



MADE FOR THIS

Sermon Based Questions

"Made for This Part 1 - What Breaks Your Heart?" – Nathan Blais

January 4, 2026

As we begin the “Made for This” series, we opened Nehemiah 1 and saw how calling often starts when something breaks our heart. Nehemiah’s grief led him into prayer, fasting, confession, and courageous steps toward what God was inviting him to do.

Share

1. When have you felt that “I was made for this” feeling—like you were in the right place doing the right thing?
2. What’s one cause or situation you’ve noticed recently that you keep thinking about, even when you’re busy?

Discuss

3. Read Nehemiah 1:1–4. Discuss what stands out about Nehemiah’s response when he hears the report about Jerusalem.
4. Nehemiah had a significant job as cupbearer, yet God’s calling pulled him toward something else. What did the sermon suggest about how “job” and “calling” can relate?
5. The sermon contrasted a broken heart with a critical spirit. What’s the difference, and how can you tell which one is driving your reaction to a problem?

Reflect

6. What breaks your heart right now—and how do you sense that might be an invitation from God rather than just a passing frustration?
7. Read Nehemiah 1:6–7. Reflect on Nehemiah’s “we” language and personal ownership (“even I...”). Where might God be inviting you to take responsibility?
8. The sermon said leadership begins with self-leadership (time, money, thoughts, heart). Which area feels most “unled” in you lately, and what’s one step toward leading it well?

Apply

9. This week, what’s one concrete way you’ll respond to what breaks your heart: pray, learn, talk to someone wise, serve, give, or take one small action step?