

# SOAP Journal

Date:

The SOAP method is a simple approach to Bible study that helps deepen understanding and application of Scripture.

**Scripture:** Read a passage and write down a specific verse that stands

**Observation:** Note what you observe in the verse, including key themes or messages.

**Application:** Reflect on how the verse applies to your life and what you can do in response.

**Prayer:** Pray about the verse, asking God to help you apply it and grow spiritually.