

Fourth Sunday of Advent

SUNDAY, DECEMBER 21, 2025
10:30 A.M.

Choral Eucharist | In-Person & Livestream

The Very Reverend Christopher A. Pappas, *Presider*The Reverend Areeta Bridgemohan, *Preacher*The Reverend Juanita Clark, *Deacon*Dr. Neil Cockburn, *Organist & Director of Music*

Welcome to the Cathedral

Whether today is your first time with us, or if this is your spiritual home, we welcome you to the Cathedral. We're glad that you're here today.

We envision a radically inclusive, restlessly inquisitive, intentional, and inspired Cathedral. This is a place that is called to lead and to serve, in communion and community, with healing, reconciliation, and love, living out the Christian mission. Together, we look to the power of Christ for the transformation of each person, this city of Vancouver, and the world.

We recognize our history and traditions while seeking renewal and growth in spiritual depth and size. Curious and adaptable, this chorus has room for every voice — especially yours.

To learn more about the many ministries and opportunities for service in this community, please visit our website: <u>www.thecathedral.ca</u>. Following our worship service, please join us for <u>coffee hour in the parish</u> hall.

Thank you for joining us today. Your presence enriches our life together.

Faithfully yours in Christ,

The Very Rev. Christopher A. Pappas, Ph.D., D.Min. Dean & Rector



Connect with us!

We invite you to tell us more about yourself by completing our short connection form. You may find this form at tinyurl.com/CathedralConnection or by scanning the QR code on the left.

A message to children and their grown-ups

We're glad you're here! Here are a few things we would like you to know about our 10:30 a.m. worship service:

- Playmats and an activity cart with books, puzzles and colouring are available at the front of the church;
- The nursery is available downstairs as a quiet space for you and your children. The service is live streamed so you can follow the worship;

Sunday school will resume on Sunday Jan 11th for children aged 2.5 years and older. We look forward to seeing you then!

Need to reach us?

Visit us at www.thecathedral.ca/pages/our-team or scan the QR code on the right to access our clergy and staff contact information.



The Gathering of the Community

Processional Hymn

Lo, How a Rose E'er Blooming

(CP 117)

Text: St. 1-2, German (15th cent.); tr. Theodore Baker (1851-1934). St. 3, Friedrich Layritz (1808-1859); tr. Harriet Reynolds Krauth Spaeth (1845-1925).

Music: ES IST EIN' ROS, melody Alte Catholische Geistliche Kirchengesäng, Köln, 1599; harm. Michael Praetorius (1571-1621).

1 Lo, how a Rose e'er blooming from tender stem hath sprung, of Jesse's lineage coming as seers of old have sung. It came, a blossom bright amid the cold of winter, when half spent was the night.

2 Isaiah 'twas foretold it, the Rose I have in mind; with Mary we behold it, the virgin mother kind. To show God's love aright, she bore to us a Saviour, when half spent was the night.

3 O Flower, whose fragrance tender with sweetness fills the air, dispel in glorious splendour the darkness everywhere; true man, yet very God, from sin and death now save us, and share our every load.

Presider

In this time and place, we gather on the unceded ancestral lands of the Coast Salish Peoples: the x^wməθk^wəyəm (Musqueam), Skwxwú7mesh (Squamish), and Səlilwəta?ł (Tsleil-Waututh) nations.

All From many places and peoples we come to this house of prayer.

Presider In this time and place, we await the coming of Emmanuel, God with us.

All Maranatha, Come Lord Jesus Come.

Presider In this time and place, we await God's transformation of the world.

All Maranatha, Come Lord Jesus Come.

Presider In this time and place, we await the coming of the peaceable realm.

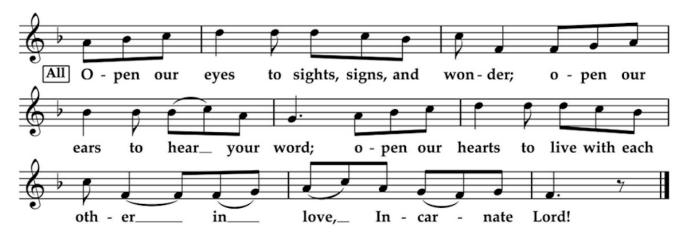
All Maranatha, Come Lord Jesus Come.

Presider In this time and place, we commit ourselves to work with Christ that all these things may be accomplished.

