



## What (and How) to Pray

### Praying with the Saints and the Scriptures - 2026 (Winter/Spring)

As you begin, sit in a quiet place, light a candle if you would like, and open the scriptures for the day. Set a timer for 15 minutes - take a breath - and begin:

#### Address

Father God, creator of heaven and earth,  
God of Abraham, Isaac and Jacob,  
God of Israel,  
God and Father of our Lord Jesus,  
True and living God who is Father, Son  
and Holy Spirit,  
Have mercy and hear my prayer.

#### The Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on  
me.

#### Confession of Sin

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done, and by what we have  
left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as  
ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will, and walk in  
your ways, to the glory of your Name. Amen.

#### Pray the Psalm for the Day

Refer to page two.

#### Read the Scripture for the Day

Refer to the chart beginning on page two

#### Apostles Creed

I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our  
Lord,

who was conceived by the Holy Spirit  
and born of the virgin Mary.

He suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to hell.

The third day he rose again from the dead.  
He ascended to heaven  
and is seated at the right hand of God the  
Father almighty.

From there he will come to judge the living  
and the dead.

I believe in the Holy Spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

#### The Lord's prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as it is in heaven.  
Give us today our daily bread.  
And forgive us our debts,  
as we also have forgiven our debtors.  
And lead us not into temptation,  
but deliver us from the evil one.

#### Prayer for Grace

Lord God, almighty and everlasting Father,  
you have brought us in safety to this new day:  
Preserve us with your mighty power, that we  
may not fall into sin, nor be overcome by  
adversity; and in all we do, direct us to the  
fulfilling of your purpose; through Jesus  
Christ our Lord.

# Daily Psalms

## January

Monday - Psalm 147  
 Tuesday - Psalm 29  
 Wednesday - Psalm 40  
 Thursday - Psalm 15  
 Friday - Psalm 112  
 Saturday - Psalm 2  
 Sunday - Psalm 99

## February

Monday - Psalm 32  
 Tuesday - Psalm 121  
 Wednesday - Psalm 95  
 Thursday - Psalm 23  
 Friday - Psalm 130  
 Saturday - Psalm 31:1-8  
 Sunday - Psalm 31:9-24

## March

Monday - Psalm 16  
 Tuesday - Psalm 116:1-9  
 Wednesday - Psalm 116:10-19  
 Thursday - Psalm 66:1-12  
 Friday - Psalm 66:13-20  
 Saturday - Psalm 68:1-14  
 Sunday - Psalm 68:19-35

## May

Monday - Psalm 66:1-12  
 Tuesday - Psalm 66:13-36  
 Wednesday - Psalm 13  
 Thursday - Psalm 89:1-18  
 Friday - Psalm 89:19-45  
 Saturday - Psalm 89:46-52  
 Sunday - Psalm 1

## April

Monday - Psalm 104:1-23  
 Tuesday - Psalm 104:24-35  
 Wednesday - Psalm 8  
 Thursday - Psalm 33  
 Friday - Psalm 100  
 Saturday - Psalm 50  
 Sunday - Psalm 86

