



Inlet United Newsletter for January 11 to January 17, 2026



What's Happening at Inlet United

January 11 to January 17, 2026

UPCOMING THIS WEEK:

Sunday Worship Service, January 11, 2026 - Worship Service at 10am in person at The Springs and via YouTube LiveStream: Click [here](#) for Link. Rev. Jenn Swanson presiding along with Music Director, Scott Gould.

Monday, January 12 at 10:30am - Centering Prayer - In person at Inlet United at The Springs meeting room. For more details [Click Here!](#)

Monday, January 12 - Healing Pathway - Sessions are booked in advance for 1:15pm or 2pm. To book a session, please email healingpathway@inletunited.ca or contact the office at 604-939-5513. For more details [Click Here!](#)

Wednesday, January 14 from 9:30am to 10:30am - Chair Yoga at IUC at The Springs. This session is currently full. Please contact the church office to be placed on a waitlist.

Wednesday, January 14 from 7pm to 8:30pm - Inlet Sings! Choir rehearsal at Inlet United at The Springs. Childminding available upon request! For further details contact office@inletunited.ca



Prayer:

Holy Light of the world,
shine in the gray days of January and in the hidden corners of our hearts.
Guide us here at Inlet United to notice your presence...to find God Moments...
in our city's streets, homes, and shoreline,
so that our ordinary days and hours become places of your epiphany.
Amen.



Stewardship Message

Inlet United Church Planned Giving program:

How long has it been since you last updated your will? Perhaps it's time. Remember your family. Remember your church. Your gifts can make a difference. ***Click the button below and scroll to the bottom of the page for a free pdf copy of the United Church's Will Workbook.***

For further information, please contact the Stewardship Ministry; Fran, Cathy A., Julie A., Marta P., Betty.

For more information visit:

<https://united-church.ca/community-and-faith/get-involved/ways-give/giving-through-your-estate>



Inlet United 2025 Income Tax Receipts

Income Tax receipts for donations received in 2025 will soon be sent to donors whose email addresses are on file. If you do not receive yours please check in your 'Junk' file. The receipts come from donations@inletunited.ca.

If we do not have your email address on file your tax receipt will be delivered by hand or by Canada Post in the next few weeks.

Please do check the details on your receipts, as errors do occur.

Remember to save or print the receipt and file it with other documents you are saving for when you file your income tax return.

Marcia Carmichael, Donations Secretary



Join us for Soup Sunday Luncheon!

Sunday, January 25 after worship (11am-ish)

Soup Sunday Luncheon at Inlet United at The Springs is a welcoming, casual gathering for newcomers (and everyone else!) to share a meal, meet the congregation, and get a feel for the community in a relaxed setting.

New to the area, new to church, or just curious? Come as you are for a warm bowl of homemade soup, friendly conversation, and a chance to get to know our inclusive, inquisitive faith community.

All ages, all backgrounds, and all questions welcome. Stay as long or as little as you like—there is always room at the table.

VOLUNTEER REQUEST: Hospitality requires 4 volunteers to provide homemade soups and 4 volunteers to assist with clean up at this event. Please sign up in the foyer or email office@inletunited.ca



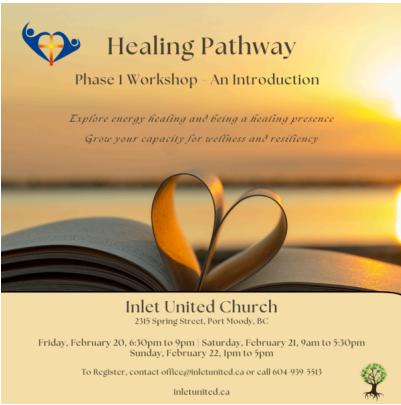
Inlet United Fireside Chat

Sunday, January 18

Please plan to stay after the service on Sunday, January 18 for a Fire Side chat about new ministry possibilities for 2026 and beyond.

The focus: Children, Family, Seniors and Music.

VOLUNTEER REQUEST: Hospitality requires 4 volunteers to assist at this event. Please email office@inletunited.ca or sign up in the foyer.



Healing Pathway Phase 1 Workshop

For more information or to register: email office@inletunited.ca or call 604-939-5513



VST Sunday - January 25, 2026

Fang Fang Chandra will be joining us from the Vancouver School of Theology for VST Sunday on January 25, 2026. Read her bio below:

Fang Fang Chandra

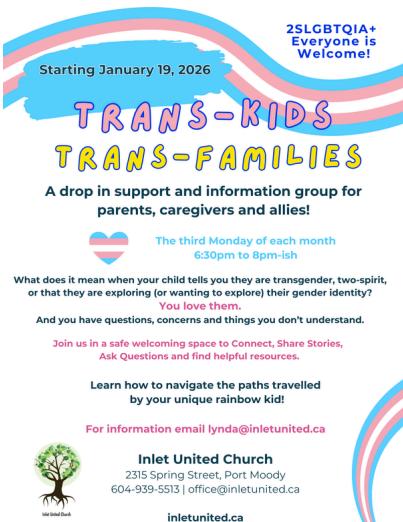
Graduate Theology Student, Vancouver School of Theology

Fang Fang graduated from Southeast Asia Bible Seminary with a Bachelor of Theology in Indonesia and holds double degrees in Education and Arts from Jinan University, China, and Ma Chung University, Indonesia. She is currently pursuing her Master's degree at Vancouver School of Theology.

