

SECOND SUNDAY AFTER THE EPIPHANY



January 18, 2026
10:30 am

"Attention, taken to its highest degree, is the
same thing as prayer." - Simone Weil, *Waiting for God* (1951), Letter IV

Note: We are a Scent Free Facility for the health and comfort of those with allergies. Thank you for helping us care for one another.

All are warmly welcomed to our worship.

We ask visitors to introduce themselves and to join us
for social hour after the service.

Kids Church is offered during the 10:30 am service.

The children will leave for age appropriate activities part way through.

Children are also welcome to stay at the activity table.

Welcome, Introduction & Invitation to Stillness

The Presider welcomes the congregation

Presider We acknowledge with gratitude that we live and worship on
the traditional, ancestral, and unceded lands of the
kʷikwə́ləm (Kwikwetlem) First Nation, shared historically
with the ḡícəy̓ (Katzie) and other Coast Salish Peoples.

We give thanks for their care of the land,
waters and creatures through the generations,
and we commit ourselves to walk gently upon this earth
and to live as good neighbours.

The Presider invites the congregation to settle into stillness.

Opening Acclamation

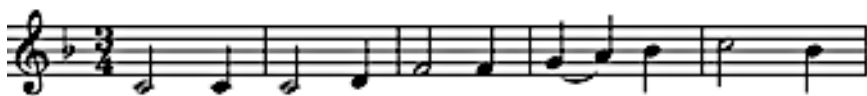
Presider Arise, shine, for your light has come!

All The glory of the Lord has risen upon us.

Presider The grace of our Lord Jesus Christ, and the love of God,
and the community of the Holy Spirit be with you all.

All And also with you.

Gathering Hymn - *Jesus Calls Us Here to Meet Him* (CP 59)



1. Je - sus calls us here to meet him as through
 2. Je - sus calls us to con - fess him Word of
 3. Je - sus calls us to each oth - er, vast - ly
 4. Je - sus calls us to his ta - ble root - ed



word and song and prayer, we af - firm God's
 life and Lord of all, shar - er of our
 dif - f'rent though we are: creed and col - or,
 firm in time and space, where the Church in



prom - ised pres - ence where Christ's peo - ple live and
 flesh and frail - ness, sav - ing all who fail or
 class and gen - der, nei - ther lim - it nor de -
 earth and heav - en finds a com - mon meet - ing



care. Praise the God who keeps each prom - ise,
 fall. Tell his ho - ly, hu - man sto - ry;
 bar. Join the hand of friend and stran - ger,
 place. Share the bread and wine, his bod - y;



praise the Son who calls us friends, praise the Spir - it
 tell his tales that all may hear; tell the world that
 join the hands of age and youth, join the faith - ful
 share the love of which we sing; share the feast for



who, a - mong us, to our hopes and fears at - tends.
 Christ in glo - ry came to earth to meet us here.
 and the doubt - er in their com - mon search for truth.
 saints and sin - ners host - ed by our Lord and King.

Presider God is with us,
here in our midst and always,
the love at our beginning and without end.
Let us pray.

Silence is kept.

Holy One,
**All you know our hearts: our hopes and fears,
our joys and sorrows, all our daily challenges.
In your mercy, help us. By your Spirit,
inspire and deepen your love in us.
We pray in the name of Jesus. Amen.**

Collect of the Day *(the special prayer which 'collects' the
theme of the day)*

Presider God of invitation,
you said to the first disciples, "Come and see,"
and they left everything to follow.
Call us to follow you, show us where you dwell,
and give us courage to bring others to Christ,
the Lamb of God who takes away
the sin of the world. **Amen.**

Gathering of Children

*Children and their leaders are invited to come forward for a prayer before
heading to Kids Church. They will rejoin us in time for Communion.
If your child prefers to stay in the service, they are welcome here,
and activities are available at the table, at the rear of the sanctuary.*

Presider Loving God,
**All we pray for open hearts and minds.
Help us to grow in faith, love, and understanding,
and may your love unite us, now and always. Amen.**

(Children leave for Kids Church)

Gloria - *Glory to God - Mass of Renewal*

Glory to God in the highest
and on earth peace to people of good will

We praise you, we bless you, we adore you, we glorify you,
We give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son
Lord God, Lamb of God, Son of the Father
You take away the sins of the world, have mercy on us;
You take away the sins of the world, receive our prayer;
You are seated at the right hand of the Father
Have mercy on us

For You alone are the Holy One, you alone are the Lord
You alone are the Most High, Jesus Christ,
With the Holy Spirit, in the glory of God the Father
Amen, Amen

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Proclamation of the Word

The Readings

Presider Let us prepare ourselves for the Word of God as it comes
to us through the reading of the Holy Scriptures.

