



Diocese of Athabasca

Sunday School Lesson Plan – Sunday, January 18, 2026

Here's a **Sunday School Lesson Plan** for young children (ages 4–8) and some activities for older children using the **Revised Common Lectionary readings for January 18, 2026 – Second Sunday after Epiphany (Year A)**. Bible Verses: Is 49:1-7; Ps 40:1-12; 1 Cor 1:1-9; Jn 1:29-42; Preface of the Lord's Day

🌟 Sunday School Lesson Plan

January 18, 2026 – Second Sunday after Epiphany (Year A)

Bible Readings

- **Isaiah 49:1–7**
- **Psalm 40:1-12**
- **1 Corinthians 1:1-9**
- **John 1:29-42**

✨ Lesson Title / Theme

“Come and See Jesus”

Big Idea

Jesus is God's special Son who loves us and calls us to follow Him.

Lesson Focus for Kids

Jesus knows us, loves us, and invites us to be His friends and helpers.

Scripture Readings – Kid-Friendly Language

Isaiah 49:1–7

God says, “You are my servant. I have called you by name. You will shine my light so everyone can see my love.”

Psalm 40:1–12

“I waited for the Lord, and God heard me. God put a happy song in my heart. I like to do what God wants.”

1 Corinthians 1:1–9

Paul says, “God loves you and has chosen you. God will help you keep following Jesus.”

John 1:29–42

John the Baptist sees Jesus and says, “Look! This is Jesus, God’s Lamb!” Some people follow Jesus. Jesus says, “Come and see.” They stay with Him and become His friends.

Welcome & Opening Prayer / Circle Time

- Gather children in a circle.
- Ask: *“Who is your best friend? What do friends do together?”*
- Explain: Jesus wants to be our friend too.
- **Opening Prayer:**
“Dear God, thank you for sending Jesus to love us and call us. Help us listen and follow Him. Amen.”

Memory Verse

“Come and see.” – John 1:39

Actions:

- *Come* – wave hand
- *and see* – point to eyes

Repeat together several times.



Bible Story Time

Tell the story simply:

- John the Baptist tells people about Jesus.
- He points to Jesus and says, “This is God’s special one!”
- Jesus invites people to follow Him.
- He says, “Come and see.”
- The disciples follow Jesus and tell others.

Wondering questions:

- *What do you think Jesus was like to talk to?*
- *How can we follow Jesus today?*



Craft / Activity

Craft: “Follow Jesus Footsteps”

- Materials: paper footprints, crayons/markers, stickers.
- Children decorate footprints.
- Write: “*I follow Jesus*” or “*Come and see.*”
- Optional: make a path on the wall or floor with footprints.



Draw Yourself Activity

“Draw Yourself Following Jesus”

Instructions for Children (read aloud or printed):

Jesus says, “*Come and see.*”

Jesus invites us to follow Him and learn how to love God and others.

 **In the space below, draw yourself following Jesus.**

- You can draw Jesus walking ahead of you
- You can draw yourself listening to Jesus
- You can draw friends following Jesus together
- You can add a road, hills, sunshine, or hearts

There is **no right or wrong picture**—just draw how *you* follow Jesus!



Game

Game: “Come and See Follow-the-Leader”

- One child leads; others follow.
- Leader changes movements.
- Say: “Just like the disciples followed Jesus, we follow Him!”



Song Suggestions

- “Jesus Loves Me”
- “I Have Decided to Follow Jesus”
- “This Little Light of Mine”
- “Come and Go with Me to That Land” (simple chorus)



Snack Suggestions

- **Goldfish crackers** (Jesus calls fishers!)
- **Fruit slices** (God’s good gifts)
- **Mini bread rolls** (Jesus feeds us with love)



Wrap Up & Reflections

Ask:

- *Who did John say Jesus is?*
- *What did Jesus say to the disciples?*
- *How can we follow Jesus this week?*

Reinforce: Jesus calls us to love, help, and share.



Closing Prayer

“Thank you, God, for Jesus. Help us to listen when He calls us and to follow Him with happy hearts. Amen.”



Take Home Idea

Send home:

- A **footprint cut-out** with the memory verse.
- Encourage families to talk about ways they can follow Jesus at home.



Teacher Notes

- Keep focus on **invitation**, not pressure: Jesus gently says, “Come and see.”
- Emphasize **relationship**, not rules.
- Use repetition for memory verse.
- Ideal connection to Epiphany: Jesus is revealed to the world.

