

Day 14 — Faith Rooted in Love

Scripture:

“We love because He first loved us.” — 1 John 4:19

Devotional:

Love is the foundation of everything God does. Before you ever prayed, believed, or even knew Him, God loved you. His love is not fragile, conditional, or based on your performance. It is steady, unchanging, and eternal. When Scripture says, “We love because He first loved us,” it reminds you that love is not something you have to manufacture — it’s something you receive and then reflect.

God’s love heals wounds you don’t talk about.
It softens places that have grown guarded.
It restores identity where rejection left scars.
It fills the empty spaces that people couldn’t fill.
It teaches you how to love others — and how to love yourself.

Sometimes love feels easy. Other times it feels costly. Loving people who hurt you, misunderstand you, or disappoint you requires a love that doesn’t come from your own strength. That’s why God pours His love into your heart — so you can give what you’ve received.

Love is patient.
Love is kind.
Love forgives.
Love protects.
Love endures.
Love reflects the heart of God.

Today, God wants to remind you that you are deeply loved — not for what you do, but for who you are. His love is your anchor, your identity, your covering, and your strength. When you rest in His love, you become more capable of loving others in healthy, grace-filled ways.

Reflection:

Where do you need to receive God’s love more fully?
Is there someone you need to love with more grace — including yourself?

Let God’s love soften and strengthen your heart.

Guided Prayer:

Father, thank You for loving me first. Teach me to receive Your love deeply and freely. Heal the places in me that struggle to believe I am loved. Help me reflect Your love to others with patience, kindness, and grace. Let Your love shape my heart today. Amen.

Daily Practice:

Do one simple act of love today — a kind word, a gentle gesture, or a moment of compassion.