All **Our hearts and minds are open.**

First Reading - *Isaiah 49:1-7*

Reader Hear what the Spirit is saying.

All **Thanks be to God.**

Psalm - Psalm 40 - The Annunciation of the Lord

Owen Alstott



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1. I have waited, waited for the Lord
And he stooped toward me and heard my cry
And he put a new song into my mouth
A hymn to our God **Refrain**
2. Sacrifice or offering you wished not
But ears open to obedience you gave me
Holocausts or sin-offerings you sought not
Then said I, "Behold I come" **Refrain**
3. "In the written scroll
It is prescribed for me
To do your will, O my God, is my delight
And your law is within my heart" **Refrain**
4. I announced your justice
In the vast assembly
I did not restrain my lips
As you, O Lord, know **Refrain**

Second Reading - 1 Corinthians 1:1-9

Reader Hear what the Spirit is saying
All **Thanks be to God**

Please stand as you are able for the Gospel Reading

Gospel Acclamation - *Alleluia*



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Reader The Holy Gospel of our Lord Jesus Christ
 according to John.

All **Glory to you, Lord Jesus Christ.**

Gospel – *John 1:29-42*

Reader The Gospel of Christ.

All **Praise to you, Lord Jesus Christ.**

Homily - *Rev. Philip Cochrane*

Affirming Our Faith

Presider In this season of light, we declare the faith that holds us.

**All We believe in God, the Source of Life,
by whom every being in heaven and earth
is created, named, and sustained.**

**We believe in God, the Living Word,
who restores us to relationship
and speaks to us through faith.**

**We believe in God, the Holy Spirit,
who comforts, guides, and strengthens us
to share the good news of grace.**

**We believe in God,
one, holy, undivided Trinity:
Source of Life, Living Word,
Comforter: Mystery. Amen.**

Prayers of the People

Confession & Absolution

Presider In the light of Christ, we see ourselves clearly:
beloved and broken. Let us bring to God
what we have hidden, trusting in their mercy.

We keep a moment of quiet for reflection

Presider God of all mercy,
**All we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done, and the evil done on our behalf.**

**Forgive, restore, and strengthen us
through our Saviour Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins
through the grace of Jesus Christ, strengthen you in all
goodness, and by the power of the Holy Spirit keep you in
eternal life. **Amen.**¹

The Peace

Presider Christ is our light, gathering us in peace.
The peace of Christ be with you.

All And also with you.

(The congregation greets one another with a sign of peace.)

Offertory

*In gratitude for all we've received, we offer of ourselves back to God.
Bread, wine, and money symbolize the fruits of our labour.
If you give through Pre-Authorized Donations or e-transfer
(office@saintlaurence.ca), you're welcome to use a blue card to
represent your offering to the glory of God.*



Offertory Hymn - *Behold the Lamb*

1. Behold the Lamb who bears our sins away
Slain for us and we remember
The promise made that all who come in faith
Find forgiveness at the cross
So we share in this Bread of Life
And we drink of His sacrifice
As a sign of our bonds of peace
Around the table of the King
2. The body of our Saviour Jesus Christ
Torn for you eat and remember
The wounds that heal the death that brings us life
Paid the price to make us one
So we share in this Bread of Life
And we drink of His sacrifice
As a sign of our bonds of love
Around the table of the King
3. The blood that cleanses every stain of sin
Shed for you drink and remember
He drained death's cup that all may enter in
To receive the life of God
So we share in this Bread of Life
And we drink of His sacrifice
As a sign of our bonds of grace
Around the table of the King
4. And so with thankfulness and faith we rise
To respond and to remember
Our call to follow in the steps of Christ
As His body here on earth
As we share in His suffering
We proclaim Christ will come again
And we'll join in the feast of heaven
Around the table of the King

Prayer over the Gifts

Presider God of light,

**All we bring our gifts with grateful hearts.
Bless these gifts and the offering of our lives,
and send us to share your light. Amen.**

Celebration of our Sacred Meal

The Great Thanksgiving

Presider God is with you.

