

LIFE WITH GOD.
LIFE TOGETHER.
LIFE FOR THE WORLD.

2026 Consecration Guide

January 5 – January 25

FREE SPIRIT WORSHIP CHURCH

Who We Are

Free Spirit Worship Church is a Christ-centered community committed to cultivating life with God (zōē)—a shared way of life shaped by love, worship, freedom, wisdom, and alignment with God's heart.

We welcome people of all ages, backgrounds, and spiritual journeys—members, visitors, seekers, and neighbors—who desire authentic community and a life rooted in hope, healing, and purpose.

Why We Exist

We exist to nurture whole human beings by creating spaces where God's Spirit forms, restores, and renews lives—so that individuals, families, communities, and cities may flourish.

What We Do

Through worship, teaching, relationship, and shared practice, we walk together in a life with God that:

- nurtures spiritual vitality
- uproots harmful beliefs
- restores dignity and agency
- supports lifelong growth

We believe transformation happens not through pressure or performance, but through presence, practice, and grace.

How We Represent God

We represent God not by perfection, but by faithful embodiment—living with humility, compassion, justice, and love.

As God's life shapes us, we seek to reflect Christ in how we think, act, lead, and care for one another and the world.



Our Vision

We envision a diverse community living in alignment with God's heart—worshiping freely, growing wisely, and participating together in the healing and restoration of the world.



Our Confessions

Words we live by...

- We remember that we are made in the image of God.
- We trust in the grace and love of God, revealed through faith in Jesus Christ.
- We desire to be rooted in God's life, like trees planted by streams of living water.
- We seek to bear fruit in season, as our lives are shaped by God's Word and Spirit.
- We offer our whole selves to God — body, mind, spirit, soul, and relationships — trusting God's healing work over time.
- We choose to walk toward peace, even when anxiety or fear is present, resting in God's faithfulness.
- We receive Christ's love, and we allow it to shape our words and our actions, so that life and hope may flow through us.
- We commit to living with God, living together in love and humility, and living in ways that reflect God's heart for the world.

What fasting is in this season

- A voluntary practice of attention
- A way of loosening attachment to what numbs, distracts, or distorts
- A communal posture of listening and realignment
- A practice that honors bodies, limits, and circumstances

Fasting options

Discern one or two practices to commit to during this season:

- Reducing or fasting from certain media or noise
- Simplifying meals (not starving bodies)
- Pausing a habit that reinforces control, comparison, or numbing
- Adding a daily practice of silence, prayer, journaling, or rest
- Practicing generosity, repair, or reconciliation

Pathways for connection

Pathway 1: Turning Toward Home (Family & Close Relationships)

Possible practices (choose one):

- Share one intentional meal without distractions
- Make one phone call you've been avoiding (if comfortable/safe)
- Write a note or text of appreciation
- Ask one honest question and listen without correcting
- Pray for a family member daily, without needing to act

Pathway 2: Deepening Connection in Community (Church & Faith Community)

Possible practices:

- Invite one person for coffee or a walk
- Share one meaningful story about your journey of faith
- Ask someone, "What has shaped your faith?"
- Pray with someone rather than only for them
- Informal "gather" moments with two or three people

Pathways for connection

Pathway 3: Practicing Presence Where You Already Are

Possible practices:

- One undistracted conversation each day
- Practicing patience where you usually rush
- Offering kindness without explanation
- Choosing not to withdraw when tired or irritated

Reflections: Week 1

Guiding questions:

- Where has my faith been driven by fear or obligation?
- Where have I equated faithfulness with exhaustion?
- What practices no longer give life?

Scriptural anchor:

- Isaiah 58:1–5
- Psalm 139:23–24

Reflections: Week 2

Guiding questions:

- How does my spirituality impact the people around me?
- Where is God inviting me toward repair, generosity, or care?
- What would love look like in practice this week?

Scriptural anchor:

- Isaiah 58:6–10
- Micah 6:8
- Matthew 25:35–40

Reflections: Week 3

Guiding questions:

- What rhythms help me remain aligned with God?
- Where do I need to slow down or set boundaries?
- What does faithfulness look like over time—not just now?

Scriptural anchor:

- Isaiah 58:11–14
- Matthew 11:28–30
- Romans 12:1–2

Closing Reminder

For these 21 days, we are not striving to impress God. We are learning to align our lives with God's heart— together.

This consecration is not about what we give up, but about the life God longs to give us.