

The Mystery of Communion

John 17:20; Luke 22:19-20; 1 Corinthians 11:23-24

At the Table, We Remember (Anamnesis)

At the Table, We Give Thanks (Eucharist)

At the Table, We Commune (Koinonia)

At the Table, We Anticipate the Coming Kingdom

At the Table, We Renew our Covenant with God

At the Meal, We Celebrate Christ as Victor (Christus Victor)