



# St. Paul's News Bulletin

Dec. 24, 2025 - Jan. 4, 2026

**Welcome Everyone! Please join us after the Sunday service for coffee & goodies.** If you are new to St. Paul's, please ask for a welcome package. There is also a coffee time on **Wednesday, Dec. 25** after the 10 a.m. service.

**Holiday office hours:** The St. Paul's administration office will be closed until Wednesday, **Jan. 7**. Emails and messages will be checked periodically.

**Annual Meeting of Parishioners Reports:** If you are in charge of any St. Paul's ministry or group, please submit your AMP report to the church office by email. The deadline for reports is **9 a.m. Wednesday, Jan. 7, 2026**, but early submission is strongly encouraged.

**Wednesday Bible Study:** Morning Bible Study will resume on Wednesday, **Jan. 7** at 10:30 a.m. New members are welcome.

**Morning Prayer:** The weekly service of Morning Prayer will resume on Wednesday **Jan. 7** at 9:30 a.m. All are welcome.

**Wednesday Evening Bible Study:** The Book of Philippians will be studied via Zoom when Wednesday Evening Bible Study begins on **Jan. 14** at 7 p.m. For more information, please see Prosper Omagoro or Michael McLaughlin.



**Coffee House: Please note date change.** The next St. Paul's Stringers Coffee House will be **Jan. 16** at 7 p.m. Come enjoy our own house band, open mic and snacks. This is family friendly. All welcome!

**Flower Chart:** The Flower Chart is available in the Parish Hall. The cost is \$30. To make a dedication, fill out a form under the chart or contact Chizoba at the office by email.

**Altar Guild needs new members:** Help is needed preparing for services by setting up and cleaning up the communion vessels, flowers, candles, linens. etc. Training is available. Contact Barb Leinweber or the Parish Office if you can help.



**Church calendars:** The 2026 Canadian Church Calendars are available for \$7 each. They are on a table in the Parish Hall near the nametags.

**Scent-Free Parish:** We try to be scent-free out of respect for those whose health is threatened by fragrances. Please avoid wearing perfumes, colognes or any fragranced products to church.

**Men's Breakfast:** The next date is on Saturday, **Jan. 17** at St. Paul's at 8:30 a.m. All men 13+ are invited to join great food and fellowship!



**Living Waters:** The deadline for the **February/March** issue of *Living Waters* is Wednesday, **Jan. 21**. Please submit materials as early as possible to [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**Ladies' Luncheon – now 4<sup>th</sup> Saturday:** Ingrid Bolton, our Incumbent's Warden and Treasurer will be sharing God's plan for her life at Ladies' Lunch, on Saturday, **Jan. 24** starting at 11:20 a.m. **Please note the date change to fourth Saturday of the month moving forward.**

**Annual Meeting of Parishioners:** The St. Paul's AMP will be held in the Parish Hall on Sunday, **Jan. 25, 2026**, after the 10 a.m. service. A light lunch will be served prior to the meeting.

## St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

**Phone:** 403 256-1428

**e-mail:** [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**website:** [www.stpaulscalgary.ca](http://www.stpaulscalgary.ca)

**Incumbent:** The Rev'd Tony Hilling

**Assistants:** The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

**Wardens:** Paul Bourgeois & Ingrid Bolton

**Deputy Warden:** Muyi Ekomwenrenren

**Main Facebook Page:** [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

**X:** [@stpaulscalgary](https://twitter.com/stpaulscalgary)

**Instagram:** [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

**YouTube:** <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

# Outreach

## Thank you - Our Work is Your Story

The stories of our partners would not be told if it were not for the combined efforts and partnership of Canadian Anglicans and the organisation Alongside Hope works with throughout the world. Thank you to everyone who has contributed this year. Your faithful generosity allows us to continue the international development work of the church.



**5th Sundays of the Month are Food for Others Sundays at St. Paul's.** Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **March 29.**

**Inreach:** Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.

# Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact the Rev'd Deacon Betty Nadurak to find out more about it.

**Chemo Care Bags:** If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

**Prayer Shawl:** We meet in person on the first & third Wednesdays of each month at 1 pm. Contact Laura Anne if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

**Grief Support Group:** This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. **(Meets on Thursdays at 1 p.m.)**

**Hunger for Healing, a Christian Twelve Step Programme,** meets every Wednesday 11:30 a.m. to 1:00 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no official leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403-818-9879.

