

Sacred Heart Yokosuka

Religious Education



Rosary: The First Glorious Mystery: The Resurrection

Jesus Christ rose from the dead and will live forever.

Gospel: John 3:13-17

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.

Main Topic: The Paschal Mystery

#1: 42-48 #2: 50-59 #3: 43-45 #4: 36-41

1. "Paschal" comes from Passover, when God saved the Israelites from Egypt.
2. Jesus is the new Paschal Lamb who saves us from sin.
3. Jesus is the Lamb of God because we are all part of God's family after our baptism.
4. We call this mystery the Paschal Mystery or the Mystery of Faith or the Mystery of Salvation.
5. We remember the Paschal Mystery at every Mass: "We proclaim your death O Lord, and profess your Resurrection, until you come again."
6. Jesus was beaten and crowned with thorns and mocked because of our sins.
7. Jesus was crucified on Good Friday and died to save us from our sins.
8. Three days later, on Easter Sunday, he rose from the dead.
9. Jesus showed himself to many people after he rose. First Mary Magdalene and then Peter and then the Apostles.
10. Forty days later, Jesus ascended into heaven. An angel told the apostles that Jesus will come back the same way.
11. Jesus promised he would come back, and said it could happen any day. Maybe even today!

Faith Focus: The 5Ws of the Rosary

Who is the Rosary about?

The Rosary is about Jesus and his Mother Mary

What is the Rosary?

The Rosary is a prayer where we meditate on Mysteries while saying 50 Hail Marys and other prayers.

Where should we keep our Rosary?

In our pocket (never around our neck)

When can we pray the Rosary?

We can pray the Rosary anytime we want to think about God.

Why do we pray the Rosary?

Having a prayer to say out loud helps us to concentrate on thinking about the Mystery.

Saint: St. Mary Magdalene

July 22

St. Mary Magdalene was a friend of Jesus. Jesus cast seven demons out of her, and then she followed him along with his twelve Apostles. On the Monday before he died, she washed his feet and anointed him with expensive perfume to prepare him for his death. On Friday, while he was dying on the cross, she was there, looking on from a distance. When he had died, she helped bury him, but they had to go home before they could finish because no work could be done starting Friday night and all of Saturday. On Sunday morning, before the sun rose, she and some other women went to the tomb to finish the burial, but they found the large stone that covered the tomb rolled away, and the tomb was empty.

She told Simon Peter and John, "They have taken the Lord out of the tomb, and we do not know where they have laid him." She went back to weep and look into the empty tomb, and Jesus appeared to her and said, "Woman, why are you weeping? Whom are you seeking?" She did not realize that it was him. She thought it was the gardener in charge of the cemetery and that he had taken the body out of the tomb. She said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him." Jesus said to her, "Mary." She turned and said, "Teacher!" Jesus said to her, "Do not cling to me, for I have not yet ascended to the Father; but go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'" So Mary Magdalene went and announced to the disciples, "I have seen the Lord!" This is why she is called the Apostle to the Apostles: she was the first to see the Jesus after he rose from the dead.

Keyword: Mystery – secret

Our human words always fall short of the mystery of God, so it is impossible to describe a mystery perfectly in words. We can only think about it in prayer and meditation and understand it more and more.

Prayer: Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Next time...

Rosary: The Fifth Sorrowful Mystery: The Crucifixion

Mark 15:22-39

And they brought him to the place called Golgotha (which means Place of a Skull). And they offered him wine mixed with myrrh, but he did not take it. And they crucified him and divided his garments among them, casting lots for them, to decide what each should take. And it was the third hour when they crucified him. And the inscription of the charge against him read, “The King of the Jews.” And with him they crucified two robbers, one on his right and one on his left. And those who passed by derided him, wagging their heads and saying, “Aha! You who would destroy the temple and rebuild it in three days, save yourself, and come down from the cross!” So also the chief priests with the scribes mocked him to one another, saying, “He saved others; he cannot save himself. Let the Christ, the King of Israel, come down now from the cross that we may see and believe.” Those who were crucified with him also reviled him. And when the sixth hour had come, there was darkness over the whole land until the ninth hour. And at the ninth hour Jesus cried with a loud voice, “Eloi, Eloi, lema sabachthani?” which means, “My God, my God, why have you forsaken me?” And some of the bystanders hearing it said, “Behold, he is calling Elijah.” And someone ran and filled a sponge with sour wine, put it on a reed and gave it to him to drink, saying, “Wait, let us see whether Elijah will come to take him down.” And Jesus uttered a loud cry and breathed his last. And the curtain of the temple was torn in two, from top to bottom. And when the centurion, who stood facing him, saw that in this way he breathed his last, he said, “Truly this man was the Son of God!”