Come and See Jesus

Second Sunday after Epiphany

COME AND SEE

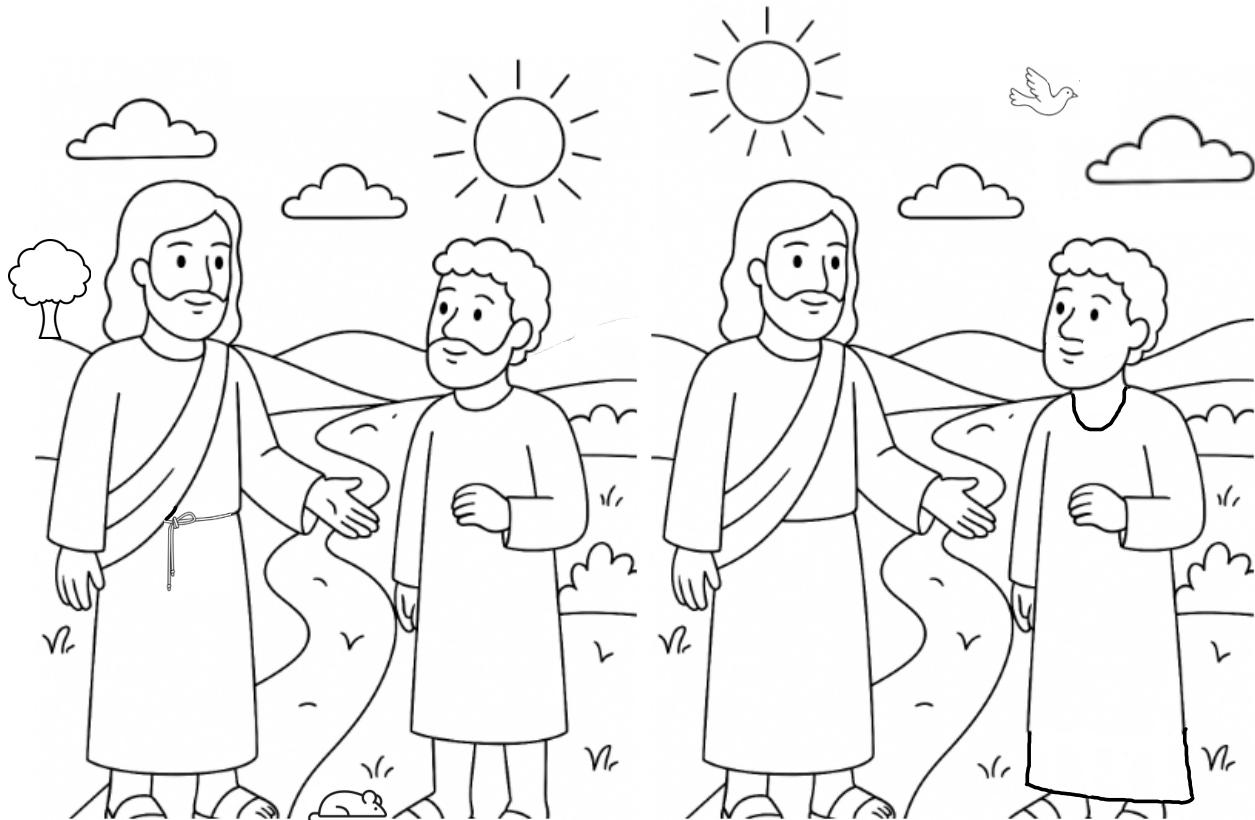
– John 1:39



Come and See Jesus

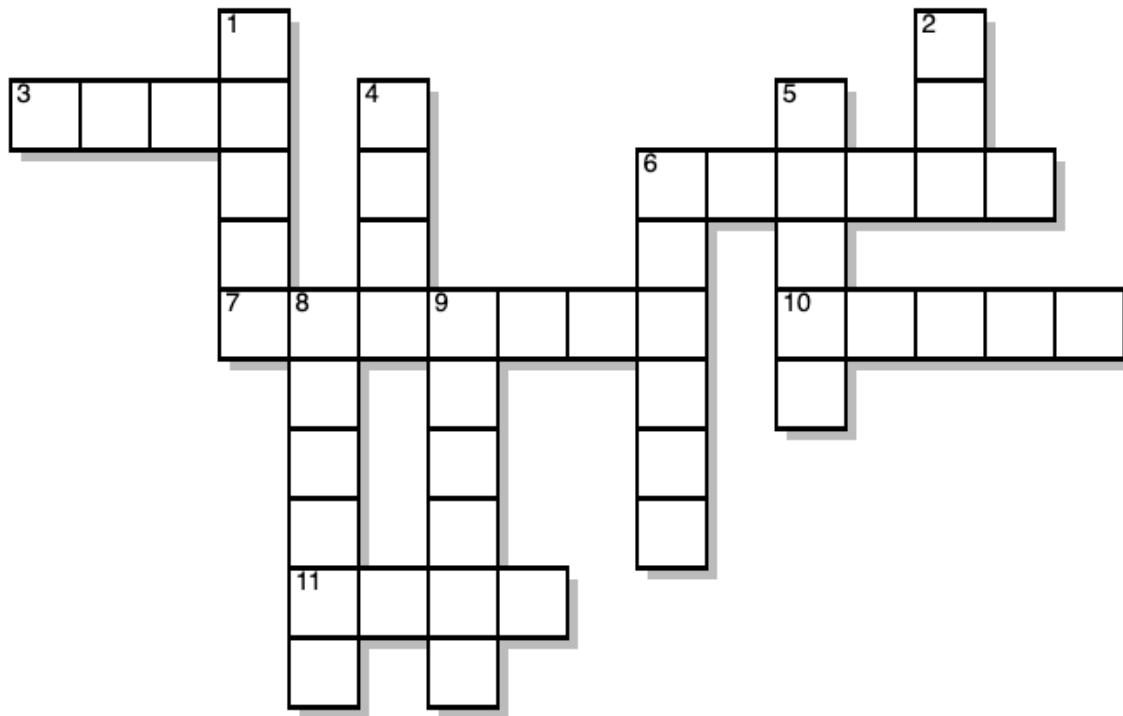
Second Sunday after Epiphany

Can you find 10 differences between the two pictures?



Come and See Jesus

Second Sunday after Epiphany



ACROSS

- 3 Adore
- 6 Pal
- 7 Exceptional
- 10 Human pump
- 11 Optic orbs

DOWN

- 1 Son of God
- 2 Male child
- 4 Called by
- 5 Illuminate
- 6 Come after
- 8 Benediction
- 9 Selected

Come and See Jesus

Second Sunday after Epiphany

R	E	Y	A	R	P	F	Z	N	A	M	E
L	D	D	Q	T	G	R	S	Q	P	J	N
R	J	L	H	Y	R	I	J	U	R	R	Y
J	D	G	A	R	D	E	H	G	S	F	W
W	I	V	C	I	R	N	N	E	O	E	N
L	N	Q	H	J	C	D	T	L	A	O	J
V	R	L	O	E	B	E	L	G	S	R	B
L	T	R	S	M	V	O	P	R	Y	M	T
S	E	Y	E	Y	W	O	J	S	D	Y	M
J	J	T	N	P	N	Y	L	K	W	G	M

Jesus
Special
Love
Son
Name
Light

Heart
Chosen
Follow
Prayer
Eyes
Friend



Come and See Jesus

Second Sunday after Epiphany