Fang Fang is an assistant at the Centre for Christian Engagement since November 2023 and she is the Children & Youth Ministry Leader at West Vancouver United Church since June 2024 where she leads the different ministry initiatives that help children, teens, and their families discover the goodness of God. At the heart of her approach to ministry are empathy, leadership, creativity, and a love of food and games to build relationships. Having become a Christian in Sunday school, Fang Fang understands the importance of these foundational years and the life-long impact healthy spirituality has on human flourishing.

Fang Fang has a deep love for people, especially children and youth. She cherishes building relationships with others and finds joy in playing games—online or offline, card games, board games, you name it!

Starting Monday, January 19, 2026 at Inlet United Church at The Springs



Starting January 19, 2026

TRANS-KIDS
TRANS-FAMILIES

A drop in support and information group for parents, caregivers and allies!

The third Monday of each month
6:30pm to 8pm-ish

What does it mean when your child tells you they are transgender, two-spirit, or that they are exploring (or wanting to explore) their gender identity?
You love them.

And you have questions, concerns and things you don't understand.

Join us in a safe welcoming space to Connect, Share Stories, Ask Questions and find helpful resources.

Learn how to navigate the paths travelled by your unique rainbow kid!

For information email lynda@inletunited.ca

Inlet United Church
2315 Spring Street, Port Moody
604-939-5513 | office@inletunited.ca

inletunited.ca



JOYco

The Art of Song Writing Free Workshop

Inlet United Church at The Springs
2315 Spring Street, Port Moody

Saturday, January 31
11am to 1pm

Limited to 8 participants

No Experience necessary
Beginner-Intermediate (all ages & talents welcome)
Create your own simple harmonized song in a casual environment

To register, contact office@inletunited.ca or call 604-939-5513

<http://inletunited.ca/events/the-art-of-song-writing-free-workshop/2026-01-31>

inletunited.ca



Inlet Sings!
Inlet United at The Springs

We offer a supportive and joyful environment where you can share your talent, connect with amazing people, and uplift our community through song.

Inlet Sings! invites you to join our vibrant choir!

No Fees & Childminding available!

Choir Rehearsal Wednesdays: 7pm - 8:30pm
Sunday warmup: 9:15am - 9:45am

Contact office@inletunited.ca or call 604-939-5513

<http://inletunited.ca/events/inlet-sings/2025-10-01>

inletunited.ca
2315 Spring Street, Port Moody, BC V3H 0L7

TAIZÉ CONTEMPLATIVE WORSHIP

Next Experience: Thursday, January 22 at 7pm - Rev. Jenn Swanson presiding and along with Guest Musician, Dr. Bruce Harding

For more information visit:
<http://inletunited.ca/events/taize-contemplative-worship--73/2026-01-22>

The Art of Song Writing - Free Workshop

Saturday, January 31, 2026 | 11am to 2pm

Contact the church office to register:

office@inletunited.ca or call 604-939-5513

For more information visit:

<http://inletunited.ca/events/the-art-of-song-writing-free-workshop/2026-01-31>

Inlet Sings!

We will resume regular Wednesday rehearsals on January 14, 2026.

We invite you to join Music Director, Scott Gould and Inlet Sings! for regular choir rehearsals on Wednesday evenings from 7pm to 8:30pm - No matter your age or background, if you have a passion for singing, we have a place for you.

No fees & childminding available.

For more information visit:
<http://inletunited.ca/events/inlet-sings/2025-10-01>

The logo for Taizé Contemplative Worship. It features a circular photograph of a traditional wooden house with a thatched roof, surrounded by trees and a fence. To the right of the circle, the word "Taizé" is written in a large, stylized, cursive font. Below it, the words "Contemplative Worship" are written in a smaller, also stylized, cursive font.

Moody Rocks! A Classic Rock Choir in Port Moody

New Sessions for 2026:

Tuesdays - January 27 to April 21 at 7pm

Inlet United Church - 2315 Spring Street, Port Moody

For more information and to register, please contact Scott Gould directly at scott@scottgould.ca

Morning Labyrinth Walk & Drop in Coffee

Next Event: Thursday, February 5, 2026

(No sessions in January)

For more information visit:

02-05



Come and experience the magic of walking the Labyrinth!

Labyrinth Walk ~ Healing Pathway
Inlet United at The Springs
First Thursday Monthly
7pm to 8pm

Labyrinth Walk
A self-led walking practice with the soothing music, offering a spiritual pathway and safe space to explore your inner world, reducing stress and cultivating peace.