All And also with you.

Presider Lift up your hearts.

All We lift them up to God.

Presider Let us give thanks to God our Creator.

All We give our thanks and praise.

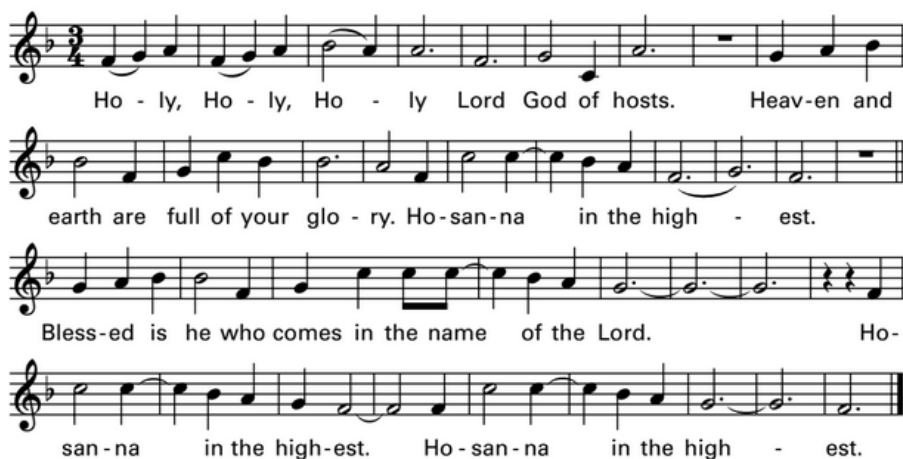
Presider Creator, you made our world - beautiful and good.
You made us to live in right relationship with you
and all creation. You sent Jesus to live among us
and show us what you are like.

We give all thanks and praise to you, our true
and loving God. You laid the foundations of the earth
and enclosed the seas. You brought forth all creatures
and gave breath to humankind.

Wondrous are you, Holy One.

All you create is a sign of hope for our journey.
And so, we join with the heavenly beings
and all of creation as we sing:

Sanctus - Holy - Mass of Renewal



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Presider Glory and honour are yours, Creator of all,
your Word has never been silent.

Of your grace, you sent Jesus to be human,
to share our life,
to proclaim the coming of your holy reign,
and to give himself for us.

Through Jesus Christ you have reconciled us to you
and restored the glory you intended for us.

On the night before he died, Jesus ate supper with his friends. He took bread, gave thanks, broke it, and gave it to them, saying:

“Take and eat. This is my very self given for you. Do this for the remembrance of me.”

Then he took the cup of wine, again he gave thanks, and gave it to them, saying:

“Drink it all of you. This cup is a new covenant poured out for you and all people. Do this for the remembrance of me.”

And so, we remember: the cross, the tomb, the resurrection and ascension, and, longing for Christ’s coming again in glory, we present these gifts to you.

Send your Holy Spirit upon us and upon these gifts, so that we who share this bread and wine may be a people of hope, justice and love.

Draw us together in Christ, and, in the fullness of time, gather us with all your people into the joy of your eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator and give you our unending praise. **Amen.**

Lord's Prayer

Our Fa-ther, who art in heav-en, hal-low-ed be
thy name; thy king-dom come; thy will be done on
earth as it is in heav-en. Give us this day our
dai - ly bread; and for-give us as we for-give
oth-ers; and lead us not in - to temp - ta - tion,
but de - liv - er us from e - vil.
For the king - dom and the pow - er and the
glo - ry are yours for - ev - er. A - men.

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The Breaking of the Bread

The celebrant breaks the consecrated bread.

Presider We break this bread to share in the body of Christ.