## Year 4 (Winter) Daily Lectionary

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Date	Season/Festival	Lection #	Day	Lection	Title
1/1/26			Thursday	Matthew 3:13-17	Jesus Is Baptized
1/2/26			Friday	Matthew 4:1-11	Temptation in the Wilderness
1/3/26			Saturday	Matthew 4:12-17	Jesus Begins His Ministry
1/4/26	Christmas 2	#4-17	Sunday	John 1:35-51	Come and See
1/5/26			Monday	Matthew 4:18-20	Simon and Andrew
1/6/26			Tuesday	Matthew 4:21-22	James and John
1/7/26			Wednesday	Matthew 9:9-13	Matthew's Call
1/8/26			Thursday	Matthew 9:35-38	Harvest Is Great, Laborers Are Few
1/9/26			Friday	Matthew 10:1-4	The Twelve Disciples
1/10/26			Saturday	Matthew 10:5-12	The Mission of the Twelve
1/11/26	Epiphany/Baptism	#4-18	Sunday	John 2:1-11	The Wedding at Cana
1/12/26			Monday	Luke 14:7-11	A Parable about Weddings
1/13/26			Tuesday	Luke 14:15-24	The Parable of the Great Dinner
1/14/26			Wednesday	Psalm 104:10-16	Food and Drink for All
1/15/26			Thursday	Revelation 19:1-10	The Eternal Wedding Feast
1/16/26			Friday	Isaiah 25:6-9	The Feast of the Lord
1/17/26			Saturday	Psalm 23:1-6	A Psalm with Overflowing Wine
1/18/26	Epiphany 2	#4-19	Sunday	John 2:13-25	Cleansing the Temple
1/19/26			Monday	Jeremiah 7:1-11	Prophecy Concerning the Temple
1/20/26			Tuesday	Zechariah 6:9-15	The Future Temple is Foretold
1/21/26			Wednesday	Zechariah 14:20-21	The Future Temple Has No Traders
1/22/26			Thursday	Revelation 21:22-26	God and the Lamb
1/23/26			Friday	Isaiah 56:1-7	House of Prayer
1/24/26			Saturday	Psalm 69:9	Zeal for the House of the Lord
1/25/26	Epiphany 3	#4-20	Sunday	John 3:1-21	Nicodemus Visits Jesus
1/26/26			Monday	John 3:22-30	John the Baptist Preaches about Jesus
1/27/26			Tuesday	John 3:31-36	John's Continued Teachings
1/28/26			Wednesday	Luke 3:19-20	John Put in Prison
1/29/26			Thursday	Matthew 11:2-6	John Sends Messengers to Jesus
1/30/26			Friday	Matthew 11:7-15	John Is Elijah
1/31/26			Saturday	Matthew 11:16-19	Jesus Compares Himself to John

