

# What's Happening at Inlet United

January 18 to January 24, 2026

## HIGHLIGHTS OF THE WEEK:

**INLET UNITED FIRESIDE CHAT:** Please plan to stay after the service on Sunday, January 18 for a Fire Side chat about new ministry possibilities for 2026 and beyond. The focus: Children, Family, Seniors and Music.

**TRANS KIDS~TRANS FAMILIES DROP IN SUPPORT & INFORMATION GROUP**  
- **Monday, January 19 from 6:30pm to 8pm.** Join us in a safe welcoming space to connect, share stories, ask questions, and find helpful resources. Enter at the office level. More details in this newsletter.

**TAIZÉ CONTEMPLATIVE WORSHIP AT INLET UNITED IOCO SITE - Thursday, January 22 at 7pm.** 1790 Ioco Rd, Port Moody. Come as you are and experience the peace. Rev. Jenn Swanson presiding along with guest musician Dr. Bruce Harding. Further information in this newsletter.

## UPCOMING THIS WEEK:

**Sunday Worship Service, January 18, 2026 - Worship Service at 10am in person at The Springs and via YouTube LiveStream:** [Click here for Link.](#)  
Theme: Who Is This Jesus? Discovering the One Who Invites Us to 'Come and See'. Rev. Jenn Swanson presiding along with Music Director, Scott Gould.

**Monday, January 19 at 10:30am - Centering Prayer** - In person at Inlet United at The Springs meeting room. For more details [Click Here!](#)

**Monday, January 19 - Healing Pathway** - Sessions are booked in advance for 1:15pm or 2pm. To book a session, please email [healingpathway@inletunited.ca](mailto:healingpathway@inletunited.ca) or contact the office at 604-939-5513. For more details [Click Here!](#)

**Wednesday, January 21 from 7pm to 8:30pm** - Inlet Sings! Choir rehearsal at Inlet United at The Springs. Childminding available upon request! For further details contact [office@inletunited.ca](mailto:office@inletunited.ca)



## Prayer:

Beloved Christ,  
you rose from the waters of baptism with blessing for all creation.  
Renew our call as your people  
to live out our baptisms with courage, tenderness, and justice.  
In your holy name we pray, Amen.



## Stewardship Message

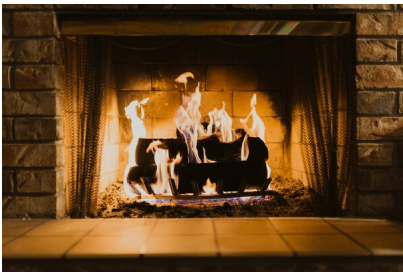
### Inlet United Church Planned Giving program:

**Put yourself in the driver's seat!** Approximately 50% of Canadians do not have a will. Make sure you have a will to direct what you want to happen to your God-given resources.

**For further information on remembering Inlet United Church in your will, please contact the Stewardship Ministry;** Fran, Cathy A., Julie A., Marta P., Betty.

For more information visit:

<https://inletunited.ca/community-and-faith/get-involved/ways-give/giving-through-your-estate>



## Inlet United Fireside Chat

Sunday, January 18

Please plan to stay after the service on Sunday, January 18 for a Fire Side chat about new ministry possibilities for 2026 and beyond.

The focus: Children, Family, Seniors and Music.

**VOLUNTEER REQUEST:** Hospitality requires 4 volunteers to assist at this event. Please email [office@inletunited.ca](mailto:office@inletunited.ca) or sign up in the foyer.

