

**Sermon:** The Mystery of Communion

**Primary texts:** John 17:20-22; Luke 22:19-20; 1 Corinthians 11:23-24; Matthew 26:26-29

**Discussion guide:**

- What is one meal you remember that felt especially meaningful or sacred? What made it different from an ordinary meal?
  - Why do you think shared meals carry so much meaning in our lives?
- Growing up, how would you describe your experience of communion? (Quiet, confusing, meaningful, routine, rare, etc.)
- **Read:** *Luke 22:14-20*
  - When Jesus says, “Do this in remembrance of me,” what do we usually think that means?
  - The Greek word for Remembrance is “Anamneis.” How does the idea of **anamnesis** —an active remembering that brings the past into the present— expand your understanding of communion?
  - How does remembering God’s saving work in the past shape how we live in the present and hope for the future?
- **Read:** *1 Corinthians 11:23–24*
  - Why do you think thanksgiving is central to the Lord’s Supper?
  - How does our consumer-driven culture train us to expect, deserve, or earn rather than receive?
  - How might practicing gratitude at the Table reshape our hearts outside of church?
- **Read:** *John 17:20–23*
  - What kind of unity does Jesus pray for in this passage?
  - Why is communion not just a personal act but a deeply communal one?
- **Read:** *Matthew 26:26-29*
  - What do Jesus’ words about not eating or drinking again until the kingdom comes tell us about the future?
  - How does the idea of communion as a “foretaste of heaven” change how you approach the Table?
  - Why do you think joy and anticipation are essential parts of Christian hope?
  - How does looking forward to the coming kingdom shape how we live today?