

INTERCESSIONS FOR SUNDAY, January 18, 2026

In our Anglican Cycle of Prayer, we pray for the Province de L'Eglise Anglicane Du Congo. We pray for Vernon, our Rector; Helen, our Deacon; Pat, our Honorary Assistant; Anna, our Bishop; Shane, our Primate; Chris, our Nat'l Indigenous Archbishop; and John, our Metropolitan. We pray for Holy Trinity, North Saanich.

We offer healing prayers for Roland & family, Heather-Anne A., Vera H., Bexs & all their family, Randy M., Ryan & family, Ed C., Eileen & Eleanor O., Al, Zarra, Soren, Shirley M., Sharon M., Steve C., Colleen J., Manly P., Jane F., Gary, Patrick, Cameron F., Leanne T., Joann, Chris A., Margaret O., Debbie G., Christine, Kerilee M., Kevin, Glenda S. & family, Tammy W., Cami, Joanne S., Steve G., Richard M. and Niven.

PARISH ACTIVITIES Monday, January 19, 2026 – Sunday, January 25, 2026

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| Monday-Friday | 8:30 am | Morning Prayer (except Stats) (Zoom*) |
| Tuesday | 12:00 pm | Lunch & Learn (Hall) |
| | 7:00 pm | Contemplative Prayer (Church Proper) |
| Wednesday | 11:00 am | Mid Week BCP Service |
| | 12:30 pm | Gospel Conversation (St. John) ** |
| | 4:00 pm | Sunday Lunch Volunteer Meeting (Hall) |
| | 7:00 pm | CLAY 2027 Info Session (St. Matthew) |
| Thursday | 1:00 pm | Prayer Shawl (St. Mark) |
| | 6:30 pm | Parish Choir Practice (St. Luke) |
| Friday | 2:00 pm | Parish Council (St. Luke) |
| | 2:00 pm | Threshold Music Practice (Church Proper) |
| Sunday | 8:00 am | BCP Holy Communion |
| | 8:45 am | Post Service Fellowship (St. Matthew) |
| | 10:30 am | Holy Eucharist Service (in person & livestream) |
| | 12:00 pm | Post Service Fellowship (Hall) |

* Please contact the office to arrange for a Zoom link invitation

** Discussion based on Sermon & Readings of the day

READINGS FOR SUNDAY, January 25th

First Reading: Isaiah 9:1-4

Psalm: 27:1, 5-13

Epistle: 1 Corinthians 1:10-18

Gospel: Matthew 4:12-23

ANNOUNCEMENTS

"WORLD RELIGION DAY -- NURTURING our QUEST for PEACE": this afternoon at 3:00 PM: Hosts are the Church of Jesus Christ of Latter-day Saints, 2424 Glen Eagle Crescent, Multi-Purpose Room. You are warmly invited to gather with the Nanaimo interfaith community to lift up themes of Peace, Harmony and Hope for our world.

LUNCH AND LEARN - Join us this **TUESDAY, JANUARY 20 from 12 to 1 PM**, for a Lunch and Learn presented by your stewardship team. Ryan Levis, Counsellor at Nanaimo's Men's Centre will speak on the topic of men's mental health. Everyone is welcome, regardless of gender. Please come and learn about the essential work of the Men's Centre in our community. Lunch will be provided. **Please add your name to the sign up sheet in the Narthex**

INFO SESSION: Wednesday, JANUARY 21, 2026 at 7 pm, here at St. Paul's. CLAY 2027, the Canadian Lutheran Anglican Youth gathering, will take place in Nanaimo from August 19–22, 2027. You are invited to an information session with Deacon Gretchen P. to learn more and the many ways to be involved.

SUNDAY, FEBRUARY 1st at 4 PM - HYMN SING here at St. Paul's. Listening & singing enjoyment – learn the history! All are welcome to join!

SATURDAY, FEBRUARY 7 AT 2 PM - NEWCOMER'S TEA: All those who have joined our St. Paul family in the past year will receive an invitation to join us. Come and enjoy a time of fellowship, refreshments and learn more about our many ministries. **MINISTRY/MISSION IN ACTION** - In conjunction with our newcomer's tea, ministry heads will put together engaging displays and be available to chat with newcomers about their ministry.

Arts and Spirituality - Fabric Collage Workshop based on the theme of **HOPE** with facilitators Nelusha M. and Brenda R. Sat, **January 31st, 9:30-3:30 pm** at St. Philips-by-the-Sea Anglican Church in Lantzville. To **register** and for more details, go to: <https://oldcityartshub.ca/> or Eventbrite.

ALTAR GUILD CALLOUT FOR ALTAR FLOWERS ON February 15th, last Sunday before Lent. Please contact Joanne at 250-585-7944 if you would like to donate.

HAPPY BIRTHDAY this week to: **Marjorie A. & Barb M.** (Jan. 22); **Sue G & Yvonne O.** (Jan. 24); **Rev. Bob** (Jan. 25). **Birthday Prayer:** We give thanks for those whose birthdays we celebrate today. May they ever grow in your faith, hope & love. We ask this in the name of our Lord Jesus Christ. Amen