### Exploring Faith:

A 7-Week Conversation Series  
(Online) with Inlet United Church



Tuesday evenings starting February 3rd

#### Who it's for:

- Newcomers to Inlet United or to church life
- People with questions, doubts, or mixed experiences of religion
- Long-time church folks wanting a fresh look at faith and community

**No previous church experience is expected. Come as you are.**

*This series uses the book Building God's Beloved Community, with a bit of reading between sessions and lots of time to talk about what connects, what challenges, and what raises questions for you.*

#### What to expect? Over 7 weeks we will:

- Explore how we understand God, Jesus, the Bible, and spiritual community
- Talk honestly about what we do believe and what we don't
- Use readings from Building God's Beloved Community as a springboard for real conversation

**You can share or simply listen – no one is put on the spot or pressured to "have it all figured out."**

#### Practical details

**Day & Time:** Tuesday evenings, 7pm-8:15ish

**Dates:** Feb 3, 17, 24, March 3, 10, 17, 24 (no session Feb 10th)

**Location:** online via Zoom

**Cost:** Free (book provided for you to borrow, or you can purchase your own)

**Exploring together. No assumptions. No pressure.  
Lots of room for questions.**



To register and to get the reading list & book, contact: [revjenn@inletunited.ca](mailto:revjenn@inletunited.ca)

## Book Study: Exploring Faith

Curious about church, but not sure what you think about God, Jesus, or the Bible?

Wondering what this community believes (and what it doesn't)?

You are warmly invited to a gentle, no-pressure **"Exploring Faith"** series designed especially for people who are new, returning, or just unsure.

**To register and to get the reading list and book:** email [revjenn@inletunited.ca](mailto:revjenn@inletunited.ca)

For more information visit:

<http://inletunited.ca/events/book-study-exploring-faith--128/2026-02-03>



## Tri Cities Poetry Fundraiser

Saturday, February 28, 2026

Inlet Connects Ministry is teaming up with Tri Cities Poetry to host an evening of poetry, arts, and community. Non-alcoholic beverages and snacks will be available and a silent auction will take place.

Help us to support this grassroots organization and keep their regular events free.

For information about Tri Cities Poetry and to get your tickets, click the tab below.

For more information visit:

<https://www.eventbrite.ca/e/tri-cities-poetry-fundraiser-tickets-1979675834713?aff=oddtcreator>



## Starting Monday, January 19, 2026 at Inlet United Church at The Springs

Enter at Office Level



## Join us for Soup Sunday Luncheon!

Sunday, January 25 after worship (11am-ish)

Soup Sunday Luncheon at Inlet United at The Springs is a welcoming, casual gathering for newcomers (and everyone else!) to share a meal, meet the congregation, and get a feel for the community in a relaxed setting.

New to the area, new to church, or just curious? Come as you are for a warm bowl of homemade soup, friendly conversation, and a chance to get to know our inclusive, inquisitive faith community.

All ages, all backgrounds, and all questions welcome. Stay as long or as little as you like—there is always room at the table.

**VOLUNTEER REQUEST:** Hospitality requires 4 volunteers to provide homemade soups and 4 volunteers to assist with clean up at this event. Please sign up in the foyer or email [office@inletunited.ca](mailto:office@inletunited.ca)



## Inlet United 2025 Income Tax Receipts

Income Tax receipts for donations received in 2025 will soon be sent to donors whose email addresses are on file. If you do not receive yours please check in your 'Junk' file. The receipts come from [donations@inletunited.ca](mailto:donations@inletunited.ca).

If we do not have your email address on file your tax receipt will be delivered by hand or by Canada Post in the next few weeks.

Please do check the details on your receipts, as errors do occur.

Remember to save or print the receipt and file it with other documents you are saving for when you file your income tax return.

