

## The Weekly One-Hour Accountability Checkup

*Use these questions as a guide. It is not necessary to ask every question, but be sure you cover each area every week.*

### Questions to Start

- ▶ How has God blessed this week? What went right?
- ▶ What problem consumed your thoughts this week? What went wrong?

### Spiritual Life

- ▶ **God's Word:** Have you read it consistently? (How often? How long? Why not? Will you next week?)
- ▶ **Prayer:** Describe your prayers for yourself, others, praise, worship, confession, gratitude. How is your relationship with Christ evolving?
- ▶ **Temptation:** How were you tempted this week? How did you respond?

- ▶ **Confession:** Do you have unconfessed sin?
- ▶ **Church:** Did you worship in church this week? Was your faith in Jesus strengthened?

### Home Life

- ▶ **Spouse:** If applicable, how is it with your spouse?(time, meaningful conversation, attitudes, intimacy, disappointments, irritations, her relationship with Christ)
- ▶ **Children:** If applicable, how are your children?(giving encouragement, quantity and quality time, values, education, spiritual welfare)
- ▶ **Finances:** How are your finances doing? (debt, sharing, saving, spending, stewardship)
- ▶ **Time:** Have you given your time to the ones who deserve it?

### Work Life

- ▶ **Job:** How are things going? (career, relationships, temptations, stress, problems, working too much)

### Ministry Life

- ▶ **Making Disciples:** What have you done this week to (1) *call* someone to live “in” Christ—salvation or abide, (2) *equip* them to live “like” Christ—grow or train, or (3) *send* them to live “for” Christ—make disciples, love, serve others.
- ▶ **Witness:** How have you shared your faith?
- ▶ **Service:** What have you done for someone else this week that can’t be repaid? (the poor, encouragement, mercy, service to others)

### Critical Concerns

- ▶ **God’s Will:** Do you feel you are in the center of God’s will and sense His peace?

- ▶ **Thought Life:** What secret are you wrestling with?
- ▶ **Priorities:** Are your priorities in the right order?
- ▶ **Integrity:** How is your moral and ethical behavior?
- ▶ **High Risk:** How are you doing in your personal high-risk area?
- ▶ **Transparency:** Are the “visible you” and the “real you” consistent in your relationships? (If not, in what ways?)
- ▶ **Faithfulness:** Have you been faithful in the key areas above? If not, what’s your plan?

### Prayer

- ▶ Close with ten to fifteen minutes of prayer. Focus on concerns of the week.



Phone: 407-472-2100  
Fax: 407-331-7839  
[www.maninthemirror.org](http://www.maninthemirror.org)