



SENEGAL MISSION TRIP PERSONAL COVENANT

In signing below, I recognize that my visit is a small part of the larger picture of what the Free Methodist Church is trying to achieve. As a guest desiring not to interfere with ongoing ministry, I accept the following conditions and agree to:

- Acknowledge that my host country may not have all the conveniences I am used to.
- Strive to be flexible and adjust my desires for the sake of others and ministry.
- Approach this trip with the mindset that I am here to understand the host culture, not to impose my viewpoint or way of doing things.
- Acknowledge that there are various ways to achieve the same goal, and recognize that my way may not be the best.
- Use respectful language, refrain from profanity, and avoid insensitive humor and argumentative behavior.
- Abstain from derogatory comments about my hosts, their customs, food, manners, or ideas.
- Acknowledge the authority of the Team Leader, missionaries, and national host in all decisions and abide by their decisions without grumbling, meddling, or complaining.
- Be supportive and adaptable, as plans may change.
- Commit to not being overly demanding, offending, or causing embarrassment for the local mission host, and strive to contribute to their long-term goals.
- Take care so that my behavior accurately reflects Jesus.
- Respect how Sundays are observed by the national hosts, even if it restricts activities like shopping or sightseeing.
- Respect different worship styles, even if they are not my preference.

- Be mindful of (and avoid) interactions that could be perceived as romantic, even if that is not the intent.
- Abstain from tobacco, alcoholic beverages, illegal drugs, and prohibited activities while on this ministry trip.
- Follow the clothing standards of the host Free Methodist Church, even if I find them too restrictive.
- Respect the wishes of the team leader/missionary/national host regarding safety. Accordingly, I agree not to go anywhere without obtaining prior clearance, understanding that this may limit my freedoms.
- Avoid exerting undue pressure on merchants during bargaining for purchases in shops and marketplaces, ensuring fair returns on their products.
- Seek guidance from the missionary/national host when moved by compassion or kindness to give gifts (cash, tools, personal items, or things brought from home). Clear any gift-giving beforehand with the missionary/national host to ensure good motives align with national customs and do not hinder the best interests of the national church.

I understand that repeated, willful neglect of this covenant is considered unsatisfactory since it jeopardizes the ministry of the Free Methodist Church. If asked to leave because of compromising this covenant, I will return home immediately at my own expense.

Signed _____ Date _____