Marcia Carmichael, Donations Secretary



## TAIZÉ CONTEMPLATIVE WORSHIP

**Next Experience:** Thursday, January 22 at 7pm - Rev. Jenn Swanson presiding and along with Guest Musician, Dr. Bruce Harding

For more information visit:

<http://inletunited.ca/events/taize-contemplative-worship--73/2026-01-22>



## The Art of Song Writing - Free Workshop

Saturday, January 31, 2026 | 11am to 2pm

**Contact the church office to register:**

[office@inletunited.ca](mailto:office@inletunited.ca) or call 604-939-5513

For more information visit:

<http://inletunited.ca/events/the-art-of-song-writing-free-workshop/2026-01-31>





## VST Sunday - January 25, 2026

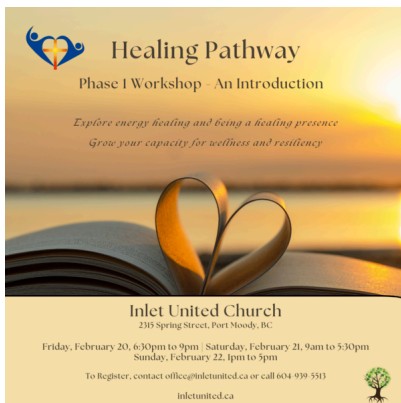
Fang Fang Chandra will be joining us from the Vancouver School of Theology for VST Sunday on January 25, 2026. Read her bio below:

***Fang Fang Chandra***  
***Graduate Theology Student, Vancouver School of Theology***

Fang Fang graduated from Southeast Asia Bible Seminary with a Bachelor of Theology in Indonesia and holds double degrees in Education and Arts from Jinan University, China, and Ma Chung University, Indonesia. She is currently pursuing her Master's degree at Vancouver School of Theology.

Fang Fang is an assistant at the Centre for Christian Engagement since November 2023 and she is the Children & Youth Ministry Leader at West Vancouver United Church since June 2024 where she leads the different ministry initiatives that help children, teens, and their families discover the goodness of God. At the heart of her approach to ministry are empathy, leadership, creativity, and a love of food and games to build relationships. Having become a Christian in Sunday school, Fang Fang understands the importance of these foundational years and the life-long impact healthy spirituality has on human flourishing.

Fang Fang has a deep love for people, especially children and youth. She cherishes building relationships with others and finds joy in playing games—online or offline, card games, board games, you name it!



## Healing Pathway Phase 1 Workshop

For more information or to register: email [office@inletunited.ca](mailto:office@inletunited.ca) or call 604-939-5513



## Inlet Sings!

We invite you to join Music Director, Scott Gould and Inlet Sings! for regular choir rehearsals on Wednesday evenings from 7pm to 8:30pm - No matter your age or background, if you have a passion for singing, we have a place for you.

No fees & childminding available upon request.

For more information visit:  
<http://inletunited.ca/events/inlet-sings/2025-10-01>

## CONNECTING NEIGHBOURS THROUGH ENGAGING ACTIVITIES!



**Community Breathwork**

We meet monthly for an intimate gathering that combines facilitated breathwork, intentional manifesting, and a supportive community of people committed to growth. Led by Monica Krake.

Sign up: [monica@headplusheart.com](mailto:monica@headplusheart.com) or [@monicakrake](https://www.instagram.com/monicakrake)

# Community Breathwork at Inlet United

For further information and to register, contact Monica Krake at [monica@headplusheart.com](mailto:monica@headplusheart.com)

*"Be The Light"*

**CHRISTIAN UNITY LUNCHEON**

Come and enjoy a short contemplative ecumenical service followed by lunch, friendship, and table sharing

JAN 24, 11:30 AM 2026 TO 2 PM

St. Laurence Anglican Church  
825 St. Laurence Street,  
Coquitlam

# Christian Unity Luncheon

Everyone Welcome!

www.choralconnections.ca  
info@choralconnections.ca

CHORAL CONNECTIONS PRESENTS:

**UNITED IN SONG 2026**

Director: Ingrid Gay  
Accompanist: Vincent Lo  
With Guest Performers

**Saturday January 31, 2pm**

Adults: \$20	Trinity United Church
Children under 12: \$15	2211 Prairie Ave
	Port Coquitlam, BC

Tickets available at the door  
(Cash or cheque only)  
For advance purchase contact  
email [bookings@choralconnections.ca](mailto:bookings@choralconnections.ca)

Scent Free: Help us host a scent free event by avoiding perfumes, colognes or strong smelling personal care products

# Choral Connections

**The Wider Church**  
Spreading God's Love

# Our Region and Across the Globe

Eagle Ridge United Church

## UNDERSTANDING LOSS AND THE GRIEVING PROCESS



Come and spend a day learning about the grieving process and how one can help themselves or walk with others through this journey of grief.

