, Eganville** (78 Wellington Street).

As we prepare for our **Annual Vestry Meetings**, we invite all churchwardens, treasurers, and leaders of other committees, groups and ministries in our congregations to draft your reports to vestry to be included in our annual vestry packages.

Please submit your reports to Gail at the office at Aborn House by **no later than Friday, February 6th at 12pm**. You can email them to her at [office@valleyanglicans.ca](mailto:office@valleyanglicans.ca), drop them off between 9am-noon on weekdays, or mail or deliver them to 68 Renfrew Street, Pembroke, ON K8A 5R6.

The schedule for our annual vestries is being prepared and will be available in the coming weeks. Thank you for preparing these reports as we look forward to celebrating our collective ministry together and all that we have accomplished with God in 2025!

### **Sponsor a Bible!**

One of the Parish of the Valley's Licensed Lay Readers, Bev York, has recently started a Bible Study Group for residents of Caressant Care Retirement Home in Cobden. Thus far, the group have been using Bible reading print-outs, but our parish would like to supply the group with large-font Bibles to support them in their scripture studies.

Thanks to our friends at Liturgica Ottawa we have been able to obtain a discount rate on an order of 8 Large Print NRSV Bibles. If you would like to sponsor one of these Bibles for the benefit of the Caressant Care Bible Study group, the amount per Bible is \$40. Donations can be made payable to "Holy Trinity Anglican Church" and submitted to Gail at our Aborn House office. You will receive a tax receipt for your donation. Thank you for supporting this new ministry!

Special for Barry's Bay Flannel Fest: the **Church of the Epiphany Soup & Sandwich Lunch** is back on Friday, February 13th from 11:30am - 1:30pm. For only \$10 enjoy a delicious homemade sandwich, soup, and pie. Eat in, or take out. To order take out, please call 613-635-1600.

Our regular **Wednesday Worship** at 10am at Holy Trinity Pembroke has resumed. All are welcome to join us in the chancel for this quiet said service of Holy Eucharist.

**Episcopal Election Update:** The Episcopal Election will take place on February 28th. Prior to the election, there will be a series of public meetings across the diocese for everyone to have a chance to hear the candidates' answers to a set of relevant questions and to get to know them in a more informal setting at a following reception. We will be hosting a public meeting on **Friday, February 20th at 7pm at Holy Trinity Pembroke**. This meeting, as well as the other three meetings in our diocese, will also be live-streamed. All are welcome and invited to attend the public meeting. The names of candidates will be shared by our diocese after January 24th.

## CLERGY TEAM

Contact Information

The Rev. Matthew Brown (613-732-4658)  
The Rev. Gillian Hoyer (613-687-9123)  
The Rev. Nicholas Forte (613-629-9498)  
The Rev. Christine Muise (613-883-8402)

Cover: *Fishers of Men*, O. Yemi Tubi, 2016.

“The Fishers of Men is about the horrors of Africans victims of human trafficking and Syrians that are running away from war from their own country. Some of the Africans and Syrian refugees were lucky enough to be fished-out from the sea while many of them were not so lucky but drowned.”

O. Yemi Tubi

[www.valleyanglicans.ca](http://www.valleyanglicans.ca)  
@valleyanglicans on Facebook, YouTube, & Instagram



**Parish of the Valley**

Diocese of Ottawa  
Anglican Church of Canada

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