

DAY 15 — SEEKING GOD FIRST

Scripture:

Matthew 6:33

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Devotional Reflection

Seeking God first is the foundation of a transformed life. When God holds first place in our hearts, everything else finds its proper order. This does not mean life becomes effortless, but it does mean our priorities are anchored in something unshakable.

Often, what competes with God is not rebellion, but distraction. Responsibilities, goals, worries, and even good intentions can slowly shift our focus until God becomes secondary. Seeking God first is a daily choice to realign our hearts — to trust that His presence, guidance, and wisdom matter more than immediate outcomes.

When God is first, our decisions become clearer and our responses more grounded. Anxiety loosens its grip, comparison loses its power, and fear no longer dictates our direction. Placing God first does not remove challenges, but it changes how we face them — with confidence, peace, and faith.

As this fast continues, God invites us to notice what has quietly taken priority in our lives. Seeking Him first is not about perfection or performance; it is about intention. Each time we choose Him above competing pressures, we strengthen our trust and deepen our transformation.

Fast Focus

Today's Focus: Priority & Alignment

Practice:

- Notice what consistently demands your attention or energy
- Pause and intentionally invite God into those moments
- Choose one area today to realign with God as your first priority

Prayer

“Help me seek You first, Lord. Reveal anything that has taken priority over You in my heart. Teach me to trust that when You are first, everything else will fall into place according to Your will. In Jesus’ name, amen.”

Fast Tie-In

Fasting helps clarify priorities by removing distractions. Today, let your hunger for God shape your focus and realign your heart toward what matters most.

Reflection Question

What is currently competing for first place in my life, and how can I intentionally seek God first today?