Presented by Kevin Hegseth  
31 January 2026, 9 am – 4 pm  
Eagle Ridge United Church  
2813 Glen Drive, Coquitlam  
For more information call 250-842-3247 (Kevin)  
604-945-9811 (Office)  
(by donation)

## Imagine Children's Retreat

For more information visit:

<https://www.firstthirdministry.ca/imaginechildrensretreat.html>



## The Pacific Mountain Region

And World Council of Churches

### **Pacific Mountain Region**

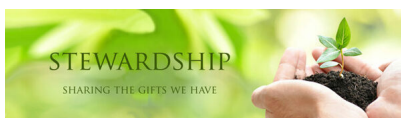
For current events and news, please visit the **Pacific Mountain Region** website.

### **Pacific Mountain Region Indigenous Ministry**

For current events and news, visit PMR Indigenous Ministry - **click here!**

### **The World Council of Churches**

Please visit the **World Council of Churches** website for the Ecumenical Prayer Cycle prayers for the current week.



# Financial Offerings

The ministry of Inlet United Church relies heavily on donations from you to keep the ministry operational. Your financial offering is a faith response and a symbol of stewardship. We use these donations to do the work of Jesus both here in this community and far beyond our own walls.

**There are 4 easy ways to donate (tax receipts issued at end of year):**

1) Interac e-transfer through your bank or credit union. Interac e-transfers should be sent to **donations@inletunited.ca**.

2) PAR (automatic monthly donations through your bank). Please reach out to Marcia Carmichael or the office via phone or email to set this up. \*\*Note - If you would like to increase your monthly PAR offerings, please contact Marcia to arrange this.\*\*

3) Donate via credit card on our website – **www.inletunited.ca** – using the “Give” option (select "Local Offerings/General" from the "To" drop down)

4) Send a cheque made out to Inlet United Church to the office. Remember to include your envelope/donor number if you have one.

**If you are attending in person, you may donate via our wooden offering box on Sundays in the sanctuary. Please write your name, contact information and/or envelope number on the envelope if you would like your donation to be added to your annual tax receipt.**

**We thank you again for your generosity and your support!**

For more information visit:  
<https://www.inletunited.ca/give>





# Inlet United Church Contact Information

Get in Touch!

**Office Hours: Monday - Friday from 9:30am - 3:30pm**

## **EMAIL:**

Rev. Jennifer Swanson | [revjenn@inletunited.ca](mailto:revjenn@inletunited.ca)

Office Administrator – Kelly Doyle | [office@inletunited.ca](mailto:office@inletunited.ca)

AV Technician - Robbie Munro | [AVTech@inletunited.ca](mailto:AVTech@inletunited.ca)

Music Director - Scott Gould | [scott@scottgould.ca](mailto:scott@scottgould.ca)

## **PHONE:**

Main Church Number: 604-939-5513

Minister's Direct Line: 778-369-1938

## **ADDRESS:**

2315 Spring Street, Port Moody, BC V3H 0L7

Website: [www.inletunited.ca](http://www.inletunited.ca)



## Newsletter Submissions

Your submissions are welcome!

### **HOW TO SUBMIT YOUR POST**

Please submit posts to [office@inletunited.ca](mailto:office@inletunited.ca).

**Submission deadline:** End of day Wednesday each week.

The newsletter features Inlet United Church and related community posts. Please include your event or news information and a photo if you like.

*Inlet United Church retains the right to edit all submissions for brevity and clarity, to remove or not include submissions.*

Thank you!