Healing Pathway Chair Sessions
Healing Pathway practitioners will be available to offer short healing sessions while sitting on chairs. You can add ten minutes of intentional energy healing to the time of meditative walking and listening. For more information contact healingpathway@inletunited.ca

Inlet United Church
2315 Spring Street, Port Moody
office@inletunited.ca | 604-939-5513
inletunited.ca

Labyrinth Walk and Healing Pathway Chair Sessions

Next Event: Thursday, February 5, 2026

(No sessions in January)

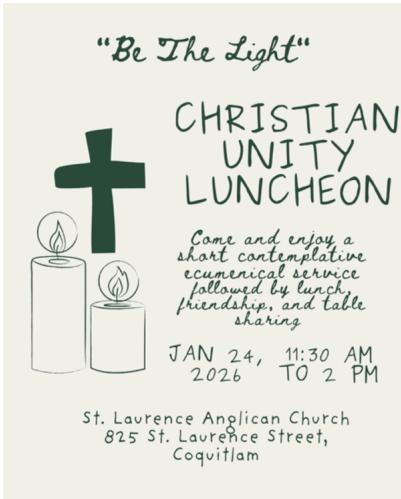
For more information visit:

<http://inletunited.ca/events/labyrinth-walk-healing-pathway-chair-sessions/2026-02-05>



Events in our Community

CONNECTING NEIGHBOURS THROUGH ENGAGING ACTIVITIES!



“Be The Light”

CHRISTIAN UNITY LUNCHEON

Come and enjoy a short contemplative ecumenical service followed by lunch, friendship, and table sharing

JAN 24, 11:30 AM 2026 TO 2 PM

St. Laurence Anglican Church
825 St. Laurence Street, Coquitlam

Christian Unity Luncheon

Everyone Welcome!



CHORAL CONNECTIONS PRESENTS:
UNITED IN SONG 2026

Director: Ingrid Cay
Accompanist: Vincent Lo
With Guest Performers

Saturday January 31, 2pm

Adults: \$20 | Trinity United Church
Children under 12: \$15 | 2211 Prairie Ave
Port Coquitlam, BC

Tickets available at the door
(Cash or cheque only)
For advance purchase contact
email bookings@choralconnections.ca

Scent Free: Help us host a scent free event by avoiding perfumes, colognes or strong smelling personal care products

Choral Connections

Our Region and Across the Globe



The Pacific Mountain Region

And World Council of Churches

Pacific Mountain Region

For current events and news, please visit the **Pacific Mountain Region** website.

Pacific Mountain Region Indigenous Ministry

For current events and news, visit PMR Indigenous Ministry - **[click here!](#)**

The World Council of Churches

Please visit the **World Council of Churches** website for the Ecumenical Prayer Cycle prayers for the current week.



Financial Offerings

The ministry of Inlet United Church relies heavily on donations from you to keep the ministry operational. Your financial offering is a faith response and a symbol of stewardship. We use these donations to do the work of Jesus both here in this community and far beyond our own walls.

There are 4 easy ways to donate (tax receipts issued at end of year):

1) Interac e-transfer through your bank or credit union. Interac e-transfers should be sent to **donations@inletunited.ca**.

2) PAR (automatic monthly donations through your bank). Please reach out to Marcia Carmichael or the office via phone or email to set this up. **Note - If you would like to increase your monthly PAR offerings, please contact Marcia to arrange this.**

3) Donate via credit card on our website - www.inletunited.ca - using the "Give" option (select "Local Offerings/General" from the "To" drop down)

4) Send a cheque made out to Inlet United Church to the office. Remember to include your envelope/donor number if you have one.

If you are attending in person, you may donate via our wooden offering box on Sundays in the sanctuary. Please write your name, contact information and/or envelope number on the envelope if you would like your donation to be added to your annual tax receipt.

We thank you again for your generosity and your support!

For more information visit:
<https://www.inletunited.ca/give>



Inlet United Church Contact Information

Get in Touch!

Office Hours: Monday - Friday from 9:30am - 3:30pm

EMAIL:

Rev. Jennifer Swanson | revjenn@inletunited.ca

Office Administrator - Kelly Doyle | office@inletunited.ca

AV Technician - Robbie Munro | AVTech@inletunited.ca

Music Director - Scott Gould | scott@scottgould.ca

PHONE:

Main Church Number: 604-939-5513

Minister's Direct Line: 778-369-1938

ADDRESS:

2315 Spring Street, Port Moody, BC V3H 0L7

Website: www.inletunited.ca



Newsletter Submissions

Your submissions are welcome!

HOW TO SUBMIT YOUR POST

Please submit posts to office@inletunited.ca.

Submission deadline: End of day Wednesday each week.

The newsletter features Inlet United Church and related community posts. Please include your event or news information and a photo if you like.

Inlet United Church retains the right to edit all submissions for brevity and clarity, to remove or not include submissions.

Thank you!