17	19	2	18	2	18	19	1	9	23
20	19	9	11	2	18	8	2	7	"
8	23	17	1	12	11	1	5	9	11
8		11	8	22	20	19	9		
12	8	22	16	18	8	19	1	8	7
11	1		3	1	5	8	10	18	1
20	8	18		3	1	23	9	12	1
2	11	6	18	1	15	23	7	2	7
22	9	17		16	22	9	20	19	2
3	10	17		2		5	8	11	1
3	8	24	17	2	4	2	22	26	
20	8	17	1	12		23	9	12	
12	1	8	18	9	22		17	19	8
11	2	26	19	17		3	1		17
12	1	21	1	8	15	1	7		17
2	18	12	8	1	15			9	

Spot the Difference - Key:

1. Cloud and sun switch places.
2. Bird
3. Tree
4. Man's beard.
5. Jesus' belt.
6. Mouse
7. Hill
8. Jesus' hand.
9. Man's shirt length.
10. Man's shirt neck.

Crossword – Key:

Across	Down
3. Love	1. Jesus
6. Friend	2. Son
7. Special	4. Name
10. Heart	5. Light
11. Eyes	6. Follow
	8. Prayer
	9. Chosen

Cryptogram – Key:

John 1:30-31

This is he of whom I said, 'After me comes a man who ranks ahead of me because he was before me.' I myself did not know him, but I came baptizing with water for this reason, that he might be revealed to Israel."