All In the name of God, Source of all being, Eternal Word and Holy Spirit. Amen.

The Blessing & Lighting of the Advent Candle





The Collect of the Day

Presider

Let us pray. (Silence is kept.) Heavenly Father, who chose the Virgin Mary, full of grace, to be the mother of our Lord and Saviour, now fill us with your grace, that we in all things may embrace your will and with her rejoice in your salvation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever, Amen.

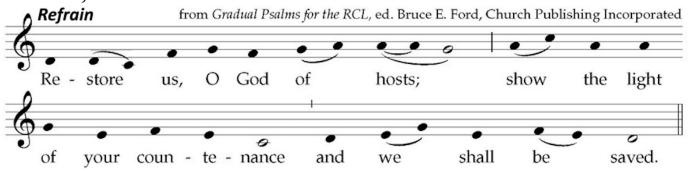
The First Reading

Isaiah 7:10-16

At the conclusion of the reading:

Reader Word of God, word of life. Thanks be to God.

Psalm 80:1-7, 16-18



- 1 Hear, O Shepherd of Israel, leading Joseph like a flock; shine forth, you that are enthroned upon the cherubim.
- 2 In the presence of Ephraim, Benjamin, and Manasseh, stir up your strength and come to help us. *Refrain*
- 4 O Lord God of hosts, how long will you be angered despite the prayers of your people?
- 5 You have fed them with the bread of tears; you have given them bowls of tears to drink.
- 6 You have made us the derision of our neighbours, and our enemies laugh us to scorn.

Refrain

16 Let your hand be upon the man of your right hand, the son of man you have made so strong for yourself.

17 And so will we never turn away from you; give us life, that we may call upon your name. *Refrain*

The Second Reading

Romans 1:1-7

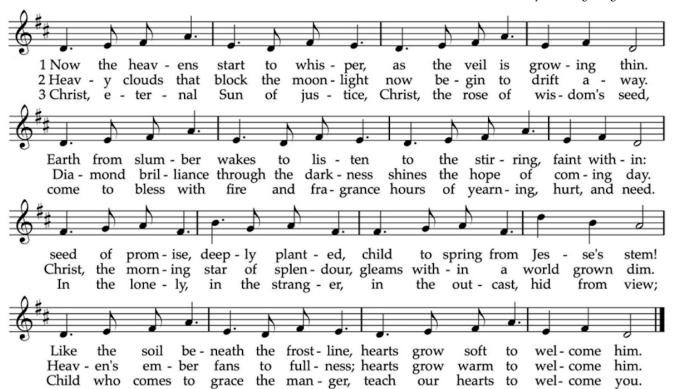
At the conclusion of the epistle:

4

Reader Hear what the Spirit is saying to the churches. Thanks be to God.

Text: Mary Louise Bringle (1953-)

Music: SUO GÅN, Welsh melody, arr. Augsburg Fortress © 2020.



The Holy Gospel

Matthew 1:18-25

Deacon The Lord be with you. **And also with you.**

Deacon The Holy Gospel of our Saviour Jesus Christ according to Matthew.

All Glory to you, Lord Jesus Christ.

After the Gospel, the Deacon says:

The Gospel of Christ. Praise to you, Lord Jesus Christ.

The Sermon

The Reverend Areeta Bridgemohan

A period of silent reflection follows the sermon.

The Nicene Creed

Deacon Let us confess our faith, as we say,

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

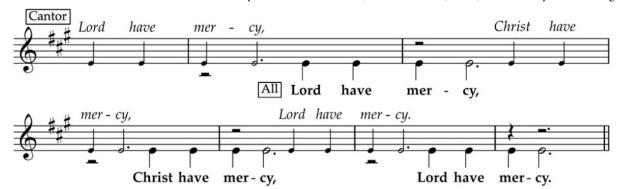
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: was incarnate of the Holy Spirit and the Virgin Mary, and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. Who with the Father and the Son is worshipped and glorified. Who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Litany of the Saints

Call to Prayer (All sit or kneel, as is your custom.)

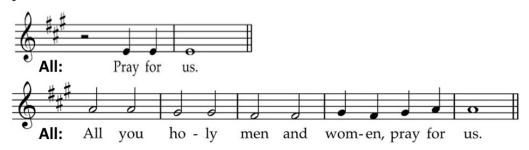
Text: Litany of the Saints. Music: John D. Becker (1953-) Published by OCP. All rights reserved.



