



Discipleship Journey Overview (36 Weeks)

Vision: Develop believers who know Christ deeply, live by the Spirit, serve faithfully, and reproduce disciples.

Structure: Four 6-week stages — Foundation, Formation, Fruitfulness, and Multiplication.

Stage 1: Foundation — “Follow Me” (Luke 9:23)

Goal: Establish faith and assurance in Christ.

Core Focus:

- **Doctrine:** Salvation, grace, repentance, assurance, baptism, Scripture authority
- **Disciplines:** Daily Bible reading, prayer, worship, fellowship
- **Identity:** Who we are in Christ

Key Scriptures: Eph. 2:8–10 | 2 Cor. 5:17 | John 15:1–8 | Rom. 10:9–13

Weekly Flow:

1. Following Jesus
2. God’s Word and Authority
3. Prayer as Relationship
4. Assurance of Salvation
5. Baptism & Obedience
6. Life in Christian Community

Outcome: New believers understand the Gospel, develop daily habits, and engage in church life.

Stage 2: Formation — “Be With Me” (Mark 3:14)

Goal: Deepen intimacy with Christ and walk by the Spirit.

Core Focus:



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- **Doctrine:** Holy Spirit, sanctification, Church, spiritual warfare
- **Disciplines:** Journaling, fasting, solitude, confession, community
- **Practice:** Hearing and obeying God's voice

Key Scriptures: Gal. 5:16–26 | Rom. 12:1–2 | John 14–16 | Eph. 6:10–18

Weekly Flow:

1. Work of the Holy Spirit
2. Renewing the Mind
3. Overcoming Temptation
4. Confession & Healing
5. Worship as Lifestyle
6. Practicing Disciplines

Outcome: Growth in maturity, character, and discernment.

Stage 3: Fruitfulness — “I Will Make You” (Matt. 4:19)

Goal: Discover and deploy spiritual gifts in service.

Core Focus:

- **Doctrine:** Body of Christ & gifts
- **Disciplines:** Service, stewardship, generosity, mentoring
- **Calling:** Identifying and using gifts

Key Scriptures: 1 Cor. 12 | Rom. 12:4–8 | Eph. 4:11–16 | 1 Pet. 4:10–11

Weekly Flow:

1. The Church as a Body
2. Spiritual Gifts Overview



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3. Discovering Gifts
4. Using Gifts in Love
5. Serving the Church & Community
6. Missional Living
Outcome: Believers serve confidently and understand their ministry role.

Stage 4: Multiplication — “Go and Make Disciples” (Matt. 28:19–20)

Goal: Empower disciple-makers who reproduce disciples.

Core Focus:

- **Doctrine:** Kingdom, mission, evangelism
- **Disciplines:** Leadership, mentoring, multiplication
- **Outreach:** Missional living

Key Scriptures: Matt. 28:18–20 | 2 Tim. 2:2 | Acts 1:8 | John 20:21

Weekly Flow:

1. The Great Commission
2. Sharing Your Story
3. Mentoring Others
4. Living as Christ’s Ambassador
5. Servant Leadership
6. Building a Multiplying Life
Outcome: Disciples reproduce disciples through mentoring and mission.

Implementation Tools:



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Bible • Journal/Workbook • Mentor/Small Group • Gifts Assessment • Prayer Partner

Guiding Principles:

Christ-Centered • Spirit-Led • Scripture-Based • Relational • Reproducible