2/1/26	Epiphany 4	#4-21	Sunday	John 4:1-26	The Woman at the Well
2/2/26			Monday	John 4:27-42	Many Come to Believe
2/3/26			Tuesday	Luke 15:1-7	The Parable of the Lost Sheep
2/4/26			Wednesday	Luke 15:8-10	The Parable of the Lost Coin
2/5/26			Thursday	Luke 15:11-32	The Parable of the Lost Son
2/6/26			Friday	Luke 16:1-13	The Parable of the Shrewd Manager
2/7/26			Saturday	John 4:43-45	Jesus Returns to Galilee
2/8/26	Epiphany 5	#4-22	Sunday	John 4:46-54	Healing Miracles
2/9/26			Monday	John 5:1-18	Jesus Heals on the Sabbath
2/10/26			Tuesday	John 5:19-29	Jesus' Authority Comes from God
2/11/26			Wednesday	John 5:30-47	Testimonies about Jesus
2/12/26			Thursday	John 6:1-15	Jesus Feeds the Five Thousand
2/13/26			Friday	John 6:16-21	Jesus Walks on Water
2/14/26			Saturday	John 8:12-20	Jesus Is the Light of the World
2/15/26	Transfiguration	#4-23	Sunday	John 9:1-41	Spiritual Blindness
2/16/26			Monday	Matthew 17:1-13	The Transfiguration
2/17/26			Tuesday	Luke 12:22-34	Fear Not Little Flock
2/18/26	Ash Wednesday	#4-L1	Wednesday	John 10:1-18	Following the Shepherd
2/19/26			Thursday	Luke 15:1-7	Finding Lost Sheep
2/20/26			Friday	John 10:22-30	My Sheep Hear My Voice
2/21/26			Saturday	John 10:31-42	Jesus' Signs Testify
2/22/26	Lent 1	#4-24	Sunday	John 11:1-44	Jesus Raises Lazarus
2/23/26			Monday	John 11:45-57	Concern about Jesus' Actions
2/24/26			Tuesday	John 12:1-11	Jesus Anointed at Bethany
2/25/26			Wednesday	John 12:12-19	Jesus Enters Jerusalem
2/26/26			Thursday	John 12:20-36	Greeks Want to See Jesus
2/27/26			Friday	John 12:37-50	Many Are Scared to Admit Their Faith
2/28/26			Saturday	Isaiah 6:1-10	Isaiah's Prophecy about the People
3/1/26	Lent 2	#4-25	Sunday	John 13:1-17	Jesus Serves
3/2/26			Monday	John 13:21-30	Judas' Betrayal Foretold
3/3/26			Tuesday	John 13:31-38	Peter Will Deny Jesus
3/4/26			Wednesday	John 14:1-7	Do Not Let Your Hearts Be Troubled
3/5/26			Thursday	John 15:1-7	Jesus Is the True Vine
3/6/26			Friday	John 17:1-5	The Hour Has Come
3/7/26			Saturday	John 18:1-11	Jesus Is Arrested
3/8/26	Lent 3	#4-26	Sunday	John 18:12-27	Peter Denies Jesus
3/9/26			Monday	Psalm 27:1-14	My Enemies Will Fall
3/10/26			Tuesday	Isaiah 45:14-19	God Does Not Speak in Secret
3/11/26			Wednesday	John 14:8-12	Jesus Is Going to the Father
3/12/26			Thursday	John 14:13-17	Jesus Will Send an Advocate
3/13/26			Friday	John 14:18-21	Not Left Orphaned
3/14/26			Saturday	John 14:23-29	The Advocate Will Teach Them
3/15/26	Lent 4	#4-27	Sunday	John 18:28-40	Jesus before Pilate
3/16/26			Monday	John 15:8-11	Abide in Jesus' Love
3/17/26			Tuesday	John 15:12-17	Love One Another
3/18/26			Wednesday	John 15:18-21	You Will Be Persecuted
3/19/26			Thursday	John 15:22-27	You Will Testify
3/20/26			Friday	John 16:1-4a	Keep You from Stumbling
3/21/26			Saturday	John 16:4b-7	Jesus Is Going Away
3/22/26	Lent 5	#4-28	Sunday	John 19:1-16a	Jesus Is Sentenced
3/23/26			Monday	John 16:8-12	The Spirit Will Teach
3/24/26			Tuesday	John 16:13-16	The Spirit Will Guide You to Truth
3/25/26			Wednesday	John 16:17-22	The Disciples Will See Jesus Again
3/26/26			Thursday	John 16:23-28	Ask and You Shall Receive
3/27/26			Friday	John 16:29-33	The Disciples Will Be Scattered
3/28/26			Saturday	John 17:6-9	Jesus Prays to God
3/29/26	Palm/Passion Sun	#4-29	Sunday	John 19:16b-22 [12:12-27]	A Different Kind of King
3/30/26			Monday	John 17:10-13	Not One Is Lost
3/31/26			Tuesday	John 17:14-19	Protect Them from Evil
4/1/26			Wednesday	Psalm 22:1-5	Why Have You Forsaken Me?
4/2/26	Maundy Thursday	#4-L2	Thursday	John 19:23-30	The Crucifixion
4/3/26	Good Friday	#4-L3	Friday	John 19:31-42	Jesus Is Buried
4/4/26			Saturday	Psalm 22:6-11	People Mock Me
4/5/26	Easter	#4-R1	Sunday	John 20:1-18	Good News in the Garden