Primary Saints

Cantor

Holy Mary, Mother of God; St Michael; Holy Angels of God; St John the Baptist; St Joseph; St Peter and St Paul; St Andrew; St John



New Testament Saints

Cantor

St Elizabeth; St Mary Magdalene; St Philip and St James; St Mary and St Martha; St Photini; Sts Joanna and Susanna; Sts Timothy and Titus; St Lydia

All

Pray for us. All you holy men and women, pray for us.

Benedictine Saints

Cantor

Holy Father St Benedict; St Scolastica; St Maurus and St Placid; St Gregory the Great; St Augustine of Canterbury; St Walburga; St Hildegard; St Bernard of Clairvaux

All

Pray for us. All you holy men and women, pray for us.

Other Monastic Saints

Cantor

St Anthony of the Desert; St John Cassian; St Macrina; St Basil the Great; St Brigid of Kildare; St Columba; St Francis and St Dominic; St Julian of Norwich

All

Pray for us. All you holy men and women, pray for us.

Prophets of Nonviolence

Cantor

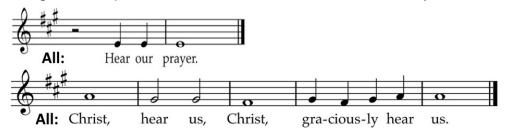
St Paul Jones; St William Temple; St Hiram Hisanori Kano; St Martin Luther King; St Dorothy Day; St Thomas Merton; St Oscar Romero; St Desmond Tutu

All Pray for us. All you holy men and women, pray for us.

Petitions

Cantor

From destruction of the climate; that we make work to heal the planet; from thirst and hunger; that we may feed our neighbours; from violence and destruction; that we may work for peace and justice; from fear and isolation; that we may love as a community



Final Invocations

Cantor

Jesus Christ our Saviour; by your glorious Resurrection; by your victory over death; by your freeing of the captives; by your Ascension into Glory; through the coming of your Spirit; Alleluia Risen Lord; Alleluia, Amen.

All

Hear our prayer. Christ, hear us, Christ, graciously hear us

The Confession and Absolution

Deacon

When the Lord comes,

he will bring to light the things now hidden in darkness,

and will disclose the purposes of the heart.

Therefore in the light of Christ let us confess our sins.

Silence may be kept.

All

Most merciful God, we confess that we have sinned. We have acted willfully, vented our anger, and sought revenge. Curb our passions, we pray, restrain our violence and hostility. Give us the courage to speak out in the face of injury and wrong. And in your mercy, restore and remake us, that we may act justly, keep faith, and walk in the way of your commandments, in justice and in peace, through Jesus Christ our Lord. Amen.

Kyrie

Missa Super Frère Thibault

Orlando di Lasso (1532-1594)

Presider

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

The Peace

Presider The peace of Christ be always with you. And also with you.

All may exchange a sign of peace.

The Celebration of the Eucharist

The Offertory

Thank you for your prayerful stewardship of the ministries of the Cathedral. Your generous gift of any amount matters, because your stewardship empowers our mission to advance the Good News of God's infinite love and mercy through our worship, ministries, formation, and service. You may make a gift using the offering plate being passed around at this time or refer to the back page of this bulletin to see other methods. Together with the gifts of bread and wine, we present our gifts at the altar as a sign of thanksgiving to God, from whom all good things come.

Offertory Hymn

O Come, O Come, Emmanuel

(CP 89)

Text: Latin (9th cent. ?); tr. John Mason Neale (1818-1866), alt. Music: VENI EMMANUEL, Plainsong, Mode 1, *Processionale* (15th cent.); arr. Healey Willan (1880-1968), alt. Desc. Neil Cockburn.

1 O come, O come, Emmanuel, and ransom captive Israel that mourns in lonely exile here until the Son of God appear.

Refrain: Rejoice! Rejoice! Emmanuel shall come to you, O Israel!