All **Though we are many, we are one body, sharing the light.**

Lamb of God - Christmas Carol Mass



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The Invitation

Presider This is the table of the Lord, spread for all who seek.
You do not need to be certain, only curious.
You do not need to be whole, only hungry.
Come, be fed for the journey

Presider The gifts of God for the people of God.
All **Thanks be to God.**

The Distribution

At St. Laurence, everyone is invited to the table. You may receive only the bread or both bread and wine. Non-fermented grape juice is available in the ceramic chalice, and gluten-free wafers are offered, just ask at the distribution. If you prefer a blessing, simply cross your arms across your chest.

Communion Hymn - *You Alone* (OCP 631)

Refrain

You a-lone are ho - ly, you a-lone are Lord.
 You a-lone are wor - thy to be hon - ored and a -
 dored. Mer - cy you have giv - en, kind - ness you have
 shown. Love is you a - lone.

Verses

1. Who of us is sin - less in this place?
 2. What is there to do but thank you, then,

1. Who of us de - serves your sav - ing grace?
 2. for the gift that we might call you friend?

1. Who of us is good at all with - out your bless -
 2. Great - er love has not been known than that for which

1. - ed love that falls up - on our hearts to
 2. you gave your on - ly son, that you might

2 to Refrain

1. heal our bro - ken - ness?
 2. see us, pure and blessed.

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Communion Hymn - *Behold the Lamb*

Verse

You are my Lord. It's you I a-dore.
Your might hum-bles ev - 'ry heart; the high-est of heav -

- ens bow. Noth-ing on earth could ev - er take

your place. And now we see your

sac - ri - fice, the great - est gift, our great - est prize. Be -

Refrain

hold the Lamb of God! Be - hold the Lamb of God who

takes a - way the sins of the world. world.

Final (Coda)

world. Be - hold the Lamb of God!

Who takes a - way the sins of the world, the sins of

the world, the sins of the world.

Bridge:

We will not forget
We will stay awake
We will not abandon
The promise that you made

Moment of Silence

Take a moment to be still and know God. Let the world's noise fade as you listen for the deep stillness beneath it all. The silence begins and ends with the ringing of a bell.

Prayer after Communion

Presider God of light,

**All you have fed us and shown us your glory
in Jesus Christ.**

Send us out to share your light with the world.

**We ask this in the name of Jesus,
the light of the world. Amen.**

Presider Glory to God,

**All whose power, working in us,
can do infinitely more than we can ask or imagine.**

**Glory to God from generation to generation,
in the Church and in Christ Jesus
for ever and ever. Amen.**

Announcements

Blessing

Presider May Christ, the light of the world, shine in your hearts.
May God illuminate your path.

May the Holy Spirit empower you to share that light.

And the blessing of God-
Creator, Redeemer, and Giver of Life-
be with you this day and always. **Amen.**

Closing Hymn - *Songs of Thankfulness and Praise (OCP 501)*

1. Sent forth by God's blessing, our true faith confessing
The people of God from their dwelling take leave
The service is ended, O now be extended
The fruits of our worship in all who believe
The seed of the teaching, receptive hearts reaching
Shall blossom in action for God and for all
God's grace did invite us, and love shall unite us
To work for God's realm and to answer the call

2. With praise and thanksgiving to God ever living
The tasks of our everyday life we will face
Our faith ever sharing, in love ever caring
Embracing God's children of each tribe and race
With your grace you feed us, with your light now lead us
Unite us as one in this life that we share
Then may all the living with praise and thanksgiving
Give honor to Christ and that name which we bear

Omer Westendorf 1964

Minister Go in peace, sharing the light with the world.
All Thanks be to God.

Acknowledgements

cover - Baptism of Christ, David Zalenka, 2005 <https://commons.wikimedia.org/wiki/File:Baptism-of-Christ.jpg>

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Rector: The Reverend Philip Cochrane

Deacon: The Reverend Patricia Ratcliffe

Honorary: The Reverend Carla McGhie

Music Director: Emilia Boronco

Wardens: Lei De Santis, Rick Barr, Heather Esposito

Trustees: Mitch Dodd, Brian Corbould, Detlef Beck,
Anne Dennis, Susanne Stockdill