4/6/26			Monday	Psalm 22:19-22	Lament Turned to Praise
4/7/26			Tuesday	Psalm 22:23-26	Lament turned to Praise
4/8/26			Wednesday	Psalm 22:27-31	Lament turned to Praise
4/9/26			Thursday	Isaiah 44:6-8	God Calls the People to Be Witnesses
4/10/26			Friday	Isaiah 53:1-6	The Song of the Suffering Servant
4/11/26			Saturday	Isaiah 53:7-12	Like a Lamb Led to Slaughter
4/12/26	Easter 2	#4-30	Sunday	John 20:19-31	The Disciples Believe the Good News
4/13/26			Monday	John 21:1-14	Jesus on the Seashore
4/14/26			Tuesday	John 21:15-19	Care for My Sheep
4/15/26			Wednesday	Acts 1:6-11	Jesus' Ascension
4/16/26			Thursday	Acts 2:22-36	Peter's Sermon about Jesus
4/17/26			Friday	Acts 2:37-47	Life in the First Church
4/18/26			Saturday	Acts 8:1b-3	Saul Persecutes the Church
4/19/26	Easter 3	#4-31	Sunday	Acts 9:1-19a	Saul Discovers the Good News
4/20/26			Monday	Acts 9:19b-25	Saul Begins to Preach
4/21/26			Tuesday	Acts 9:26-31	Saul Comes to Jerusalem
4/22/26			Wednesday	Acts 13:1-12	Barnabas and Saul Commissioned
4/23/26			Thursday	Acts 15:1-21	Council of Jerusalem
4/24/26			Friday	Acts 15:36--16:5	Timothy Joins Paul
4/25/26			Saturday	Acts 16:11-15	Conversion of Lydia
4/26/26	Easter 4	#4-32	Sunday	Acts 16:16-34	Rejoicing in the Good News
4/27/26			Monday	Acts 16:35-40	Paul Released from Jail

4/28/26			Tuesday	Acts 10:1-23	Conversion of Cornelius, Pt 1
4/29/26			Wednesday	Acts 10:24-33	Conversion of Cornelius, Pt 2
4/30/26			Thursday	Acts 10:34-48	Conversion of Cornelius, Pt 3
5/1/26			Friday	Acts 17:1-9	Paul Goes to Thessalonica
5/2/26			Saturday	Acts 17:10-15	Paul Goes to Beroea
5/3/26	Easter 5	#4-33	Sunday	Acts 17:16-31	Sharing the Hope of Jesus
5/4/26			Monday	Acts 17:32-34	Conversion of Dionysius
5/5/26			Tuesday	Acts 18:1-17	The Church at Corinth
5/6/26			Wednesday	Acts 19:1-10	The Church at Ephesus
5/7/26			Thursday	Acts 19:21-22; 20:17-28	Paul's Decision to Leave Ephesus
5/8/26			Friday	Acts 22:1-11	Paul Tells His Story, Pt. 1
5/9/26			Saturday	Acts 22:12-21	Paul Tells His Story, Pt. 2
5/10/26	Easter 6	#4-34	Sunday	Philippians 1:1-18a	Living with Love
5/11/26			Monday	Philippians 1:18b-26	Paul's Reason for Happiness
5/12/26			Tuesday	Philippians 1:27-30	Fight for the Faith
5/13/26			Wednesday	Galatians 1:11-24	Paul Explains the Gospel, Pt. 1
5/14/26			Thursday	Galatians 2:1-10	Paul at Jerusalem
5/15/26			Friday	Galatians 2:11-14	Paul and Peter
5/16/26			Saturday	Galatians 2:15-21	Paul Explains the Gospel, Pt. 2
5/17/26	Easter 7	#4-35	Sunday	Philippians 2:1-13	Living Like Jesus
5/18/26			Monday	Philippians 2:14-18	Paul Rejoices in the Philippians
5/19/26			Tuesday	Philippians 2:19--3:1a	Paul Sending Timothy
5/20/26			Wednesday	Philippians 3:1b-6	Paul Tells His Story Again
5/21/26			Thursday	Philippians 3:7-16	Paul Counts Everything Else as Loss
5/22/26			Friday	Philippians 3:17--4:1	Paul Exhorts the Philippians
5/23/26			Saturday	Philippians 4:10-20	Paul's Farewell
5/24/26	Pentecost	#4-36	Sunday	Acts 2:1-21; Philippians 4:1-13	Blessed to Share our Hope
5/25/26			Monday	Philippians 4:8-9	Focus on What Is Good
5/26/26			Tuesday	Acts 3:1-10	Stand Up and Walk
5/27/26			Wednesday	Acts 4:32-37	Believers Share What They Have
5/28/26			Thursday	Acts 5:12-16	Many Are Healed
5/29/26			Friday	Revelation 21:1-6	God Makes All Things New
5/30/26			Saturday	Revelation 22:1-7	God's Kingdom Come