(High voices)
2 O come, O Wisdom from on high, who orders all things mightily; to us the path of knowledge show, and teach us in her ways to go. *Refrain*

3 (Low) O come, O come, great Lord of might, who to your tribes on Sinai's height in ancient times once gave the law, in cloud and majesty and awe. *Refrain*

4 (All) O come, O Rod of Jesse's stem, from every foe deliver them that trust your mighty power to save, and give them victory o'er the grave. *Refrain*

5 (High) O come, O Key of David, come, and open wide our heavenly home; make safe the way that leads on high, and close the path to misery. *Refrain*

6 (Low) O come, O Dayspring from on high and cheer us by your drawing nigh; disperse the gloomy clouds of night, and death's dark shadow put to flight. *Refrain*

7 (All) O come, Desire of nations, bind in one the hearts of humankind; O bid our sad divisions cease, and be for us our Prince of Peace. *Refrain*

The Prayer over the Gifts

Presider Gracious God, by the power of the Spirit who sanctified the mother of your Son,

All make holy all we offer you this day.

We ask this in the name of Jesus Christ the Lord. Amen.

The Great Thanksgiving

Eucharistic Prayer 3

BAS p.198

Presider The Lord be with you. And also with you.

Lift up your hearts. We lift them to the Lord.

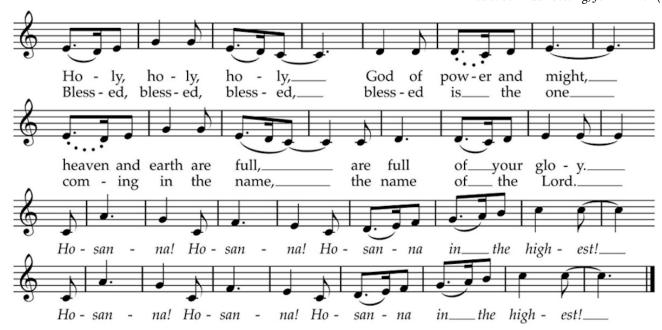
Let us give thanks to the Lord our God. It is right to give our thanks and praise.

Presider Blessed are you, gracious God [...] Therefore we praise you, joining our voices with

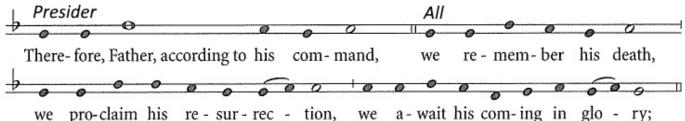
angels and archangels and with all the company of heaven, who for ever sing this hymn to

proclaim the glory of your name.

Music: St. Aidan Setting, John L. Bell (1949-).



Presider We give thanks to you, Lord our God [...]



Presider

and we offer our sacrifice of praise and thanksgiving to you [...] in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

Amen (CP 737) Music: Deutsche Messe, Franz Schubert (1797-1828); arr. Richard Proulx (1937-2010).

Ringing of the bell. (x3)

The Lord's Prayer

Found in BAS p.918.

Setting: McNeil Robinson (1943-2015)

Presider We break this bread to share in the body of Christ, though we await his coming in glory.

All Come, Lord Jesus, come.

Presider The gifts of God for the people of God. Thanks be to God.

Fraction Anthem Lamb of God Music: St. Bride Setting, John Bell (b. 1949) Iona Community Lamb of God, you take a-way the sin of the world: have_mer-cy on us. Lamb of God, you take a-way the sin of the world: grant_us__ Peace. 3 Times

The Communion

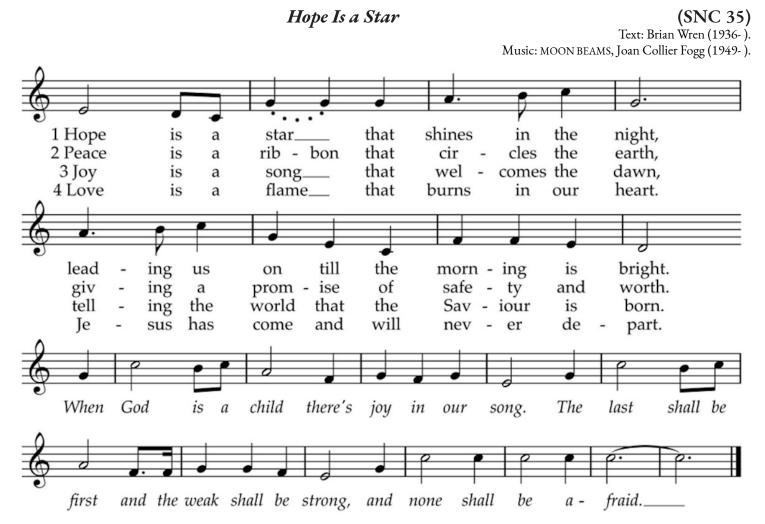
To receive the consecrated Bread, approach the altar and extend your hands to the minister with palms open. To receive the consecrated Wine, carefully guide the chalice to your lips. For public health, please do not dip the Bread into the Wine. If you do not wish to partake of the common cup, know that you receive the full efficacy of communion with only the Bread. If you do not wish to receive communion, you are invited to receive a blessing by approaching the altar and crossing your arms over your chest. You may also remain in your seat as you feel comfortable. If you are interested in learning about baptism, please contact a member of our clergy. During communion, Healing Prayer is offered for all people in the west alcove. Please respect the confidentiality of the people praying by not entering the alcove during prayer time.