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## Check out these opportunities to participate

**2025 Flower Chart** is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests.

**Sign:** To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

**Card Ministry:** If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at ***Pauline\_payne1@yahoo.com***

**Casserole Ministry:** If someone would benefit from receiving a casserole, please **help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

**Servers:** we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

**We are looking for volunteers** to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

# Regular Activities at St. Paul's:

- Sunday:**        **Holy Eucharist** 10 a.m.  
                  **Hand chimes Practice** 11:30 –12 p.m.  
                  **Word to World Ministries Canada:** 2 - 3 p.m.  
                  **Philippines Independent Church (IFI):** 4 p.m.
- Monday:**      **Walking Group:** 9 a.m. (see the St. Paul's website under events for locations)  
                  **St. Paul's Stringers rehearsal:** 7:30 p.m.  
                  **Prayer Group - meetings** held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:**     **Girl Guides:** 6:30 – 8 p.m.  
                  **Parish council:** 7 p.m. (2<sup>nd</sup> Tuesday of the month)
- Wednesday:** **Morning Prayer:** 9:30 a.m. **Resumes Jan. 7.**  
                  **Morning Bible Study:** 10:30 a.m. **Resumes Jan. 7.**  
                  **Hunger for Healing:** 11:30 a.m. (in the Chapel Room) **Resumes Jan. 7.**  
                  **Prayer Shawl Ministry:** 1 p.m. (1st & 3rd Wednesdays of the month)  
                  **Evening Bible Study:** 7 p.m. by Zoom **Begins Jan. 14.**
- Thursday:**    **Grief Support Group:** 1:00 p.m.  
                  **TOPS (Taking off Pounds Sensibly):** 6:00 p.m.  
                  **Choir Practice:** 7:30 p.m.  
                  If you'd like to join Choir, please contact Paul Bourgeois.
- Friday:**        **Hand chimes Practice** 10 - 11 a.m.  
                  **S.P.Y. Group:** 6:30 p.m. 1st Friday of the month. (Check website)  
                  **Coffee House:** 7 p.m. second Friday on alternate months. **Next date is Jan. 16.**
- Saturday:**     **Ladies Luncheon:** 11:20 am – Changed from 2<sup>nd</sup> Saturdays to 4th Saturdays.  
                  **Next date is Jan. 24.**  
                  **Men's Breakfast:** 8:30 am - 3rd Saturdays (at St. Peter's alternate month  
                  Check website to confirm location). **Next date is Jan. 17 @ St. Paul's.**



## Welcome to newcomers and visitors

St. Paul's welcomes newcomers and invites you to make this your church home. Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

# Youth Ministry

Exciting opportunity for the Youth of our Parish! S.P.Y. Group is a social group. All youth are welcome!

## St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Search Youth Group to register use this QR code

# Our Ministries

## BULLETIN: Chizoba Ezeani

Our weekly bulletin of events is available as a printed version on Sundays as well as online each week on our website. It provides a roundup of upcoming special activities and services, regularly scheduled activities and other Parish news. To submit information to the bulletin, please email the Parish office by Tuesday.

## COMMUNITY ADVERTISING

We advertise in several community newsletters before major events. The Diocesan website also has a page for St. Paul's which has our service times and location.

## SOCIAL MEDIA: Chizoba Ezeani

Stay connected with St. Paul's! Follow our Facebook page **@stpaulscalgary** for updates, uplifting videos, music, and faith-filled encouragement. It's also a great way to invite others into our Parish community. You can also find us on **X (Twitter): @stpaulscalgary.ca** and **Instagram: @stpaulsanglicanocalgary**. Like, follow, and check in often!

# Stewardship Reflections:

## The Holy Family of Jesus, Mary and Joseph

*"And whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him."*  
Colossians 3:17

Giving thanks to God and using our words and actions to give all glory to God is the foundation of living a stewardship lifestyle. We were made in God's image and likeness, gratitude and generosity is in our DNA. As beloved sons and daughters of God, we are all part of God's family. Using our gifts to help others is our gift back to God and helps grow the Body of Christ here on earth and establishes a pathway to Heaven for each of us.

## *Financial News*

Our deficit at the end of November was \$22,998. Thank you to everyone for helping support our mission financially in these challenging times.



## *Diocesan News* **ACW Book Club by Zoom**

A Zoom Diocesan Anglican Church Women (ACW) Book Club. led by the Rev. Betty Piwowar, will start in January. You may attend on Tuesday afternoons from 1 – 2:30 p.m. beginning Jan. 13, or Wednesday evenings 7-8:30 p.m. beginning Jan. 14. Both continue weekly until the end of February. The book is Inspired by Rachel Held Evans. To register, email [dioceseofcalgaryacw@gmail.com](mailto:dioceseofcalgaryacw@gmail.com) or call 403-734-2130

## Announcements

The Right Rev. Michael Hawkins has been appointed Assistant Bishop of the Diocese of Calgary, and The Rev. Deacon Charmaine Evans as Executive Officer. Archbishop Greg asks for our prayers as they begin these new roles.