

**Vital Signs: Grow**  
**Luke 9:23-26; Acts 2:42**  
**Pastor Chad Cowan**  
**January 11, 2026**

- The elements of discipleship (Luke 9:23)
  - Desire.
  - Decision.
  - Denial.
  - Dedication.
  - Determination.
- The example of discipleship (Acts 2:42)
  - Early Christians were devoted to the apostle's teaching.
  - Christians through history pursued truth.
- The execution of discipleship. How can I be a life-long disciple?
  - Look online discerningly.
  - Read like your life depends on it.
  - Get into a group at FBC!