During Communion

Ave Maria

Igor Stravinsky (1882-1971)

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.



The Prayer after Communion

Presider Let us pray. Faithful God, in this sacrament we receive the promise of salvation.

All May we, like the Virgin Mary, be obedient to your will. We ask this in the name of Jesus Christ the Lord. Amen.

The Doxology

Presider

Glory to God, whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the Church and in Christ Jesus, for ever and ever. Amen.

[Commissioning for lay ministers who will be taking communion to those not able to participate in the Eucharist at the church:

Presider In the name of this congregation, I send you forth bearing Holy gifts,

that those to whom you go may share with us in the body and blood of Christ.

All We who are many are one body, because we share one bread, one cup.]

The Blessing

May the Word made flesh find a dwelling in your hearts, and may you live in love as the signs of his coming, and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with you now and evermore. **Amen.**

Closing Hymn

Lo, He Comes with Clouds Descending

(CP 114)

Text: John Cennick (1718-1755), Charles Wesley (1707-1788), Martin Madan (1726-1790), alt. Music: HELMSLEY, melody attrib. Thomas Olivers (1725-1799) and Martin Madan (1726-1790).

1 Lo, he comes with clouds descending, once for favoured sinners slain; thousand thousand saints attending swell the triumph of his train: hallelujah, hallelujah, hallelujah! God appears on earth to reign.

2 Every eye shall now behold him, robed in dreadful majesty; all who set at nought and sold him, pierced, and nailed him to the tree, deeply grieving, (x3) shall the true Messiah see.

3 Now redemption, long expected, see in solemn pomp appear; all his saints, on earth rejected, thrill the triumph sound to hear: hallelujah, hallelujah, hallelujah! See the day of God appear!

4 Yea, amen, let all adore thee, high on thine eternal throne; Saviour, take the power and glory; claim the kingdom for thine own: O come quickly! (x3) Hallelujah! Come, Lord, come!

Dismissal

Deacon Go forth in peace; the Lord is near. Thanks be to God.

Postlude

Helmsley Robert M. Thompson (1940-) ("Lo! He Comes, With Clouds Descending")

The Chronicle Newsletter

Scan the QR code for the latest Chronicle newsletter.



The Prayers of the People

Scan the QR code for the prayer cycles.



The Ministers of the Liturgy

Presider The Very Reverend Christopher A. Pappas Regimental Alcove The Reverend Claude St-Denis Preacher The Reverend Areeta Bridgemohan Regimental Alcove Peter Roulston Deacon The Reverend Juanita Clark ASL Interpreter Vanessa Coley Donohue Subdeacon Music The Cathedral Choir Terry Love MC Megan Otton Dr. Neil Cockburn Servers Matthew Nichiporuk, (Organist & Director of Music)

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Gospel StationJames ConklinAltar GuildPeter Roulston, Marilyn CampbellPreacher StationEsther AnekeHealing Prayer TeamSusan Alexander, Colin Miles

Presider Station Liz McCausland

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Today

Unpacking our faith | December 21 | 12:30 - 1:30 p.m. Sundays @ 4 (Nine Lessons & Carols) | December 21 | 4:00 p.m. Compline | December 21 | 8:00 p.m.

E-transfer your donation to <u>ar@thecathedral.ca</u>.

Please provide your name and address in the Memo Field for tax receipt purposes.

An envelope is enclosed for your convenience to give cash or cheque.

If you cannot find it, ask a greeter for one. Please also provide your name and address

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This worship takes place on the traditional, ancestral, and unceded territory of the x^wməθk^wəyʻəm (Musqueam), Skwxwú7mesh (Squamish), and Səlʾilwətaʔł (Tsleil-Waututh) nations, in the heart of Vancouver.