

The Forget-Me-Not Cafe

A Dementia Friendly Neighbourhood Cafe
welcoming those with dementia
& their family or friends



Next Cafe:

Monday March 23, 2026
11:30am - 1:30-ish (\$5.00/person)

Enjoy lunch, music, arts,
conversation & laughter

Pre-register for the Forget-Me-Not
Cafe by:

- Calling 250-492-6861 (Tues/Thurs 9-12) or
- Emailing: pentictondementiacafe@gmail.com

Our Redeemer Lutheran Church*
1370 Church Street, Penticton

*Accesssible Back Entry

