

2026 Winter Kickoff

“Can someone read this out loud?”

If you drive a car, you need to change the oil. Even if you’ve changed it before, you’ll eventually need to change it again. Over time, small things build up and can damage the engine. Regular oil changes are key to an engine running smoothly.

A life group is similar – it’s good to regularly touch base. Even if we’ve touched base before, we eventually need to touch base again. Just like any relationship, small things can build up and cause damage unless you deal with them. With that in mind, let’s take a moment to ‘change the oil.’

“What’s gone well in our group so far? How could we grow?”

Each person shares their answer.

1. Something I’d like to continue in our group is _____.
e.g. “Something I’d like to continue in our group is our group chat.
2. Something that might help if we did differently is _____.
e.g. Something that might help if we did differently is having different people host sometimes.
3. I think our balance of social time, discussion time, and prayer time has been _____.
e.g. I think our balance of social time, discussion time, and prayer time has been pretty good, but I’d like to spend more time praying for people.
4. (Optional) Something I’d like to talk about before we begin a new season is _____.
e.g. Something I’d like to talk about before we begin a new season is how rarely we are all together as a group. It makes it hard to go deeper when it feels like different people each week!

“Here are a few questions for us to talk about.”

1. Do we want to change when, where, how often, or how long we meet?
2. How could our group meet a need together? Would we want to meet a need with resources (e.g. food, money, or clothing donations), time (e.g. volunteering at an organization, ministry, or event), or another way?
3. What kind of social events (e.g. meals, movies, camping trips, coffee, walks, etc.) would we like to do and how often do we want to do them? Do we want to choose dates for that now?
4. When will our last meeting be? Can we all commit to meeting consistently until then?
5. Spotty attendance can ruin a group! Is everyone willing to attend regularly?
6. Will we take any breaks for holidays or vacation (e.g. Spring Break or Easter)?
7. Are we open to welcoming new people to the group? If so, do we want to invite someone we know, or do we want to welcome someone from Life Together?

Life Group Roles – January to April 2026

Who will do what? It's essential one or two people aren't doing all the work!

Who will lead discussions? There's a discussion guide available!

Do we want a snack? If so, who will bring it and will we eat it?

Who will confirm the details each week? e.g. Who is leading the next discussion, what's the location of next meeting, when/where is your social event, etc.?

Who will host? It doesn't always have to be the same person or same place!

Would filling out a schedule be helpful?

	Date	Discussion Leader	Snack Bringer (Optional)	Detail Person	Host
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
	Social Time #1:				
	Social Time #2:				
	How Can We Meet a Need?				
	Final Meeting Date:				