Family & Youth Leader: Jason Wood

St. Laurence Kids: Jason Wood

Treasurer: Mori Mortezaei

Envelope Secretary: Larry Hoad

Privacy Officer: Allison Walker

Operations Manager: Curt Bruniski

Office Hours:

10:00am-3:00pm (drop-in)

Monday - Friday

www.saintlaurence.ca ▪ 604-936-5423 ▪

office@saintlaurence.ca

NEWS & NOTES

Wednesday Morning Gathering - 9:00 am

*From silence to laughter, scripture to table - wrestling
with faith, in good company.*

Join us midweek for Communion, scripture, and honest conversation. A safe space to share questions, explore diverse perspectives, and deepen fellowship. Start your day nourished in spirit and community.

Altar Flowers



Altar
Flowers
Ministry Opportunity

The new Flower chart is up in the Hall, for signing up to provide flowers for the Altar on Sunday Mornings.

This is a wonderful way to remember a special person who has passed, or to celebrate a wonderful event like an Anniversary or Birthday.

Please sign up on the chart, on the bulletin board, in the Hall. Minimum donation recommended for flowers is \$60.

VESTRY REPORTS

Vestry Reports are due to the office by **January 31, 2026**. Please send your report in a Word Document to the office at office@saintlaurence.ca

If you lead a ministry, but are unsure if you are to write a report, please check with Curt in the office. Thanks

Vestry - February 22, 2026 - following 10:30 am service

Pre-Vestry Finance Discussion - February 15, 2026
following the 10:30 am service

Jason & Wood Family Send-Off

Open House | Come & Go

Friday, January 30, 2026

6:00 – 10:00 PM

Hosted at the Dippenaar's:

(please check with the office, or pick up a copy of the announcement in the entry-ways for location)

Join us for an open house to say thank you to Jason for his service and to give the Wood family a proper send-off as they head into their next chapter.

Drop by anytime, share stories, and help us send them off feeling loved and celebrated.

Feel free to bring a snack to share.

Thank You Gift

Jason Wood's final Sunday with us will be

NEXT SUNDAY - January 25, 2026

We will celebrate his ministry time with us during the 10:30 am service, and a special coffee time will be held following the service.

If you would like to give towards a gift for Jason and his family, please designate it on an offering envelope, or you can give at the church office through e-transfer, Debit, cash or cheque

**WEEK OF PRAYER FOR CHRISTIAN UNITY,
JANUARY 24, 2026 - 11:30 am**

St. Laurence hosts the Week of Prayer for Christian Unity service this Saturday, January 24th.

Join Christians from across the Tri-Cities for shared prayer, singing and scripture (11:30 am), followed by lunch and conversation. Doors open 10:30 am. Everyone welcome.

Volunteers needed for hospitality. Contact Curt at the office to help or for details.

BLANKET EXERCISE WORKSHOP

January 24, 2026 - Como Lake United Church

Como Lake United Church is hosting a Blanket Exercise workshop facilitated by Cecelia Reekie of the Haisla First Nation, and we encourage St. Laurence parishioners to take part.

The Blanket Exercise is a participatory learning experience that explores the historic and contemporary relationship between Indigenous and non-Indigenous peoples in Canada.

Through storytelling and interactive engagement, participants gain a deeper understanding of Indigenous history, the impacts of colonisation, and the ongoing journey toward healing and justice.

**Saturday, January 24, at 1:00 pm
Como Lake United Church,
535 Marmont Street, Coquitlam**

Suggested donation:\$10

Seating is limited. Contact Curt at the parish office to reserve your place.

As part of our commitment to reconciliation, we encourage you to attend and afterwards to share your experience with the parish community.

St. Laurence Band of Brothers

6th Annual Men's Retreat: Feb 27 - Mar 1, 2026

Westminster Abbey
34224 Dewdney Trunk Rd, Mission



Kenosis-The Process of 'Self Emptying'

We are blessed to again have Peter Elliott as our facilitator. Peter is the retired rector of Christ Church Cathedral and Dean of Westminster until his retirement in October 2019.

\$195 per person, includes accommodation and meals

Please confirm your attendance by **Feb 13th**. Bursaries available upon request at office.

To reserve your space, please contact Dave Dennis
778.536.3615 or Davidldennis01@gmail.com