



January

2026

Upper Room Deliverance Ministries

Solace in Sovereignty

Life often confronts us with uncertainty, change, and burdens we were never meant to carry alone. Yet for every anxious thought, every unanswered question, and every moment of fear, Scripture offers a steady and unshakable truth: **God is sovereign, and His sovereignty brings peace.**

To know that God is in control is not merely a doctrinal statement, it is a source of daily comfort. His rule is not distant or detached; it is personal, intentional, and **filled with love**. The same God who spoke galaxies into existence also orders your steps, strengthens your heart, and surrounds you with His steadfast presence.

This month's verses remind us of who God is: our refuge, our fortress, our shepherd, our Father, our **King**. They reveal His power, His wisdom, His faithfulness, and His never-ending care. As you read each passage, let the reality of His sovereignty settle your spirit. Let it quiet the noise, calm the worries, and anchor your hope.

Because when God reigns, and He always does, you can rest. You can breathe. You can be at peace.



(Click Graphic to Play Video)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				¹ Psalm 46:10 Isaiah 46:9-10	² Proverbs 19:21 Psalm 115:3	³ Daniel 2:20-22 Lamentations 3:37-38
⁴ Psalm 103:19 Job 42:2	⁵ Romans 8:28 Romans 8:31	⁶ Psalm 121:1-3 Psalm 34:17	⁷ Nahum 1:7 Psalm 9:10	⁸ Psalm 62:1-2 Isaiah 40:28-29	⁹ Joshua 1:9 Deuteronomy 31:8	¹⁰ Psalm 32:8 Psalm 37:23-24
¹¹ 1 Peter 5:6-7 John 14:1	¹² John 16:33 John 14:27	¹³ Matthew 6:31-33 Psalm 55:22	¹⁴ Psalm 18:2 2 Thessalonians 3:3	¹⁵ Philippians 4:6-7 Colossians 3:15	¹⁶ Psalm 3:3-6 Psalm 4:8	¹⁷ Isaiah 41:10 Zephaniah 3:17
¹⁸ Psalm 27:1 Psalm 27:14	¹⁹ Psalm 29:10-11 Psalm 118:5-6	²⁰ Psalm 139:1-4 Psalm 139:7-10	²¹ Revelation 1:8 Psalm 102:25-27	²² Psalm 23:1-4 Isaiah 43:1-3	²³ Jeremiah 29:11 Jeremiah 32:17	²⁴ Ephesians 3:20-21 2 Corinthians 12:9
²⁵ Isaiah 12:2 Isaiah 26:3-4	²⁶ Psalm 16:5-8 Psalm 16:11	²⁷ Psalm 94:17-19 2 Samuel 22:31-32	²⁸ Psalm 145:13 Psalm 145:17-19	²⁹ 2 Chronicles 20:6 1 Chronicles 29:11-12	³⁰ 1 Timothy 6:15-16 Revelation 4:11	³¹ Jude 24-25 Isaiah 45:21-25

So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?" - [Hebrews 13:6](#)

Connect with us!

